

# MARCH 2024

## BREAKFAST MENU

### Celebrate National School Breakfast Week, March 4-8!

CKC Good Food is celebrating National School Breakfast Week March 4-8 by serving our most popular breakfast items!

*Studies show that students who eat school breakfast are more likely to:*

- Reach higher levels of achievement in reading and math
- Score higher on standardized tests
- Have better concentration and memory
- Be more alert
- Maintain a healthy weight

**Don't miss out! Try school breakfast!**

Friday, March 1, 2024

*\* Student Favorite\**

**Low Sugar Whole Grain Breakfast Mini Bites**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

*Chef's Choice may be offered*

Monday, March 4, 2024

Tuesday, March 5, 2024

Wednesday, March 6, 2024

Thursday, March 7, 2024

Friday, March 8, 2024

### National School Breakfast Week

**NO SCHOOL**

**Delicious Pancake Bites**

**Banana Loaf**

*\* Student Favorite\**

**Low Sugar WG Honey Bun**

*\* Student Favorite\**

**Low Sugar Whole Grain Chocolate Cake Donut**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

*Chef's Choice may be offered*

Monday, March 11, 2024

Tuesday, March 12, 2024

Wednesday, March 13, 2024

Thursday, March 14, 2024

Friday, March 15, 2024

**Assorted Big Bowl Cereal**

**Confetti Snackbread**

**WG Banana Chocolate Chip Oatmeal Breakfast Round**

**Favorite Mini Cinnis**

**Low Sugar Whole Grain Cake Donut**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

*Chef's Choice may be offered*

Monday, March 18, 2024

Tuesday, March 19, 2024

Wednesday, March 20, 2024

Thursday, March 21, 2024

Friday, March 22, 2024

**Assorted Big Bowl Cereal**

**Orange Dream Muffin**

**Cinnamon Roll**

**Delicious Mini Pancake Puffs**

**WG Cinnamon Swirl**

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

100% 4.23 oz Fruit Juice

Choice Milk & Second Fruit

*Chef's Choice may be offered*

Monday, March 25, 2024

Tuesday, March 26, 2024

Wednesday, March 27, 2024

Thursday, March 28, 2024

Friday, March 29, 2024

**NO SCHOOL**

**NO SCHOOL**

**NO SCHOOL**

**NO SCHOOL**

**NO SCHOOL**

*Chef's Choice may be offered*

\*\*\*

Three items meet USDA Requirements (One item must be fruit)

\*\*\*

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.