

## Give with heart

in honor of **American Heart Month**



# Sunday Feb 22

# 8:45am – 1:15pm

# St. Anthony of Padua

# 85 Harrison St. West Harrison, NY

### Prepare to donate



Eat well  
and hydrate



Bring a  
photo ID



Feel good and  
symptom free



Meet minimum  
weight requirements



**Must be 17-75**  
- 16 with parental  
permission form  
- 76+ with written  
physician consent

Visit [nybc.org/eligibility](https://nybc.org/eligibility)  
for complete donation guidelines.

- 3 options to sign up:**
- [Click here](#)
  - Scan the QR code
  - Go to [nybc.org/sponsor](https://nybc.org/sponsor)  
and use code #10989

