



# LAKE HURON CATHOLIC FAMILY OF PARISHES

Being a Mission-Oriented Church that Forms Disciples of Jesus

Zurich | Goderich | St. Joseph | Exeter | Mt. Carmel | Grand Bend

## WEEKLY Bulletin

Welcome  
to our  
Family  
of parishes



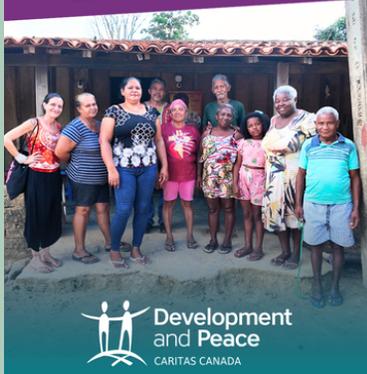
**FIRST READING:** ISAIAH 58:6-10  
**PSALM:** 112  
**SECOND READING:** 1 CORINTHIANS 2:1-5  
**GOSPEL:** MATTHEW 5:13-16

Are you new? [Ways to Connect!](#)  
[Email the Office](#)

We'd love to  
hear from you!

[Ask a question or share feedback](#)  
[Ways to Fund our Mission](#)

### A MOVEMENT FOR GLOBAL JUSTICE



### Do you know Development and Peace – Caritas Canada?

Development and Peace – Caritas Canada, the official international development organization of the Catholic Church in Canada, is a democratic movement for global solidarity rooted in Catholic Social Teaching.

Development and Peace – Caritas Canada addresses the root causes of poverty, oppression and inequality by working with partners in the Global South and by mobilizing Canadians in the common struggle for justice and dignity.

The organization also champions women and social movements as key agents of lasting change.

To learn more, visit [devp.org](http://devp.org)

[Share Lent Campaign Video 2026.](#)



[Symbols of Solidarity.](#)

**St. Boniface, Zurich** (Church & Office)  
22 Mary Street, Zurich, Ontario, N0M 2T0  
**Saturday 5pm | Sunday 8:30am**

**St. Peter, Goderich**  
156 North Street, Goderich, Ontario, N7A 2V3  
**Saturday 5pm | Sunday 9am**

**Our Lady of Mount Carmel, Mt. Carmel**  
69219 Bronson Line, Parkhill / Mt. Carmel  
**Sunday 11:15am**

**Immaculate Heart of Mary, Grand Bend**  
337 Ontario Street, Grand Bend  
**Sunday 9am**

**Precious Blood, Exeter**  
200 Sanders St. W., Exeter  
**Saturday 5pm | Sunday 11am**

**St. Peter, St. Joseph**  
73334 Bluewater Hwy., St. Joseph  
**Sunday 11:30am**

## Our Catholic Faith *Did You Know?*

### Called to be Salt and Light

In this Sunday's Gospel, Jesus calls us the salt of the earth and the light of the world – reminding us that faith is meant to be lived visibly, not kept private. Just as salt brings out flavour and light drives away darkness, our everyday acts of love, service, and mercy help others glimpse God's goodness through us.

In his October [message for the World Day of Migrants and Refugees](#), **Pope Leo XIV** lifted up the spiritual strength of migrants, naming them evangelizers whose journeys reflect deep courage and trust as they seek safety, dignity, and a brighter tomorrow.

February 8, 2026 - 5th Sunday in Ordinary Time

Year  
A



## Walking with the Word



### A Reflection on the Gospel:

In today's Gospel, Jesus tells His disciples, "You are the salt of the earth... You are the light of the world." These simple images carry a powerful invitation. Salt preserves and brings flavor; light reveals and guides. Jesus is reminding us that our faith is meant to be lived outwardly. We are called not only to believe, but to make a difference – through kindness, compassion, courage, and love.

The first reading deepens this message, showing us what shining God's light looks like in everyday life: feeding the hungry, welcoming the lonely, and caring for those in need. St. Paul reminds us that this mission does not depend on eloquence or strength, but on God's power working through humble hearts. Together, today's readings encourage us to live our faith in practical ways, allowing Christ's light to shine through our words and actions. When we choose mercy over judgment and service over comfort, we help illuminate God's presence in the world

### Sunday Seeds (for Children & Families)

Jesus tells us something very special today. He says we are the salt of the earth and the light of the world!

Salt makes food taste better – and you make the world better when you are kind, helpful, and loving.

Light helps people see – and you shine God's light when you share, forgive, and care for others.

God also reminds us that loving actions matter. When we help someone who is hungry, lonely, or sad, we are showing God's love with our hands and hearts.

You don't have to be big or famous to make a difference. Every smile, every kind word, and every good choice lets your light shine!

### Family Action for the Week

Try one small "light" activity together:

- Help set the table or clean up without being asked
- Make a card for someone who is sick or lonely
- Share a toy, snack, or smile

Every little act of love helps brighten God's world.

### Questions for Reflection at Home

- Where is God inviting me to be "salt" this week – bringing encouragement, healing, or hope to someone else?
- How can I let Christ's light shine more clearly through my daily choices?
- What small act of love can I offer that might brighten someone's day?

### Prayer for the Parish Community

Lord Jesus,

You call us to be salt for the earth and light for the world. Fill our hearts with your grace so that we may preserve what is good, heal what is broken, and bring flavor to lives grown dull with despair. Let our lives reflect your light, so that through our deeds others may see your love and give glory to our heavenly Father.

Amen.

### Think About It

- How can I be kind to someone this week?
- Who needs my help or encouragement today?
- How can I show God's love at home or at school?

## Continuing Parish Events

- **Youth & Family Mass Sundays:**
  - **STB** • Jan. 25 (\*every 4<sup>th</sup> Sunday)
  - **SPG** • Feb. 8 (\*every 2<sup>nd</sup> Sunday)
  - **PBE** • Feb. 15 (\*every 3<sup>rd</sup> Sunday)
- **Common Plate:** **PBE** every Tuesday from 5:30-7pm **\*\*except Shrove Tuesday\*\***
- **Fishes & Loaves:** **SPG** Tuesdays see this [link](#) for more details.
- **Stations & Rosary:** **STB** every Friday in Lent @9am-9:30am

**Parish Key (in color on our [website](#)):** **STB** = St. Boniface Church, in Zurich • **SPG** = St. Peter Church, in Goderich • **SPJ** = St. Peter Church, in St. Joseph • **PBE** = Precious Blood, in Exeter • **IHM** = Immaculate Heart of Mary, Grand Bend • **OLMC** = Our Lady of Mount Carmel, Mt. Carmel

## Upcoming Parish Events

- **Every Sunday through to Mar. 8 • Confirmation Mass & Education Sessions at SPJ at 11:30am**
- **Feb. 8, 15... • RCIA: SPG** at 2pm
- **Feb. 10 • Fun Day:** All ladies of **IHM** welcome at 1pm (CWL event)
- **Feb. 11 • World Day of the Sick - [message of Pope Leo XIV](#)**
- **Feb. 11 • Our Lady of Lourdes**
- **Feb. 11 • Pray the Rosary** before mass at **IHM** 8:55am
- **Feb. 11 • Leadership Team Meeting: PBE** at 6pm
- **Feb. 14 • St. Valentine**
- **Feb. 17 • Shrove Tuesday: PBE** 5-6:30pm **Sausage & Pancake Supper**, tickets \$10, children under 10 free. Hosted by Knights of Columbus
- **Feb 17 • OFFICE CLOSED** in lieu of Family Day
- **Feb 18 • Ash Wednesday**
- **Cursillo** (contact eileenetms@hotmail.ca or 519-524-9400 to register)
  - **Feb. 19-22** Men's weekend
  - **Feb. 26-Mar. 1** Women's weekend
- **Feb. 21 • CWL Lenten Retreat** see poster for details
- **Feb. 29 • Coffee Sunday: STB** after Mass
- **Mar. 6 • World Day of Prayer** at 2pm see poster for details

For more events listed visit our website at [LakeHuronCatholic.ca](#)

## In God's Presence

### Sacraments

#### Baptism:

1. Complete the online: [Baptism Registration Form](#).
2. Email it to: [LakeHuronCatholic@dol.ca](mailto:LakeHuronCatholic@dol.ca).
3. Attend the next **Baptism Prep Class** on **March 26 at 6:30pm St. Boniface, Zurich**.

**First Communion Retreat: Mar. 28** at Precious Blood Church, Exeter 10am - 2pm

#### Confirmation:

- Complete the online: [Confirmation Registration Form](#).
- Mass and Confirmation Education **Sessions begin Feb. 1 and run every Sunday for 6 weeks.**
- **Retreat Day - April 18**, St. Boniface, Zurich
- **Confirmation Celebration with Bishop Fabbro - Sunday, April 26**, 11am, at Precious Blood, Exeter
- For more information: visit our website at [LakeHuronCatholic.ca/Sacraments](http://LakeHuronCatholic.ca/Sacraments).

**Marriage:** Couples are invited to contact Fr. Tony at least one year in advance to begin marriage preparation: [tlaforet@dol.ca](mailto:tlaforet@dol.ca).

**Anointing of the Sick:** Call at onset of serious illness or when death is imminent:

**1-877-450-6414 ext. 9.**

**Reconciliation (Confession):** We are encouraged to celebrate this sacrament regularly. It brings peace, healing, and grace to the soul. Confessions are also available by appointment: 1-877-450-6414.

### We Hold Our Parish Family in Prayer

We pray for all who are sick, asking God to grant them healing and strength. We also remember those who have died, including **Julia O'Rourke and Ann Lalonde**, and ask the Lord to bring comfort and peace to all who mourn.

### Office Hours

**Open:** Tuesday to Friday, 8:30am - 3:30pm

**Closed:** 12:30pm - 1:30pm for lunch and Wednesday afternoons for Staff Meeting

 **1-877-450-6414**  [LakeHuronCatholic.ca](http://LakeHuronCatholic.ca)

 [LakeHuronCatholic@dol.ca](mailto:LakeHuronCatholic@dol.ca)

### Pastoral Team

**Pastor:** Rev. Antoine Laforet | Ext-222 | [TLaforet@dol.ca](mailto:TLaforet@dol.ca)

#### Associate Pastors:

Rev. Thomas Donohue | Ext-224 | [TDonohue@dol.ca](mailto:TDonohue@dol.ca)

Rev. Anthony Lobo | Ext-226 | [ALobo@dol.ca](mailto:ALobo@dol.ca)

### Office Staff

**Reception/Admin:** Nancy Smart | Ext-200 |

[LakeHuronCatholic@dol.ca](mailto:LakeHuronCatholic@dol.ca)

**Office Admin:** Rachael McDonald | Ext-242 |

[RMcDonald@dol.ca](mailto:RMcDonald@dol.ca)

**Bookkeeper:** Lori LaPorte | Ext-241 | [LLaporte@dol.ca](mailto:LLaporte@dol.ca)

**Finance & Facilities:** Dcn. Jim Van Lanen | Ext-240 |

[JVanLanen@dol.ca](mailto:JVanLanen@dol.ca)

**Office Angel:** Bertha Fernandes | [BFernandes.vol@dol.ca](mailto:BFernandes.vol@dol.ca)

**For Pastoral Emergency dial 1-877-450-6414 ext. 9 \*\*\* Call 911 first in case of immediate medical emergency!**

## DIOCESAN MINISTERS PRAYER CALENDAR: FEBRUARY

ADORATION & CONFESSION - WEEK OF February 8, 2026					
Tue, Feb 10	Regular	11am - 11:45am	St. Joseph	<b>B</b>	Confession
Wed, Feb 11	Regular	11:30am - 12:30pm	Zurich	<b>B</b>	Adoration & Confession
Thu, Feb 12	Switched Back	10:00am - 10:45am	Mt. Carmel	<b>B</b>	Adoration & Confession
Fri, Feb 13	Switched Back	10:00am - 10:45am	Grand Bend	<b>B</b>	Adoration & Confession
Fri, Feb 13	Regular	11am - 11:45am	Goderich	<b>B</b>	Confession

## Weekday Mass Schedule & Intentions

February-08 - February-14		
<b>Nursing Homes</b>		
<b>Huron View</b>		
Tue Feb 10	† Maria Lourenco [] Estate	10:30 am
<b>St. Peter, St. Joseph</b>		
Tue Feb 10	Int. of Dianne Tschirhart [] Patty LaPorte	12:15 pm
Tue Feb 10	Int. of Anthony and Monique Hartman [] Patty LaPorte	12:15 pm
<b>St. Boniface, Zurich</b>		
Wed Feb 11	† Alice & Gery Connolly [] Carol & David Woodhouse	12:30 pm
Wed Feb 11	† Michael Moriarty [] Mary Lou Denomme	12:30 pm
Wed Feb 11	† Josef Risi [] Martha Risi	12:30 pm
Wed Feb 11	† Helen Foran [] Kate Moriarty & Family	12:30 pm
Wed Feb 11	† Tara Hartman [] Francis & Doreen Hartman & Family	12:30 pm
Wed Feb 11	† Phil Laporte [] Kathryn Regier	12:30 pm
<b>St. Peter, Goderich</b>		
Wed Feb 11	Int. of John Bedard [] John Bedard	9:00 am
Thu Feb 12	† Maria Lourenco [] Estate	12:15 pm
Fri Feb 13	- Rick Hodgins [] Pete & Elsie Dykstra	12:15 pm
Sat Feb 14	<b>Funeral Mass - Ann Lalonde</b>	<b>11:00 am</b>
<b>Immaculate Heart of Mary, Grand Bend</b>		
Wed Feb 11	† Maria Teresa Mele [] Sharon Strong	9:15 am
Wed Feb 11	Int. of Fr. Tony Laforet [] Jerry & Rose Vanbruaene	9:15 am
Fri Feb 13	† Tania Johnson Crawford [] Sally and Paul Johnson	9:15 am
Fri Feb 13	† Don Webster [] Maureen & Kieran O'Halloran	9:15 am
<b>Our Lady of Mount Carmel, Mount Carmel</b>		
Thu Feb 12	† Maria Lourenco [] Estate	9:15 am
Sat Feb 14	- Bill & Mary Muller [] John & Cecile Muller	9:15 am
<b>Precious Blood, Exeter</b>		
Fri Feb 13	† Beulah & Raymond Rivard [] Estate	12:45 pm
Fri Feb 13	† Rita Winters [] Marlene Moore	12:45 pm

## Publication Team

**Bulletin | Newsletter | Website | Social Media**

#### Communications Lead & Designer

Rachael McDonald, Ext-242, [RMcDonald@dol.ca](mailto:RMcDonald@dol.ca)

#### Content Creation & Digital Publishing Associates

Vi Nguyen, Loretta Ayotte, Pat Weber

**The next deadline for submitting content is: Monday, February 9, for the week of February 15th.**

**For further information and guidelines:** please visit <https://lakehuroncatholic.ca/submit-content>

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Email: [LakeHuronCatholic@dol.ca](mailto:LakeHuronCatholic@dol.ca)

 <p><b>Truly Nolen Pest Control Goderich</b></p> <p>Residential / Commercial / Agricultural 519-524-5052 <a href="mailto:huroncounty@trulynolen.ca">huroncounty@trulynolen.ca</a></p>	 <p><b>Don McIlwain Owner</b></p> <p><b>BAYFIELD GARAGE</b> 9 Main Street South, PO Box 2025, Bayfield, ON N0M1G0 T: (519) 565-2539 F: (519) 565-2389 After hours towing: (519) 565-2547 <a href="mailto:baygar@tcc.on.ca">baygar@tcc.on.ca</a></p>	<p><i>J. Harry Hoffman &amp; Sons</i> Funeral Home</p> <p><b>JIM &amp; DONNA HOFFMAN</b> Dashwood, Ontario</p>
 <p><b>VANASTRA PACKAGING</b></p> <p>Custom Toll Packing Warehousing 519 482 5060</p>	  <p>St. Joseph, ON 519-236-7707 <a href="http://hessenland.com">hessenland.com</a> 1-866-543-7736 Email: <a href="mailto:hessen@hessenland.com">hessen@hessenland.com</a></p>	 <p><b>WHITE SQUIRREL GOLF CLUB</b></p> <p>72538 Bluewater Hwy, Zurich</p>
 <p><i>When Experience Counts</i> Robert Morris</p> <ul style="list-style-type: none"> <li>• Criminal Defence Lawyer</li> <li>• Former Crown Attorney for the County of Huron</li> <li>• Over 40 years of experience in Criminal Court</li> <li>• Certified as a Specialist in Criminal Law by the Law Society of Ontario</li> </ul> <p>85 Essex Street, Goderich, Ontario Tel : 519.524.8211 • Fax: 519.524.9337 <a href="http://www.robertmorrislaw.com">www.robertmorrislaw.com</a></p>	<p><b>Visit our website!</b> Mass times, bulletins, children's resources, and more:  <a href="http://LakeHuronCatholic.ca">LakeHuronCatholic.ca</a></p>	 <p>519-237-HEAT(4328)   <a href="http://jaydensmechanical.com">jaydensmechanical.com</a> <i>Proudly Serving Southwestern Ontario</i></p>
<p><b>The CRAFTSMAN'S EDGE</b></p> <p>226-270-6901 Contact@tcebuild.ca TCEbuild.CA</p> <p><b>Built to Last, Crafted With Care.</b> Grand Bend+surrounding Area</p> <ul style="list-style-type: none"> <li>-Renovations/Remodelling</li> <li>-Custom Bathrooms</li> <li>-Tile Installation</li> <li>-Finish Carpentry</li> </ul>	<p><i>Lord, help me to see You in everyone I meet and serve You in all I do. Amen.</i></p> <p>Take a moment this week to rest in God's presence</p>	<p><b>Re/MaxReliable Realty Inc</b> 95 Main Street South - Hwy 21 Bayfield <b>Brian Coombs, Broker of Record</b> 519-565-2020 <b>RE/MAX</b></p>
<p><i>Medway</i> <b>HOMES INC</b></p> <p>More Thought Per Square Foot</p> <p>519-238-LAKE (5253) <a href="mailto:info@medwayhomes.ca">info@medwayhomes.ca</a></p>	<p><b>Thinking about Real Estate? Talk to your local Experts</b></p> <p><i>The Pedlar Team</i> <b>REMAX</b> Bluewater Realty Inc.</p> <p>519-238-5700 <a href="http://www.GrandBendRealEstate.com">www.GrandBendRealEstate.com</a></p>	<p><i>West Street Dental Clinic</i></p> <p>Dr. Scott Russell D.D.S. Dental Surgeon</p> <p>33 West Street, Goderich, ON N7A 2K5 Call or Text 519-955-9553</p>

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**If you would like to support our parish financially, please consider donating using the parish codes provided. Your generosity helps sustain our ministries and outreach efforts—thank you!**

<p>St. Peter Goderich E- Transfer to <a href="mailto:stpetersgh@dol.ca">stpetersgh@dol.ca</a></p>	<p>Immaculate Heart of Mary Grand Bend E- Transfer to <a href="mailto:ihmgrandbend@dol.ca">ihmgrandbend@dol.ca</a></p>	<p>Our Lady of Mount Carmel Mount Carmel E- Transfer to <a href="mailto:ourladymc@dol.ca">ourladymc@dol.ca</a></p>	<p>St. Boniface Zurich E- Transfer to <a href="mailto:stboniface@dol.ca">stboniface@dol.ca</a></p>	<p>Precious Blood Exeter E- Transfer to <a href="mailto:preciousblood@dol.ca">preciousblood@dol.ca</a></p>	<p>St. Peter, St. Joseph E- Transfer to <a href="mailto:stpeter@dol.ca">stpeter@dol.ca</a></p>
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