

# “Blessed are you...” Matthew 5



**Sunday, February 1, 2026**

**Website: [sw.dol.ca](http://sw.dol.ca)**

The Beatitudes reveal the inner landscape of a disciple's heart. They are not vague spiritual slogans but the very attitudes Christ lived and now invites us to embrace. Where the Commandments tell us what to avoid, the Beatitudes show us who we must become. Poverty of spirit, meekness, the courage to mourn over sin and suffering — these are not signs of weakness but the beginnings of true freedom. They draw us away from the illusion of self-sufficiency and back into the posture of children who depend entirely on the Father.

Christ's blessings overturn the world's assumptions. The world praises strength, success, and self promotion; Jesus blesses gentleness, mercy, purity of heart, and the hunger for justice. These attitudes are not passive. They demand a deep inner revolution — a willingness to let go of pride, to forgive without limit, to recognise Christ in those who test our patience, and to work for peace beginning in our own homes. The saints remind us that holiness is found not in dramatic gestures but in the daily choice to act with love, prudence, and compassion, even when no one notices.

To live the Beatitudes is to allow Christ's own heart to take shape within us. When we stop clutching at earthly securities, our hands become free to receive the Kingdom. When we let the Holy Spirit purify our intentions, we begin to "see God" in the ordinary. And when we accept the small sufferings that come from doing what is right, we discover the joy of carrying Christ our Brother. The Beatitudes are not burdens but promises — assurances that if we walk this path with sincerity, Christ will make us truly blessed.

+Fr. Matthew

**Scripture Readings for next weekend's Mass ~ Fifth Sunday of Ordinary Time**



**First Reading:** Isaiah 58:6-10++  
**Responsorial Psalm:** Psalm 112  
**Second Reading:** 1 Corinthians 2:1-5  
**Gospel:** Matthew 5:13-16

**Pastoral and Administrative Staff (519)969-5292**

(Outside of Office Hours and/or Emergency Call - Press 9) Please leave a message.

<b>Pastor</b> Rev. D. Matthew Bedard Ext. 222 <a href="mailto:mbedard@dol.ca">mbedard@dol.ca</a>	<b>Associate Pastor</b> Rev. Peter Amszej Ext. 223 <a href="mailto:pamszej@dol.ca">pamszej@dol.ca</a>
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<b>Receptionist/Secretary</b> Sherri Zorxit Ext. 200 <a href="mailto:szorxit@dol.ca">szorxit@dol.ca</a>	

**OFFICE HOURS: Tuesday - Friday**  
1400 Cabana Rd. West  
9:00 AM - 12:00 PM & 1:00 PM - 4:00 PM  
(closed 12 noon - 1:00 PM)

**SOUTH WINDSOR CATHOLIC FAMILY OF PARISHES (3 sites / 4 communities)**

**CORPUS CHRISTI PARISH**

**1400 Cabana Rd. W.**  
**Confession & Holy Hour**  
Friday mornings after 8:30 AM Mass  
**Weekday Masses**  
Wednesday & Friday at 8:30 AM  
**Weekend Masses**  
Saturday 5:00 PM  
Sunday 9:00 AM & 11:00 AM

**OUR LADY OF MOUNT CARMEL PARISH**

**4401 Mount Royal Drive**  
**Confession & Holy Hour**  
Tuesday evenings after 7:00 PM Mass  
**Weekday Masses**  
Tuesday 7:00 PM & Thursday 8:30 AM  
**Weekend Masses**  
Saturday 5:00 PM  
Sunday 9:00 AM & 11:00 AM

**ST. PHILIPHE MINH AND ST. ANE THANH VIETNAMESE MARTYRS CATHOLIC COMMUNITY**

**Priest-Chaplain:** Rev. James Van Hien Tran,  
C.S.J.B. 1630 Partington Avenue Windsor ON  
N9B 2R1 519-254-5552

**ST. YU JIN-GIL KOREAN CATHOLIC COMMUNITY**

**Priest-Chaplain:** Rev. Anthony Bae  
c/o Our Lady of Mount Carmel  
4401 Mount Royal Dr.  
Chairman: Daniel (Youngseon) Ko 226-506-8279

**SEND CORRESPONDENCE FOR**  
Corpus Christi & Our Lady of Mount Carmel:

**MAIL:** 1400 Cabana Rd. W, Windsor ON N9G 1C4 | **EMAIL:** [sw@dol.ca](mailto:sw@dol.ca)

*Our Vision Is: To be doing the will of the one who sent us.  
Our Mission Is: Being a mission-oriented Church that forms disciples of Jesus.*

## Mass Intentions

<b>Tuesday February 3</b> Ferial <b>7:00 PM ~ OLMC</b>  <b>Adoration with Confession - OLMC</b> <b>7:30 PM - 8:30 PM</b>	<b>7:00 PM</b> <b>Ernest &amp; Angela Bezaire</b> ~ Joe Bezaire <b>Paul Clarke</b> ~ Friends <b>Francesco Masciotra</b> ~ Wife Angela & Family <b>Dan Gyetvai</b> ~ Tara Gyetvai <b>George &amp; Joyce Ternovan</b> ~ OLMC Mission Group <b>Marc Morneau (1st Ann.)</b> ~ Sandra & Family
<b>Wednesday February 4</b> Ferial <b>8:30 AM ~ CC</b>	<b>8:30 AM</b> <b>Jenny, Peter &amp; Gerry Kowalski</b> ~ Maureen Kowalski <b>Angus Gillis &amp; Daughter Jaye Gillis</b> ~ Barbara <b>Claire Joworski</b> ~ Corpus Christi CWL <b>Int. of S. McRae</b> ~ Theresa & Bill McRae <b>Doreen Solcz</b> ~ Larry & Cecilia Bannon <b>Int. of Bishop Ronald Fabbro</b> ~ Corpus Christi CWL
<b>Thursday February 5</b> St. Agatha, Virgin, Martyr <b>8:30 AM ~ OLMC</b>	<b>8:30 AM</b> <b>Int. of Nickita Maria</b> ~ Evon Maria & Family <b>Hong Wei &amp; Joe</b> ~ Chris <b>Dan Gyetvai &amp; Family</b> ~ Mike & Cathy <b>Living &amp; Dec'd Members of the Harvieux Family</b> ~ Elaine <b>Douglas Windsor</b> ~ Mary Jane Hutchinson <b>Bruno Fera</b> ~ Family
<b>Friday February 6</b> St. Paul Miki And Companions, Martyrs <b>8:30 AM ~ CC</b>  <b>Confession with Adoration - CC</b> <b>9:00 AM - 10:00 AM</b>	<b>8:30 AM</b> <b>Gilbert &amp; Rose Marie Reaume</b> ~ G. & R. Marentette <b>Benjamin James Brohman</b> ~ Teresa Taylor <b>Jean Chenier</b> ~ Cathy Pelletier <b>Brian Webb</b> ~ Margaret Scraba <b>Su Bouliane-Steer</b> ~ Steer Family <b>Yvonne Faoro</b> ~ Mary Anne Roberts
<b>Saturday February 7</b> Our Lady's Saturday	<b>5:00 PM</b> <b>CC &amp; OLMC</b>
<b>Sunday February 8</b> <i>The Fifth Sunday In Ordinary Time</i>	<b>9:00 AM</b> <b>11:00 AM</b> <b>CC &amp; OLMC</b>

**Read the Kids' Bulletin here:** <https://thekidsbulletin.com/>

**Please pray for the following who are all ministering in our Diocese:**



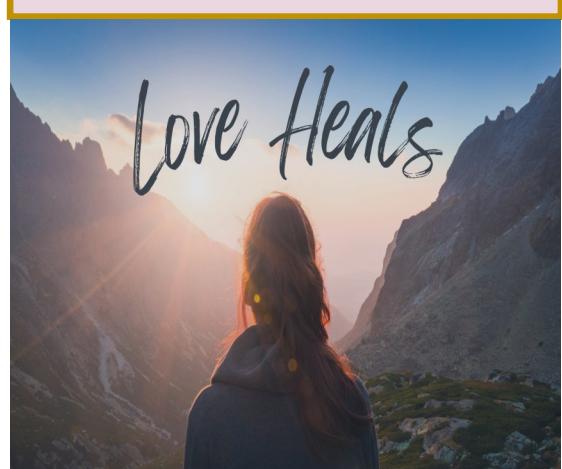
*Rev. Christopher Bourdeau, Catholic Secondary School Teachers,  
Courtney Duckworth, Coordinator of Family and Youth Ministry,  
Rev. Gilbert Simard, Margy Kupferschmidt, Member Involvement  
Minister, Deacon Henry Tomaszewski, Deacon Ronald Vermette*

## PRAY for the SICK



Jane Ripley, Gerard Quenneville, Doug Reaume,  
Anthony Mandato, Jeffrey Kavanagh, Randa Istephan,  
Theresa Slack, Agatha Schulz, Ken Dagenais, Jean Morand,  
Grier Tovell, Matt Jones, Violet Katic, Maryanne Urbano,  
Randy Kettlewell, Anna Lenisa, Paulette Kathrein,  
Suzanne D'Agnillo, Sandy Ebert, Michelina Urbano

## KIMBERLY'S COLUMN



## Women's Conference

**Sat, Mar 7, 2026** from 9:30 am to 4:00 pm  
Satellite location at Our Lady of Mt Carmel Church. This year's theme, **Love Heals**, focuses on the ways love restores what feels broken or worn down. Through two talks and a Q&A session with guest speaker **Sonja Corbitt**, women will reflect on how love shapes relationships and influences daily choices. The conference offers space for honest reflection and connection with others who share similar experiences.

Holy Mass and Confessions will be available

\$15/student

Cost includes refreshments, lunch and a special gift bag for each attendee

Register here:

<https://famfi.ca/view/events/entry/17618/>

Questions? Contact me: [kbornais@dol.ca](mailto:kbornais@dol.ca)

# the **RESCUE** project



CREATED. CAPTURED. RESCUED. RESPONSE.

The Rescue Project seeks to proclaim the gospel in a compelling and attractive way over eight weeks in a small group format.

RESCUEPROJECT.US

Begins Wednesday April 8, 2026

Contact Kimberly Bornais for

more information, or to register:  
kbornais@dol.ca



***Our Vision Is: To be doing the will of the one who sent us.  
Our Mission Is: Being a mission-oriented Church that forms disciples of Jesus.***

# South Windsor Catholic Family of Parishes

Email: [sw@dol.ca](mailto:sw@dol.ca)

## KATIE'S COLUMN

### STEUBENVILLE 2026!

Registration is Open!  
Grades 8-12 only

Parent Information  
Night January 25 at  
OLMC Parish Hall

Register Here:



Youth Cafe



### Bold Discipleship

How a convicted witness  
converted an atheist

SUNDAY FEBRUARY 8  
12-2 PM  
DODGEBALL TO START!  
CORPUS CHRISTI PARISH HALL  
TESTIMONY BY MATT BELANGER  
FREE BURGER BAR  
GRADES 8-12 ONLY



### Youth Group Volunteers Needed

Our Youth Ministry is Growing!  
We are in need of practicing faith  
filled Catholics who have a desire to  
share and journey with youth as they  
develop their own relationship with  
God!

If interested, please contact  
Katie Jacobs at 519-969-5292 ext. 229  
or email [kjacobs@dol.ca](mailto:kjacobs@dol.ca).

High school volunteers are welcome  
and encouraged.



Deacon Bob Rice  
Keynote Speaker

### Family Summit

"As for me and my house we will  
serve the Lord." Js 24:15

Diocese of London Invites you to join us

Saturday, May 30, 2026

A full day to gather, grow, and pray as families

9:30 AM - 8:30 PM

Regina Mundi Catholic High School  
London, Ontario  
Bussing from Windsor & childcare available

Cost: \$20 for adults • \$10 for youth/teens

**REGISTRATION  
COMING SOON!**



Bishop Fabbro



Encounter Worship Band



We are in need of  
volunteers to assist in the  
preparation of our children  
for Confirmation

#### We Need Help With:

- Welcoming Parents
- Table facilitators
- Catechists (training provided)



For more information,  
contact:  
Kimberly Bornais  
Pastoral Minister

[kbornais@dol.ca](mailto:kbornais@dol.ca)  
519-969-5292 ext. 224



### WECDSB 2026-27 Budget Input

This is to advise that the  
Windsor-Essex Catholic District School  
Board is seeking input to its 2026-27 Budg-  
et Development through a budget survey  
which has been posted on the Board's web-  
site at [www.wecdsb.on.ca](http://www.wecdsb.on.ca).

The survey seeks to receive input on  
areas where there is flexibility to make lo-  
cal decisions on how funds are spent.



### Monthly Healing Mass Friday, February 6th 7:00 PM

St. Michael's Parish located on Park-  
wood just south of Tecumseh.  
Confessions will be heard from  
6:00 pm until 6:45 pm.

Prayer teams will be available after  
the Mass for prayer ministry for  
those who wish to avail themselves of  
this opportunity.



### Mondays at 6:30 PM Our Lady of Mount Carmel (Boardroom)

Join us for a Catholic Bible Study on the  
**Gospel of Matthew**, where we will  
deepen our understanding of Christ's  
teachings, His fulfillment of the Old  
Testament, and His call to discipleship.

**All are welcome!**



### Society of St. Vincent de Paul Corpus Christi

We appreciate your food and financial  
donations. This week we are in particular  
need of: Bagged rice, canned fruit, snack  
bars, and hamburger helper.

Thank you for your continued support.  
For further information or to assist,  
contact Bruce at: 519-966-5362.



### Novena to the Holy Face of Jesus

Begins Sunday February 8, 2026  
9 Days of Prayer  
Visit our website at [sw.dol.ca](http://sw.dol.ca)  
for the schedule.



### OLMC Knights of Columbus

The OLMC Knights of Columbus  
invite you to the Shrove Tuesday Pancake  
Dinner on **Tuesday, February 17, 2026**,  
in the OLMC parish hall from  
**4:30 PM to 6:30 PM**.

Enjoy a delicious meal and fellowship as we  
prepare for the Lenten season.  
Admission is **freewill** offering.  
*All donations will support our Seminarians.*



### CWL ANNUAL PASTA DINNER

Please join us on  
**Sunday, February 22, 2026**  
for our **All You Can Eat Pasta Dinner**.

We have two sittings:  
**4:00 p.m. to 5:30 p.m.**  
**5:30 p.m. to 7:00 p.m.**

Tickets are **\$15.00** for adults, **\$7.00** for ages  
6 to 12, and **free** for children aged 5 and  
under. Tickets will be sold before and after  
all Masses the weekends of **February 7/8th**  
and **February 14/15th** at Corpus Christi.

**\*\*Take-out is also available!\*\***

### Share The Words with CWL LOVE



Love is more than a feeling, it's a decision. It  
requires practice, focus, patience and faith.  
Come join the Catholic Women's League and  
share the love. We can't wait to meet you!  
**Contact Jo-Anne Lortie at: 519-969-3980 or  
Kenlyn Bryant at: 519 -965-0618  
to join.**



### OLMC Mission Group News Crafts & Quilts



**Wednesdays 9:00 AM - 2:30 PM  
in the OLMC Parish Hall**

New workers are always welcome. Bring a  
lunch if you want to stay. Our quilts are  
available for sale year-round.

*If interested, come by on Wednesday.*



### STATIONS of the CROSS

The Stations of the Cross will be offered  
every Friday at 7:00 PM  
at Our Lady of Mount Carmel Church,  
in addition to before our daily Masses,  
during Lent.

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# South Windsor Catholic Family of Parishes

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## The Pope Francis Fund Application Process is Open

The Diocese of London's Pope Francis Fund has opened the application process for grants that will be distributed in 2026. Last year, nine organizations received a total of \$50,000 in funding. The process, criteria and past recipients are at [www.dol.ca/pff](http://www.dol.ca/pff).

"Organizations that help the poor are encouraged to apply to the Pope Francis Fund for grants to support their charitable works. Details and criteria are available on the Diocese's website, [www.dol.ca](http://www.dol.ca)." The application process closes on February 28.

## Windsor-Essex Catholic District School Board KINDERGARTEN REGISTRATION

Tuesday, February 17th to Friday February 27th, 2026

For your added convenience, the Windsor-Essex Catholic District School Board invites you to attend an Open House/Evening Registration at your local Catholic School

Thursday, February 19th from 5:00 pm to 7:00 pm

**Requirements:** Birth Certificate, Baptismal Certificate, Health Card and Immunization Record

**Junior Kindergarten:** children must be 4 years of age by December 31, 2026.

**Senior Kindergarten:** children must be 5 years of age by December 31, 2026.



Windsor Chapel Funeral Home by Arbor Memorial

[www.windsorchapel.com](http://www.windsorchapel.com)

### South Chapel

3048 Dougall Avenue  
(519) 253-7236

### Central Chapel

1700 Tecumseh Rd. East  
(519) 253-7234

### Banwell Chapel

11677 Tecumseh Rd. East  
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## Dr. Frank J. Petrlich

6925 Enterprise Way, Suite 4  
Windsor, ON  
519-974-4241



Central Essex County Catholic Family of Parishes

## HEALTH AND FITNESS MINISTRY

### HEALTHY & HOLY NIGHTS

SAVE THE DATES 2026!

LOCATION:  
HOLY NAME OF JESUS, ESSEX  
6:30 - 8:30 P.M.

- FREE - all ages & abilities welcome!
- Professional lectures
- Accessible fitness
- Childcare provided

THURSDAY, FEBRUARY 12  
STRONG BODIES, SHARP MINDS:  
THE POWER OF PLAY FOR KIDS AND TEENS

THURSDAY, APRIL 9  
UNDERSTANDING DEPRESSION AND ANXIETY

CATHOLIC HEALTH & FITNESS PROFESSIONALS NETWORK

Are you a Catholic professional or student in an area of:

- Mental Health
- Fitness Health
- Medical Health
- Nutritional Health
- Allied Health



EMAIL: [DANA.CAVERS@GMAIL.COM](mailto:DANA.CAVERS@GMAIL.COM) AND JOIN OUR NETWORK OF FELLOWSHIP, SUPPORT, AND FAITH FORMATION.



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