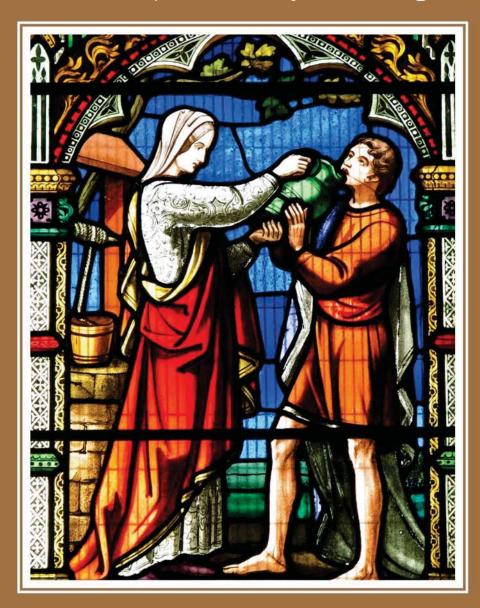
Catholic Weymouth

Immaculate Conception Parish | 781-337-0380 | Saint Jerome Parish

Sunday, October 29, 2023

Website | catholicweymouth.org



30TH SUNDAY IN ORDINARY TIME

Thus says the LORD:

"You shall not molest or oppress an alien,

for you were once aliens yourselves in the land of Egypt.

You shall not wrong any widow or orphan." Exodus 22:20-21



Saturday, October 28

Sandra Aldrich, 9th Anniversary Jim McGinty, Remembrance

Sunday, October 29

Lorraine and Edmund Rainsford

James Mitchell

Tuesday, October 31

Harold Murphy

Thursday, November 2

All Souls

Saturday, November 4

James J. Curran

Robert MacDonald

Frances Malvesti, 1st Anniversary

Barbara Lebedew, 13th Anniversary

Sunday, November 5

Remembrance Mass

ALL SAINTS DAY MASS SCHEDULE WEDNESDAY, NOVEMBER 1

Holy Day of Obligation

Saint Jerome Parish

Mass on Wednesday, November 1 at 9am

Immaculate Conception Parish

Mass on Wednesday, November 1 at 7pm

All Souls Day Envelopes are included with your monthly packet if you would like your loved ones remembered at the Masses on All Souls Day

Sunday, October 29

Thomas Connelly, 12th Anniversary and Birthday

Leonard Miceli, 1st Anniversary

Patricia Miceli, 4th Anniversary

Monday, October 30

Rosanne Besse

Wednesday, November 1

All Saints

Friday, November 3

Edward and Jeanette Britton, Memorial

Sunday, November 5

Edward Boyd, 10th Anniversary and Birthday

Richard Driscoll, 19th Anniversary

Pauline and Anthony Klerowski

Shirley Asack 21st Anniversary

Thomas Bithoney, 17th Anniversary

Remembrance Mass

Memorial Gifts for the Week October 29, 2023

The Hosts, Sanctuary Light and the Altar Wine have been donated in loving remembrance of

Bowes, Connelly and Grinham Families



Rev. Huy H. Nguyen, Pastor hnguyen@catholicweymouth.org

Rev. William Joy, In Residence Rev. Michael Bova Conti Rev. Raymond Selker, O.F.M. Deacon Timothy Maher Senior Deacon Francis Corbett

Mass Times Immaculate Conception

Saturday 4:00pm, Sunday 9:00am Tuesday, Thursday 9:00am

Confessions: Saturday 3-3:45pm

Saint Jerome

Sunday 7:30am and 10:30am Monday, Wednesday, Friday 9:00am

LOVE COMMANDED



By Dr. Scott Hahn

Jesus came not to abolish the Old Testament law but to fulfill it (see Matthew 5:17).

And in today's Gospel, He reveals that *love* - of God and of neighbor - is the fulfillment of the whole of the law (see Romans 13:8-10).

Devout Israelites were to keep all 613 commands found in the Bible's first five books. Jesus says today that all these, and all the teachings of the prophets, can be summarized by two verses of this law (see Deuteronomy 6:5; Leviticus 19:18).

He seems to summarize the two stone tablets on which God was said to have engraved the ten commandments (see Exodus 32:15-16). The first tablet set out three laws concerning the love of God - such as the command not to take His name in vain; the second contained seven commands regarding love of neighbor, such as those against stealing and adultery.

Love is the hinge that binds the two tablets of the law. For we can't love God, whom we can't see, if we don't love our neighbor, whom we can (see 1 John 4:20-22).

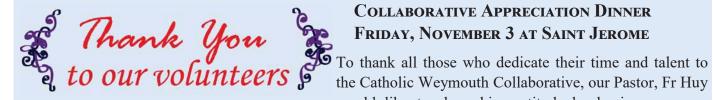
But this love we are called to is far more than simple affection or warm sentiment. We must give ourselves totally to God - loving with our whole beings, with all our heart, soul and mind. Our love for our neighbor must express itself in concrete actions, such as those set out in today's First Reading.

We love because He first loved us (see 1 John 4:19). As we sing in today's Psalm, He has been our deliverer, our strength when we could not possibly defend ourselves against the enemies of sin and death.

We love in thanksgiving for our salvation. And in this become imitators of Jesus, as Paul tells us in today's Epistle - laying down our lives daily in ways large and small, seen and unseen; our lives offered as a continual sacrifice of praise (see John 15:12-13; Hebrews 13:15).

A service of the St. Paul Center for Biblical Theology www.SalvationHistory.com





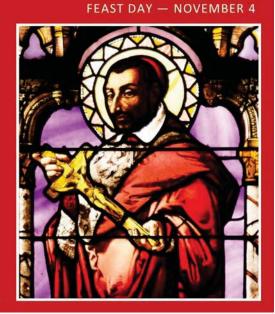
COLLABORATIVE APPRECIATION DINNER

would like to show his gratitude by having everyone

come together for a Thanksgiving dinner on Friday, November 3 at Saint Jerome Parish. If you are involved in any ministry in either parish and would like to attend with your spouse, please RSVP to office@catholicweymourh.org or call 781-337-0380 no later than October 26. the evening will begin with Mass at 5:00pm. Dinner will be served following Mass.

Saint Charles Borromeo

hough Charles suffered all his life from a speech impediment, his intelligence and zeal made him an outstanding figure of the Catholic Reformation. In 1560, he was named a cardinal and administrator of the Archdiocese of Milan by his uncle, Pope Pius IV, but was kept in Rome to assist with the reconvened Council of Trent. He helped draft the council's catechism and liturgical books, and in 1563 was ordained a priest and bishop. Finally, in 1566, he was allowed to go to Milan, where he worked tirelessly to reform priestly training and lay catechesis. He also exhausted his own funds to provide relief during periods of famine and plague. He is the patron of seminarians and catechists.



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William and Bessie Perrault
Anna Mae and John Murphy,
Mary Quinlan, Elizabeth and
Martin Joyce, Fredrick Whitcomb,
Agnes and Samuel Frey, Samuel Frey Jr,

Regina Booth, Jean and John Joyce, Msgr. John Maney, Msgr John Carroll Rev Charles Connolly SJ



With great sadness we share with you that Father Selker's mother, Helen Selker, passed away on October 8 in Pennsylvania. If you would like to send Father a card, please send it to:

Father Raymond Selker OFM 100 Arch Street Boston MA 02110

May she rest in the peace of our Loving Lord.

Offertory - October 22, 2023

Immaculate Conception: \$4,927 Online \$716
Saint Jerome: \$3,909 Online \$1,477
Thank you for your Generous Support





In Remembrance

MASS OF REMEMBRANCE

On Sunday, November 5 we will pray for all those buried from our parishes during the past year. If you have lost a loved one and would like us to remember him or her at this Mass, please call the parish office so we can include their name on our list. All are welcome. Immaculate Conception will celebrate this Mass on November 5 at 9:00am and Saint Jerome will celebrate this Mass on November 5 at 10:30am.

FALL ADULT FORMATION: ETERNAL REST - THE ART OF DYING WELL

presented by the acclaimed Augustine Institute

Facilitators: Mary Ellen Cassani, Director Pastoral Ministries Maureen Walsh, Psychiatric NP, Grief Therapist and Educator Janet Larkin, RN and Specialist in Hospice Care and the Adult Formation Team

Since the state of our soul, at the critical moment of death, will actually determine our eternity, preparing for our end of days is something that is part of everyday life. With God's grace and assistance we will do this task well and spend our lives with Him forever.

This program seeks to look at some of the "big" questions: Why am I here? What is the purpose of my existence? How do I love God in the best way possible?

During this seven week program we will look at various aspects of "The Grace of Dying Well" from the spiritual, to the medical (palliative care and hospice), to legal aspects, to the funeral and all the way through grief, bereavement and hope.

I think you will find it an uplifting seven weeks focused on understanding and contemplating the divine love of Christ that is present here in Holy Eucharist, yet awaits us in our true home, Heaven.

Where - Msgr. Hackett Center, 1203 Commercial Street, Weymouth Remaining Dates - Tuesdays: November 7, 14, 21, 28 Time - 9:45-11am OR 7-8:15pm NO CLASS ON HALLOWEEN!

Are Your Children Registered for Faith Formation??

All classes have begun. Please visit our website and click on the Faith Formation Box for complete dates and times for all grades.

REGISTRATION FOR FAITH FORMATION

Grades 1 - 10 Registration and information now available on our website www.CatholicWeymouth.org

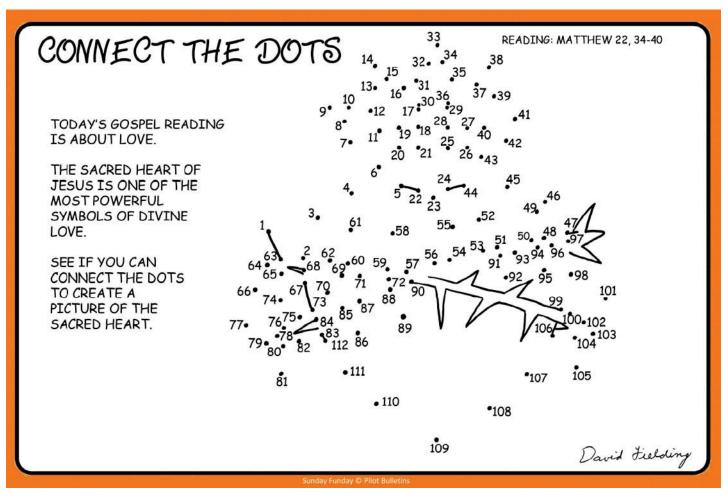
NEW TO CATHOLIC WEYMOUTH?? Please be sure to register on our website **www.CatholicWeymouth.org**, call 781-337-0380 or stop by the parish office. We look forward to meeting you!

LOOKING AHEAD TO VETERANS DAY

We are requesting names of family and friends who are Veterans. We would like to pray for them and remember them especially on Veterans Day. Please fill out the information below for your Veteran friends/loved ones. This list will be published in our bulletin for Veterans Day. Thank you.

Veteran Name:	
Branch of Service:	
Living/Deceased:	





TOOTSIE ROLL DRIVE THIS WEEKEND!!



Knights of Columbus Council 729 will hold a tootsie roll drive after all masses this weekend. For over 50 years the Knights have been collecting donations for people with disabilities. Your generosity is greatly appreciated. Thank you.

May God bless you & Vivat Jesus! Mike Howell G.K. Council 729

GRAND ANNUAL PACKETS are available at the entrances to our Churches if you did not receive one in the mail. Thank you for prayerfully considering how you are able to assist us this year. Thank You.

IRISH PASTORAL CENTRE YOUNG AT HEART

Tuesdays - 1 - 3pm Saint Jerome Parish October 31 - News from Ireland

COLLABORATIVE STAFF

Director of Pastoral Ministries

Mary Ellen Cassani

adultformation@CatholicWeymouth.org

Youth Ministry/Faith Formation

Dina Sophia Patryn

youthministry@CatholicWeymouth.org

Communications/Program Development

Rich Fazzi

youthprograms@CatholicWeymouth.org

Office Manager

Daryle Wilson

office@CatholicWeymouth.org

Director of Music Ministry

Monika Brodsky

music@CatholicWeymouth.org

Saint Jerome Parish Maintenance

Mike Pollard

THE SOLUTION FOR YOUR CHRONIC PAIN!

debilitating migraines." "My knee injury is why I gave up sports. "I've had arthritis for as long as I can remember." "I get a shooting pain from my

"Ever since I was a teen, I've had

lower back that prevents me from walking."

What do all of these people have in common?

They suffer from **chronic pain.** In the US, it's estimated that more than 20% of adults experience chronic pain that's roughly 50 million people! Although more common among older adults, young individuals fall victim to this as well.

Chronic pain is any kind of significant pain that's stuck around for weeks, months, or even years after the initial injury or condition that caused it has healed. For patient Rebecca C. of Marshfield, age 38, after being injured in a car accident, this meant the inability to walk for nearly 2 years! "My back and hip pain were so debilitating that I found myself bedridden for the majority of my days until I finally tried acupuncture. With each treatment, I feel like I gain at least a sliver of my life back," she remarks.

At New England Wellness Solutions, Acupuncturists, and brothers, Bryan and Jimmy Duong believe they hold a large piece to the chronic pain puzzle. "Having helped a multitude of chronic ailments, we have seen time and time again how healing acupuncture can be for people. We pride ourselves in working with our patients to come up with the best solution specifically for them. To supplement our sessions, we discuss appropriate lifestyle tips and tricks to benefit them beyond our clinic's walls," Bryan explains.

Managing chronic pain can be challenging. **Treatment often** requires a personalized multidisciplinary approach. This may include lifestyle modifications, physical therapy, psychological counseling, medications or supplements. Since complete relief may not always be possible for every individual, the ultimate goal is to improve overall quality of life and functionality.

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Oftentimes, chronic pain is caused (and exacerbated) by underlying medical conditions, injuries or surgeries, nerve damage, musculoskeletal issues, autoimmune diseases, and psychological factors. Because of this, our patients are generally seeking a hail mary attempt at pain management without the surplus of pills -- or as we like to say they're "choosing points over pills." At NEWS, Jimmy and Bryan help steer you in the direction of the most natural healing methodology to promote the best, and least toxic, results.

You may be thinking: what exactly is this magical solution that Dr. Bryan and Dr. Jimmy offer that can reduce, or even eliminate, chronic pain?

To maximize your results, we take the holistic approach. We'll sit with you to better understand your health background and underlying issue(s). From there, we'll determine the appropriate outlook for your sessions. The process of Acupuncture Therapy is known to generate the following pain relieving effects:

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(3) Anti-inflammatory effects, alleviating pain that stems from inflammatory conditions.

(4) Improve blood flow, promoting healing while reducing muscle tension.

(5) Nerve stimulation, releasing neurotransmitters which can block pain signals and promote relaxation. (6) Balance Qi (energy) through the body's meridians since blocked or imbalanced Qi is believed to contribute to pain and illness.

When it comes to treating chronic pain, regardless of its origin, early treatment greatly improves the swiftness of your recovery. If you or someone you love are suffering from chronic pain that "just won't go away," it's important to know that there are options. There is hope!

Rebecca started out skeptical, but lives to tell the tale of her remarkable chronic pain recovery through the means of Acupuncture here at New England Wellness Solutions. Read various other success stories like hers on our website: WWW.NEWellnessSolutions.com and don't forget to reach out to us after reading one with the thought: "Hey, that's the issue I've been experiencing!"

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"He has risen." Matt 28:6



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THE SOLUTION FOR YOUR CHRONIC PAIN!

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