



MEN'S RETREAT

NOV. 28 - 30, 2025

Ready-Set-Go: Living Out the Virtue of Hope
Led by Rev. John Shiha

As the Pilgrims of Hope Jubilee draws to a close, we are invited to ask: How do we move forward as disciples of Christ? This retreat offers men a sacred space to reflect, recharge, and recommit to living out the virtue of Hope; not as a fleeting feeling, but as a steady, spiritual strength rooted in Christ.

Registration Fee: \$300 (includes regular room accommodations, materials, and meals)

HFRH.ca/upcoming-retreats

Scan to register



**HOLY
FAMILY**
RETREAT HOUSE