



SACRED HEART OF JESUS PARISH

Staffed by the Redemptorists since 1891

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September 1, 2019 Twenty-second Sunday in Ordinary Time

The Power of Humility

Humility isn't a popular virtue! In fact, among the Greeks and the Romans it wasn't considered a virtue at all. In a sixth-century BC list of 147 wise maxims, humility isn't even mentioned. For the ancient Greek or Roman, obtaining and defending honor was more a goal than humility ever could be.

Yet the Jewish faith values humility, as seen in Old Testament texts like the one we read today. The humble strength of conducting affairs quietly and justly makes you more loved— more so than someone who gives many gifts. Parents should reflect on this.

As Christians following a Savior who was great through his service, humility is not only recommended but becomes the ideal. Let the first be last. Let the greatest be the servant. Humility is simply living the truth of who you are. You are both great and insignificant. We can and should use all our knowledge and strength to sow the fields of creation, as in this painting. But only God gives growth.

Humility is favored by true self-knowledge. We are creatures and not the Creator. We don't make the rules of life or define right and wrong. We discover, accept, and love these laws. A healthy awareness of our limitations doesn't enslave us. It sets us free. A humble knowledge of the truth is empowering.

We are amazingly talented people, each uniquely loved and gifted by God. Each of us can achieve, and should strive for, the greatness he offers us. Humility makes us capable of true and lasting greatness—just look at Christ.



Piece: Prayer in the Field, 1966
Artist: Mijo Kovačić/ Location: Vatican Museums

For Reflection:

How well do I know myself—both my strengths and weaknesses?

Do I see everything as a gift and respond with humility?

*My son, conduct your affairs with humility,
and you will be loved more than a giver of gifts. Sirach 3:17*

Pastor: Fr. Rich Luberti, C.Ss.R. rich_luberti@compuserve.com

Rev. Dominic Bao Tran, C.Ss.R.

Calendar

Monday

SEPTEMBER 2

Weekday

1 Thessalonians 4:13–18
Luke 4:16–30

Tuesday

SEPTEMBER 3

St. Gregory the Great, Pope and Doctor of the Church

1 Thes 5:1–6, 9–11
Luke 4:31–37

Wednesday

SEPTEMBER 4

Weekday

Colossians 1:1–8
Luke 4:38–44

Thursday

SEPTEMBER 5

Weekday

Colossians 1:9–14
Luke 5:1–11

Friday

SEPTEMBER 6

Weekday

Colossians 1:15–20
Luke 5:33–39

Saturday

SEPTEMBER 7

Weekday

Colossians 1:21–23
Luke 6:1–5

Sunday

SEPTEMBER 8

Twenty-third Sunday in Ordinary Time

Wisdom 9:13–18b
Philomen 9–10, 12–17
Luke 14:25–33

Dear Padre,

Life seems to be an endless grind of work, family responsibilities, and more work? Can you help me find meaning in my work?

You've hit upon one of life's great mysteries! We struggle to make sense out of our work, our pain, and our joy. There's no simple answer to your question, but let's begin by looking at nature.

Leaves fall when autumn presages winter. Cold winds howl, and spring eventually refreshes us before the summer swelter envelops us. Again and again, one season must "die" before the next one gives life. A similar process happens within us. Our work, tears, and lonely times are part of a cycle of death and rebirth. Like the changing seasons, these open us to new growth.

The *Catechism of the Catholic Church* says: "Work honors the Creator's gifts and the talents received from him. It can also be redemptive. By enduring the hardships of work...[we] collaborate in a certain fashion with the Son of God in his redemptive work" (CCC 2427). Christ went this way before us, and he will be with us in our difficulties.



Work can be difficult, hectic, and sometimes seem senseless. But we can trust that Christ is present in these ups and downs. We can let go of anxiety and say, "Jesus, I trust you are with me now, in this moment of work or pain, and that together we will get through this."

May you find hope this Labor Day weekend amid your struggles through the wonderful journey of life.

—Fr. Pat Grile, CSSR
(Sundaybulletin@Liguori.org)



Know Someone Overly Anxious About Sin?

For more than fifty years, Redemptorists have ministered compassionately with those struggling with scrupulosity. For more information and to sign up for our free monthly

newsletter, visit: ScrupulousAnonymous.org

Archdiocese of Seattle Safe Environment



The Archdiocese of Seattle has a long commitment to the protection of children, youth and vulnerable adults. For years, steps have been taken to assure the safety of those who serve in our parishes, schools and agencies.

The Archdiocese requires any volunteer who has contact with minors and vulnerable adults in their volunteer capacity to fulfill the requirements of the Safe Environment Program. This includes Food Bank volunteers, lectors, ushers, Eucharistic Ministers . . .

One of the requirements of the Archdiocese is that all volunteers must participate in a Safe Environment Education Workshop. Sacred Heart will be offering this workshop twice at the beginning of October, one in the afternoon and another one in the evening. We will be giving dates for these workshops, along with more information in next week's bulletin.

DAILY MASS INTENTIONS

Sun.	Sept. 1	9:00 a.m.	Baby Paul H
		11:00 a.m.	Federico Quiambao +
		5:30 p.m.	Sacred Heart Parish
Tues.	Sept. 3	12:10 p.m.	Guy McBride
		5:30 p.m.	M & C Zylstwra
Wed.	Sept. 4	12:10 p.m.	In memory of my mother
Thur.	Sept. 5	8:00 a.m.	Elizabeth Gallade Family +
		12:10 p.m.	Elizabeth Gallade Family +
Fri.	Sept. 6	10:00 a.m.	Ella Mullhuland +
		12:10 p.m.	Giovanni Picnich
Sat.	Sept. 7	5:30 p.m.	Giovanni Picnich +

Labor Day—September 2



Mass at 9:00 p.m. in the Church

(there is no 8:00 a.m. or 12:10 Mass, or confessions on September 2nd)

CALL FOR CANTORS



Come and share your gift of song with our parish! Sacred Heart Parish is looking for cantors to lead congregational singing during the Saturday 5:30 p.m. or Sunday 5:30 p.m. masses. We are also looking for singers to join our Sunday 9 a.m. or 11 a.m. choirs. If you feel called to join our Music Ministry, come see us after one of the masses for more information, or details on how to join.

You can contact Clint Chan for more information:
clintcharleschan@gmail.com

THE STEWARDSHIP OF TREASURE

Offerings (August 12—August 19)	\$3,165
Online Giving (August 12 - August 19)	<u>\$1,684</u>
Total Sacrificial Giving	\$4,849
YTD Sacrificial Giving (July 1 - August 19)	\$39,844
Parish Improvement (July 1 - August 19)	\$2,498

Thank you for your generosity!

MASS SCHEDULE AND PARISH EVENTS

September 1, Sunday

- Masses 9:00 a.m., 11 a.m., 5:30 p.m.
- Legion of Mary meeting, 12:30 p.m., Lower Chapel

September 2, Monday LABOR DAY

- Mass at 9:00 a.m.
- **No Masses 8:00 a.m. & 12:10 p.m. or confessions)**
- SMART (Addictions) Recovery meeting, 6:00 p.m. Fellowship Hall

September 3, Tuesday

- Masses & MPH Devotion (after Mass) 8:00 a.m., 12:10 p.m., 5:30 p.m.
- Rosary, Lower Chapel, 6:15 p.m.

September 4, Wednesday

- Masses 8:00 a.m. & 12:10 p.m.

September 5, Thursday

- Masses 8:00 a.m. & 12:10 p.m.

September 6, Friday

- Masses 8:00 a.m. & 12:10 p.m.

September 14, Saturday

- Mass 8:00 a.m.
- Mass Praise & Worship, La Luz de Cristo (Spanish), 10:00 am, Lower Chapel
- Sunday Vigil Mass 5:30 p.m.

Reconciliation: 30 minutes before Daily Masses,
4:00pm - 5:00pm on Saturday

WE'RE HAVING A PICNIC!



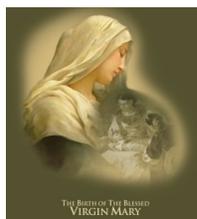
Saturday, September 14th
after the 5:30 p.m. Mass!

We are having a parish picnic in the school grass courtyard after Mass on Saturday, September 14th. The parish will provide hot dogs, hamburgers, and refreshments. Please bring a dish to pass. If you can, please make the dish to pass something from your own cultural heritage!

We will have a LARGE Jenga and other games to play.

Please come and join your fellow parishioners!

The Feast of the Birth of the Blessed Virgin Mary



The Legion of Mary will be celebrating the Feast of the Birth of Mary by having pizza on the front porch of the Church after the 11:00 a.m. Mass on Sunday, September 8th.

Please come and join us as we honor Mary