



# SACRED HEART OF JESUS PARISH

Staffed by the Redemptorists since 1891

205 Second Ave. N. Seattle, WA 98109-4817

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**February 9, 2020 Fifth Sunday in Ordinary Time**

## You Are Really Something!

The description of the disciples found in today's Gospel is an impressive compliment—and an even greater challenge. Jesus tells them they are “salt of the earth” (Matthew 5:13), bringing out the good taste of living. In other words, life would be bland and uninteresting without them. They are also the “light of the world” (Matthew 5:14), helping people find their way. Without them, others would stumble and fall. Jesus is telling them how important they are in the lives of others. They could each and all say: I am really something!

Such compliments are also a challenge. What must one do to be salt and light in the lives of others? The Isaian passage provides some suggestions: Share your bread with the hungry; shelter the oppressed and the homeless; clothe the naked; don't turn your back on your own; remove from your midst oppression, false accusation, and malicious speech. In other words, to be salt or light is to meet the needs of the needy. This teaching of Jesus is not as easy as it might at first look.

Jesus is speaking to his disciples, his followers. They are not those who are simply curious about this itinerant preacher or remarkable healer. They have chosen to follow him, not merely from place to place, but to model their lives after his. Isn't that what we also claim to be—his followers? Haven't we promised to model our lives after his? If so, as both compliment and challenge he says to us as well, “You are really something!”

—Sr. Dianne Bergant, CSA



### *For Reflection:*

*In what ways do you already enrich or enlighten the lives of others?*

*In what ways is this compliment a challenge for you?*

*[Jesus said,] “Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father.” Matthew 5:16*

**Pastor: Fr. Rich Luberti, C.Ss.R. [rich\\_luberti@compuserve.com](mailto:rich_luberti@compuserve.com)**

**Fr. Dominic Bao Tran, C.Ss.R.**

**Br. Paul Jorns, C.Ss.R.**

**Calendar**

**Monday**

FEBRUARY 10  
 Saint Scholastica,  
 Virgin  
 1 Kings 8:1–7, 9–13  
 Mark 6:53–56

**Tuesday**

FEBRUARY 11  
 Weekday  
 1 Kings 8:22–23, 27–30  
 Mark 7:1–13

**Wednesday**

FEBRUARY 12  
 Weekday  
 1 Kings 10:1–10  
 Mark 7:14–23

**Thursday**

FEBRUARY 13  
 Weekday  
 1 Kings 11:4–13  
 Mark 7:24–30

**Friday**

FEBRUARY 14  
 Saints Cyril, Monk, and  
 Methodius, Bishop  
 1 Kings 11:29–32; 12:19  
 Mark 7:31–37

**Saturday**

FEBRUARY 15  
 Weekday  
 1 Kings 12:26–32;  
 13:33–34  
 Mark 8:1–10

**Sunday**

FEBRUARY 16  
 Sixth Sunday in  
 Ordinary Time  
 Sirach 15:15–20  
 1 Corinthians 2:6–10  
 Matthew 5:17–37 or  
 Matthew 5:20–22a, 27–28,  
 33–34a, 37

# Dear Padre,

## My church spends too much on flower arrangements. Are they really needed?

Flowers and plants in homes and other buildings create a sense of beauty and welcome. They also help lift the spirits of the infirm in hospitals and the pall of sadness from those who mourn a loved one. Similarly, flowers in churches awaken our senses, embody hospitality, and enliven our spirits. Moreover, living flowers and plants serve “as a reminder of the gift of life God has given to the human community” (“Built of Living Stones,” 129, USCCB, 2000).

Along with other church adornments—both fixed and movable—flowers enkindle in the worshiper a feeling of what St. Peter said at the transfiguration, “Lord, it is good that we are here” (Matthew 17:4, Luke 9:33). They add dignity to the sacred space and visually express the holiness of the mysteries celebrated there. “Sacred buildings and requisites for divine worship should be truly worthy and beautiful and be signs and symbols of heavenly realities” (General Instruction of the Roman Missal, 288).

Nevertheless, “floral decoration should always show moderation and be arranged around the altar rather than on the altar table” (GIRM 305). Restraint in floral decoration is the norm during Advent. It’s forbidden during Lent, except on Laetare Sunday and feasts, although simple compositions other than flowers are permissible.

To control costs, some parishes rely on volunteers with flower-arranging skills. Arrangements left behind at funerals and funeral homes and from church weddings are also offered for the benefit of the faithful.



— Fr. Byron Miller, CSSr, (Sundaybulletin@Liguori.org)

## A word from POPE FRANCIS



Christian life has to be a life that must blossom in works of charity, in doing what is good. But if you have no roots, you cannot blossom, and who is the root? Jesus! ... “What blossoms a tree bears come from what lies underneath it.” Never cut off Jesus’ roots.

— General Audience, March 21, 2018



**Know Someone Overly Anxious About Sin?**

For more than fifty years, Redemptorists have ministered compassionately with those struggling with scrupulosity. For more information and to sign up for our free monthly

newsletter, visit: [ScrupulousAnonymous.org](http://ScrupulousAnonymous.org)

## DAILY MASS INTENTIONS

Sun.	Feb. 9	9:00 a.m.	Archbishop Brunett +
		11:00 a.m.	Michelle Rains +
		5:30 p.m.	Rev. Ed Monroe, C.Ss.R. +
Mon.	Feb. 10	8:00 a.m.	
		12:10 p.m.	
Tues.	Feb. 11	8:00 a.m.	Soledad Palileo +
		12:10 p.m.	Soledad Palileo +
		5:30 p.m.	
Wed	Feb. 12	8:00 a.m.	Souls of my two sons +
		12:10 p.m.	Isabell's baptism
Thur.	Feb. 13	8:00 a.m.	Mother's conversion
		12:10 p.m.	Kobe Bryant +
Fri.	Feb. 14	8:00 a.m.	Gianna Bryant +
		12:10 p.m.	
Sat.	Feb. 15	8:00 a.m.	Sacred Heart of Jesus Parish
		5:30 p.m.	

## MASS SCHEDULE AND PARISH EVENTS

### February 9, 5th Sunday in Ordinary Time

- Masses 9:00 a.m., 11 a.m., 5:30 p.m.
- Legion of Mary Membership Drive after all Masses
- Legion of Mary meeting, 12:30 p.m., Chapel

### February 10, Monday

- Masses 8:00 a.m. & 12:10 p.m.
- SMART (Addictions) Recovery, 6:00 p.m.
- YAMS Bible Study 7:00 p.m. Chapel

### February 11, Tuesday, Our Lady of Lourdes

- Masses & MPH Devotion (after Mass) 8:00 a.m., 12:10 p.m., 5:30 p.m.
- Rosary after 12:10 Mass then light refreshments and movie in parish hall by Legion of Mary
- Rosary, Chapel, 6:15 p.m.

### February 12, Wednesday

- Masses 8:00 a.m. & 12:10 p.m..
- RCIA 7:00 p.m. Chapel

### February 13, Thursday

- Masses 8:00 a.m. & 12:10 p.m.

### February 14, Friday

- Masses 8:00 a.m. & 12:10 p.m.

### February 15, Saturday

- Mass 8:00 a.m.
- Mass Praise & Worship, La Luz de Cristo (Spanish), 10:00 am, Chapel
- Sunday Vigil Mass 5:30 p.m.

Reconciliation: 30 minutes before Daily Masses,  
4:00pm - 5:00pm on Saturday



**Rev. Edward F. Monroe C.Ss.R.**

Born on January 13, 1935  
Professed: September 2, 1959  
Ordained: June 29, 1961  
Died on January 27, 2020

Fr. Ed Monroe helped at Sacred Heart for several months in spring of 2007. He died on January 27, 2020.

*Eternal rest grant unto him O Lord,  
And let the perpetual light shine upon him.*



## Lenten Soup!

The sign up sheets for soup makers and volunteers are in the vestibule.

Our *Lenten Soup Suppers* begin **Friday, February 28th** at 5:30 p.m. (Stations will be at 7:00 p.m.)

*Lenten Soup Lunches* begin **Wednesday, March 4th**, after Stations of the Cross, after the 12:10pm Mass.

## STEWARDSHIP

Offerings (January 20—26)	\$2,916
Online Giving (January 20—26)	\$1,075
Total Sacrificial Giving	\$3,991
YTD Sacrificial Giving (July 1—Jan. 26)	\$163,056
Parish Improvement (July 1—Jan. 26)	\$9,297

*Thank you for your generosity!*

## Archbishop Alexander Joseph Brunett January 17, 1934 – January 31, 2020



St. James Cathedral

Vigil:

Tuesday, February 11  
7:00 pm

Mass:

Wednesday February 12  
11:00 am

*May he rest in peace*