

Church of the Epiphany

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The Most Holy Body and Blood of Christ

June 19, 2022

*For as often as you eat this bread and drink the cup,
you proclaim the death of the Lord until he comes.*

1 Corinthians 11:26

Reflections ~ Reflexiones

Gospel: Luke 9:11b-17

Have you noticed how all the readings today speak of feeding people? Our Gospel reading shows us Jesus and the Twelve surrounded by a huge, hungry crowd. When the Twelve protest that they cannot feed everyone, Jesus has them divide the crowd into smaller groups. Then he takes what they have—five loaves, two fishes—gives thanks (blesses the food), breaks it, and invites the disciples to pass it around and share it. There is more than enough for everyone! We see this passage as a sign of the Eucharist, in which Jesus continues to feed the multitude of his followers. We can also see it as a challenge to do what we can to feed the millions of hungry people in our world today.

1.) Can we accept the challenge to share with others in need, even if what we have to share seems small and insignificant?

Evangelio: Lucas 9:11b-17

¿Se han fijado cómo todas las lecturas de hoy hablan de alimentar al pueblo? La historia del evangelio nos muestra a Jesús y a los Doce rodeados de una multitud hambrienta. Cuando protestaron porque no podían dar de comer a todos, Jesús dividió la multitud en pequeños grupos. Después tomó lo que tenían, cinco panes y dos peces, dio gracias, los partió e invitó a los discípulos a pasarlo para compartirlo. Hubo suficiente para todos. Podemos, por supuesto, ver esta historia como un signo de la Eucaristía, en la que Jesús continúa alimentando a la multitud de sus seguidores. Pero podemos también verlo como un reto que nos invita a alimentar a millones de hambrientos en nuestro mundo hoy.

1.) ¿Aceptamos el reto de compartir con otros en necesidad, aun cuando lo que compartimos parece pequeño o insignificante?

Treasures from our Traditions ~ Tradiciones de nuestra Fe

We owe today's beautiful feast to a valiant woman who suffered a great deal to establish a feast out of her love for the Eucharist. Juliana was a nun in Belgium in the thirteenth century. She served in a hospital for lepers. She became convinced through her prayer that the liturgical year was incomplete because it had no feast for the Eucharist. Her efforts were not welcome, and a supervising priest sought to punish her for promoting a feast that "nobody wanted." He even had her accused of financial mismanagement and banished her from her convent.

Shortly after she was exiled, the bishop approved the feast. It quickly spread through Europe. In those days, people very seldom received Holy Communion, and so the processions through the streets with the eucharistic bread not only led to an awareness of Christ's hunger to be with us, but prepared the way for a deeper desire to receive Christ's Body and Blood in more frequent Communion. The feast grew rapidly, but Juliana disappeared into poverty and a hidden life. She ended her days as an " anchoress," a woman living in seclusion in a room attached to a parish church. Imagine her delight at seeing us gathered at the table of the Lord on this day, aware of Christ's presence in our midst, sharing fully in Christ's Body and Blood. Our celebration today invests her struggle and sorrows with dignity and meaning.

—Rev. James Field, Copyright © J. S. Paluch Co.

Perú tiene más de 3000 fiestas cada año, normalmente en torno al santo patrón de algún pueblo. La celebración de Corpus Christi es celebrada en todo el país. Pero es más llamativa en Cusco. Durante el día se escucha el repique de María Angola, la campana más grande de todo Perú, que existe desde el siglo XVI.

La celebración incluye una procesión con quince santos y vírgenes del siglo XVII, que vienen desde sus santuarios hasta la barroca Catedral de Cusco para honrar el Cuerpo de Jesús. Estas imágenes son cargadas por la plaza de armas antes de llegar a la catedral donde se quedarán hasta el octavo día. Según los peruanos los santos y vírgenes pasan las siete noches platicando con el Señor de los temblores, bromeando y planificando el año que viene para sus parroquias. El último día los santos y vírgenes regresan a sus santuarios con otra procesión.

Estas dos procesiones nos recuerdan que por mucho que los latinoamericanos amemos y veneremos a los santos y vírgenes reconocemos que tanto ellos como nosotros están al servicio de Cristo Jesús.

—Fray Gilberto Cavazos-Gluz, OFM,

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World Day of Prayer for the Sanctification of Priests

On Friday of this week, June 24th, we celebrate the Feast of the Sacred Heart of Jesus, and also World Priest Day, a day of prayer for the Sanctification of Priests. We pray that the hearts of our priests become like the Sacred Heart of Jesus. Every day our priests pray for us and our intentions as they preside over Mass, hear our confessions, baptize our children or bury our loved ones. Please remember our priests at Epiphany parish, our pastor, Father Eugene, our associate pastor, Father Michael and our priest in residence, Father Caverte on this sacred day.

El viernes de esta semana, 24 de junio, celebramos la Fiesta del Sagrado Corazón de Jesús, y también el Día Mundial del Sacerdote, jornada de oración por la Santificación de los Sacerdotes. Oramos para que los corazones de nuestros sacerdotes se vuelvan como el Sagrado Corazón de Jesús. Todos los días nuestros sacerdotes rezan por nosotros y nuestras intenciones mientras presiden Misa, escuchan nuestras confesiones, bautizan a nuestros hijos o entierran a nuestros seres queridos. Recuerde a nuestros sacerdotes en la parroquia Epiphany, nuestro párroco, el Padre Eugene, nuestro pastor asociado, Padre Michael y nuestro párroco residente, Padre Caverte en este día sagrado.



Please be sure to visit:
<https://epiphanysf.com/parish-online-giving>



Calendar / Calendario

Sunday, June 19, 2021



9:30am: OKH Knights of Columbus
2:30pm: RH Year of Faith
7:00pm: OKH Sunday Silence-AA

Monday, June 20, 2022

Juneteenth (observed)
PARISH OFFICE CLOSED
NO MEETINGS

Tuesday, June 21, 2022

7:00pm: CAF Bible Study

Wednesday, June 22, 2022

6:30pm: RH Finance Council

Thursday, June 23, 2022

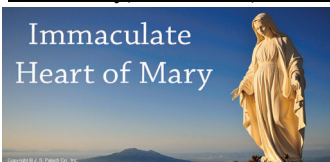
6:30pm: OKH Grupo de Oración

Friday, June 24, 2022



9:00am: AS Legion of Mary
6:30pm: RH Outreach Commission

Saturday, June 25, 2022



11:15am: CH English Baptisms
4:00pm: CH Confessions

Sunday, June 26, 2021

1:00pm: CH Fr. Michael Rocha's
Last Sunday Mass
2:00pm: CAF Fr. Michael Rocha's
Farewell Reception
2:00pm: RH EFCB
7:00pm: OKH Sunday Silence-AA

COLLECTIONS

June 12, 2022 - The Most Holy Trinity Sunday

1st Collection: \$8,803.66
2nd Collection: \$1,282.00

Second Collections:

Today: Parish Athletic Program
Next Week: Peter's Pence

Intentions/Intenciones:

Sunday, June 19, 2022

6:30am: Ines Pedroza de Raygoza †
8:30am: Giovanni & Maria Lombardi †
10:00am: People of the Parish
11:30am: Sergio F. Santana †
1:00pm: All Souls in Purgatory †

Monday, June 20, 2022

6:30am: Ubonrak Khandhawit †
8:00am: Runel Paul Iglesia †,
Soledad Anonuevo Francisco †,
Filomeno Mayang †, Luisito Holgado †,
Felisa Lafuente †,
Helen Francisco Fernando †,
Luis Bojorquez †, Mayling Abella †,
Alberto B. Trance †,
Thanksgiving: Jaime Montti

Tuesday, June 21, 2022

6:30am: Ubonrak Khandhawit †
8:00am: **Thanksgiving:** Rufino & Pat
Rimando (41st Wedding Anniversary)

Wednesday, June 22, 2022

6:30am: Ubonrak Khandhawit †
8:00am: Vicenzina Cacelli †

Thursday, June 23, 2022

6:30am: **Thanksgiving:** Don Michael
Bernal
8:00am: Lilia Quijano Scarpelli †

Friday, June 24, 2022

6:30am: Ubonrak Khandhawit †
8:00am: Andrew Scarpelli †

Saturday, June 25, 2022

8:00am: Guillermo & Liberata Bernal †
5:30pm: Felipa Antonio †

Sunday, June 26, 2022

6:30am: **Thanksgiving:** Erlinda D.
Winter
8:30am: Pablo Santana †
10:00am: People of the Parish
11:30am: Salvador Mora y Francisca
Rodriguez †
1:00pm: Lilia Quijano Scarpelli †

SAINTS AND SPECIAL OBSERVANCES

Sunday: The Most Holy Body and Blood of Christ; Father's Day;

Juneteenth

Monday: Twelfth Week in Ordinary Time

Tuesday: St. Aloysius Gonzaga;

Summer begins

Wednesday: St. Paulinus of Nola;

Ss. John Fisher and Thomas More

Thursday: The Nativity of St. John the Baptist

Friday: The Most Sacred Heart of

Jesus

Saturday: The Immaculate Heart of the Blessed Virgin Mary

Epiphany Parish News

FATHER MICHAEL ROCHA'S FAREWELL

You are all welcome to join the parish for Fr. Michael Rocha's last Sunday Mass offered at Epiphany as Parochial Vicar. It will be Sunday, June 26th at 1:00pm with a reception to follow in the school cafeteria.

RELIGIOUS EDUCATION PROGRAM

Early enrollment for the Parish Religious Education Program for Faith Formation, First Communion and Confirmation will begin on Monday, June 6th. Applications will be available in the parish office and on the parish website www.epiphanysf.com at the "Faith Formation" menu tab. Please call the parish office for more information.

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Do you or anyone you know want to be fully initiated into the Catholic Faith by being Baptized, receiving First Communion or Confirmation? Do you just want to learn more about the fundamentals of the Catholic Faith? You're welcome to join in Epiphany's RCIA (Rite of Christian Initiation of Adults). Registration forms and more information are available in the parish office or on the webpage at: www.epiphanysf.com/rcia.

MEETING PLACE CALENDAR ATTENTION GROUP LEADERS:

The 2022-2023 Calendar Request are available in the parish office. Reminder -- all requests for meeting areas are ONLY scheduled on a FIRST received - FIRST assigned format. Be sure to pick up a request form from the Parish Office and return it to the office by Friday, June 17th.



PRAYER OF THE WEEK The Most Holy Body and Blood of Christ (Corpus Christi)

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, God, for ever and ever.

Reflection question:

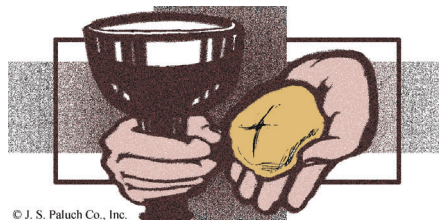
How am I part of the Body of Christ in the world?

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THE GIFT OF THE EUCHARIST

Today we hear how Abram encounters Melchizedek, "king of Salem . . . and a priest of God Most High" (Genesis 14:18). Melchizedek appears nowhere else in scripture, but is nonetheless significant. Psalm 110 declares of the great King David, "You are a priest forever, in the line of Melchizedek," a description later given (in the letter to the Hebrews) to Christ as High Priest.

Early Christians saw in Melchizedek's bread and wine the bread and wine of the Eucharist; Paul's account of the Last Supper (in today's second reading) is the oldest one in scripture. In the Gospel, Luke describes Jesus providing bread for a crowd in words similar to Paul's, words still used by the Church: Jesus takes bread, gives thanks, breaks it. Together, these three readings reveal how Christian priesthood, Christ's Real Presence, and the call to serve those in need are all found in the gift of the Eucharist. Copyright © J. S. Paluch Co.



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PATIENCE

Patience is the ability to idle your motor when you feel like stripping your gears. —Anonymous

FATHERHOOD

A father carries pictures where his money used to be. —Anonymous

ANIMA CHRISTI

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.

Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds conceal me.
Do not permit me to be parted from you.

From the evil foe protect me.
At the hour of my death call me.
And bid me come to you,
to praise you with all your saints
for ever and ever.

Amen.

En ego, o bone et dulcissime Iesu
Here,

O good and gentle Jesus,
I kneel before you,
and with all the fervor of my soul
I pray that you engrave within my heart
lively sentiments of faith, hope, and love,
true repentance for my sins,
and a firm purpose of amendment.
While I see and I ponder your five wounds
with great affection and sorrow in my soul,
I have before my eyes those words of yours
that David prophesied about you:
"They have pierced my hands and feet;
I can count all my bones." (Ps 22, 17)
Amen.



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Noticias de Epifanía

DESPEDIDA DEL PADRE MICHAEL ROCHA

Todos son bienvenidos a unirse a la parroquia para la última Misa dominical del Padre Michael Rocha ofrecida en la Epifanía como Vicario Parroquial. Será el domingo 26 de junio a la 1:00 pm seguido con una recepción en la cafetería de la escuela.

PROGRAMA EDUCACION RELIGIOSA

La inscripción temprana para el Programa de Educación Religiosa Parroquial para la Formación de Fe, Primera Comuni3n y Confirmaci3n comenzará el lunes 6 de junio. Las solicitudes estarán disponibles en la oficina parroquial y en el sitio web de la parroquia www.epiphanysf.com en la pestaña del menú "Faith Formation". Por favor llame a la oficina parroquial para más informaci3n.

RITO DE INICIACIÓN CRISTIANA DE ADULTOS (RICA)

¿Usted o alguien que conoce quiere iniciarse completamente en la fe cat3lica siendo bautizado, recibiendo la Primera Comuni3n o la Confirmaci3n? ¿Simplemente quiere aprender más sobre los fundamentos de la fe cat3lica? Le invitamos a unirse al RICA (Rito de Iniciaci3n Cristiana de Adultos) de Epifanía. Los formularios de inscripci3n y más informaci3n están disponibles en la oficina parroquial o en la página web en: www.epiphanysf.com/rcia. Este programa solo se ofrece en inglés.

**CALENDARIO PARA SALONES
ATENCIÓN LÍDERES DE GRUPOS:**
Se les informa a todos los grupos y organizaciones parroquiales que los formularios para reservar salones para 2022-2023 están disponibles en la oficina parroquial. Aunque pueden entregarlos en la oficina hasta el viernes, 17 de junio, recuerden que los salones se asignarán por orden de llegada.

ORACIÓN DE LA SEMANA

El Cuerpo y la Sangre de Cristo

Señor nuestro Jesucristo, que en este admirable sacramento nos dejaste el memorial de tu pasi3n, concédenos venerar de tal modo los sagrados misterios de tu Cuerpo y de tu Sangre, que experimentemos continuamente en nosotros el fruto de tu redenci3n. Tú que vives y reinas con el Padre en la unidad del Espíritu Santo y eres Dios por los siglos de los siglos.

Pregunta de reflexi3n:

¿Cómo soy yo parte del Cuerpo de Cristo en el mundo?

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EL DON DE LA EUCARISTÍA

Hoy escuchamos cómo Abraham se encuentra con Melquisedec "rey de Salem... y sacerdote del Dios Altísimo" (Génesis 14:18). Melquisedec no se menciona en otra parte de las Escrituras, pero sin embargo es significativo. El salmo 110 declara del importante rey David: "Tú eres sacerdote para siempre, en la línea de Melquisedec", una descripci3n que más adelante se da (en la carta a los hebreos) de Cristo como Sumo Sacerdote. Los primeros cristianos veían en el pan y el vino de Melquisedec el pan y el vino de la Eucaristía; el relato de Pablo de la Última Cena (en la segunda lectura de hoy) es el más antiguo del Nuevo Testamento. En el Evangelio, Lucas describe a Jesús dando pan a una multitud con palabras similares a las de Pablo, palabras que todavía utiliza la Iglesia: Jesús toma el pan, ofrece palabras de acci3n de gracias y lo parte. Juntas estas tres lecturas revelan cómo el sacerdocio cristiano, la presencia real de Cristo y la llamada a servir a los pobres y marginados se encuentran en el don de la Eucaristía.

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PACIENCIA

La paciencia en un momento de enojo evitará cien días de dolor.
—Anónimo

PATERNIDAD

Un padre lleva fotos allí donde solía llevar su dinero. —Anónimo

ANIMA CHRISTI

Alma de Cristo, santifícame.
Cuerpo de Cristo, sálvame.
Sangre de Cristo, embriágame.
Agua del costado de Cristo, lávame.
Pasi3n de Cristo, fortaléceme.
Oh buen Jesús, escúchame.
Dentro de tus heridas escóndeme.
No permitas que me separe de ti.
Del enemigo malvado protégame.
A la hora de mi muerte llámame.
y mándame ir a ti,
para alabarte con todos tus santos por los siglos de los siglos.
Amén.

En ego, o bone et dulcissime Iesu
Aquí,

Oh buen y manso Jesús,
me arrodillo ante ti,
y con todo el fervor de mi alma
Te pido que grabes dentro de mi corazón
sentimientos vivos de fe, esperanza y amor,
verdadero arrepentimiento por mis pecados,
y un firme propósito de enmienda.
Mientras veo y reflexiono tus cinco heridas
con gran cari3n y pena en mi alma,
Tengo ante mis ojos esas palabras tuyas
que David profetizó acerca de ti:
"Han traspasado mis manos y mis pies;
Puedo contar todos mis huesos." (Sal 22, 17)
Amén.



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Today's Readings:

First Reading — Melchizedek brought out bread and wine and blessed Abram (Genesis 14:18-20).

Psalm — You are a priest forever, in the line of Melchizedek (Psalm 110).

Second Reading — Paul gives his description of the institution of the Eucharist (1 Corinthians 11:23-26).

Gospel — Jesus feeds the crowd with five loaves and two fish (Luke 9:11b-17).

The English translation of the Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK:

Monday	2 Kgs 17:5-8, 13-15a, 18; Ps 60:3-5, 12-13; Mt 7:1-5
Tuesday	2 Kgs 19:9b-11, 14-21, 31-35a, 36; Ps 48:2-4, 10-11; Mt 7:6, 12-14
Wednesday	2 Kgs 22:8-13; 23:1-3; Ps 119:33-37, 40; Mt 7:15-20
Thursday	<i>Vigil:</i> Jer 1:4-10; Ps 71:1-6, 15, 17; 1 Pt 1:8-12; Lk 1:5-17 <i>Day:</i> Is 49:1-6; Ps 139:1-3, 13-15; Acts 13:22-26; Lk 1:57-66, 80
Friday	Ez 34:11-16; Ps 23:1-6; Rom 5:5b-11; Lk 15:3-7
Saturday	Lam 2:2, 10-14, 18-19; Ps 74:1b-7, 20-21; Lk 2:41-51
Sunday	1 Kgs 19:16b, 19-21; Ps 16:1-2, 5, 7-11; Gal 5:1, 13-18; Lk 9:51-62

PRAY FOR THE SICK

OREMOS POR LOS ENFERMOS

Margie Abellana, Kim Alonzo, Lydia Artuz, Jillian Baires, Luis Castaneda, Kay Castle, Linda Cheng, Regina Connors, Daniel Copenhagen, Nancy Evelyn Fuentes, Mario & Petra Laguatan, Rosario Lapuz, Julius Mitra, Almira Tayag Montemayor, Maria Luisa Mora, Jose-Edson Naval, Robert Neri, Jose Ortega, Mark Padua, Dante Tayag, Armando Uy, Conrado Uy, Jr., Rolando Uy, Javier Vasquez, Michael, Adrian & Raphael Volz

&

Those suffering from COVID-19

*Please help us to keep our prayer list current. We will keep all requests on our prayer list for **ONE MONTH** unless notified to keep them on longer.*

Pray for the Recently Deceased

Oremos por los Recientemente Difuntos:

Charles Aquino, Father Michael J. Burns, Jose "Pepito" Geronimo, Jan Anthony Sarte, Alberto B. Trance

And for those who have died by violence this week.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.



Sacrament of Baptism

Registered parishioners are invited to have their children baptized at Church of the Epiphany. Parents and Godparents must participate in our Baptismal Preparation program.

Sacrament of Matrimony

To be married at Church of the Epiphany either the bride or groom must be **Roman Catholic**.

1. You qualify as an "in parish" couple if you live within the parish boundaries or, have been registered and active for six months; or if you're an alumni of School of the Epiphany.
2. If you do not meet one of the qualifications above, then you are considered an "outside of the parish" couple. Contact the parish office at least six months prior to the date of your proposed wedding to participate in our marriage preparation program.

Anointing of the Sick

This sacrament is for the seriously ill, or those scheduled for surgery. Call the parish office when a family member is admitted to a hospital or nursing facility.



REGISTERING TO OUR PARISH:

<https://epiphanysf.com/register-as-new-parishioner> or visit the parish office

Our Mission Statement:

We the people of the Church of the Epiphany strive to be a peaceful and welcoming parish. We strive to be mutually supportive of diverse communities. We strive to show compassion without distinction of age, gender, race or culture. Epiphany seeks to be a caring and loving community ever growing in faith formation.

Happy Father's Day!

From the Church of the Epiphany



Heavenly Father, you entrusted your Son Jesus, the Child of Mary, to the care of Joseph, an earthly father. Through the intercession of St. Joseph, the foster-father of Your Son, our Lord Jesus Christ, we give You thanks and praise for all fathers in the world.

We remember fathers, grandfathers and great-grandfathers who are no longer with us but who live forever in our memory and nourish us with their love.

Bless all fathers as they care for their families. Give them strength and wisdom, tenderness and patience; support them in the work they have to do, protecting those who look to them, as we look to You for love and salvation.

May they find courage and perseverance to balance faith, family and work, in joy and sacrifice.

Through our Lord Jesus Christ in union with the Holy Spirit, God, forever and ever.

St. Joseph, Head of the Holy Family, pray for us.

Amen.

THE MOST HOLY BODY AND BLOOD OF CHRIST

JUNE 19, 2022

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THEN TAKING THE FIVE LOAVES
AND THE TWO FISH,
AND LOOKING UP TO HEAVEN,
HE SAID THE BLESSING OVER THEM,
BROKE THEM,
AND GAVE THEM TO THE DISCIPLES
TO SET BEFORE THE CROWD. LUKE 9:16

THE ABUNDANCE OF GOD'S LOVE

The crowd that followed Jesus to the deserted place was fed, body and spirit. Jesus wanted them to know that in his presence they would find care and compassion. He would not let them go hungry. Like Abram who encountered God in the bread and wine offered by Melchizedek, they experienced first-hand the abundance of God's love. These sacred meals prefigured the meal most profound, the supper shared by Jesus and his disciples on the night before he died, the feast in which we share in the Eucharist. Today we celebrate the solemnity of the Most Holy Body and Blood of Christ. On this day, we appreciate anew the great love of Jesus Christ for us and for the world and experience first-hand the presence of Christ in the sacred meal.

TAKEN, BLESSED, BROKEN, SHARED

We do it so often, we could take it for granted. Yet, the mystery of the Eucharist, our participation in, reception of, and being sent to live as Christ's Body and Blood is a gift beyond measure. In the desert with the crowd and on the night of the Last Supper, Jesus took bread, gave thanks, said a prayer of blessing, broke the bread, and gave it to those who hungered for physical and spiritual nourishment. Scripture scholars and theologians often remind us that we are to repeat Jesus' actions of taking, blessing, breaking, and giving—with our lives, resources, and gifts—so that others may know the love of Christ. As Eucharistic people, we are meant to be changed, to become more like the One whom we receive.

GIVE THEM SOME FOOD YOURSELVES

Notice that Jesus sent his disciples to give the crowd the food they needed. Jesus could have done this alone. We could say he didn't need the disciples to participate in the feeding of the great crowd. But Jesus did not act alone then, and Christ relies on us now, to feed those who hunger and thirst physically, spiritually, and emotionally. When we grow weary and want nothing more than to satisfy our selfish and self-centered impulses, it is good for us to remember who we are and whose we are. It is crucial that we hear in the depths of our hearts, "Give them some food yourselves," and be ready to do so. On this solemnity of the Most Holy Body and Blood of Christ, let us celebrate Christ's living presence with and for us and recognize our call to share that presence with others.

TODAY'S READINGS

Genesis 14:18–20
Psalm 110:1, 2, 3, 4
1 Corinthians 11:23–26
Luke 9:11b–17