This institution is an equal opportunity provider

NOUEMBER 2025

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_	Monday, 11/3/2025	Tuesday, 11/4/2025	Wednesday, 11/5/2025	Thursday, 11/6/2025	Friday, 11/7/2025	
	NO SCHOOL	NO SCHOOL	Vanilla Waffle	Cinnamon Swirls	Fun Friday Breakfast	
Week III BREAKFAST					Donut Pull Aparts	
			100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice		
8			Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
	Entrée of the Day is 2 Whole Grain Items Equivalent.					
	Monday, 11/10/2025	Tuesday, 11/11/2025	Wednesday, 11/12/2025	Thursday, 11/13/2025	Friday, 11/14/2025	
	Assorted Cereal Bowl	Cranberry Oatmeal Bar	Lemon Poppyseed Snackbread	Glazed Breakfast Bites	Fun Friday Breakfast	
IV AST					Apple Cinnamon Brekkie	
Week IV BREAKFAST	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice		
<u>=</u>	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
		Entrée	of the Day is 2 Whole Grain Items Equ	uivalent.		
	Monday, 11/17/2025	Tuesday, 11/18/2025	Wednesday, 11/19/2025	Thursday, 11/20/2025	Friday, 11/21/2025	
	Assorted Cereal Bowl	Blueberry Waffle	French Toast Loaf	Banana Bread Super Slice	Fun Friday Hot Breakfast	
V AST					Glazed Donut	
Week V BREAKFAST	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice		
8	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
		Entrée	of the Day is 2 Whole Grain Items Equ	uivalent.		
	Monday, 11/24/2025	Tuesday, 11/25/2025	Wednesday, 11/26/2025	Thursday, 11/27/2025	Friday, 11/28/2025	
	Assorted Cereal Bowl	Pumpkin Muffin	Sliced Bagel w/ Strawberry Cream Cheese	NO SCHOOL	NO SCHOOL	
FAST						
Week VI BREAKFAST	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice			
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit			
Entrée of the Day is 2 Whole Grain Items Equivalent.						
		*** Three Items n	neet USDA requirements (One Item must b	pe fruit).		

Skim & 1% milk served daily.

This menu uses WG products and 100% full-strength juices in all featured places.

This menu is 100% pork-free.

WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

The Power of Fruits in School Meals

From fresh and frozen to canned, dried and 100% juice, all forms of fruit have a place on our school meal menus. Whether it's enjoying a juicy water melon at lunch or enjoying a handful of raisins as a snack, every fruit choice contributes to one's overall health and well-being. Fruit is packed with essential vitamins, minerals and antioxidants that promote overall health and well-being. Whether it's the vitamin C boost from citrus fruits, the potassium-rich goodness of bananas or the fiber-packed sweetness of apples, each fruit offers its unique nutritional benefits. By incorporating a variety of fruits into our school meals, we provide students with a range of nutrients to help them thrive both in and out of the classroom.