



# You are the salt of the earth... and the light of the world. Matthew 5:13-16



**Sunday, February 8, 2026**

**Website: [sw.dol.ca](http://sw.dol.ca)**

In today's readings, the Lord reminds us that Christian faith is meant to be visible. Isaiah tells Israel that true worship shines out in concrete mercy: feeding the hungry, sheltering the vulnerable, refusing to turn away from those in need. St. Paul adds that the Gospel does not depend on human eloquence or cleverness, but on the power of Christ at work in humble hearts.

Jesus brings these themes together when He calls His disciples salt of the earth and light of the world. Salt preserves and strengthens what is good; light reveals what is true. Both are meant to be noticed. A hidden light cannot guide anyone. Tasteless salt cannot preserve anything.

Our mission, then, is simple and demanding: to live our faith in such a way that others can see God's goodness through us. Not for our recognition, but so that people may "give glory to the Father." Every act of patience, generosity, forgiveness, and courage becomes a small beam of light in a world that often feels dim.

This week, may our words and actions reflect the mercy of Isaiah, the humility of Paul, and the steady light Christ entrusts to His disciples. May others find their way to Him because they have seen His light in us.

+Fr. Matthew

## Scripture Readings for next weekend's Mass ~ Sixth Sunday of Ordinary Time



**First Reading:** Sirach 15.12-20  
**Responsorial Psalm:** Psalm 119  
**Second Reading:** 1 Corinthians 2.6-10  
**Gospel:** Matthew 5.17, 20-24, 27-28, 33-34, 37++

## Pastoral and Administrative Staff (519)969-5292

(Outside of Office Hours and/or Emergency Call - Press 9) Please leave a message.

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**OFFICE HOURS:** Tuesday - Friday  
1400 Cabana Rd. West  
9:00 AM - 12:00 PM & 1:00 PM - 4:00 PM  
(closed 12 noon - 1:00 PM)

## SOUTH WINDSOR CATHOLIC FAMILY OF PARISHES (3 sites / 4 communities)

### CORPUS CHRISTI PARISH

**1400 Cabana Rd. W.**  
**Confession & Holy Hour**  
Friday mornings after 8:30 AM Mass  
**Weekday Masses**  
Wednesday & Friday at 8:30 AM  
**Weekend Masses**  
Saturday 5:00 PM  
Sunday 9:00 AM & 11:00 AM

### OUR LADY OF MOUNT CARMEL PARISH

**4401 Mount Royal Drive**  
**Confession & Holy Hour**  
Tuesday evenings after 7:00 PM Mass  
**Weekday Masses**  
Tuesday 7:00 PM & Thursday 8:30 AM  
**Weekend Masses**  
Saturday 5:00 PM  
Sunday 9:00 AM & 11:00 AM

### ST. PHILIPPE MINH AND ST. ANE THANH VIETNAMESE MARTYRS CATHOLIC COMMUNITY

**Priest-Chaplain:** Rev. James Van Hien Tran,  
C.S.J.B. 1630 Partington Avenue Windsor ON  
N9B 2R1 519-254-5552

### ST. YU JIN-GIL KOREAN CATHOLIC COMMUNITY

**Priest-Chaplain:** Rev. Anthony Bae  
c/o Our Lady of Mount Carmel  
4401 Mount Royal Dr.  
Chairman: Daniel (Youngseon) Ko 226-506-8279

SEND CORRESPONDENCE FOR  
Corpus Christi & Our Lady of Mount Carmel:

**MAIL:** 1400 Cabana Rd. W, Windsor ON N9G 1C4 | **EMAIL:** [sw@dol.ca](mailto:sw@dol.ca)

**Our Vision Is: To be doing the will of the one who sent us.**  
**Our Mission Is: Being a mission-oriented Church that forms disciples of Jesus.**

## Mass Intentions

<b>Tuesday February 10</b> St. Scholastica, Virgin <b>7:00 PM ~ OLMC</b>  <b>Adoration with Confession - OLMC</b> <b>7:30 PM - 8:30 PM</b>	<b>7:00 PM</b> Luigi & Anna Rinaldi ~ Rosa Marra & Family Roberto Faroni ~ Gaetano Palazzolo Stefano & Concetta Camardi ~ Family Frank Monticciolo ~ Family Cindy McCann ~ Mike & Cathy Albertine Murphy ~ Family
<b>Wednesday February 11</b> World Day of the Sick <b>8:30 AM ~ CC</b>	<b>8:30 AM</b> Olivia Deluzio ~ Mom & Dad Emidio Spinelli ~ Daughter, Carmela & Family Lucille Lavergne ~ Corpus Christi CWL Dec'd Members of the Nguyen Family Int. of Kevin Carver ~ Florence LeFaive Special Intention from a Parishioner
<b>Thursday February 12</b> Ferial <b>8:30 AM ~ OLMC</b>	<b>8:30 AM</b> Laurie Mariuz ~ Mary Ann & Les Camlis Int. of the Montilla Families ~ Carmela Salvatore Montilla ~ Carmela & Family Sally Francis ~ Karen & Rob Benzinger Sivio Fogal ~ Jim & Anne Marsigliese Caroline Szrajer ~ The Kowalsky Family
<b>Friday February 13</b> Ferial <b>8:30 AM ~ CC</b>  <b>Confession with Adoration - CC</b> <b>9:00 AM - 10:00 AM</b>	<b>8:30 AM</b> Joseph & Christine Spiteri ~ Mr. & Mrs. C. Spiteri Tom Morin & Paul Ouimet ~ Doug & Monique Reaume Vincent Curti ~ Vince Balsamo Natividad M. Villegas & Aurelio Montero ~ Rebecca Navarro Louis & Vera Romano ~ Cousin, Bianca & Family Brendan Meara ~ Betty Ann & Gary Owen
<b>Saturday February 14</b> St. Cyril, Monk, and St. Methodius, Bishop	<b>5:00 PM</b> <b>CC &amp; OLMC</b>
<b>Sunday February 15</b> <i>The Sixth Sunday In Ordinary Time</i>	<b>9:00 AM</b> <b>11:00 AM</b> <b>CC &amp; OLMC</b>

Read the Kids' Bulletin here: <https://thekidsbulletin.com/>

Please pray for the following who are all ministering in our Diocese:



Mrs. Rita Butler, Coordinator of Youth Ministry,  
Mrs. Leonia Downie, Pastoral Minister, Rev. Gerald Craig, O.F.M. Cap.,  
Rev. Matthew Sawyer, Mrs. Chistine Toffolon, Pastoral Minister,  
Rev. Glen Ball, Deacon Dominic Vu

### PRAY for the SICK



Jane Ripley, Gerard Quenneville, Doug Reaume,  
Anthony Mandato, Jeffrey Kavanaugh, Randa Istephan,  
Theresa Slack, Agatha Schulz, Ken Dagenais, Jean Morand,  
Grier Tovell, Matt Jones, Violet Katic, Maryanne Urbano,  
Randy Kettlewell, Anna Lenisa, Paulette Kathrein,  
Suzanne D'Agnillo, Sandy Ebert, Michelina Urbano

## KIMBERLY'S COLUMN



The annual Women's Conference, hosted by Family Foundations Institute, will take place on **Saturday, March 7, 2026, from 9AM to 3:30PM.**

The event will be held in-person at Our Lady of Mount Carmel Church, Windsor with a live-streamed presentation from London with speaker **Sonja Corbitt**. This one day event gathers women together for an engaging talk, time for reflection, and a wonderful opportunity to connect with other women.

The theme, **Love Heals**, focuses on the ways God's love restores what feels broken or worn down, exploring what we learn from scripture and our everyday experiences. Through two talks and a Q&A session with guest speaker Sonja Corbitt, women will reflect on how love shapes relationships and influences daily choices. Tickets are \$25/person, which includes a gift bag & lunch.

Learn more and register at [www.famfi.ca](http://www.famfi.ca).

Questions? Contact me: [kbornais@dol.ca](mailto:kbornais@dol.ca)

## the RESCUE project



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The Rescue Project seeks to proclaim the gospel in a compelling and attractive way over eight weeks in a small group format.

**RESCUEPROJECT.US**

Begins Wednesday April 8, 2026

Contact Kimberly Bornais for more information, or to register:  
[kbornais@dol.ca](mailto:kbornais@dol.ca)  
519-969-5292



Sign up with the QR code:



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## South Windsor Cath-

### KATIE'S COLUMN



STUEBENVILLE FUNDRAISER

### VALENTINE'S BAKE SALE



All proceeds will help pay for the Steubenville Youth Conference.

**FEBRUARY 14-15**  
**AFTER ALL WEEKEND MASSES**  
**OUR LADY OF MOUNT CARMEL PARISH**

The youth will be packaging and pricing baked goods on Saturday February 14 from 3-4 pm! We will be accepting any and all baked good donations at the OLMC kitchen!



### T-SHIRT DESIGN CONTEST

Contest Rules can be found at the Shepherd's Corner at 9 am and 11 am Mass at Corpus Christi Parish

**MARCH 22ND**

EVENT HOSTED BY DIOCESE OF LONDON  
WINNERS WILL BE ANNOUNCED MARCH 30TH

WINNING GROUP WILL WIN A PIZZA PARTY!

To everything there is a season and a time to every purpose under heaven...



**A Time to Die...** We remember and pray for Donato Vitella, Marguerite Burke, Denise Hebert and Carol Lytle.

### Pope Leo's Message For The 34th World Day Of The Sick

(Ottawa) – Pope Leo XIV's message for the **34th World Day of the Sick**, which will be celebrated on Wednesday, 11 February, 2026, offers a reflection on the theme **"The compassion of the Samaritan: loving by bearing another's pain"**.

In his message, the Holy Father offers us the following prayer:

*Sweet Mother, do not part from me.  
Turn not your eyes away from me.  
Walk with me at every moment  
and never leave me alone.  
You who always protect me  
as a true Mother,  
obtain for me the blessing of the Father,  
Son and Holy Spirit.*



**We need you!!**

**We are in need of volunteers to assist in the preparation of our children for Confirmation**

#### We Need Help With:

- ☒ Welcoming Parents
- ☒ Table facilitators
- ☒ Catechists (training provided)



For more information, contact:  
**Kimberly Bornais**  
Pastoral Minister  
kbornais@dol.ca  
519-969-5292 ext. 224

## olic Family of Parishes



### Novena to the Holy Face of Jesus

Begins Sunday February 8, 2026  
9 Days of Prayer  
Visit our website at [sw.dol.ca](http://sw.dol.ca) for the schedule.



### OLMC Knights of Columbus

The OLMC Knights of Columbus invite you to the Shrove Tuesday Pancake Dinner on **Tuesday, February 17, 2026**, in the OLMC parish hall from **4:30 PM to 6:30 PM**.

Enjoy a delicious meal and fellowship as we prepare for the Lenten season. Admission is **freewill** offering. All donations will support our Seminarians.



### CWL ANNUAL PASTA DINNER

Please join us on **Sunday, February 22, 2026** for our **All You Can Eat Pasta Dinner**.

We have two sittings:  
**4:00 p.m. to 5:30 p.m.**  
**5:30 p.m. to 7:00 p.m.**

Tickets are **\$15.00** for adults, **\$7.00** for ages 6 to 12, and **free** for children aged 5 and under. Tickets will be sold before and after all Masses the weekends of **February 7/8th** and **February 14/15th** at Corpus Christi.

**\*\*Take-out is also available!\*\***

### Share The Words with CWL LOVE



Love is more than a feeling, it's a decision. It requires practice, focus, patience and faith. Come join the Catholic Women's League and share the love. We can't wait to meet you! Contact Jo-Anne Lortie at: 519-969-3980 or Kenlyn Bryant at: 519-965-0618 to join.



### OLMC Mission Group News Crafts & Quilts



**Wednesdays 9:00 AM - 2:30 PM**  
in the OLMC Parish Hall

New workers are always welcome. Bring a lunch if you want to stay. Our quilts are available for sale year-round. If interested, come by on Wednesday.



The Stations of the Cross will be offered every Friday at 7:00 PM at Our Lady of Mount Carmel Church, in addition to before our daily Masses, during Lent.



Deacon Bob Rice  
Keynote Speaker



Bishop Fabbro



Encounter Worship Band

### Family Summit

*"As for me and my house we will serve the Lord."* Js 24:15

Dioocese of London Invites you to join us

**Saturday, May 30, 2026**

A full day to gather, grow, and pray as families

9:30 AM - 8:30 PM

Regina Mundi Catholic High School  
London, Ontario  
Bussing from Windsor & childcare available

Cost: \$20 for adults • \$10 for youth/teens

**REGISTRATION COMING SOON!**



### Bible Study Mondays at 6:30 PM Our Lady of Mount Carmel (Boardroom)

Join us for a Catholic Bible Study on the **Gospel of Matthew**, where we will deepen our understanding of Christ's teachings, His fulfillment of the Old Testament, and His call to discipleship.

**All are welcome!**



### Society of St. Vincent de Paul Corpus Christi


We appreciate your food and financial donations. **This week we are in particular need of: Bagged rice, tuna, snack bars, and hamburger helper.**

Thank you for your continued support. For further information or to assist, contact Bruce at: 519-966-5362.

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**The Pope Francis Fund Application Process is Open**

The Diocese of London's Pope Francis Fund has opened the application process for grants that will be distributed in 2026. Last year, nine organizations received a total of \$50,000 in funding. The process, criteria and past recipients are at [www.dol.ca/pff](http://www.dol.ca/pff).

"Organizations that help the poor are encouraged to apply to the Pope Francis Fund for grants to support their charitable works. Details and criteria are available on the Diocese's website, [www.dol.ca](http://www.dol.ca)." The application process closes on February 28.

**Windsor-Essex Catholic District School Board**  
**KINDERGARTEN REGISTRATION**

**Tuesday, February 17th to Friday February 27th, 2026**

For your added convenience, the Windsor-Essex Catholic District School Board invites you to attend an Open House/Evening Registration at your local Catholic School

**Thursday, February 19th from 5:00 pm to 7:00 pm**

**Requirements:** Birth Certificate, Baptismal Certificate, Health Card and Immunization Record

**Junior Kindergarten:** children must be 4 years of age by December 31, 2026.

**Senior Kindergarten:** children must be 5 years of age by December 31, 2026.

Central Essex County Catholic Family of Parishes  
**HEALTH AND FITNESS MINISTRY**

**HEALTHY & HOLY NIGHTS** **SAVE THE DATES 2026!**

LOCATION: HOLY NAME OF JESUS, ESSEX  
6:30 - 8:30 P.M.

- FREE - all ages & abilities welcome!
- Professional lectures
- Accessible fitness
- Childcare provided

**THURSDAY, FEBRUARY 12**  
STRONG BODIES, SHARP MINDS:  
THE POWER OF PLAY FOR KIDS AND TEENS

**THURSDAY, APRIL 9**  
UNDERSTANDING DEPRESSION AND ANXIETY

**CATHOLIC HEALTH & FITNESS PROFESSIONALS NETWORK**

Are you a Catholic professional or student in an area of:

- Mental Health
- Fitness Health
- Medical Health
- Nutritional Health
- Allied Health

**WE WANT YOU!**

EMAIL: [DANA.CAVERS@GMAIL.COM](mailto:DANA.CAVERS@GMAIL.COM) AND JOIN OUR NETWORK OF FELLOWSHIP, SUPPORT, AND FAITH FORMATION.

**HOLY HOUR & HAPPY HOUR**

**FRIDAY, FEBRUARY 27**

6:30 p.m. Adoration  
Holy Name of Jesus, Essex

7:30 p.m. Dinner & Social  
Brenko's House of Pizza

CATHOLIC HEALTH AND FITNESS PROFESSIONALS NETWORK | RSVP: [DANA.CAVERS@GMAIL.COM](mailto:DANA.CAVERS@GMAIL.COM)

**ff FAMILY FOUNDATIONS INSTITUTE**

We are pleased to introduce **MarriageConnect**, a new initiative from Family Foundations Institute focused on strengthening marriages through mentorship, faith, and friendship. Marriage Connect pairs couples at different stages of marriage so they can walk together in faith and support one another through meaningful conversations. Mentor couples share lived wisdom and encouragement. Younger couples bring fresh perspective and joy.

Participation is straightforward and flexible. Couples are thoughtfully matched, information is kept confidential, and relationships develop at a pace that works for each couple.

If you are interested in supporting another couple while growing in your own marriage, we invite you to learn more! If you know other couples who may be interested, please share. We launched this pilot project at the last Marriage Conference and the first round of matching will happen this month.

Visit: <https://famfi.ca/marriageconnect>

Offertory	Feb 1, 2026	
Sunday Offerings	CC	OLMC
Regular Offertory	\$6,024	\$7,905
Special Collections	\$855	\$589
Pre-authorized	\$10,609	\$15,365
Monthly eTransfers	\$6,765	\$9,590

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