



SACRED HEART OF JESUS PARISH

Staffed by the Redemptorists since 1891

205 Second Ave. N. Seattle, WA 98109-4817

www.sacredheartseattle.org



March 10, 2019, First Sunday of Lent

LEARNING FROM JESUS' TEMPTATIONS

Every Lent, priests, nuns, monks, and many laypeople pray the following: "Be sober and vigilant. Your opponent the devil is prowling around like a roaring lion looking for [someone] to devour" (1 Peter 5:8). Jesus encountered this truth in his temptations in the desert, another place in his ministry where he experienced the struggle of humanity.

The temptations begin, "If you are the Son of God. ..." All our temptations begin by doubting and challenging Jesus to prove himself. Although Jesus is all-powerful and all-good, we struggle to make sense of suffering and tragedies.

The temptations continue as Jesus is invited to satisfy himself, impress others, and skip suffering. But Jesus responds repeatedly in humility. In the desert he doesn't turn stones into bread. Later, he does something far greater; he turns bread and wine into himself.



Piece: Temptations of Christ (detail), 1482
Artist: Sandro Botticelli
Location: Sistine Chapel

When tempted, we cry out to him to soften the hard realities of our lives. And Jesus does just that. He suffers in his passion, dies, and rises again to become life-giving bread for us. He becomes manna in our desert. When we wish for power, Jesus promises we will reign with him if we also let him suffer for us and we with him. The devil would have us take matters into our own hands, doubt God, and make him prove himself by our measures. Yet if we listen to Jesus, look at his answers, and learn from his life, then true power will be ours.

For Reflection

What makes me question God the most? How can God's word and Jesus' passion, death, and resurrection respond to that doubt?

**When the devil had finished every temptation,
he departed from him for a time.
Luke 4:13**

Pastor: Fr. Rich Luberti, C.Ss.R.
rich_luberti@compuserve.com

Office: (206) 284-4680
Office Hours: 9am - noon, 1pm - 5pm, Mon. - Fri.

REGULAR MASS SCHEDULE

Monday - Saturday	8:00am
Monday - Friday	12:10pm
Tuesday	5:30pm
Saturday Vigil	5:30pm
Sunday	9:00am, 11:00am, 5:30pm

*Reconciliation: 30 minutes before Daily Masses,
4:00pm - 5:00pm on Saturday*

Dear Padre,

In some books and movies, the devil is depicted as an all-powerful, unconquerable force. Is this the true image of Satan? What should be the Christian response toward the devil?

In years of priesthood, I have infrequently encountered situations in which the presence of evil was palpable. Typically, they involved the abuse of someone innocent and vulnerable. These incidents remind me of my need for a deeper trust in God, and the strength of someone spiritually wiser than I, if such evil is to be repelled.



However, the usual way Satan operates is by subtly seducing us into confusion, complacency, and self-will. Indeed, isn't that the case in today's Gospel of Jesus' temptations in the desert?

Jesus experienced not only a frontal assault by the devil, but also the hunger, fear, and isolation that make all of us vulnerable to false gods of greed, security, or power. When the devil addressed him in his privation and vulnerability, Jesus found ways to call

upon God's word and power. Satan's attack was vanquished in the desert.

Likewise, our encounters with this real, fallen angel will persist. We will always be vulnerable, with the devil always watching for an opportune time. "One day at a time" can summarize our approach to evil. We need to rely on God's power daily to lead us through a maze of choices. The next day we must again seek the same God-bestowed grace of wisdom and courage, calling on God to lead us in God's ways. In other words, God's grace is sufficient and available if we call upon it daily.

From *Dear Padre: Questions Catholics Ask*, © 2003 Liguori Publications
 Sundaybulletin@Liguori.org



A word from POPE FRANCIS

The devil wants you to quarrel among yourselves, because in this way he divides you, he defeats you, and he robs you of faith. Therefore, solidarity among brothers and sisters to defend the faith!....Go forward and don't let the devil divide you!

—Visit to Bañado Norte, Paraguay, February 19, 2017

DAILY READINGS

Monday, March 11

Lv 19:1–2, 11–18
 Mt 25:31–46

Tuesday, March 12

Is 55:10–11
 Mt 6:7–15

Wednesday, March 13

Jon 3:1–10
 Lk 11:29–32

Thursday, March 14

Est C:12, 14–16, 23–25
 Mt 7:7–12

Friday, March 15

Ez 18:21–28
 Mt 5:20–26

Saturday, March 16

Dt 26:16–19
 Mt 5:43–48



ENCOUNTER NORMA

In Guatemala, we encounter Annet and her family, children forced to flee violence, searching for stability. How are we called to welcome the stranger in our midst? How can you support those worldwide who are forced to flee their homes to find safety or better opportunities?

Visit crsricebowl.org for more information.

LENTEN SOUP ON WEDNESDAYS



Join us for our first Lenten soup lunch in the Agape Hall, Wednesday, March 13, after the Stations of the Cross at the 12:10pm Mass.

Lenten soup lunches will be served every Wednesday until April 17.

If you would like to make soup, please make enough to serve between 25-35 people, which is about how many attend these Lenten Soup lunches.

Sign-up sheets for soup makers and details will be placed on the table in the downstairs vestibule. For more information, contact Myrna (206) 285-7939, or Carolina, (206) 443-8851.



FASTING AND ABSTINENCE

Abstinence (all Fridays during Lent)

From meat for all Catholics, 14-years old and older. Meat is prohibited, but not eggs, milk products, or condiments of any kind, even from animal fat.

Fasting for all Catholics, 18-59 years old

Limit oneself to one full meal, and two additional smaller meals (which may equal one full meal), if needed.

Exemptions

Those with chronic illnesses, such as diabetes, and pregnant and nursing women.

Source: www.usccb.org



THE STEWARDSHIP OF TREASURE

Weekly Goal	\$ 5,715
Offerings (Feb 25 - Mar 3)	\$3,833
Online Giving (Feb 25—Mar 3)	<u>\$1439</u>
Total Sacrificial Giving	\$5,272
YTD Sacrificial Giving (July 1 - Mar 3)	\$197,808
Parish Improvement (July 1 - Mar 3)	\$ 6,953

Thank you for your generosity!

DAILY MASS INTENTIONS

Sun.	Mar 10	9:00am	Sacred Heart Parish
		11:00am	Rev. Andrzej Galant
Mon	Mar 11	12:10pm	† Juanita Terrones
Tues	Mar 12	12:10pm	† Leticia Gutierrez
Wed	Mar 13	12:10pm	The Bergevin Family
Thurs	Mar 14	12:10pm	The Terrones Family (living and deceased)
Fri	Mar 15	12:10pm	† All Souls in Purgatory
Sat	Mar 16	5:30pm	Sacred Heart Parish

MASS SCHEDULE AND PARISH EVENTS

March 10, Sunday

- Coffee and donuts after 9:00am and 11:00am Masses
- Legion of Mary meeting, 12:30pm, Adoration Chapel (downstairs) or Library (upstairs)

March 11, Monday

- SMART (Addictions) Recovery meeting, 6:00pm, Fellowship Hall
- YAMS Scriptures Series, 7:00pm, Fellowship Hall

March 12, Tuesday

- MPH Devotion after 8:00am, 12:10pm, 5:30pm Masses
- Parish Rosary, Adoration Chapel, 6:15pm

March 13, Wednesday

- Stations of the Cross after 12:10pm Mass
- Lenten Soup after Stations of the Cross, Agape Hall
- RCIA class, 7:00pm, Fellowship Hall

March 15, Friday

- Stations of the Cross, 5:30pm
- Movie, *Gosnell*, to be shown after Stations of the Cross, Adoration Chapel

March 16, Saturday

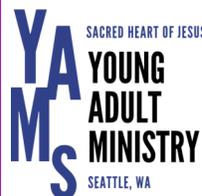
- Praise & Worship, La Luz de Cristo (Spanish), 10:00am, Adoration Chapel

WELCOME, NEW PARISHIONERS!

It is a privilege to have you with us and we hope your experience is spiritually enriching and that you are warmly received.

Let us know how we can help you by visiting our website, sacredheartseattle.org, and filling out a "Contact Us" form, <https://sacredheartseattle.org/contact-us>. To donate online, visit <https://sacredheartseattle.org/online-giving>.

ARE YOU IN YOUR 20s OR 30s, OR YOUNG AT HEART?



Join the Young Adult Ministry (YAMS) in our faith formation and social gatherings. Monthly activities include scripture series, hikes, volunteer activities, game nights, and more. See the bulletin board in the vestibule for some highlights.

Email yams@sacredheartseattle.org or talk with Fr. Rich to learn more.