



SACRED HEART OF JESUS PARISH

Staffed by the Redemptorists since 1891

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February 5, 2023 - Fifth Sunday in Ordinary Time

No More Than Enough

FR. JOSEPH JUKNIALIS

“You are the salt of the earth.” Prior to industrialization, salt was a highly valued commodity. In the Middle Ages, a ton of salt sold for thirty-three gold ducats. Much earlier, Roman soldiers were often paid in salt. Hence our word *salary*. “You are the light of the world.” Like salt, light also is a valuable and necessary part of life. Without light, living plants die and human beings grow depressed.

Curiously, we only become aware of salt and light when they are absent. Food tends to be less tasty and bland without salt. And without light in the room we stumble and trip. Yet too much salt ruins food, while too much light blinds us, like when we drive facing headlights at night or stare at the sun. As valuable as salt and light are, both are at their best when unnoticed.

I offer these realities as images for persons of faith. Too much of “us” in the mix and we become the center of life, our egos blinding others to the workings of God. Yet absent, a world without persons of faith grows flat for lack of values and wisdom.

Likewise, the Church. Whenever the Church draws attention to itself, whenever it is clothed with pomp and majesty, God recedes to the background. Without the Church’s wisdom, however, a world hungry for meaning grows lost; charity is forgotten. We are called to be salt and light, no more than enough.

Reflect

How do I keep a balance between too much of me in the picture and too little?



Pastor: Fr. Rich Luberti, C.Ss.R. rich_luberti@compuserve.com
Brother Paul Jorns, C.Ss.R.

Dear Padre,

Sometimes I become pretty disgusted with my life and myself. I wonder if anyone really loves me. Is there any way I can know that God loves me?

Every human person is made in the image of God. This means that your life is infinitely precious in God's eyes. God values and loves you beyond anything you could ever imagine.

God has also placed into our hearts a yearning for love and happiness that cannot be satisfied by anything less than God. True love will not be found in riches or well-being, in fame or power. True happiness will be found in God alone, the source of all life and all love.

In New Testament times, many people believed that wealth and success were signs of favor and love from God. If disaster struck, you would assume that God was angry with you, or that you had done something wrong. Ill-fortune was a "sign" that God's love had been withdrawn from you.

Jesus turned this sort of thinking on its head. Jesus taught that God truly loves all people, including those who are down on their luck. God's love is not based on wealth, fortune, or success. Rather, God loves you because you are God's own creation, God's child, and heir to God's own kingdom.

You might find it helpful to talk over those feelings of self-disgust with a spiritual director or a confessor. Meanwhile, take comfort in the words of Isaiah: Do not fear, for I have redeemed you; I have called you by name: you are mine (Isaiah 43:1).



The Redemptorists/DearPadre.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
February 6	February 7	February 8	February 9	February 10	February 11	February 12
<i>St. Paul Miki and Companionions, Martyrs</i>	<i>Weekday</i>	<i>Weekday</i>	<i>Weekday</i>	<i>St. Scholastica, Virgin</i>	<i>Weekday</i>	<i>Sixth Sunday in Ordinary Time</i>
Gn 1:1-19 Mk 6:53-56	Gn 1:20-2:4 Mk 7:1-13	Gn 2:5-9 15-17 Mk 7:14-23	Gn 2:18-25 Mk 7:24-30	Gn 3:1-8 Mk 7:31-37	Gn 3:9-24 Mk 8:1-10	Sir 15:15-20 1 Cor 2:6-10 Mt 5:17-37 or 5:20-22, 27-28, 33-34, 37

Know Someone Overly Anxious About Sin?

Since 1964, the Redemptorists' Scrupulous Anonymous free monthly newsletter has ministered compassionately to those struggling with scrupulosity. To subscribe, visit ScrupulousAnonymous.org.



A WORD FROM POPE FRANCIS

God changes the world by transforming our hearts, and this he cannot do without us. The Lord wants us to open the door of our hearts in order to enter into our lives...For when God finds an open and trusting heart, he can work wonders there.

HOMILY BAKU, AZERBAIJAN, OCTOBER 2, 2016

**Pastor: Fr. Rich Luberti, C.Ss.R. rich_luberti@compuserve.com
Brother Paul Jorns, C.Ss.R.**

DAILY MASS INTENTIONS

Sun.	Feb 5	9:00 a.m.	Sicinio Apigo Jr. +
		11:00 a.m.	Jose Amador +
		5:30 p.m.	Flor Gonio's Birthday
Mon.	Feb 6	12:00 p.m.	R. Taguinod 's Birthday
Tues.	Feb 7	12:00 p.m.	Candida Garcia+
Wed	Feb 8	12:00 p.m.	Stephen & Anna Hreha +
Thur.	Feb 9	12:00 p.m.	Isabelo Sr. & Amparo Taguinod +
Fri.	Feb 10	12:00 p.m.	Sacred Heart Parish
Sat.	Feb 11	5:30 p.m.	Jose Zamudio +

STEWARDSHIP

Offerings (January 23 - Jan 29)	\$9,182
Online Giving (January 22 - Jan 29)	\$445
Total Sacrificial Giving	\$9,627
YTD Sacrificial Giving (June 27- January 29)	\$159,298
Parish Improvement (June 27 - January 29)	\$9,687

Alleluia!

MASS SCHEDULE AND PARISH EVENTS

February 5, 5th Sunday in Ordinary Time

- Mass 9:00 a.m.
- Mass 11:00 a.m.
- Mass 5:30 p.m.

February 6, Monday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.
- Book of Revelation Study 1:00 p.m.
- Book of Revelation Study 7:00 p.m.

(Both Bible Studies are in the Parish Hall)

February 7, Tuesday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.
- MPH Devotion after noon Mass

February 8, Wednesday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.

February 9, Thursday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.

February 10, Friday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.

February 11, Saturday

- Confession 4:00 — 5:00 p.m.
- Sunday Vigil Mass 5:30 p.m.

With great sadness, I am announcing that my last day as pastor of Sacred Heart will be February 5th.

This weekend the Archdiocese will be announcing a program called "Partners in the Gospel" It may downsize the number of churches/parishes in the Archdiocese by 20%.

After discussions with my new provincial , Kevin Zubel, I realized that I would not be a positive part of that process on behalf of Sacred Heart.

When I leave, Fr. Steve Wilson will administrate Sacred Heart. I pray Our Mother of Perpetual Help, who has aided me in my years as pastor of Sacred Heart and St. Alphonsus to guide Fr. Steve as he navigates Partners in the Gospel.

On February 5th, there will be a farewell party after the 11 a.m. Mass in the back of the church.

Fr. Rich Luberti, C.S.s.R



Beginning Monday, January 16th, Fr. Steve Wilson, CSsR, will conduct a study group on the Book of Revelation. People may attend either a 1:00 pm or 7:00 pm session. This will be a line-by-line study of this sacred text's rich imagery, visions, and meanings. There is much misunderstanding around the Book of Revelation, particularly among Catholics. This is an excellent opportunity for parishioners to learn about the Church's understanding of the book and the various approaches to scripture study in general. The study will be held in the parish hall. There is a \$10 materials fee. If interested, please scan the QR code or sign-up for the study group on the parish website.

