



Transforming Lives Through Faith Inspired Relationships

OUR PARISH'S MISSION: ***Proclaim the Good News, embolden all believers, and inspire a deeper relationship with Jesus Christ so our parish will love and serve others generously.***

Watch a ***Weekly Update Video*** from Father Chris...



Dear Friends in Christ,

How is your Lent? How is your life of prayer (making to it to Stations, Adoration, Daily Mass, private prayer)? Have you been able to fast in some way (from food, TV, social media, alcohol)? Have you been more charitable (used the Rice Bowl, been more intentional with money you give to charity, thought about the way you speak to and about people)? These weeks of Lent are a wonderful time for being very intentional and serious about our life as a Christian. The goal is not to “make it through” these weeks but to

become a new creation and be able to truly recommit ourselves to Christ once again at Easter.

I want you in heaven. I want your family in heaven. This is why Christ have us the Church and why St. Cecilia exists as a parish. All we do – the sacraments, the education, the sports, the gatherings – must be oriented to our becoming men and women worthy of glory one day in heaven!

Father Chris

A Lenten Retreat with Philadelphia's Eucharistic Saints



**Monday, February 26th at 7pm
Saint John Neumann & The Real Presence**

**Tuesday, February 27th at 7pm
Saint Katherine Drexel & The Eucharist as Sacrifice**

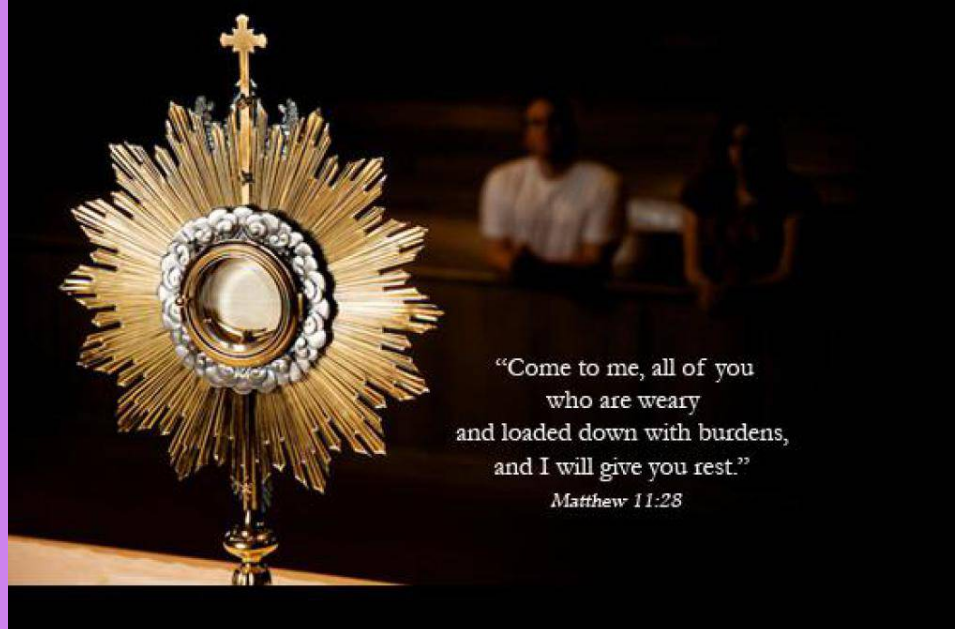
Each evening Father Chris Walsh will present a reflection on the life of the saint and the role of the Eucharist in their journey of holiness. The one-hour retreat will include time for Eucharistic Adoration, inspiring music and personal reflection.

All are welcome. No charge. Bring your family, including children.



www.stceciliafc.com

215-725-1240



**Have you joined us for Adoration on Mondays?
Jesus wants time with you.
Join us from Noon to 7pm.
Come for 10, 20 or 30 minutes. Maybe even an hour!
Look at Him. Let Him look at you.**

God's Voice

vs

Devil's Voice

Calms
Comforts
Convicts
Encourages
Clarifies
Leads
Reassures
Is Patient
Strengthens
Heals
Gives
Instills Hope
Forgives
Induces Peace
Is Kind
Is Gentle

Obsesses
Worries
Condemns
Discourages
Confuses
Pushes
Frightens
Rushes
Weakens
Hurts
Steals
Causes Despair
Accuses
Induces Stress
Is Cruel
Is Harsh

HappyHealthyWellProsperous.com



WILL NOT MEET THIS WEEK BECAUSE OF WEATHER FORECAST - PLAN TO BE WITH US NEXT WEEK!!! COFFEE TALK! Are you grieving the loss of a loved one? Many people find it helpful to talk through grief with others who have also experienced a loss. Please join us for a monthly COFFEE TALK at St. Cecilia. The next gathering is **Saturday, February 24th from 9am to 10:30am** - in the Cecilian Room (Building C, across from the Rectory). All are welcome. For more information, call Paula at 215-317-9802.



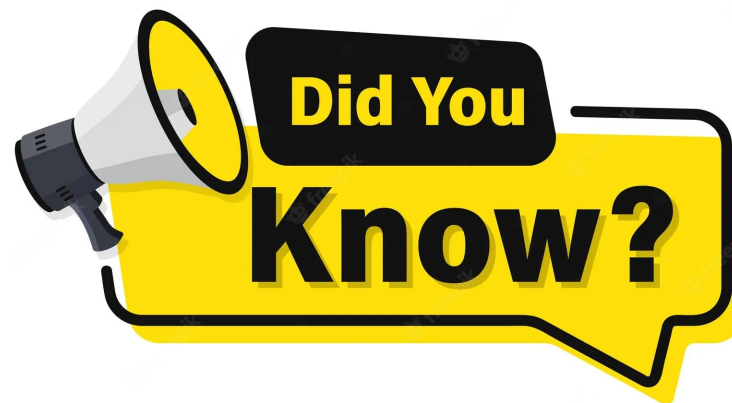
Join Father Chris and Saint Cecilia Church on Wednesday Evenings 7pm to 8:30pm in our School Auditorium March 6, March 13, March 20 and March 27 to study this amazing letter from Saint Paul. ALL ARE WELCOME - EVEN IF FOR ONE WEEK ONLY.



- **Pope Francis' Intention for FEBRUARY:** we pray that the sick who are in the final stages of life, and their families, receive the necessary medical and human care and accompaniment they need to remain hopeful and faithful to the Lord.
- **A Parent's Prayer for their Child for FEBRUARY:** I pray that my children will understand they have been created by God, that they will be content and confident in the way they were made spiritually, emotionally and physically.
- We pray for Carol, Jim, Matthew and all who are seriously ill - may they know healing.
- We pray for the soul of **Roseanne Szabo**, a regular at the Sunday at 8am Mass who will be buried today. May God grant her husband Micheal comfort and peace.
- We pray for the soul of **Alberta DeMasi**, mother of our cantor Leslie Aita, who died on Monday at the age of 100! Her funeral will be Monday, 10:30am, at St. Cecilia. May she rest in peace and her family be comforted.
- We pray for the soul of **Phila. Fire Chief John Garrow** who died and will be buried from St. Cecilia on March 12th & 13th. May he rest in peace and his family be comforted by the Lord. THIS WILL BE A VERY LARGE FUNERAL AND WE WILL HAVE A NEED FOR

VOLUNTEERS TO ASSIST THE FIRE DEPT. AND THE FUNERAL HOME. WE WILL SHARE HOW TO VOLUNTEER NEXT WEEK ONCE WE HAVE MORE DETAILS FOR THIS FUNERAL.

- Pray for all the sick at Pennypack Nursing Home, Jeanes & Fox Chase Hospitals



- **FREE CONCERT AT SAINT MATTHEW CHURCH** On Monday, March 4th at 7pm, Composer Francesca LaRosa will perform a FREE concert in the Upper Church focused on praying the psalms. This is a wonderful opportunity for prayer and reflection this lent. Please RSVP to events@stmmayfair.org Bring a friend!

- **Marriage Encounter Retreats** - We are grateful to Kurt and Donna Werner's presence at Saint Cecilia last weekend and their sharing their testimony about God strengthening their marriage. If you would like to learn more about Marriage Encounter and possibly attend a weekend retreat, please call 610-449-1859. The weekend may be the best gift you ever give each other as a couple!
- **KNOW ANYONE WHO IS HIRING?** A friend of Father Chris is looking for employment opportunities for two young refugees from Afghanistan. Ahmed and Shabir are both in their early 20's and have been living with their parents and three sisters near the Roosevelt Mall. They want stable and consistent work in order to provide for their family. They have their legal documentation in order to work and continue to work on their English language skills. Transportation with SEPTA is preferred, but they have access to a car if needed. Please contact Dan at rest@saintraymond.net or 267-331-1682.
- **SACRAMENTAL PREP MEETING** If your child is to receive the Sacrament of Eucharist or Confirmation this Easter, please plan to join us for an Information and Formation Gathering on Tuesday, March 19th at 7pm in our Church. More details will come from their teacher or catechist. Please pray for these young people that they grow each day as disciples of Jesus Christ!
- Fr. Chris and Fr. Phong are available for [CONFESSION](#) on Monday (6pm to 7pm); Wednesday (7am to 8am) and Saturday (4pm to 4:50pm). Please make use of this wonderful Sacrament in order to grow as a Disciple of Jesus Christ.
- Heading to the movies? Check out the new film on [Saint Mother Cabrini](#). [GET YOUR TICKETS NOW](#)
- Did you read last Sunday's [Church Bulletin](#)? Be sure to take a minute to keep up on the great things happening at St. Cecilia
- We will have a **Donut Social on Sunday, March 10th after the 9:30am Mass** (yes, we are changing things up a bit in the new year) in the Auditorium. This will give our Church Family a chance to meet one another and build relationships. Please join us and get to know your parish family better.
- **Safe Environment Training** St. Cecilia will offer the Protecting God's Children course on Tuesday, March 5th from 6pm to 9pm and Wednesday, March 6th from 9am to Noon on our campus. This course is part of the requirements in order to volunteer at St. Cecilia Church and School when coming in contact with minors. To reserve your spot at training please email Kristen at safe@stceciliafc.com; you may also contact Sue in the Parish Office.
- Do you know the impact of the [Lenten Rice Bowl](#)?



The Annual **Catholic Charities Appeal** has started. You will receive a mailing directly to your home. You are also welcome to donate online. [Learn more on their website.](#)



SUMMER THEATER CAMP

The Musical Theatre Summer Camp is designed specifically for students entering grades 3-8. The Camp is an integrative weeklong experience that allows young people to learn improv, acting and stage movement, singing and vocal technique, and dancing by activities and games. Additionally, they will explore different musical theatre styles through exploring various Broadway shows. The camp will include a showcase on the last day of camp at 5pm for parents and family. Camp dates are June 17-20 from 9:00am-3:00pm & Friday, June 21 9:00-6:00pm. St. Cecilia Families are welcome to use the CODE: CECILIA24 for a \$50 discount.

[LINK FOR REGISTRATION](#)

SUMMER BASKETBALL CAMPS

Calling all students entering 3rd, 4th or 5th grade - join us at St. Cecilia for HUDDLE UP HOOPS BASKETBALL CAMP July 8th to July 12th. Boys will gather 8am to Noon; girls will gather 12:30pm-4:30pm. For more information contact huddleuphoops24@gmail.com

[LINK TO REGISTER A BOY](#)



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2024



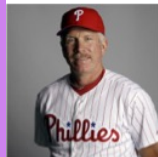
PHILADELPHIA'S ANNUAL CATHOLIC MEN'S CONFERENCE

"From Death to Life":

1 John 3:14

Man Up Philly 2024 invites the men of the **Archdiocese of Philadelphia** to the **16th Annual Men's Spirituality Conference** to be held on Saturday, March 2nd at **Cardinal O'Hara's St. John Vianney Hall Theater**.

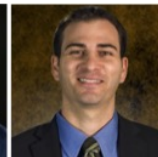
We encourage all men – fathers, sons, brothers, friends – to join us for an inspiring day of faith and fellowship. Experience the faith journey of our speakers "from death into life".



Mike Schmidt
12x All Star, 3x MVP,
Hall of Famer



Danny Bader
Author, *Back to Life: The Path of Resilience*



Mark Hartfiel
VP Paradisus Dei
(That Man is You)



Mark Forrest
Internationally Acclaimed
Irish Tenor



Deacon Nathan Gunn
Coordinator for Young
Life NE Division



Archbishop Nelson Perez
Archbishop of
Philadelphia

SATURDAY, MARCH 2, 2024

**FOR MORE INFORMATION AND TO REGISTER
VISIT MANUPPHILLY.COM**



MAN UP PHILLY Philadelphia's Catholic Men's Conference will take place on Saturday, March 2nd at Cardinal O'Hara. Men of all ages (and your teenage sons) and welcome and encouraged to join more than 1,000 other men for this day of encouragement, fellowship and spiritual growth. Speakers include former Phillie Hall of Famer Mike Schmidt! Tickets are \$65 for the day (scholarships available; contact Father Chris). **If you plan to attend, please register on your own at www.manupphilly.com - then, please email Mark at notmoving@gmail.com so that we can coordinate (and possibly plan carpooling) for the St. Cecilia group of men!**



IN ADDITION TO OUR REGULAR DAILY MASSES, THERE WILL BE A 6:30PM MASS ON THURSDAY EVENINGS. JOIN US!

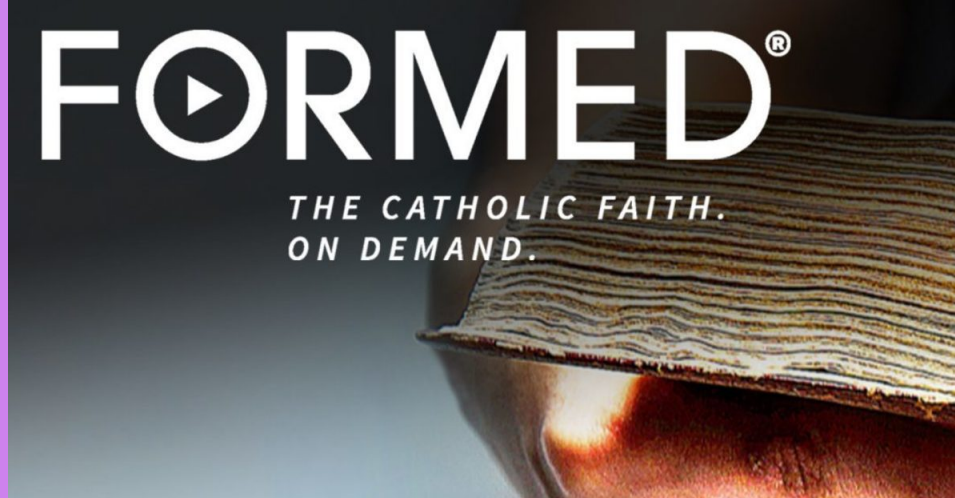
STATIONS OF THE CROSS WILL BE EACH FRIDAY OF LENT AT 7PM

Our School Students will host a **Simple Soup Supper on Friday, March 15th**...mark your calendars and we will have sign ups in a few weeks!

suggestions on **WHAT SHOULD I GIVE UP FOR LENT?**

- Don't buy anything you don't need.
- Throw away 40 things for 40 days.
- 40 days of home organization
- No gossiping
- Work out daily to take care the body God gave you.
- Don't eat after dinner.
- Say 3 nice things to your spouse & kids daily.
- Don't eat out for 40 days.
- Replace 30 minutes of TV or screen time with devotion/prayer time.
- Do not complain or speak negatively.
- Sit down and have a meal as a family or with someone.
- Be silent for 30 minutes.
- Fast on another day instead of just Fridays of lent.
- Arrive 15 minutes earlier to Mass.
- Stay after Mass to help sanitize the church.
- Search and learn about a saint each week of lent.
- Pick one of the 4 Gospels and read a chapter each Sunday.
- Post only positive quotes on your social media.
- Stop worrying about tomorrow but focus on today.
- Volunteer in a ministry that you've always wanted to.

PRAYER | FASTING | ALMSGIVING



Want something that feeds your soul this Lent?

Create a FREE account with [FORMED.ORG](https://www.formed.org) (another benefit of being a member of Saint Cecilia-Fox Chase).

Start watching movies, documentaries and amazing videos that will teach you our Catholic Faith!

