



WEEK 1

LUNCH	MONDAY 5/4	TUESDAY 5/5	WEDNESDAY 5/6	THURSDAY 5/7	FRIDAY 5/8
SIGNATURE	Pasta Mac and Cheese Chicken Nuggets Biscuit Cauliflower Carb Count: Mac and Cheese=47g Nuggets=13g Biscuit=27g Cauliflower=4g	Taco Tuesday Taco Ground beef Or Chicken Rice Black Beans Carb count: Shell 7.3=20g Beef=3g Chicken=4g Rice=23g Beans=10g	Jaguar Bowl Mashed Potato, Popcorn Chicken, Brown Gravy, Cheese and Roasted Corn Carb Counts: Mash Potato=17.5g Popcorn Chicken=25g Brown Gravy=4g Cheese=1g Corn=16.3g	Burger Day Hamburger Fries Mixed Veggies Carb Count: Bun=39g Burger=1g Veggies=19g	Pizza Day Cheese, Pepperoni, Chicken, Bacon, Ranch Broccoli Salad Carb Count: Cheese & Pepperoni=53g Chicken, Bacon, Ranch=55g Broccoli salad=4g
GRILL	Crispy Chicken Sandwich Carb Count: Bun=39g Chicken Patty=13g	Mozzarella Sticks Carb Count: Mozz Sticks=20g Sauce=8g	Meatball Sub Carb Count: Buns=39g Meat Ball and sauce=13g	Chicken Nuggets Carb Count: Nuggets=13g	Corn Dogs Carb Count: Corn dog=27g
PRODUCE BAR	Chopped Romaine, Cherry tomato, baby Carrots, Broccoli, cucumbers, celery, Assorted peppers, Cauliflowers, Hummus, Grapes, Pineapples, Peaches, Apples, Oranges, Bananas and Composed Salads.				

Access the week menus through the page stjudejaguars.org

MAKE IT A MEAL!

A meal includes grain, protein, fruit, vegetable and milk. Be sure to take at least three components of a meal (including ½ cup of fruit or vegetable) to receive our meal pricing!

Lunch: \$5.25

Extra Milk: \$0.75

Grill: \$4.00

Questions or special requests regarding food sensitivities?

Contact us! We're happy to work together to support your student!

Oscar Graham

Resident Director

Phone: (440)-222-5338



Fresh

THE FAMILY DIFFERENCE IN HOSPITALITY SERVICES

