



SACRED HEART OF JESUS PARISH

Staffed by the Redemptorists since 1891

205 Second Ave. N. Seattle, WA 98109-4817

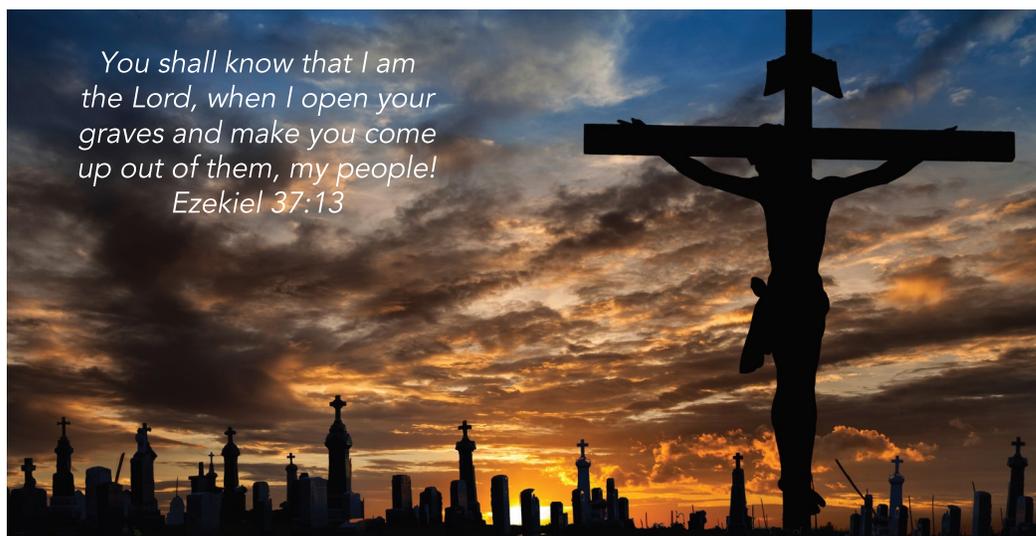
www.sacredheartseattle.org (206) 284-4680



March 29, 2020 Fifth Sunday of Lent

God Opens Our Graves

It is not ghosts that come out of these graves, but a second chance at life. Ezekiel compares the reestablishment of ancient Israel after the exile with the dead rising alive from their graves. They are filled with God's spirit, God's power of life, and they have a second chance at living. Only the graciousness of God could imagine such a marvel; only the power of God could accomplish it. Jesus performs an even greater marvel. He actually brings Lazarus back from death, giving him a second chance at living. Once again, only the graciousness of God could imagine such a marvel; only the power of God could accomplish it. Jesus is that graciousness and that power, as he declares: "I am the resurrection and the life" (John 11:25).



After its reestablishment, Israel was not immune to failure, nor was Lazarus exempt from eventual

death. That was not the point. The point was a demonstration of divine generosity at that particular moment. As seen in the Gospel reading, the point is Jesus' self-identification: "I am the resurrection and the life." What follows is paradox: Those who live in him will not die; even if they die, they will live.

Joined to the one who is the resurrection and the life, we too will be raised from our graves and be transformed into a new life. We will never again face failure, as did the Israelites, or death, as did Lazarus, for the Spirit of Jesus will live in us.

—Sr. Dianne Bergant, CSA

For Reflection:

We were plunged into death and rose to new life at baptism. Does your life give evidence of this?

In what ways does your life manifest the Spirit working through you?

Pastor: Fr. Rich Luberti, C.Ss.R. rich_luberti@compuserve.com

Brother Paul Jorns, C.Ss.R.

Calendar

Monday

MARCH 30
Lenten Weekday
Deuteronomy 13:1-9,
15-17, 19-30, 33-62
or 13:41c-62
John 8:1-11

Tuesday

MARCH 31
Lenten Weekday
Numbers 21:4-9
John 8:21-30

Wednesday

APRIL 1
Lenten Weekday
Deuteronomy 3:14-20,
91-92, 95
John 8:31-42

Thursday

APRIL 2
Lenten Weekday
Genesis 17:3-9
John 8:51-59

Friday

APRIL 3
Lenten Weekday
Jeremiah 20:10-13
John 10:31-42

Saturday

APRIL 4
Lenten Weekday
Ezekiel 37:21-28
John 11:45-56

Sunday

APRIL 5
Palm Sunday of
the Passion of the Lord
Matthew 21:1-11
Isaiah 50:4-7
Philomen 2:6-11
Matthew 26:14-27:66
or Matthew 27:11-54

Dear Padre,

**I'm very disturbed at some clothing— or lack thereof —
worn at Mass these days.**

**I find myself being judgmental and I don't want to be.
Does our Catechism mandate a dress code?**

Being judgmental can exist on both sides of this issue: Those who dress casually or inappropriately at Mass may be seen as unmotivated and disrespectful; those who dress up may be accused of doing so not for God but to impress everyone else at Mass.

The casual-dress advocates are influenced by the current relaxed cultural norms on attire—in church and elsewhere. They rightfully point out that one's presence at Mass is more important to God than one's clothing. The dress-up advocates may believe this, too. However, the thought of actually being in God's presence at Mass determines their clothing choice.

Thus, an understanding of how the Mass is viewed today affects both casual-dress and dress-up proponents. While Catholics believe that Christ is present in all of creation and history, Christ's presence under the appearances of bread and wine is fundamental to our tradition. Moreover, a full appreciation of the Real Presence of Christ in the Eucharist impacts far more than our outward appearances!

While the Catechism of the Catholic Church has no official dress guidelines, it's best to assume that most attend Mass for the same reasons as you. Essentially, most people who dress sensibly and make an effort to attend Mass are expressing their reverence and love for God.

— Fr. Byron Miller , C.Ss.R (Sundaybulletin@Liguori.org)



COVID-19 Novena Prayer

Mother of Perpetual Help,

With the greatest confidence we come before your holy picture to beseech your intercession.

We think of you, Mother, at the foot of the Cross. Your heart must have bled to see your Son in agony. But your joy was great when He rose from the dead, victorious over the power of evil.

Mother of Sorrows, pray for us in this time of trial. Help us not to lose heart.

Intercede for your people who are afflicted with Coronavirus. Comfort your people who are vulnerable and anxious.

Protect healthcare workers who put their lives at risk. Inspire our leaders to make good decisions.

Change our hearts so that we may act responsibly.

Teach us to trust in God's love and mercy, and to share with you the joy of having courageously faced up to all the challenges of Life. Amen

Spiritual Resources to use during the Coronavirus pandemic



The Redemptorists

With Him is plentiful redemption. (Psalm 130:7)

One of the most painful side effects of the covid-19 pandemic has been the fact that the Sacred Heart faith community is not able to gather together to pray and to worship.

Our Redemptorist missionaries from the Baltimore Province have created an online mission, starting Monday, to give us this opportunity.

It will be offered live by Facebook video, and afterwards on their website, redemptorists.net

To join us, visit our Facebook page at <https://www.facebook.com/RedemptoristsBaltimore> and make sure to click the *like* button.

Once you've liked our page, you should see notifications of each day's mission, and you'll be able to find more details on our Facebook event page: <https://www.facebook.com/events/1275740465963819/>

The theme of the mission is A Time for . . . Our preachers will present topics such as A Time for Prayer, . . . for Mercy, . . . for Mary, and more.

Please join us on [Facebook](#) starting Monday or visit their [website](#) to join in.



Sacred Heart Church will be open from 11:00 a.m.—1:00 p.m. Monday—Friday, and on weekends during the usually Mass times. The Stations of the Cross booklets and the Perpetual Help Novena cards will be available, or individuals can just come in for personal prayer.

Please continue to practice all the governmental and Archdiocesan directives especially social distancing.



Archbishop Etienne has asked that all the Catholic churches throughout the Archdiocese of Seattle ring their bells—a sign of unity, and a reminder of the presence of God in our midst during these challenging times.

Besides the ancient practice of praying the Angelus at noon, we are also invited to pray the Prayer to Our Lady of Seattle.

Prayer to Our Lady of Seattle

Holy Mary, we come before you
as spiritual children in great need,
seeking your intercession,
and asking that your mantle of love
surround us to console, protect
and lead us to your son Jesus.

We entrust all of God's family,
Especially the church in Western Washington,
into your immaculate hands.

With your son Jesus' gentle power
you can undo any knot in our church,
and in the lives of believers who
entrust themselves to your care.

Today I especially entrust to you
an end to the coronavirus pandemic
and help for all
who have been afflicted by it and
I ask that through your intercession,
and that of St. James, our guardian angels,
and the faithful in our archdiocese—
we may be free from every spiritual
and temporal ill, and be safely led
to encounter your son's most merciful,
sacred heart.

Our Lady of Seattle,
Undoer of Knots,
pray for us!



Lockdown

by *Capuchin Franciscan Brother Richard Hendrick*
(from Ireland)



Yes there is fear.
Yes there is isolation.
Yes there is panic buying.
Yes there is sickness.
Yes there is even death.

But,
They say that in Wuhan
after so many years of noise
You can hear the birds again.
They say that after just a few weeks of quiet
The sky is no longer thick with fumes
But blue and grey and clear.

They say that in the streets of Assisi
People are singing to each other
across the empty squares,
keeping their windows open
so that those who are alone
may hear the sounds of family around them.

They say that a hotel in the West of Ireland
Is offering free meals and delivery
to the housebound.
Today a young woman I know
is busy spreading fliers with her number
through the neighbourhood
So that the elders may have someone to call on.

Today Churches, Synagogues, Mosques
and Temples are preparing to welcome
and shelter the homeless, the sick, the weary
All over the world people
are slowing down and reflecting
All over the world people
are looking at their neighbours in a new way

All over the world people are waking up
to a new reality
To how big we really are.
To how little control we really have.
To what really matters.
To Love.

So we pray and we remember that
Yes there is fear.
But there does not have to be hate.
Yes there is isolation.
But there does not have to be loneliness.
Yes there is panic buying.
But there does not have to be meanness.
Yes there is sickness.
But there does not have to be disease of the soul

Yes there is even death.
But there can always be a rebirth of love.
Wake to the choices you make as to how to live now.
Today, breathe.

Listen, behind the factory noises of your panic
The birds are singing again
The sky is clearing,
Spring is coming,
And we are always encompassed by Love.

Open the windows of your soul
And though you may not be able
to touch across the empty square,
Sing



*An Italian woman swings from the window March 13
Longview News Journal*