



# SACRED HEART OF JESUS PARISH

Staffed by the Redemptorists since 1891

205 Second Ave. N. Seattle, WA 98109-4817



February 19, 2023 - Seventh Sunday in Ordinary Time



## Like a Sponge

FR. JOSEPH JUKNIALIS

**T**o turn the other cheek, to go the extra mile, to love one's enemy, all of that is to absorb and thus stop the evil that can saturate life. When we do that, then evil ends with us, lest it keep escalating like a tsunami that overwhelms life.

Is anyone really willing to absorb the evils of life? Many are. Parents do who walk the floor at night with a crying infant or care for a child sick with a cold and then find themselves suffering the same illness. They absorb the evil in order to bring some comfort and so ease the child's pain. Someone does as well who listens endlessly to a lonely person on the phone or over a cup of coffee. They absorb the loneliness even as it tests their own patience. Those who protest injustice by participating in nonviolent demonstrations and then find themselves mistreated or even dealt with violently, they absorb the hate of others.

"Be holy, for I, the Lord, your God, am holy" (Leviticus 19:2), says the Lord to Moses. Absorbing the evils of life is a different sort of holiness, different than saying more prayers or giving up enjoyments during Lent. Part of our tradition is to do penance during the season of Lent. Perhaps this year a penance might be to become conscious of each day's opportunities to simply absorb someone's suffering, another's pain, a bit of the evil that so often ricochets through our days, always doing so in the image of Jesus.

### Reflect

***When have you ever suffered as you absorbed someone else's pain?***

Administrator: Fr. Steve Wilson, C.Ss.R. [steve\\_cssr@yahoo.com](mailto:steve_cssr@yahoo.com)

Brother Paul Jorns, C.Ss.R.

# Dear Padre,

*I am wondering why Ash Wednesday is sometimes in February and sometimes in March. Who decides when Lent begins, and why is it always different?*

The beginning of Lent is determined by the date of Easter, which is a movable feast, unlike Christmas, which is always on December 25. Easter falls on the first Sunday following the first full moon of spring. The first Sunday of Lent is six weeks before, and the Wednesday before the first Sunday of Lent is Ash Wednesday.

This subject has caused division in the Church since the second century, because the Eastern Church and the Western Church had different calendars. So, the calculations of the first full moon of spring differed and therefore the date of Easter and Ash Wednesday were different. Sometimes on a calendar you will see both Easter and Orthodox Easter listed on different Sundays. It is hard for most of us to appreciate why the differences between East and West are so important. Remember the prayer of Jesus, that we all may be one. We can honor our Lord's desire for unity and pray during this Lent for the unity of Christians everywhere.

**The Redemptorists/DearPadre.org**



## Do you have a question for the Padre?

Go to [DearPadre.org](http://DearPadre.org) to send your question and to learn more about *Dear Padre*.

### Monday

February 20  
Weekday  
Sir 1:1-10  
Mk 9:14-29

### Tuesday

February 21  
Weekday  
Sir 2:1-11  
Mk 9:30-37

### Wednesday

February 22  
Ash Wednesday  
Jl 2:12-18  
2 Cor 5:20-6:2  
Mt 6:1-6, 16-18

### Thursday

February 23  
St. Polycarp,  
Bishop and  
Martyr  
Dt 30:15-20  
Lk 9:22-25

### Friday

February 24  
Friday after Ash  
Wednesday  
Is 58:1-9a  
Mt 9:14-15

### Saturday

February 25  
Saturday after  
Ash Wednesday  
Is 58:9b-14  
Lk 5:27-32

### Sunday

February 26  
First Sunday  
of Lent  
Gn 2:7-9, 3:1-7  
Rom 5:12-19 or  
Rom 5:12, 17-19  
Mt 4:1-11



## A WORD FROM POPE FRANCIS

**If we want to call ourselves Christians, this is the only way; there is no other. Having been loved by God, we are called to love in return; having been forgiven, we are called to forgive; having been touched by love, we are called to love without waiting for others to love first....**

**HOMILY IN BARI (ITALY), FEBRUARY 23, 2020**

**Administrator: Fr. Steve Wilson, C.Ss.R. [steve\\_cssr@yahoo.com](mailto:steve_cssr@yahoo.com)**

**Brother Paul Jorns, C.Ss.R.**

### DAILY MASS INTENTIONS

Sun.	Feb 19	9:00 a.m.	Charles Prvett
		11:00 a.m.	Miguel Antonio Delgado Rios+
		5:30 p.m.	Pete Sevilla+
Mon.	Feb 20	12:00 p.m.	Angela De Bertaggia+
Tues.	Feb 21	12:00 p.m.	Romeo Bertaggia+
Wed	Feb 22	12:00 p.m.	Special Intention for Marian Olson
Thur.	Feb 23	12:00 p.m.	Virginia Mendoza+
Fri.	Feb 24	12:00 p.m.	Judith Alejandra Lopez Guerrero+
Sat.	Feb 25	5:30 p.m.	Sacred Heart Parish

## Book of Revelation Study Group

We will not be having a Book  
of Revelation Study class on  
Monday February, 20.  
Classes will resume the  
Monday after.

### MASS SCHEDULE AND PARISH EVENTS

#### February 19, 7<sup>th</sup> Sunday in Ordinary Time

- Mass 9:00 a.m.
- Mass 11:00 a.m.
- Mass 5:30 p.m.

#### February 20, Monday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.

#### February 21, Tuesday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.
- MPH Devotion after noon Mass

#### February 22, Ash Wednesday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.

#### February 23, Thursday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.

#### February 24, Friday after Ash Wednesday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.

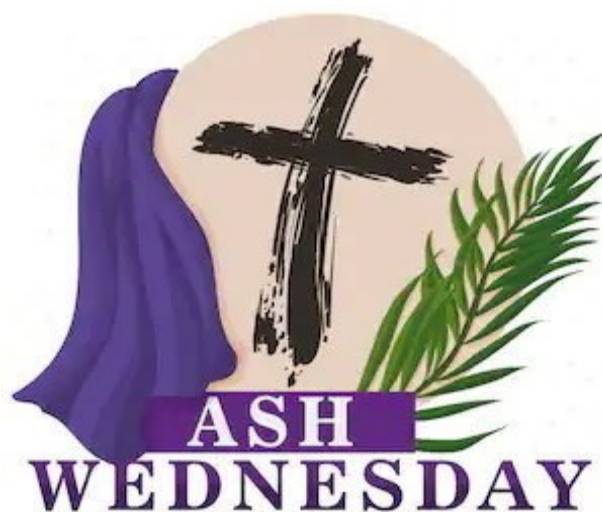
#### February 25, Saturday after Ash Wednesday

- Confession 4:00 — 5:00 p.m.
- Sunday Vigil Mass 5:30 p.m.

*Alleluia!*

### STEWARDSHIP

Offerings (January 30 - Feb 05)	\$3,294
Online Giving (January 30 - Feb 05)	\$1,535
Total Sacrificial Giving	\$4,829
YTD Sacrificial Giving (June 27– February 05)	\$164,127
Parish Improvement (June 27 - February 05)	\$9,952



**February 22, 2023**  
**12:00 PM**