



Saint Mark the Evangelist Parish

Saint Kilian Church | Holy Sepulcher Church

Prayer, Worship, and Service

Our life as Disciples of the Lord begins with our gathering at His table, at Mass. Our spiritual lives should comprise a balance of prayer, worship and service. Parents are the best role models to demonstrate a healthy spiritual life. On the day of the baptism of your child, as parents, you made promises to guide and nurture the faith of your child. Do you prioritize and exemplify our Catholic faith? The Eucharist has been called the “source and summit of Christian life”. Our Christian spirituality is centered on and flows from our participation in the Liturgy and in parish life.

If you have not been frequent guests at the table of the Lord over the past several months or years, we invite you to begin anew. This family commitment and participation is more critical than any required service hours or preparation. This year is a very appropriate time to return to Mass, if you have been away, and will be a fruitful addition to the candidate’s preparation.

Participation at Mass does not downplay the role of service in forming young Disciples of Christ. While service hours are not a requirement of the Diocese of Pittsburgh, it is highly recommended that candidates incorporate a Christian service component into their preparation for the Sacrament of Confirmation. Service is not meant to be another item on the list of prerequisites to receive this sacrament, but rather service should be part of the way of life of every Christian and of your family unit.

Therefore, we *recommend* parents encourage and support Candidates in offering a minimum of five hours of service or 2 service events. This service can be done in numerous ways and at any time. Any activity that is a giving of one’s time and energy to help another person is valuable service! There are no service logs to complete and no signatures to obtain. It is only asked that parents assist their child in seeing the value of service and suggest ways that they may serve others. Some opportunities may be provided in the Faith Formation or Catholic School classroom, but more can and should be offered through the home.

Please note: If your child has service responsibilities, obligations, and projects required for their school, the suggestions within this packet for service do not negate or alter those commitments.