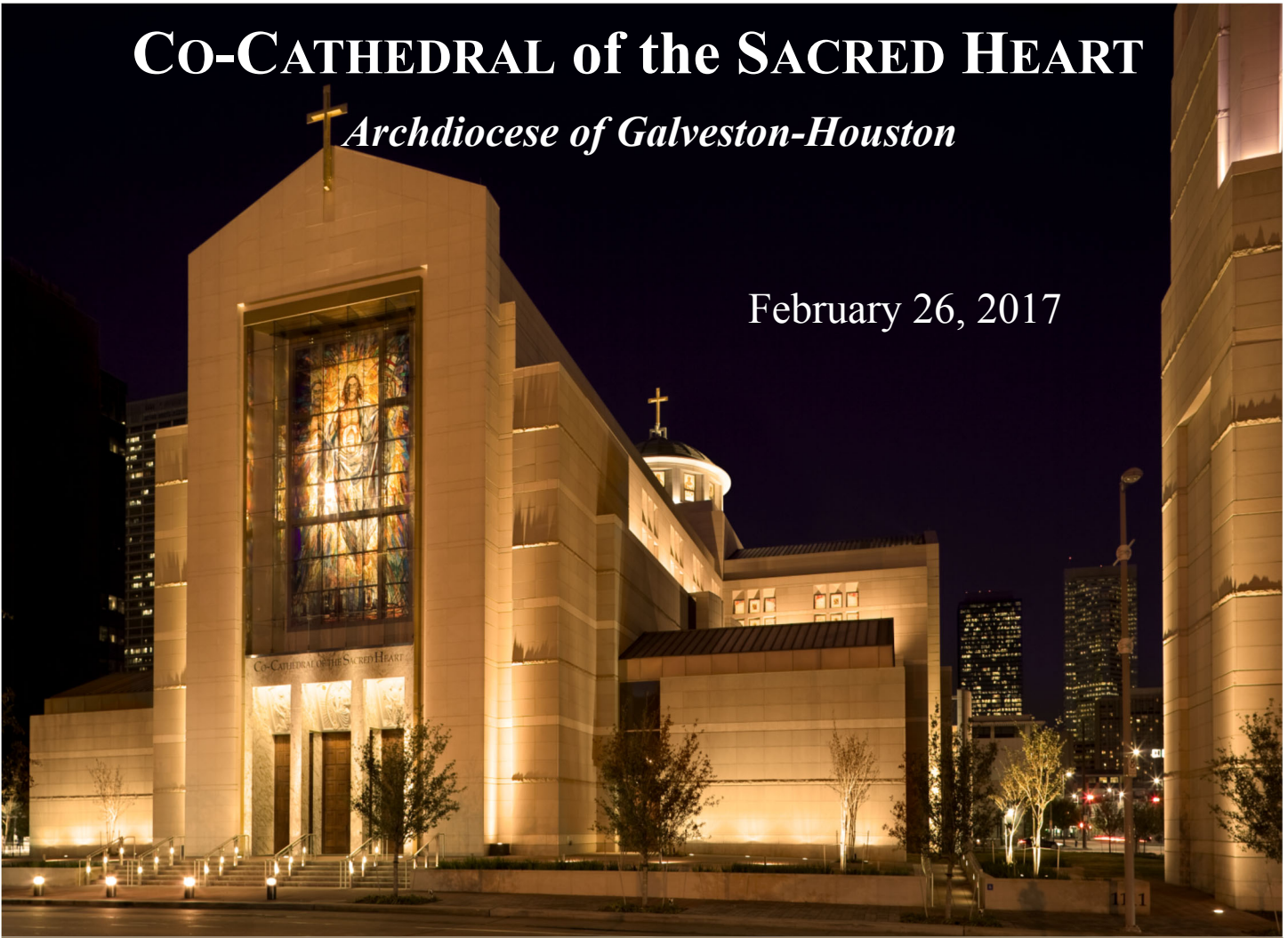


CO-CATHEDRAL of the SACRED HEART

Archdiocese of Galveston-Houston

February 26, 2017



1111 St. Joseph Parkway at San Jacinto / Fannin St.

Church Hours — M - F: 6:30 am - 6 pm; Saturday: 9 am - 8:30 pm; Sunday: 6:30 am - 9 pm

Weekend Mass

English: Saturday Vigil 5 pm
Sunday 7 am, 9 am, 11 am, 5:30 pm

Vietnamese: Saturday Vigil 7 pm
Sunday 1 pm

Spanish: Sunday 7:30 pm

Weekday Mass

7 am, 12:10 pm Monday - Friday
7:30 pm, First Fridays: Vietnamese Mass,
followed by Exposition and Benediction

Sacrament of Penance (Confessions)

Monday - Friday: 30 minutes prior to Mass
First Thursday of the month: 4:30 - 5:15 pm
(Weekdays: Confessional near the Sacred Heart transept)

Saturday: 3:30 - 4:30 pm
Sunday: 8:15 - 8:45 am (between 7 & 9 am Masses)
10:15 - 10:45 am (between 9 & 11 am Masses)
4:30 - 5:00 pm

Vietnamese and Spanish 30 minutes prior to Mass
(Weekends: Confessional near entrance way on the right)

CATHEDRAL CENTRE

Parish office is located at the Cathedral Centre.

1701 San Jacinto at Jefferson St.

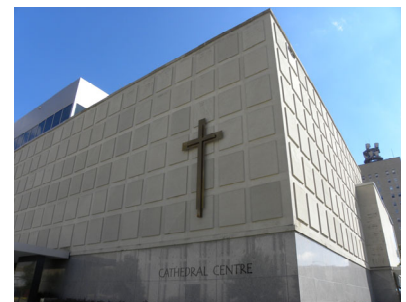
Houston, TX 77002-8215

(Parking behind the Centre)

Phone: 713-659-1561 Fax: 713-651-1365

Office hours: Monday - Friday 8 am to 5 pm

(Closed: 12 noon - 1 pm)



CO-CATHEDRAL of the SACRED HEART



Archdiocese of Galveston-Houston

His Eminence Daniel Cardinal DiNardo, D.D., S.T.L.
Archbishop of Galveston-Houston

The Most Reverend George A. Sheltz, D.D., *Auxiliary Bishop*

The Most Reverend Joseph A. Fiorenza, D.D., *Archbishop Emeritus*

The Most Reverend Vincent M. Rizzotto, D.D., J.C.L., *Retired Auxiliary Bishop*



Co-Cathedral Clergy

The Very Reverend Lawrence W. Jozwiak, J.C.L., *Pastor / Rector*

The Reverend Anthony Columba Ekanem, MSP; The Reverend Alfonso Dat-Nhan Tran, *Parochial Vicars*

Deacons: Johnny Salinas, Leonard Lockett, John Carrara, Daniel Addis and Truong Son Nguyen

Co-Cathedral Staff

Selma DeMarco - *Director of Evangelization and Faith Formation*

Carmen Benitez - *Faith Formation Associate*; Stephanie Rocha - *Youth Director*

Crista Miller - *Director of Music / Co-Cathedral Organist*; Natasha Manley - *Music Associate / Wedding Music*

Michael Emmerich - *Co-Cathedral Associate Organist*; Jeong-Suk Bae - *Co-Cathedral Assistant Organist*

Bree Delphin - *Secretary for Weddings*; Elizabeth Perez - *Bulletin Editor and Secretary for Sacramental Records*

Deacon John Carrara - *Business Manager*; Gwenne Buck - *Facilities and Project Coordinator*

Chris Felix - *Building Engineer*; Shannon Wesley - *Parish Accounting*

Jordyn Woods - *Parish Outreach Coordinator*; Katherine Buck - *Baptismal Secretary / Receptionist*

Ruben Valenzuela, Trong Pham - *Maintenance*; Guillermo Herrera, Ray Garcia - *Sextons*

Phone: 713-659-1561

Visit our web site for vital info: www.sacredhearthouston.org

New Parishioners:

Register with the parish office: ext. 111.

Church Certificates:

For all sacramental certificates: ext. 137.

Baptism:

- For infants & children under age 7—713-337-3570.
- For 7 years & older (Rite of Christian Initiation adapted for Children): ext. 142.

Children's Catechesis & Evangelization (CCE):

For pre-K through high school: ext. 142.

First Penance & First Holy Communion:

For 2nd through 12th grade: ext. 142.

Confirmation:

- For high school youth: ext. 142.
- For adults: ext. 141.

High School Youth Ministry: ext. 142.

Rite of Christian Initiation of Adults (RCIA):

For adults inquiring about becoming Catholic and baptized Catholics who lack Confirmation and Holy Communion: ext. 141.

Evangelization & Adult Faith Formation: ext. 141.

Music Ministry: ext. 152.

Young Adults: cocathedralya@gmail.com

Marriage:

Contact ext. 131 at least 9 months prior to wedding date.

Vocations for Priesthood and Religious Life:

Contact the Office of Vocations: 713-652-8239 or www.houstonvocations.com

Holy Communion to the Sick/Homebound: ext. 136.

Anointing of the Sick:

Any Catholic who is to have surgery due to a serious illness; any Catholic whose health is seriously impaired by sickness or old age should be anointed ASAP, preferably before going to the hospital. Contact the parish priest to be anointed: ext. 136.

Funerals: ext. 143.

Novena to Our Mother of Perpetual Help:

Wednesday before 7 am & 12:10 pm Mass

Novena to the Sacred Heart of Jesus:

Friday during 7 am & 12:10 pm Mass

Eucharistic Exposition:

- First Thursday of the Month (English)
Conclusion of 12:10 pm Mass until 6 pm
- First Friday of the Month: 6:30 pm - 8 pm
8 pm Mass (Vietnamese)

Parish Outreach: caritas@sacredhearthouston.org

Tours of the Church: ext. 143

February 26, 2017

Dear Friends in Christ:

Quý Ông Bà và Anh Chị Em thân mến trong Chúa Kitô:
Estimados Amigos y Amigas en Cristo:

"The celebration of the Eucharist in the sacrifice of the Mass," moreover, "is truly the origin and the purpose of the worship that is shown to the Eucharist outside Mass." Christ the Lord "is offered in the sacrifice of the Mass when he begins to be sacramentally present as the spiritual food of the faithful under the appearance of bread & wine"; "after the sacrifice has been offered . . . as long as the Eucharist is reserved in churches & oratories, Christ is truly the Emmanuel, that is, 'God with us.' Day & night He is in our midst; full of grace & truth, He dwells among Us." (#2, Holy Communion & Worship of the Eucharist outside Mass, 1973)

"The primary and original reason for reservation of the Eucharist outside Mass is the administration of Viaticum (Holy Communion given to those who are dying). The secondary ends are the giving of communion (to those who cannot come to Mass, such as the sick) and the adoration of our Lord Jesus Christ present in the sacrament. The reservation of the sacrament for the sick led to the praiseworthy practice of adoring this heavenly food that is reserved in churches. This cult of adoration has a sound and firm foundation, especially since faith in the real presence of the Lord has as its natural consequence the outward, public manifestation of that belief." (#5, Holy Communion and Worship of the Eucharist outside Mass, 1973)

Since we believe in the real presence of Jesus under the appearances of bread & wine (the substance of bread & wine no longer exists since it has been changed into Jesus Himself), the Eucharist is reserved in the tabernacle (only the consecrated host). The word tabernacle means "dwelling place." The tabernacle was used in the Old Testament to depict the tent-like sanctuary for the dwelling or meeting place of the Lord that the Jews used before the Temple was built. It housed the Ark of the Covenant which stored the 2 tablets on which the 10 Commandments were written. There is a long history of the tabernacle in the Bible. So the dwelling place for the real presence of Jesus is in the tabernacle.

Ash Wednesday & Lenten schedule, p. 11
Ash Wednesday: Day of Fast & Abstinence, p. 11
Caritas Day, pp. 12-13; Parish Lenten Mission, p. 14

Adoration of the real presence of Jesus (prayer before the Blessed Sacrament) can occur at any time before the tabernacle (with the door closed). The Church encourages such adoration when it states "Unless there is a grave reason to the contrary, the church in which the Most Holy Eucharist is reserved is to be open to the faithful for at least some hours every day so that they can pray before the Most Blessed Sacrament (Canon 937)." We are very fortunate here at the Co-Cathedral. We have security so the church is open for many hours each day and available for prayer.

A *specific form* of adoration is Exposition of the Blessed Sacrament. The host is removed from the tabernacle and placed in the monstrance, a church vessel. The consecrated host can be seen (exposed). We have had Exposition every First Thursday of the month from the conclusion of the 12:10 pm Mass until 5:30 pm when we have Sung Evening Prayer concluding with Benediction (blessing the people with the Blessed Sacrament exposed in the monstrance). We have a good number of people who come on this First Thursday. But other people are not able to come since it is during the day. As a result, we have started Exposition on the First Friday of the month from 6:30 pm—8 pm with an 8 pm Vietnamese Mass. We invite you to come either day you can.

Exposition comes with specific liturgical directives. Exposition is to occur with the "participation of a reasonable number of the faithful (#86)." Thus only 1 or 2 people is not what is expected. There is also to be "a reasonable time for readings of the word of God, songs, prayer & a period of silent prayer (#89)." #95 even encourages preaching "to develop a better understanding of the Eucharistic mystery." Some people who have attended Exposition here have complained that we have public prayers (only wanting silence), but we are to have *both* public prayer & silent prayer. It is interesting that the Vietnamese want almost all public prayer and little silence. So I hope this brief teaching lesson will help you with adoration & specifically Exposition.



Praised be the Sacred Heart of Jesus! Now and forever, amen!

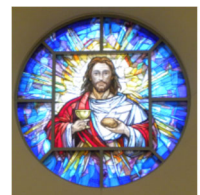
Hãy chúc tụng Thánh Tâm Chúa Giêsu đến muôn đời, amen!

¡Alabado sea el Sagrado Corazón de Jesús! ¡Por siempre, amen!

Lawrence W. Jozwiak

Fr. Lawrence W. Jozwiak
Pastor / Rector

Come to next Saturday's, 5 pm Vigil Mass with Pueri Cantores children choir singing. See p. 6 for more info.



WELCOME to the Co-Cathedral!

We are a community of faith where all people are welcome! Visitors, please come back as often as possible. If you do not have a parish home, consider joining our parish, sharing your time and talent with us. For any questions, ask the Greeters in the narthex. Participate as fully as you are able to do so, using these pages. Silence all cell phones please!



7 am Antiphons

Entrance: The Lord became my protector. He brought me out to a place of freedom; he saved me because he delighted in me. (Cf. Ps 18 [17]: 19-20)

Communion: I will sing to the Lord who has been bountiful with me, sing psalm to the name of the Lord Most High. (Cf. Ps 13 [12]: 6)

MUSIC for MASS

Gathering Hymn:

#735 O God, Our Help in Ages Past

Offertory Music:

Motet: My God Is A Rock -- Arr. Parker & Shaw

Hymn: #768 I Heard the Voice of Jesus Say

Communion Music:

Chant: Antiphon: Primum quaerite (Mode VIII): "Seek first the kingdom of God, and all the rest will be given to you in addition, says the Lord."

Motet: Anima Christi -- Michael Burgo

Hymn: #728 Seek Ye First the Kingdom of God

Recessional Hymn:

#695 Praise to the Lord, the Almighty

Order of Mass

Gathering Hymn

Introductory Rites

Penitential Rite

Lord have mercy; Christ have mercy; Lord have mercy.

Liturgy of the Word

First Reading

Readings: #1092

Responsorial Psalm Ps. 62

R. Rest in God alone, my soul.

Second Reading

Gospel

Homily

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord, Jesus Christ, the Only Begotten Son of God, born of the Father before all ages, God from God, Light from Light, true God from true God, begotten not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation he came down from Heaven,

(We all are to make a bow of the body during the next 2 lines.)
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the Prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

Amen.

Prayer of the Faithful

Offertory Music

Liturgy of the Eucharist

Preparation of the Altar and Presentation of the Gifts

P. Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

C. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

Eucharistic Prayer

P: The Lord be with you. C: And with your spirit.

P: Lift up your hearts. C: We lift them up to the Lord.

P: Let us give thanks to the Lord our God. C: It is right and just.

Sanctus / Holy, Holy, Holy

Mysterium Fidei / The Mystery of Faith (B)

Amen

The Communion Rite

Agnus Dei / The Lamb of God

P: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

C: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Reception of Holy Communion:

For those who are practicing actively the Catholic Faith.

Please bow before receiving the Body and/or Blood of Christ.

Communion Music

The Concluding Rites

Recessional Hymn

Gloria

Glo-ry to God in the high-est, and on earth peace to peo - ple of good will. We
 praise you, we bless you, we a - dore you, we glor-i - fy you, we
 give you thanks for your great glo - ry. Lord God, heav - en - ly King, O
 God, Al-might - y Fa - ther. Lord Je - sus Christ, On - ly Be - got - ten
 Son, Lord God, Lamb of God, Son of the Fa - ther, you take a-way the sins of the
 world, have mer - cy on us; you take a-way the sins of the world, re - ceive our
 prayer; you are seat-ed at the right hand of the Fa - ther, have
 mer - cy on us. For you a-lone are the Ho - ly One, you a-lone are the
 Lord, you a-lone are the Most High, Je - sus Christ, with the Ho - ly
 Spir-it, in the glo - ry of God the Fa - ther. A men, a - men.

Sanctus

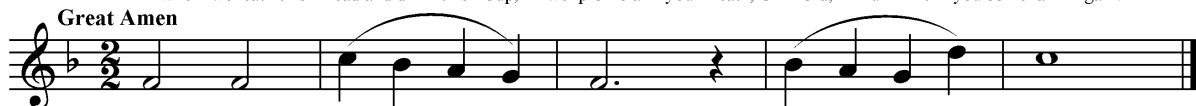
Ho - ly, Ho - ly, Ho - ly Lord God of Hosts. Heav'n and earth are
 full of your glor - - - ry. Ho - san - - - na in the
 high - - - est. Bless'd is he who comes in the
 name of the Lord. Ho - san - - - na in the high - - - est.

Memorial Acclamation B



When we eat this Bread and drink this Cup, we pro - claim your Death, O Lord, un - til you come a - gain.

Great Amen



A - men, a - - - men, a - - - men.

Agnus Dei



Cantor: 3 *Assembly:* 3

1, 2. Lamb of God, you take a - way — the sins — of the world, have mer - cy on us.
3. Lamb of God, you take a way the sins of the world, grant us peace.

Co-Cathedral Music

Next Sunday we not only begin Lent but also something new at our weekend Masses: sung introits. In truth, introits—or entrance chants—are anything but new. These ancient sung antiphons serve an important role in the Mass. We look forward to you helping us restore them as you lend us your voices.

The General Instruction of the Roman Missal explains that the entrance chant's "purpose is to open the celebration, foster the unity of those who have been gathered, introduce their thoughts to the mystery of the liturgical time or festivity, and accompany the procession of the Priest and ministers" (47). The GIRM goes on to suggest various ways to sing the introit, privileging an alternation between the choir and the assembly. We will sing our entrance antiphons in this manner. Lent is almost here! To be continued...

Lenten Concerts 2017

Music at Lunch: 12:45 PM
(free will offering)

Friday, March 3, 2017, 12:45 PM
Collin Boothby
University of Houston First Friday Recital

Tuesday, March 7 12:45 PM
Dr. Crista Miller, Organ and Gregorian
chanters
Ubi Caritas: Prophetic voice, contemporary
cries
Preview of a program Dr. Miller is present-
ing at the conference **Gregorian Chant in
Pastoral Ministry and Religious Edu-
cation** at St. Joseph's Seminary, New
York

Thursday, March 23, 12:45 PM
Chris and Cynthia Holman:
Lenten Vocal Music of French Favorites
Franck, Gounod, Durufle, Vierne, Messiaen

*Co-Cathedral Music events and recordings
are updated on our Facebook page.
Like us at "Official Co-Cathedral of the
Sacred Heart Page!"*

Music in the Evening: 7:30 PM
(ticketed)

Tuesday, March 21, 7:30 PM
Five Centuries of French Tradition
Dr. Robert Bates, University of Houston

An internationally acclaimed recitalist and
teacher, organ professor Dr. Robert Bates
served as the consultant for Opus XIX. He
has taught numerous church musicians who
serve in the Archdiocese of Galveston-
Houston. This recital will be his final perfor-
mance at the Co-Cathedral prior to his retire-
ment from the University of Houston in the
spring of 2017.



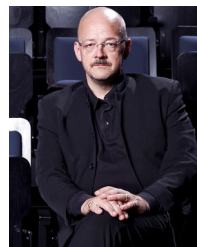
Works of:

Attaignant
Titelouze
Couperin
De Grigny
Lasceux
Franck
Alain
Hakim

Music in the Evening: 7:30 PM
(ticketed)

Thursday, March 30, 7:30 PM
Dr. Hans-Ola Ericsson, Montreal, Canada
Specialist in the Mystic works of
Catholic Composer **Olivier Messiaen**

Hans-Ola Ericsson is an exceptional figure on the
international music scene, offering us truly unique
music the night after EWTN's WORD ON FIRE Show.
No other organist in the last decade has played as
many contemporary work premieres as Ericsson; he
has worked closely with John Cage, György Ligeti
and Olivier Messiaen to better understand their
artistic visions. As a post-avant-garde composer,
Hans-Ola Ericsson blends existing sound material
with the unheard in his works. Attendees of this
concert will hear sounds they have not heard before.



Movie Projection
depicting textual
inspirations will
accompany this
avant-garde
program.

Ticket info at
www.cocathedralmusic.org

Pueri Cantores Houston Treble Festival

American Federation of Pueri Cantores Annual Houston Treble Festival
Saturday, March 4, 5 PM Mass

Pueri Cantores, the official youth choir of the Catholic Church will again convene for a festival Mass at the Co-Cathedral on Saturday, March 4, 2017 at 5 PM. Over 300 children singers will be present, including some representatives of our St. Margaret Mary Alacoque Children's choir. These children rehearse the music for this festival for many months ahead of time with their respective choirs, then will gather under the direction of guest clinician John Robinson, of Harvard Square, Cambridge, MA. Please plan to attend to worship and support teaching sacred music!





WELCOME ALL VISITORS to the Co-Cathedral of the Sacred Heart!

MASS INTENTIONS

Deceased †

READINGS for the COMING WEEK

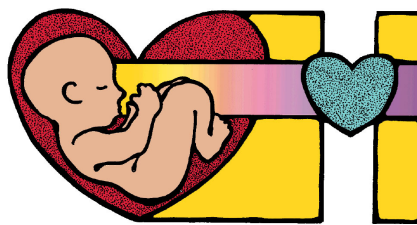
Weekend readings: #1092 in the red hymnal

Monday: Sir 17:20-24; Ps 32:1-2, 5-7; Mk 10:17-27
 Tuesday: Sir 35:1-12; Ps 50:5-8, 14, 23; Mk 10:28-31
 Wednesday: Jl 2:12-18; Ps 51:3-6ab, 12-14, 17; 2 Cor 5:20 — 6:2; Mt 6:1-6, 16-18
 Thursday: Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25
 Friday: Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15
 Saturday: Is 58:9b-14; Ps 86:1-6; Lk 5:27-32
 Sunday: Gn 2:7-9; 3:1-7; Ps 51:3-6, 12-13, 17; Rom 5:12-19 [12, 17-19]; Mt 4:1-11

For the scriptures used at Mass every day and to hear a reflection: go to <http://www.usccb.org/> Tab in on the day of the month on the calendar noted as Daily Readings on the right side of the main page. These readings can be sent daily to your email.

Pray for those marrying

March 4 — Benjamin Lloyd Powell & Amy Tran
 Brian Davidson & Kacee Richards



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PRAY for the DEAD

For the repose of the souls of Sr. Dorothy Sachnik, IWBS †; Fr. Noble †; Norma McCorvey and Carol Peavy.

Eternal rest grant unto them, O Lord.

—And let perpetual light shine upon them.

May they rest in peace. —Amen.

May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. —Amen.

For consolation and God's healing graces upon the family and friends of the deceased. Heal their pain and dispel the darkness and doubt that comes from grief. —Amen.

Saturday

(Eng) 5:00 pm
 (Viet) 7:00 pm

Sunday

(Eng) 7:00 am
 (Eng) 9:00 am
 (Eng) 11:00 am
 (Viet) 1:00 pm
 (Eng) 5:30 pm
 (Span) 7:30 pm

Monday

(Eng) 7:00 am
 (Eng) 12:10 pm

Tuesday

(Eng) 7:00 am
 (Eng) 12:10 pm

Wednesday

(Eng) 7:00 am
 (Eng) 11:00 am
 (Eng) 12:10 pm
 (Eng) 5:15 pm
 (Viet) 6:45 pm
 (SPN) 8:00 pm

Thursday

(Eng) 7:00 am
 (Eng) 12:10 pm

Friday

(Eng) 7:00 am
 (Eng) 12:10 pm
 (Viet) 8:00 pm

Saturday

(Eng) 5:00 pm
 (Viet) 7:00 pm

Sunday

(Eng) 7:00 am
 (Eng) 9:00 am
 (Eng) 11:00 am
 (Viet) 1:00 pm
 (Eng) 5:30 pm
 (Span) 7:30 pm

February 25

Mike & Jennifer Appling
 For Community Intentions

February 26

Olive & Christy Lonergan
 Archbishop Patrick Flores †
 Eduardo Cabatingan †
 For the People of the Parish
 Daniel Kelly †
 Ana Isabel De Bonilla †

February 27

Dominic Binh Cao †
 Raul Dominquez †

February 28

Holy Souls in Purgatory †
 Daniel Cardinal DiNardo

March 1: Ash Wednesday

Fr. Stephen Mandry †
 Liturgy of the Word
 David Buck
 Bernadine & F.R. Pizzitola †
 For Community Intentions
 Fr. Bruce Noble †

March 2

Maria Chuong †
 Fr. Rawlin Enette, SSJ †

March 3

Fr. George Hosko, CSB †
 Boyd & Debbie Naegeli
 For Community Intentions

March 4

Lewis Francis † & Rose McCabe Atchison †
 For the Vietnamese Catholic Mothers

March 5

Shawn Kelley
 Pedro Alvarez †
 Rochelle & Jess Hewitt
 For the Vietnamese Men of the Sacred Heart
 For the People of the Parish
 Patricia Jones †



PRAY for ...

- peace in our world, especially in the Holy Land, for an end to terrorism and civil strife, all hostages, refugees and immigrants.
- the safety of all those who protect us: military personnel, police officers, fire fighters and all others.
- for healing in our world, nation and families.
- a transformation of mind and heart for those who do not believe in the sanctity of human life.
- for all healthcare professionals to make wise and ethical decisions to promote health.
- the spread of the Gospel and the sanctity of all marriages and families.
- an end to all discrimination, prejudice and hatred.
- all the sick and suffering, the dying and the faithful departed †.

Comfort for the Afflicted: That all those who are afflicted, especially the poor, refugees, and marginalized, may find welcome and comfort in our communities.



FAITH FORMATION SUNDAY, FEB. 26

"Did You Get It?" Evaluation, 9 am

SUNDAY, FEBRUARY 26

EIGHT SUNDAY OF ORDINARY TIME

Theme: God is always present in our life.

Breaking Open the Word

Suggested text for faith sharing: Today's Gospel Reading

Step One: Listen to the Word

Food, drink, clothing are mentioned in this passage. What anxieties do you feel when you release control of these things and put your trust in God?

Step Two: Look into your Life

Question for Children: What do you worry about? What can you do to stop worrying and rely on God?

Question for Youth: Do you serve two masters? If so, what can you do to stop and serve only God?

Question for Adults: Who really is the master of your life? (OSV)

Faith Formation Schedule Reminders:

- Feb. 26:** "Did You Get It?" Evaluation on Chapters 13-18 (9:00 am-10:30 am)
March 5: CCE Sunday Session (9:00 am – 10:30a m)
March 5: "Did You Get It?" Evaluation on Chapters 13-18 (5:30 pm-7:00 pm)
March 12: No CCE – Spring Break
March 19: No CCE – Spring Break



Saint of the Day

St. Katherine Drexel

Religious, 1858-1955

Katherine lived in Philadelphia and was the daughter of a wealthy banker there. She traveled quite a lot and received a very good education. Her family spent much of its fortune caring for the poor in the city, and Katherine, influenced by this, gave her life over to

taking care of Native and African Americans. In her early twenties, Katherine had considered a religious vocation. She was doing much good in her charitable works, however, and the fullness of her life left little time for thoughtfully pursuing that vocation. Eventually she entered the convent of the Sisters of Mercy in Pittsburgh. Later, in 1891, she founded a new order, the Sisters of the Blessed Sacrament for Indians and Colored People.

While Jesus said that it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of heaven, he never said that it was impossible. The Drexel family provides an excellent example of the proper use of wealth. Although most of us will never be in this position, we can follow the example of Katherine and use our resources to help those who are less fortunate than ourselves. (OSV)

Activities for Catholic Families

Create a worry box from a shoebox or similar box in size. Have each family member write on a small piece of paper one worry that won't go away. As a family, pick out one worry at a time and discuss how in relation to life and necessities it is unimportant. Their needs will be provided by God. God is in charge.

Faith Formation for Children and Youth

Cathedral of the Sacred Heart Parish

Archdiocese of Galveston-Houston

The goal of Children and Youth Faith Formation here at the Co-Cathedral of the Sacred Heart is to provide a comprehensive process of the highest possible quality of Catholic Christian Education and Spiritual Formation for the Children and Youth of our Parish. We do this in a safe, welcoming, caring, and hospitable environment while enabling their parents and guardians to successfully accept and perform their role as the primary teachers and role models of their children.

CATHOLIC RELIEF SERVICES

RICE BOWL



Lent begins this year on Wednesday, March 1st with Ash Wednesday. **Lent is our time to encounter, to cultivate a spirit of global solidarity.** CRS Rice Bowl is our tool, Catholic Relief Services' Lenten faith-in-action program for families and faith communities, a vehicle through which the stories of communities around the world can be shared, an invitation through which our prayers and Lenten sacrifices can change lives. Through CRS Rice Bowl, we hear stories from our brothers and sisters in need worldwide, and devote our Lenten prayers, fasting and gifts to change the lives of the poor.

How will you contribute to the culture of encounter this Lent?

CRS Rice Bowls

are being distributed on Sunday, March 5, during our Faith Formation Session.

Rice bowls are to be returned on April 23 at the time of our "Did You Get It?" Evaluations

LENT 2017

Lent is a time where we are called to refocus and live more simply while striving to be close to God, and to live more like Jesus taught us to live our lives. Lent includes a focus on prayer, fasting, and almsgiving/services.

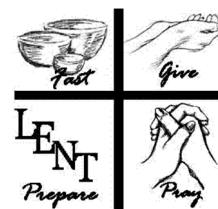
Prayer Ideas: read from the Bible each day, pray for someone new from the church/school/work each day, attend Mass at least once during the week other than Sunday

Fasting Ideas: give up a certain food/drink/candy that you love, give up the computer or TV one day per week, stop eating meals from our, give up an activity that wastes your time

Almsgiving/Service Ideas: volunteer for a local organization or attend the Day of Service here at the Cathedral for Caritas Day, visit an elderly friend or relative who doesn't get many visitors

Lenten Resources:

1. United States Conference of Catholic Bishops (USCCB)
<http://www.usccb.org/prayer-and-worship/liturgical-year/len/index.cfm>
2. Our Sunday Visitor
<http://lifelongcatechesis.osv.com>
3. Real Life at Home
<http://www.reallifeathome.com/>



The next **Youth Ministry Meeting** is Saturday, February 25th from Noon—2:00 pm on the 2nd floor. Please remember to invite a friend to this time of prayer, fun and fellowship. The **Next Meeting** will be Saturday, **March 4th from 10:00 am—Noon.**

A few topics in the Agenda:

- We will have plenty of ice breakers and games!
- A calendar of youth ministry events will be provided.
- Fun, Food and much more!



We are in need of adult chaperones, please consider volunteering your time and talents to the young people in the parish! Please contact Stephanie Rocha at 281-794-4841 if you have any questions.

Adult Faith Formation

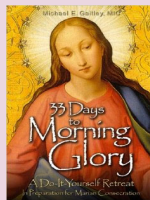


Interested in being part of the **Co-Cathedral Young Adults**, contact us at cocathedralya@gmail.com

The Co-Cathedral Young Adults will be hosting **33 Days to Morning Glory Retreat for Consecration to Jesus through Mary.**

6 Week Bible Study Thurs. Evenings **February 16th—March 23rd**

Cathedral Centre, Room 331 7 pm—8:30 pm
This amazing six-week series is presented by Father Michael Gaitley through his book "33 Days to Morning Glory," which gives you a glimpse into some "Marian giant's" Saints who started, lived, and breathed Marian Consecration: St. Louis de Montfort, St. Maximilian Kolbe, Blessed Mother Teresa, and St. John Paul II. We will review the book readings with lively group discussions and a video presentation. Materials will be provided at no cost. For more information/sign up contact cbenitez@sacredhearthouston.org



Need an opportunity to just relax and get closer to God?

You are invited to join others from our parish for the **Annual Retreat.**

For more info, contact:

Men's Retreat, March 24-26: Friday evening– Sunday noon

Joe Messa: jrmessa51@gmail.com or 832-677-2227

Women's Retreat, June 23-25: Friday evening– Sunday noon

Wendy Millhouse: wbmillhouse@hotmail.com or 713-825-1692

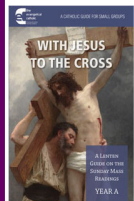
To register: <https://holynameretreatcenter.com>

Holy Name Passionist Retreat Center

430 Bunker Hill Rd. Houston, Texas 77024

Fax: 713.464.0671

holynamere@passionist.org



WITH JESUS TO THE CROSS, A LENTEN BIBLE STUDY

6 Week Bible Study Tuesday Evenings,
Cathedral Centre, 7 pm – 8:30 pm Cost: \$15.00

Join us, the Co-Cathedral Young Adults as we begin a seven-session study to dive deeper into the Scriptures during Lent. The Evangelical Catholic ministry, which created the guide and has field experience on both college campuses and in parishes, has written insightful discussion questions on the Mass readings that draw participants into a personal relationship with the Lord. Each session has a "Connection to the Cross" section that encourages readers to continue their Scripture reading and prayer throughout the week.

March 7, 14, 21, 28 April 4, 11

For more information/sign up, cbenitez@sacredhearthouston.org

Bayou Awakening Retreat for young adults ages 18-25.

March 10-12, 2017

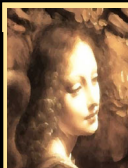
at Cameron Retreat Center- 2403 Holcombe Blvd.
Houston TX 77021.

The mission of Awakening is to bring young adults to a personal encounter with Christ, provide an opportunity for spiritual renewal and to connect young adults to the Catholic Church and a safe community. Sponsored by the Office of Young Adult & Campus Ministry. \$55 per person. Registrations at www.bayouawakening.org or by mail. Information 713-741-8778.

ARCHDIOCESAN YOUNG ADULT DAY "WHO ARE YOU CALLED TO SERVE?"

Come and join hundreds of young adults ages 18-39 years old for a day of formation, music, prayer, Eucharist and fellowship. **Saturday, April 8, from 8:30 am to 5:30 pm.** Get inspired by international and local speakers. Presented in English and Spanish. St. Jerome Catholic Church 8825 Kempwood Dr, Houston, TX 77080. Early Bird \$25 by March 8 or \$35 after March 9. Group Discounts available. Register online www.archgh.org/yacm For more information, call 713-741-8778.

If you will like to attend with the Co-Cathedral Young Adults, contact Carmen Benitez at cbenitez@sacredhearthouston.org



Christian Meditation

**Wed. Evenings at 6:30 pm Parish Library
On the first floor of the Cathedral Centre.**

What is Christian Meditation? Christian Meditation is not a study or discussion, but a weekly meeting of Christians coming together to silence their minds/hearts and listen to the quiet voice of God speaking. After a brief, pre-selected Christian message, participants meditate in silence for about 20 minutes. Meditation is an ancient form of Christian prayer practiced by the saints, and religious communities throughout the world.

SAVE THE DATE

April 22nd

Missionary Society of St. Paul Walk-A-Thon

CONTACT: Selma DeMarco, sdemarco@sacredhearthouston.org or 713-659-1561, ext. 141.



Adoration • Community • Theology • Service

- **Have you ever attended an ACTS retreat?**
- **Are you a parishioner of the Co-Cathedral?**
- **If yes, then we need YOU to be on our TEAM!**

We have a good start in the formation of our Teams, but we are in need of a few more team members to move forward.

Call or email Celina Monks:

832-544-6491 42celina@gmail.com



Coming Wednesday, March 29
Bishop Robert Barron
 will be at the Co-Cathedral to
 speak on his series
 “The Pivotal Players”.

Information on how to register for this event is
 available on our website.

Marriage Preparation:

Advance approval required to begin classes.

- **Sunday, February 26: Initial**
- **Sunday, March 12: FOCCUS**
- **Sunday, March 19: Class D**

Location: Cathedral Centre.

Please check White Board for room assignment each time.

Time: Sign-in: 12:00-12:30/Class: 12:30-2:30p.m.

Contact the parish at least nine months prior to the desired wedding date
 to register for classes, and book your date.

Out of country weddings require twelve months.

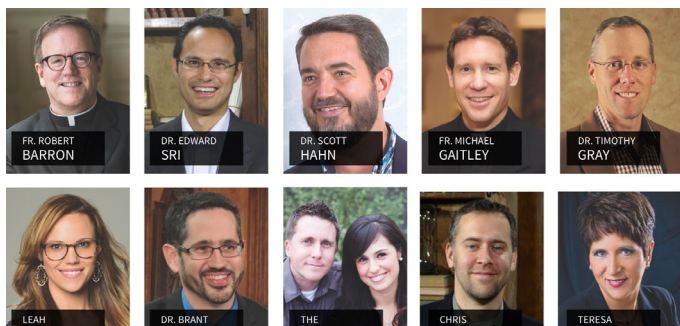
Marriage Guidelines: Visit www.sacredhearthouston.org.



“FORMED”

GREAT CATHOLIC CONTENT

From the Church’s Greatest Teachers



Register at <http://formed.org/register/#/registration/individual?>
ParishCode: 0be7ec (first digit is the number 0)

OPPORTUNITIES FOR SPIRITUAL GROWTH THIS LENT

Lenten Gospel Reflections

with Bishop Robert Barron

Sign up now

<http://www.lentreflections.com/>

Best Lent Ever | Lent 2017 | Dynamic Catholic

Sign up for Best Lent Ever, a **FREE**, video-based email program featuring internationally acclaimed speaker and *New York Times* bestselling author Matthew Kelly. From Ash Wednesday to Easter Sunday, Matthew will help you identify what stands between you and happiness . . . and what to do about it. Are you ready for your best Lent ever?

<http://dynamiccatholic.com/bestlentever/>

USCCB WEBSITE

[http://www.usccb.org/prayer-and-worship/
liturgical-year/len/](http://www.usccb.org/prayer-and-worship/liturgical-year/len/)

Stewardship Reflections

8th Sunday in Ordinary Time: February 26

That through our generosity we keep God first and money second. “No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon (material wealth).” Matthew 6:24 For many people, God and money run “neck and neck” as their first priority. Making money and spending money becomes the center of their life and they actually become a slave to money. The solution – become more generous. Giving money to Church and charity frees us from slavery to money and from making money a “god” before God.

**RCIA: We would like to invite you to
 explore the possibility of becoming a member of
 our Catholic Faith and Community.**

We offer opportunities to enter into the RCIA Process to become Catholic and/or become a fully Initiated Catholic year round. Please contact us. We would love to hear from you.

**For more information or to set an appointment to get started
 email Selma: sdemarco@sacredhearthouston.org**

**Food for thought: “It is good to know the Lord takes on
 the burden of our fragilities and patiently gets us back on our
 feet with the strength to start over.”**

GO MAKE DISCIPLES

"ST. IGNATIUS pointed out two criteria on *love*.
The first: *love* is expressed more clearly in actions than in words.
The second: there is greater *love* in giving than in receiving." — POPE FRANCIS

2017 DSF Parish Goal: \$135,000

Please make your DSF pledge today!

2017 DSF Parish Goal: **\$135,000**
Total Amount Paid: **\$13,719**
Total Amount Pledged: **\$28,486**
Total Number of Participant: **73**

Lenten Dinners: 6 – 9 pm. \$8 – adults, \$5 – children
3rd floor, Cathedral Centre.

1st Lenten Fish Dinner — Friday, March 3

2nd Lenten Fish Dinner — Friday, March 10 (Prior to the movie *Outcasts*, come for a meal and then the movie.)

3rd Lenten Fish Dinner — Friday, April 7

Caritas Day, parish day of service: Sat., March. 25, pp. 12-13
Exposition of the Blessed Sacrament:

~ **First Thursday, March 2—12:45 pm - 6 pm**

Solemn Exposition begins with the conclusion of the 12:10 pm Mass

Scriptural Rosary prayed on the hour (1 pm, 2 pm, 3 pm & 4 pm)

Sacrament of Penance 4:30 pm - 5:15 pm

Evening Prayer at 5:30 pm, followed by Benediction

~ **First Friday, March 3—6:30 pm - 8 pm**

Solemn Exposition with devotions to the Sacred Heart of Jesus:

6:30 pm - 7 pm: English

7 pm - 7:30 pm: Spanish

7:30 pm - 8 pm: Vietnamese

You are welcome to pray at any time between 6:30 pm - 8 pm.
8 pm Mass in Vietnamese

**We will be passing out the
Lenten booklets this weekend.**

	<u>Feb. 18 -19</u>	<u>Year to Date</u>
Actual Collection:	\$32,907*	\$1,046,399
Budgeted Collection:	\$34,167	\$1,104,499
Amount Over (Under):	(\$ 1,260)	(\$58,100)
Christmas Deficit:		(\$18,743)
New Year's Deficit:		(\$6,399)
Amount Over (Under):		(\$83,242)

*Includes \$7,558 from Faith Direct.

SECOND COLLECTION NEXT WEEKEND Black and Indian Mission

Stitching Angels Next meeting: Saturday, March 4.

We distribute prayer quilts and shawls for parishioners who are seriously and/or chronically ill. DONATIONS NEEDED: flannel for Texas Children's Hospital Oncology Department blankets. lace for mantillas, fabric for prayer quilts. gently used wedding dresses and formal wear, First Holy Communion clothing for boys and girls, yarn, crocheting and knitting supplies, quilting and sewing supplies. Cash donations are also welcome. Contact: Sharon Messa, smessa1009@aol.com, (713) 240-3420.

Ash Wednesday, March 1

(Distribution of Ashes during Mass or Liturgy of the Word)

~ 7 am - English Mass

~ 11 am - English Liturgy of the Word (No Holy Communion)

~ 12:10 pm - English Mass: Daniel Cardinal DiNardo

~ 5:15 pm - English Mass

~ 6:45 pm - Vietnamese Mass

~ 8 pm - Spanish Mass



Stations of the Cross

~ Wednesday & Friday after the 7 am & 12:10 pm Mass - English.

~ Friday at 7:30 pm - Vietnamese, followed by 8 pm Mass.

~ Sunday at 6:45 pm - Spanish.

Repent, and believe in the Gospel.

Guidelines for Ash Wednesday & Good Friday Observance

Ash Wednesday and Good Friday are days of *fast and abstinence* (Canon 1251).

Fasting binds all persons who have completed their 18th birthday through those who have completed their 59th year, unless prevented by poor health. On days of fast, one full meal is allowed. Two other meals sufficient to maintain strength, may be taken according to one's own needs. Eating between meals is not allowed although fluids may be taken. (Canon 1252)

Abstinence binds all persons who have completed their 14th birthday, unless prevented by poor health. On days of abstinence during Lent, the consumption of meat of mammals or fowl is not allowed. The Church strongly encourages the observance of Friday abstinence throughout the year, but failure to do so is not regarded as sinful. (Canon 1252)

Penitential Days: The divine law binds all the Christian faithful to do penance each in his or her own way. In order for all to be united among themselves by some common observance of penance, however, penitential days are prescribed on which the Christian faithful devote themselves in a special way to prayer, perform works of piety and charity, and deny themselves by fulfilling their own obligations more faithfully and especially by observing fast and abstinence, ... (Canon 1249). The penitential days and times in the universal Church are every Friday of the whole year & the season of Lent (Canon 1250).

Saturday March 25, 2017

The Co Cathedral of the Sacred Heart Invites You to participate in a Lenten Day of Service & Outreach to our community in need

PROJECT NAME	PROJECT DESCRIPTION	AGENCY SERVED	LOCATION	START TIME & AGE
A Million Thanks	Volunteers will decorate cards with words of thanks for those serving in our military. These will be sent overseas to our troops.	A Million Thanks.Org	<i>Cathedral Centre 1701 San Jacinto St</i>	9am—Noon Family Friendly
Bean Soup	Project Closed	The Food Depot, Houston Society of St. Vincent de Paul.	Cathedral Centre	9am—Noon Family Friendly
Bingo and Brunch	Bring Brunch and host Bingo with ladies who are working on their new start in life.	Angela's House	<i>Angela's House 6725 Reed Rd</i>	9am—Noon Family Friendly
Birthday Boxes	Assemble and wrap special Birthday Boxes for foster children in crisis due to abuse, neglect and HIV/AIDS	Casa de Esperanza Shelter for foster children in crisis	Cathedral Centre	9am—Noon Family Friendly
Blessed Beginnings	Prepare items for mothers to be who are in the Blessed Beginnings education and counseling servings with Catholic Charities	Blessed Beginnings Catholic Charities	Cathedral Centre	9am—Noon Family Friendly
Boo Boo Bunnies	Create a cute dual purpose bunny that brings comfort to children in times of crisis and also holds ice for boo boos.	DePelchin Center	Cathedral Centre	9am—Noon Family Friendly
Brown Bag	Help make 500 sandwiches and 250 brown bag lunches for the area homeless	Bread of Life St. John's Downtown	Cathedral Centre	9am—Noon Age 14+ Under 18 with Parent
Build a Ramp	Help build a wooden ramp at a home for a person living with a physical disability	Texas Ramp Project Building Freedom for the Homebound	Location TBA	9am—Noon Age 18+
Candy Grams	Assemble sweet treat cards with words of encouragement for the area homeless. These will be placed on shelter pillows for those seeking a bed for the night	Star of Hope Mission Emergency Shelters	Cathedral Centre	9am—Noon Family Friendly
Caps for Kids	Make "no sew" fleece hats for kids who are undergoing chemotherapy	Ronald McDonald House	Cathedral Centre	9am—Noon Family Friendly
Caring Coffee	Assemble breakfast bags for battered women.	Houston Area's Women's Shelter	Cathedral Centre	9am—Noon Family Friendly
Creative Cards	Use your creativity to create greeting cards that will be placed in grocery deliveries for the homebound..	Interfaith Ministries Meal on Wheels	Cathedral Centre	9am—Noon Family Friendly
Down on the Farm	Lend your green thumb in this organic garden on 6 acres of land with goats that provides for the residents living at the 11 homes/shelters of Magnificat House, Inc.	Dona Marie Club-House Magnificat Houses, Inc	1802 Forest Oaks Dr., Houston 77017 <i>10 miles from Cathedral Centre</i>	9am—Noon Family Friendly
Eggstravaganza	Volunteers will assemble and decorate plastic Easter Eggs for children receiving medical services through San Jose Clinic.	San Jose Clinic	Cathedral Centre	9am—Noon Family Friendly
ESL Cards	Create fun ESL flashcards for children new to the U.S	Catholic Charities	Cathedral Centre	9am—Noon Family Friendly
Girl Power	Volunteers will make feminine hygiene kits for U.S. Veteran Women living in short term housing.	Lotus Project Catholic Charities	Jensen Street, Houston <i>4.3 miles from Cathedral Centre</i>	9am—Noon 18+ (16+ with parent)
Hope Totes	Turn leftover 2016 Caritas Day T-shirts into bags and fill with hygiene items.	The Beacon	Cathedral Centre	9am—Noon Family Friendly



“Whatsoever you do for the least of my people, you do for me” (Matt 39:40)

PROJECT NAME	PROJECT DESCRIPTION	AGENCIES	LOCATION	START TIME & AGE
Joy in a Jar	Volunteers will assemble jars filled with snacks and activities to keep children busy while they wait for their parents to receive services.	SEARCH House of Tiny Treasures	Cathedral Centre	9am—Noon Family Friendly
Library Pals	Project Closed	Friends of the Houston Public Library	6510 W. Little York Houston, TX 77040 15 miles from Cathedral	9am—Noon Under 18 with parent
Lunch Bunch	Help prepare, serve, and clean up lunch for those who come to Loaves and Fishes for a hot lunch.	Loaves and Fishes	Loaves and Fishes 2009 Congress Ave	9am—Noon Under 18 with parent
Play Day	Volunteers will provide a fun play day at the neighborhood park for young foster children living at Casa de Esperanza.	Casa de Esperanza Casa Hope	Location TBA 4.4 Miles from Cathedral	9am—Noon Age 18+
Refugee Resettlement	Volunteers will help organize and sort house ware items for newly arrived refugees.	Catholic Charities Warehouse	8282 El Rio Houston, TX 77054 6.0 miles from Cathedral	9am—Noon Age 16+
Shoe Shine	Help sort, pair up and tie donated shoes from our Texas 2-Step Drive and prepare them for Distribution to those in need for Easter	Outreach Ministry	Cathedral Centre	9am—Noon Family Friendly
Snack Packs	Volunteers will assemble emergency snack kits for our homeless friends.	The Co-Cathedral Outreach Ministry	Cathedral Centre	9am—Noon Family Friendly
Socked by Love	Assemble survival snacks inside a new pair of socks for the Day Laborers	Houston Catholic Worker Casa Juan Diego	Cathedral Centre	9am—Noon Family Friendly
Surprise Bags!	Assemble Birthday Bags for individuals who come to our monthly Tailgate.	Outreach Ministry	Cathedral Centre	9am—Noon Family Friendly

Caritas Day- March 25th

Know before you go!

1. We will begin with mass promptly at 8:00 AM. Please sit with your assigned project.
2. Knights of Columbus are providing a free lunch at noon at the Cathedral Centre. You must RSVP before hand.
3. All volunteers are asked to wear red shirts. 2017 Caritas Day shirts are available for \$10 each.
4. Register early! Spaces fill up quickly and only registered volunteers will be allowed to participate.
5. Project leaders will be taking pictures during the day. If you do not want your picture taken, please notify your project leader at the start of the project.

REGISTER NOW! www.sacredheartouston.org

Revealing the Heart of God

A mission led by
Fr. Jeremiah Shryock, CFR
7 p.m. in the Co-Cathedral



March 13, 2017
Monday
God's Love
The Good News
we long to hear

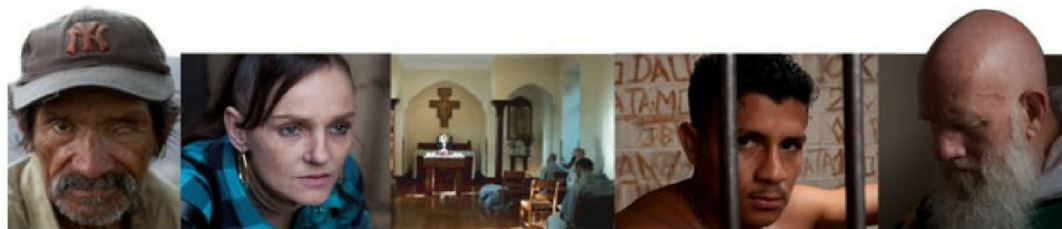
March 14, 2017
Tuesday
God's Mercy
The truth that
sets us free

March 15, 2017
Wednesday
God's Healing
The Eucharist
as our Medicine

Meet Fr. Jeremiah when he preaches at the English Masses during the weekend, March 11th & 12th.

7 p.m. Friday, March 10th

OUTCASTS



Kick off our Parish Lenten Mission and learn about the work the Franciscan Friars of the Renewal do with the poor in the roughest neighborhoods around the world with the screening of Outcasts .

7 p.m. in the Cathedral Centre \$10 suggested donation

Come to the 6 pm KC Lenten fish dinner first; then the 7 pm movie, *Outcasts*.

Octavo Domingo del Tiempo Ordinario

- Antífona de Entrada:** *El Señor es mi protector; / él me libró de la manos de mis enemigos y me salvó, / porque me ama.*
- Entrada:** Entre Tus Manos (#671)
- Gloria (Misa San José, #5)**
- Salmo:** Descansa sólo en Dios, alma mía.
- Canto de Ofertorio:** Pues si Vivimos (#672)
- Santo (Misa Melódica, #109)**
- Anunciamos Tu Muerte (Misa Melódica, #110)**
- Amen (Misa Melódica, #111)**
- Cordero de Dios (Misa Melódica, #112)**
- Antífona:** [Narrabo] *Cantaré al Señor por el bien que me ha hecho, y entonaré un himno de alabanza a Dios Altísimo. (Cfr. Sal 12, 6)*
- Comunión:** ¡O Víctima de Salvación! (#527)
- Salida:** En Ti Confío (#674)

Palabras del Papa Francisco

Si Perdemos la Memoria de Dios, Nosotros Perdemos

«¡Ay de los que se fían de Sión,... acostados en lechos de marfil!» (Am 6,1.4); comen, beben, cantan, se divierten y no se preocupan por los problemas de los demás. Son duras estas palabras del profeta Amós, pero nos advierten de un peligro que todos corremos. ¿Qué es lo que denuncia este mensajero de Dios, lo que pone ante los ojos de sus contemporáneos y también ante los nuestros hoy? El riesgo de apoltronarse, de la comodidad, de la mundanidad en la vida y en el corazón, de concentrarnos en nuestro bienestar. ¿Cómo es posible que los hombres, tal vez también nosotros, caigamos en el peligro de encerrarnos, de poner nuestra seguridad en las cosas, que al final nos roban nuestro rostro humano? Esto sucede cuando perdemos la memoria de Dios. Si perdemos la memoria de Dios, también nosotros perdemos la consistencia, también nosotros nos vaciamos. Qué bello es esto: hacer memoria de Dios, como la Virgen María que, ante la obra maravillosa de Dios en su vida, no piensa en el honor, el prestigio, la riqueza, no se cierra en sí misma. Por el contrario, tras recibir el anuncio del Ángel y haber concebido al Hijo de Dios, ¿qué es lo que hace? Se pone en camino, va donde su anciana pariente Isabel, también ella encinta, para ayudarla; y al encontrarse con ella, su primer gesto es hacer memoria del obrar de Dios, de la fidelidad de Dios en su vida, en la historia de su pueblo, en nuestra historia: María tiene memoria de Dios. La fe contiene precisamente la memoria de la historia de Dios con nosotros, la memoria del encuentro con Dios, que es el primero en moverse, que crea y salva, que nos transforma; la fe es memoria de su Palabra que inflama el corazón, de sus obras de salvación con las que nos da la vida, nos purifica, nos cura, nos alimenta. El cristiano, pues, lleva consigo la memoria de Dios, se deja guiar por la memoria de Dios en toda su vida, y la sabe despertar en el corazón de los otros. Esto requiere esfuerzo. Compromete toda la vida.

Miércoles de Ceniza

- Antífona de Entrada:** *Señor, tú tienes misericordia de todos y nunca odias a tus creaturas; / borras los pecados de los hombres que se arrepienten y los perdonas, / porque tú, Señor eres nuestro Dios.*
- Entrada:** Perdona a Tu Pueblo (#304)
- Kyrie (Misa Gregoriana, #89)**
- Salmo:** Misericordia, Señor, hemos pecado.
- Distribución de cenizas:** Con Estas Cenizas, Señor (#307)
- Canto de Ofertorio:** Dios No Quiere la Muerte (#306)
- Sanctus (Misa Gregoriana, #92)**
- Cada Vez (Misal Romano)**



- Amen (Misa Gregoriana, #94)**
- Agnus Dei (Misa Gregoriana, #96)**
- Antífona:** [Qui meditabitur] *El que día y noche medita la ley del Señor, al debido tiempo dará su fruto. (Cfr. Sal 1, 2-3)*
- Comunión:** Escúchanos, Señor (#315)
- Salida:** Pequé, Pequé, Señor (#308)

Anuncios

Miércoles de Ceniza: 1 de marzo. Habrá una Misa a las 8 PM en Español. Durante la Misa, habrá disposición de las cenizas.

Vía Crucis: Medite en el sufrimiento salvífico de Jesucristo cada domingo durante el tiempo de Cuaresma a las 6:40 PM.

Estudio Bíblico: Conozcan al Señor mejor a través de nuestras pláticas Bíblicas cada lunes a las 6 pm en el primer piso del Centro Catedral, conducido por el Diacono Daniel.

La Legión de María: Debajo del liderazgo de María, cultiven su relación con Cristo cada lunes a las 7:15 pm en el primer piso del Centro Catedral, para rezar el santo rosario, reflexionar sobre las enseñanzas del Señor, y hacer planes para servir al Señor.

Coro: Denle gloria a Dios por medio de su voz, cantándole y alabándole, como miembros del coro. No necesitan experiencia, solo su voluntad para alabarle con himnos al Señor. Practicamos cada domingo a las 6 de la tarde en el Centro Catedral.

La Palabra entre Nosotros está en venta en la entrada de la Co-Catedral por \$2.00. *La Palabra entre Nosotros* tiene las meditaciones espirituales de cada día del tiempo de Cuaresma, el texto completo de las lecturas de la Misa diaria, las oraciones, y los artículos de religiosidad.

La Santa Biblia está en venta por \$7.00.

Monaguillos: Niños, sirven a Dios en el altar como un verdadero monaguillo. Hablen con el Diacono Daniel en la entrada de la Co-Catedral.