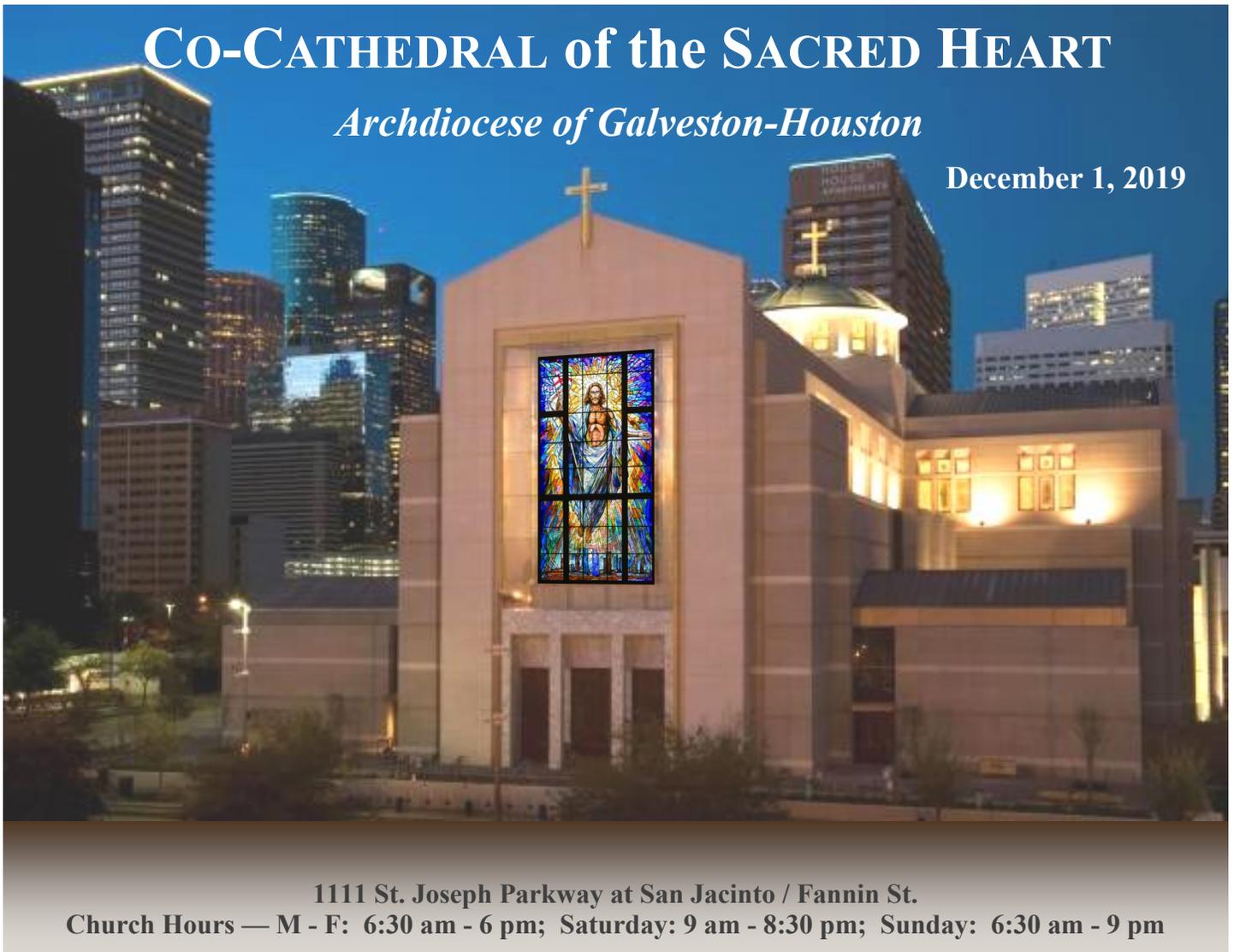


# CO-CATHEDRAL of the SACRED HEART

*Archdiocese of Galveston-Houston*

December 1, 2019



1111 St. Joseph Parkway at San Jacinto / Fannin St.

Church Hours — M - F: 6:30 am - 6 pm; Saturday: 9 am - 8:30 pm; Sunday: 6:30 am - 9 pm

## Weekend Mass

**English:** Saturday Vigil 5 pm  
Sunday 7 am, 9 am, 11 am, 5:30 pm  
**Vietnamese:** Saturday Vigil 7 pm  
Sunday 1 pm  
**Spanish:** Sunday 7:30 pm

## Weekday Mass

7 am, 12:10 pm Monday - Friday: English  
8 pm First Fridays: Vietnamese

## Sacrament of Penance (Confessions)

Monday - Friday: 30 minutes prior to Mass  
First Thursday of the month: 4:30 - 5:15 pm  
*(Weekdays: Confessional near the Sacred Heart transept)*  
Saturday: 3:30 - 4:30 pm  
Sunday: 8:15 - 8:45 am (between 7 & 9 am Masses)  
10:15 - 10:45 am (between 9 & 11 am Masses)  
4:15 - 5:15 pm

**Vietnamese and Spanish** 30 minutes prior to Mass  
*(Weekends: Confessional near entrance way on the right)*



## **CATHEDRAL CENTRE**

The Parish Office & Cameron Hall  
are located in the Cathedral Centre.

1701 San Jacinto at Jefferson St.  
Houston, TX 77002-8215

(Parking behind the Centre)

Office hours: Mon - Fri—8 am to 5 pm  
Closed 12-1pm



[www.sacredheartouston.org](http://www.sacredheartouston.org)

@CCSHou

(713) 659-1561



# CO-CATHEDRAL of the SACRED HEART

## Archdiocese of Galveston-Houston



**His Eminence Daniel Cardinal DiNardo, D.D., S.T.L.**  
*Archbishop of Galveston-Houston*

**The Most Reverend George A. Sheltz, D.D.,** *Auxiliary Bishop*

**The Most Reverend Joseph A. Fiorenza, D.D.,** *Archbishop Emeritus*

**The Most Reverend Vincent M. Rizzotto, D.D., J.C.L.,** *Retired Auxiliary Bishop*



### Co-Cathedral Clergy

**The Very Reverend Lawrence W. Jozwiak, J.C.L.,** *Pastor / Rector*

**The Reverend Loc D. Phan,** *Parochial Vicar*

**Deacons: Leonard Lockett, John Carrara, Daniel Addis, Lynn Carney & Robert Moreno, Jr.**

### Co-Cathedral Staff

**Selma DeMarco** - *Director of Evangelization & Faith Formation*

**Carmen Benitez** - *Faith Formation Associate & Youth Minister*

**Dr. Crista Miller** - *Director of Music / Co-Cathedral Organist*; **Patrick Schneider** - *Assistant Choir Director*

**Dr. Jeong-Suk Bae** - *Co-Cathedral Assistant Organist*; **Olga Wong** - *Organ Scholar*

**Natasha Manley** - *Associate Director & Music Operations*

**Gwenne Buck** - *Facilities and Project Coordinator*; **Bree Delphin** - *Secretary for Weddings & Bulletin Editor*

**Jordyn Woods** - *Parish Outreach Coordinator*; **Katherine Buck** - *Baptismal Secretary & Receptionist*

**Deacon John Carrara** - *Business Manager*; **Shannon Wesley** - *Parish Accounting*

**Chris Felix** - *Building Engineer*; **Ruben Valenzuela** - *Maintenance*

**Guillermo Herrera & Ray Garcia** - *Church Sextons*

#### New Parishioners:

Register online or with the parish office: ext. 101.

#### Church Certificates:

For all sacramental certificates: ext. 131.

#### Baptism:

—For infants & children under age 7—713-337-3570.

—Best to take baptismal classes while pregnant.

—For 7 years & older (Rite of Christian Initiation adapted for Children): ext. 142.

#### Children's Catechesis & Evangelization (CCE):

For pre-K through high school: ext. 142.

#### First Penance & First Holy Communion:

For 2nd through 12th grade: ext. 142.

#### Confirmation:

—For high school youth: ext. 142.

—For adults: ext. 141.

#### High School Youth Ministry: ext. 142.

#### Rite of Christian Initiation of Adults (RCIA):

For adults inquiring about becoming Catholic and baptized Catholics who lack Confirmation and Holy Communion: ext. 141.

#### Evangelization & Adult Faith Formation: ext. 141.

#### Music Ministry: ext. 152.

#### Young Adults: cocathedralya@gmail.com

#### Marriage:

Contact ext. 131 at least 9 months prior to wedding date.

#### Vocations for Priesthood and Religious Life:

Contact the Office of Vocations: 713-652-8239 or  
www.houstonvocations.com

#### Holy Communion to the Sick/Homebound: ext. 101.

#### Anointing of the Sick:

Any Catholic who is to have surgery due to a serious illness; any Catholic whose health is seriously impaired by sickness or old age should be anointed ASAP, preferably before going to the hospital.

Contact the parish priest to be anointed: ext. 101.

#### Funerals: ext. 143.

#### Novena to Our Mother of Perpetual Help:

Wednesday before 7 am & 12:10 pm Mass

#### Novena to the Sacred Heart of Jesus:

Friday during 7 am & 12:10 pm Mass

#### Exposition of the Blessed Sacrament:

—First Thursday of the Month (English)

Conclusion of 12:10 pm Mass until 6 pm

—First Friday of the Month: 6:30 pm - 8 pm

8 pm Mass: Vietnamese

#### Parish Outreach: outreach@sacredhearhouston.org

#### Tours of the Church: ext. 143

(713) 659-1561

 @CCSHhou

website: [www.sacredhearhouston.org](http://www.sacredhearhouston.org)

**December 1, 2019**

**Christmas flowers, p. 13**

**2019 Christmas Gift to our Parish, p. 12  
Sign up: Amazon, Kroger, Randalls, p. 12**

Dear Friends in Christ:

Quý Ông Bà và Anh Chị Em thân mến trong Chúa Kitô:

Estimados Amigos y Amigas en Cristo:

Today we begin the beautiful Season of Advent, wearing purple vestments. Advent (from "*ad-venire*" in Latin or "to come to") is the season encompassing the 4 Sundays and the weekdays leading up to the celebration of Christmas. This is a very unique year when the 4 Sundays of Advent all fall within the month of December alone. The Advent season is a hopeful time of preparation that directs our hearts and minds to Christ's second coming at the end of time and to the anniversary of the Lord's birth on Christmas, as well as receiving Christ daily in our lives. The final days of Advent, from December 17-24, focus particularly on our preparation for the celebration of the Nativity of our Lord (Christmas).

Since Advent is a time of preparation, it also has a penitential element. Advent has been known at times of being "a little Lent." It is a time of preparation, penance and sacrifice so as to receive Christ anew at Christmas. That is why we wear the color purple. Unfortunately, many of us do not take seriously the Advent season since we are so busy with Christmas parties, shopping and all the other realities of life. But the church calls us to be counter-cultural and reminds us to take the Gospel more seriously. Consider also going to confession!

Since Advent is a great season of preparation for a greater mystery, the Nativity of Jesus at Christmas, we refrain from the supreme carol of the Gloria (*Gloria in Excelsis Deo*), the song of the angels proclaiming the glorious birth of Jesus. Unlike secular society, we refrain from singing Christmas carols or decorating the church with decorations until Christmas Eve. Mark your calendar for Monday, Dec. 23, starting after the 7 am Mass. We need plenty of volunteers to help with decorating our church. Also donate for the flowers, p. 13.

Advent is the beginning of a new liturgical church year, and the beginning of another cycle of scriptural readings (A) focusing primarily on the Gospel of Matthew. We just finished cycle C readings that focused primarily on the Gospel of Luke. Cycle B focuses on the Gospel of Mark and Chapter 6 from the Gospel of John. In all 3 cycles, we read from the Gospel of John in the Easter Season. For more understanding

on the different cycles of readings, go to: <http://usccb.org/bible/liturgy/>

Since no single Advent reflection source meets everyone's needs, we are providing a variety of Advent sources via the internet on p. 9 so you may choose what is best for you. For those who do not have internet access, there are some Advent reflection booklets on the brochure rack in the narthex (entrance) of the church.

The actual origins of the Advent wreath are uncertain. There is evidence of pre-Christian Germanic peoples using wreaths with lit candles during the cold and dark December days as a sign of hope in the future warm and extended-sunlight days of Spring. In Scandinavia during winter, lighted candles were placed around a wheel, and prayers were offered to the god of light to turn "the wheel of the earth" back toward the sun to lengthen the days and restore warmth. Eventually, the Christians adapted this tradition and used Advent wreaths as part of their spiritual preparation for Christmas. After all, Christ is "the Light that came into the world" to dispel the darkness of sin and to radiate the truth and love of God (cf. John 3:19-21). It appears that the wreath itself began amongst Lutherans in Germany and spread to Catholic Germans quickly, and then throughout the world in more recent times. See p. 8 for more info.

On p. 12, you will notice our 2019 Christmas Gift Appeal. I am asking everyone to consider giving a special Christmas gift to our parish if possible, in addition to what you may be giving (or not giving) in weekly offerings. For those who are our "weekday parishioners" by coming during the week for Mass and/or confession but attend your parish on weekends, I ask you to make a Christmas gift to the Co-Cathedral. Recognizing everyone's budget is different, we are providing 4 simple options. Whatever amount you desire to give, put it in an envelope marked as a Christmas Gift and drop it into the collection basket or the brown wooden donation boxes located at the last pew at the entrance doors; or donate by Faith Direct or on our parish web site.

Let us make this Advent truly a season of preparation!

Praised be the Sacred Heart of Jesus! Now and forever, amen!

Hãy chúc tụng Thánh Tâm Chúa Giêsu đến muôn đời, amen!

¡Alabado sea el Sagrado Corazón de Jesús! ¡Por siempre, amen!



Fr. Lawrence W. Jozwiak  
Pastor / Rector



**WELCOME to the Co-Cathedral!**

We are a community of faith where all people are welcome! Visitors, please come back as often as possible. If you do not have a parish home, consider joining our parish, sharing your time and talent with us. For any questions, ask the Greeters in the narthex. Participate as fully as you are able to do so, using these pages. Silence all cell phones please!

**7 am Mass Antiphons:**

**Entrance:** To you, I lift up my soul, O my God.  
In you, I have trusted; let me not be put to shame.  
Nor let my enemies exult over me; and let none who hope in you be put to shame. *Cf. Ps 25 (24): 1-3*

**Communion Antiphon:** The Lord will bestow his bounty, and our earth shall yield its increase. *Ps 85 (84): 13*

**MUSIC for MASS****Gathering Hymn:**

**#493 O Come, O Come, Emmanuel**

**Offertory Music:**

**Chorus:** Sleepers, Wake—Felix Mendelssohn (1809-1847)

**Hymn: #489 Wake, O Wake and Sleep No Longer**

**Communion Music:**

**Chant:** Dominus dabit (mode I): The Lord will bestow his loving kindness, and our land will yield its fruit.

**Motet:** O Sacrum Convivium—Robert Parker (b. 1960)

**Antiphon:** See page 6—Motyka

**Hymn: #496 Come, O Long Expected Jesus**

**Recessional Hymn:**

**#497 The King Shall Come When Morning Dawns**

**Order of Mass****Introductory Rites****Gathering Hymn****Greeting****Penitential Rite**

*Kyrie eleison; Criste eleison; Kyrie eleison.*

**Liturgy of the Word****First Reading**

**Readings: #970**

**Responsorial Psalm:** Ps. 122

R. Let us go rejoicing to the house of the Lord.

**Second Reading****Alleluia****Gospel****Homily****Nicene Creed**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord, Jesus Christ, the Only Begotten Son of God, born of the Father before all ages, God from God, Light from Light, true God from true God, begotten not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation he came down from Heaven,

*(We all are to make a bow of the body during the next 2 lines.)*  
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the Prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

**Universal Prayer / Prayer of the Faithful****Offertory Music****Liturgy of the Eucharist****Preparation of the Altar and Presentation of the Gifts**

P. Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

C. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

**Eucharistic Prayer**

P: The Lord be with you.

C: And with your spirit.

P: Lift up your hearts.

C: We lift them up to the Lord.

P: Let us give thanks to the Lord our God. C: It is right and just.

**Holy, Holy, Holy / Sanctus****The Mystery of Faith / Mysterium Fidei****Amen****The Communion Rite****The Lamb of God / Agnus Dei**

P: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

C: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

**Reception of Holy Communion:**

For those who are practicing actively the Catholic Faith.

Please bow before receiving the Body and/or Blood of Christ.

**Communion Music****The Concluding Rites****Final Blessing****Dismissal****Recessional Hymn**

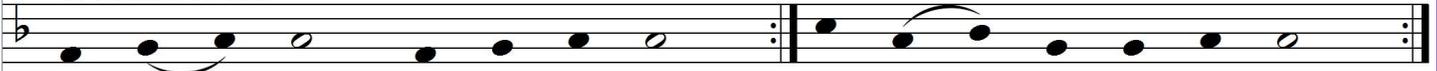
## SIGNIFICANCE of BOWING

A bow signifies reverence and honor shown to the names or event being mentioned. We are to do the following:

- 1) A **bow of the head** is made when the three Divine Persons (the Trinity) are named together and at the names of Jesus, of the Blessed Virgin Mary, and of the Saint in whose honor Mass is being celebrated.
- 2) A **bow of the body** (a profound bow) is made during the Creed with the words (and by the Holy Spirit...and became man—highlighted in red words in the Creed).  
—General Instruction to the Roman Missal, #275

## KYRIE—#363 B

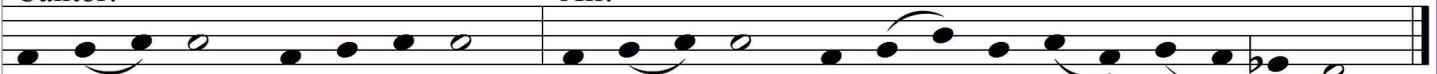
1. Cantor 2. All



Ky - ri - e e - le - i - son. Cris - te e - le - i - son.

Cantor:

All:



Ky - ri - e e - le - i - son. Ky - re - e - e - le - i - son.

## SANCTUS—#370 B



San - ctus, San - ctus, San - ctus Do - mi - nus De - us Sa - ba - oth.



Ple - ni sunt cae - li et ter - ra glo - ri - a tu - a. Ho - san - na in ex - cel - sis.



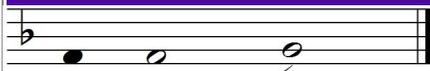
Be - ne - di - ctus qui ve - nit in no - mi - ne Do - mi - ni. Ho - san - na in ex - cel - sis.

## SAVE US, SAVIOR—ICEL



Save us, Sav - ior of the world, for by your Cross and Res - ur - rec - tion you have set us free.

## SIMPLE AMEN—372



A - men

## AGNUS DEI—375 B



A - gnus De - i, qui tol - lis pec - ca - ta mun - di: mi - se - re - re no - bis do - na - no - bis pa - cem.



CO-CATHEDRAL OF THE SACRED HEART  
COR JESU & SCHOLA CANTORUM

DR. CRISTA MILLER, DIRECTOR OF MUSIC  
PATRICK SCHNEIDER, ASSISTANT CHOIR DIRECTOR

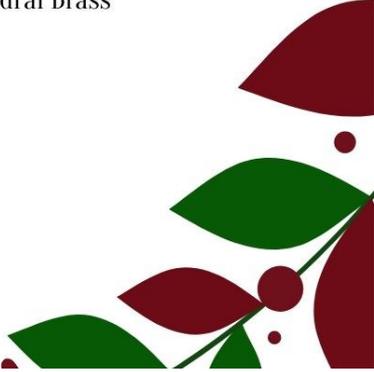
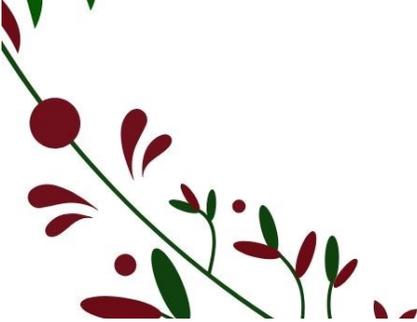


CHRISTMAS  
CONCERT



Jauchzet, frohlocket! BWV 248 I by J. S. Bach  
Stanford Magnificat in C  
Traditional Christmas Carols and Hymns of the Season featuring Cathedral Brass

Wednesday, December 18, 2019  
7:30 PM



Communion Responsorial Psalm

Andrew. R. Motyka



The Lord will be-stow his lo-ving kind- ness, and our land will yield its fruit.



## WELCOME ALL VISITORS to the Co-Cathedral of the Sacred Heart!

### MASS INTENTIONS Deceased †



#### Saturday, November 30

(Eng) 9:30 am Avery Marie Bunting †  
(Vt) 7:00 pm For Community Intentions

#### Sunday, December 1

(Eng) 7:00 am Robert † & Olivia Pacini  
(Eng) 9:00 am James Konieczny †  
(Eng) 11:00 am Valentina Cayabyab †  
(Vt) 1:00 pm For Community Intentions  
(Eng) 5:30 pm Bishop Sheltz  
(Sp) 7:30 pm For the People of the Parish

#### Monday, December 2

(Eng) 7:00 am Len Atterby  
(Eng) 12:10 pm B. Sheeran

#### Tuesday, December 3

(Eng) 7:00 am Sydney Ann Woods  
(Eng) 12:10 pm Mr. & Mrs. Richard Dixon

#### Wednesday, December 4

(Eng) 7:00 am Gregory Walton †  
(Eng) 12:10 pm Bree Delphin

#### Thursday, December 5

(Eng) 7:00 am Jesse & Patsy Swayze †  
(Eng) 12:10 pm Mia & Trevor Bello

#### Friday, December 6

(Eng) 7:00 am Edward Bryan †  
(Eng) 12:10 pm Leonardo Malabanan Jr. †  
(Vt) 8:00 pm For Community Intentions

#### Saturday, December 7

(Eng) 5:00 pm Jose M. Espinoza †  
(Vt) 7:00 pm For the Vietnamese Catholic Mothers

#### Sunday, December 8

(Eng) 7:00 am Veronica Mendez  
(Eng) 9:00 am Corine Lockett—Dixon †  
(Eng) 11:00 am Rita Patterson  
(Vt) 1:00 pm Vietnamese Men of the Sacred  
(Eng) 5:30 pm Bernadine † & F.R. † Pizzitola  
(Sp) 7:30 pm For the People of the Parish

### Pray the Rosary daily:

- \* For all Life Issues and Marriage.
- \* For just solutions to our society's problems.
- \* For healing for all who have been affected by abuse.



### PRAY for ...

- peace in our world, especially in the Holy Land, for an end to terrorism and civil strife; for all hostages, refugees & immigrants.
- the safety of all those who protect us: military personnel, police officers, fire fighters and all others.
- a transformation of mind and heart for those who do not believe in the sanctity of human life.
- for all healthcare professionals to make wise and ethical decisions to promote health.
- the spread of the Gospel and the sanctity of all marriages and families.
- an end to all discrimination, prejudice and hatred.
- all the sick and suffering, the dying and the faithful departed †.

### **Pope's Prayer Intention: The Future of the Very Young**

That every country take the measures necessary to prioritize the future of the very young, especially those who are suffering.

### *Weekend Readings: # 970*

#### READINGS for the WEEK

Mon: Is 4:2-6; Ps 122:1-9; Mt 8:5-11  
Tue: Is 11:1-10; Ps 72:1-2, 7-8, 12-13, 17; Lk 10:21-24  
Wed: Is 25:6-10a; Ps 23:1-6; Mt 15:29-37  
Thur: Is 26:1-6; Ps 118:1, 19-21, 25-27a; Mt 7:21, 24-27  
Fri: Is 29:17-24; Ps 27:1, 4, 13-14; Mt 9:27-31  
Sat: Is 30:19-21, 23-26; Ps 147:1-6; Mt 9:35 — 10:1  
Sun: Is 11:1-10; Ps 72:1-2, 7-8, 12-13, 17; Rom 5:; Mt 3:

### *Ignorance of Scripture is Ignorance of Christ!*

For the scriptures used at Mass every day and to hear a Reflection, go to: <http://www.usccb.org>. The daily readings calendar is on the right hand side of the page. Click on the date of the readings you would like to see. You may also request to have the daily readings sent to your email.

## Prepare the way of the Lord

### *Pray for the Deceased*

#### **For the repose of the souls of our faithful departed:**

**Mary Luz Padilla †, mother of Rose Gallardo**  
**Gwenne Daum †, sister of Karen Andreason**  
**James Neff †, nephew of Julia Nicaastro**

**Eternal rest grant unto them, O Lord.**

**—And let perpetual light shine upon them.**

**May they rest in peace. —Amen.**

**May their soul and the souls of all the faithful departed, through the mercy of God, rest in peace. —Amen.**

For consolation & God's healing graces upon the family and friends of the deceased. Heal their pain and dispel the darkness and doubt that comes from grief. —Amen.

### *Welcome New Parishioners for the Month of November*

Crystal Rojas  
Esteban Gonzalez  
John Swatkowski

Samuel Pena  
Arnold Thijssen  
Peter Bishop Maxwell



## About Advent Wreaths



Traditionally, Advent wreaths are constructed of a circle of evergreen branches into which four candles are inserted, representing the four weeks of Advent. Ideally, three candles are purple and one is rose, but white candles can also be used.

The purple candles in particular symbolize the prayer, penance, and preparatory sacrifices and good works undertaken at this time. The rose candle is lit on the third Sunday, Gaudete Sunday, when the priest also wears rose vestments at Mass; Gaudete Sunday is the Sunday of rejoicing, because the faithful have arrived at the midpoint of Advent, when their preparation is now half over and they are close to Christmas.

The progressive lighting of the candles symbolizes the expectation and hope surrounding our Lord's first coming into the world and the anticipation of his second coming to judge the living and the dead.

<http://www.usccb.org/prayer-and-worship/liturgical-year/advent/about-advent-wreaths.cfm>

The **first candle** symbolizes "**HOPE**" and is called the "Prophet's Candle." The prophets of the Old Testament, especially Isaiah, waited in hope for the Messiah's arrival.

### Blessing of an Advent Wreath

The use of the Advent Wreath is a traditional practice which has found its place in the Church as well as in the home. The blessing of an Advent Wreath takes place on the First Sunday of Advent or on the evening before the First Sunday of Advent.

When the blessing of the Advent Wreath is celebrated in the home, it is appropriate that it be blessed by a parent or another member of the family. For Advent Wreath Blessing go to: <http://www.usccb.org/prayer-and-worship/sacraments-and-sacramentals/sacramentals-blessings/objects/blessing-of-an-advent-wreath.cfm>

*Our Advent Prayer:*

*Hope*

**God of hope, as we enter this season of Advent, we pray that this time will be different. This Christmas we will stop rushing, we will breathe, and take notice of You and your works in the world. May we be mindful of our actions, that they be peace-filled and our words loving as Christ in the world.**

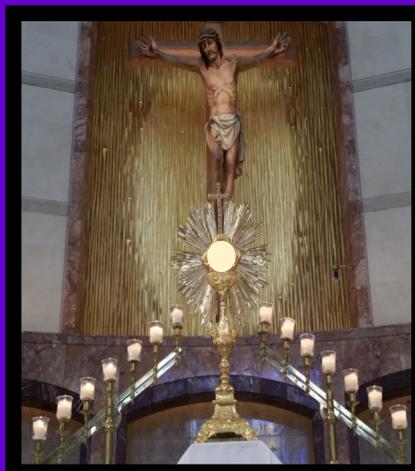
**FIRST THURSDAY of the MONTH  
December 5**

**SOLEMN EXPOSITION of the  
BLESSED SACRAMENT and  
BENEDICTION**

**Solemn Exposition begins with  
the conclusion of the 12:10 pm Mass.  
Scriptural Rosary prayed on the hour—  
1pm, 2 pm, 3 pm & 4 pm.**

**Sacrament of Penance—  
4:30 pm -5:15 pm.**

**Evening Prayer at 5:30 pm -  
followed by Benediction.**



**FIRST FRIDAY of the MONTH  
December 6**

**SOLEMN EXPOSITION of the  
BLESSED SACRAMENT**

with devotions to the  
*Sacred Heart of Jesus*

6:30 pm - 7 pm: **English**

7 pm - 7:30 pm: **Spanish**

7:30 pm - 8 pm: **Vietnamese**

*You are welcome to pray at any time  
between 6:30 pm - 8 pm  
8 pm Mass in Vietnamese*

**ADVENT** season is a time of preparation that directs our hearts and minds to Christ's second coming at the end of time and also to the anniversary of the Lord's birth on Christmas.

The final days of Advent, from December 17 to December 24, focus particularly on our preparation for the celebrations of the Nativity of our Lord (Christmas).

We are all different, and we are all in different places on our personal journey of life. So with that in mind, we have attempted to compile a list of some of the opportunities for your spiritual growth this Advent.

We hope you find them helpful.

## ADVENT REFLECTIONS

With Bishop Robert Barron

<https://adventreflections.com/>

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### **USCCB WEBSITE**

<http://www.usccb.org/prayer-and-worship/liturgical-year/advent/index.cfm>

\*\*\*\*\*

**Best Advent Ever | Advent 2019 | Dynamic Catholic**

<https://dynamiccatholic.com/best-advent-ever>

\*\*\*\*\*

### **On "FORMED"**

**Advent Reflections - Preparing for the birth of our Savior**

<https://formed.org/advent>

**Reflexiones de Adviento ahora disponibles en Español!**

<https://formed.org/adviento>

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Loyola Press

<https://www.ignatianspirituality.com/advent>

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Franciscan Media

<https://www.franciscanmedia.org/advent-a-season-of-surprises/>

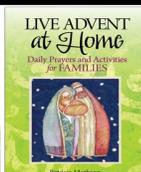
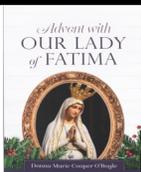
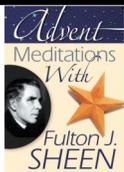
## ADVENT PRAYERS

- <https://www.catholic.org/prayers/prayer.php?s=57>
- <https://www.loyolapress.com/our-catholic-faith/liturgical-year/advent/prayers>

## ADVENT BOOKS / RESOURCES

The following is a website with a number of resources:

<https://www.catholiccompany.com/advent-c1504/>



<https://www.catholiccompany.com/advent-prayer-books-c1506/>

**DO NOT FORGET TO CHECK THE PAMPHLET RACK IN THE NARTHEX (Entry) OF THE CHURCH FOR BOOKS AND MATERIALS FOR THE ADVENT AND CHRISTMAS SEASONS!!!**

## Advent Family Activities

Real Life at Home

<http://www.reallifeathome.com/>

Strong Catholic Family Faith

<http://www.catholicfamilyfaith.org/for-families1.html>

Pflaum Weeklies

<http://www.pflaumweeklies.com/blog/category/seasons/>

Catholic Mom

<http://catholicmom.com/faith/advent/>

Loyola Press

<https://www.loyolapress.com/our-catholic-faith/liturgical-year/advent/activities>

Advent Wreath

<https://www.catholicculture.org/culture/liturgicalyear/activities/view.cfm?id=954>

Jesse Tree

<https://www.catholicculture.org/culture/liturgicalyear/activities/view.cfm?id=545>

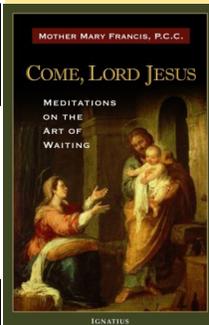
Advent Calendar

<https://www.loyolapress.com/our-catholic-faith/liturgical-year/advent/calendars>



**FORMED** offers access to thousands of studies, films, audios, and ebooks

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**READ**



**LISTEN**



**STUDY**



**WATCH**

Register at <https://formed.org/>  
Parish Code: 0be7ec (first digit is the number 0)

**Let us make every effort to keep CHRIST as our focus at Christmas this year!**

**NO FAITH FORMATION THIS SUNDAY, DECEMBER 1, 2019**  
**WE WILL RESUME: SUNDAY, DECEMBER 8, 2019**

## December 1 • 1<sup>st</sup> Sunday of Advent

The Advent Sundays pave the way for the celebration of Jesus' first coming at his birth in Bethlehem, his Second Coming at the end of times, and his continued coming to all who gather in his name.

### This Week's Gospel: Matthew 24:37-44

Jesus tells his disciples that the coming of the Son of Man will catch many people unprepared. Jesus tells his disciples that they are to always be ready for the day of the Lord.

### Family Connection

Many of us feel the pressure early in the holiday season to be ready for Christmas. But today's Gospel challenges us to be ready for something other than the gift-giving of Christmas. Read together today's Gospel reading. As a family, talk about what it means to be ready for the day of

the Lord. One of the roles of the family, the domestic church, is to be a school of faith leading one another to salvation. Reflect together as a family on how your family helps one another to be better Christians. **Commit to one thing that your family will do this Advent season to help one another be better Christians.** You might choose to write this commitment down and post it in a prominent place in your home, perhaps near your family's Advent wreath. ***Pray together that God will help you in this Advent commitment. Pray together the Lord's Prayer or today's Psalm.***

Source: <https://www.loyolapress.com/our-catholic-faith/liturgical-year/sunday-connection>

## ADVENT TRADITIONS

**Advent colors** are worn by the priests and deacons and decorate the church.

They are represented in the candles that surround the Advent wreath:

**Purple:** royalty, repentance, and fasting (First, Second, and Fourth Week of Advent)

**Rose:** abundant joy (Third Week of Advent, known as Gaudete Sunday, joy in Latin)



## Saints of the Advent Season

### St. Nicholas

The feast of St. Nicholas is on **December 6<sup>th</sup>**. It is a highlight of the Advent season. Each child puts out a shoe the night before St. Nicholas Day in the hope that the kind bishop with his mitre, staff, and bag of gifts will pay a visit. The current Santa Claus is modeled after St. Nicholas, but commercialism has tarnished the true story. Many families give gifts on both Dec. 6 and Christmas. Read about St. Nicholas in your favorite saints book.

Source: [https://lifelongcatechesis.osv.com/saint\\_of\\_the\\_week](https://lifelongcatechesis.osv.com/saint_of_the_week)

### St. Lucy

The feast of St. Lucy, virgin and martyr, is on **December 13<sup>th</sup>**. This marks the opening of the Christmas season in Sweden. Lucy lived in Sicily in the early fourth century. Her parents were quite wealthy, but she chose to remain a virgin and wanted to give her inheritance to the poor. She was denounced as a Christian by a boy whom she did not love, and she was killed as a martyr by being stabbed through the throat. Her name, "Lucy" means light and her feast day is during the dark period of winter in the northern hemisphere, December 13. Her life story can be found in most saints books, as can the recipe for the traditional cakes.



## Youth Ministry



**Spirit Filled Volunteers, willing to share their faith and love for Christ with our High School Youth, come and be part of our Team!**  
**Contact: Carmen Benitez, Youth Minister**

### **Immediate Sacrament Preparation Sessions for Youth Confirmation 2020**

Requirements for a child/youth to enter into Immediate Preparation for the celebration of the Sacrament of Confirmation are the following:

1. Participating in our Co-Cathedral parish community;
2. Registered and participating in the Co-Cathedral's CCE process OR attending a Catholic School.
3. In the 10<sup>th</sup> grade or above
4. In their 2<sup>nd</sup> consecutive year of H. S. Faith Formation

**A baptismal certificate must be turned in prior to beginning Immediate Sacrament Preparation.**

**Homeschool and Catholic School Families, Contact us to get started.**

**Contact: Carmen Benitez, Faith Formation Associate/Youth Minister: [cbenitez@sacredhearouston.org](mailto:cbenitez@sacredhearouston.org)**



*The Feast of Our Lady of Guadalupe*

Thursday, December 12

**6PM MATACHINES**

A TRADITIONAL AZTEC DANCE -  
MATACHINES ELEGIDOS DE SAN MARCOS

**7PM MASS**

WITH EL CORO FRATERNIDAD DE SAN JUAN DIEGO

**RECEPTION AFTER MASS**

A TAMALE DINNER WITH MARIACHI IMPERIAL DE AMERICA AND BALLET FOLCLORICO HERENCIA MEXICANA DE LA IGLESIA SAN LEO PERFORMANCES ON THE 4TH FLOOR OF THE CATHEDRAL CENTRE

**FREE EVENT**

THE CO-CATHEDRAL OF THE SACRED HEART  
1111 ST. JOSEPH PKWY HOUSTON, TX 77002

**SAVE THE DATES!!!**  
**Co-Cathedral Parish Pre-Lent Mission**

Monday– Wednesday: February 17th –19th

Including homilies by our presenter

at the Sunday Masses: February 17th



**Maria Goretti Network**

Support Group for the Abused  
<http://www.mgoretti.org/>

Regular monthly meetings at the Cathedral Centre:  
Abused physically, sexually, spiritually or emotionally  
For Recovery and Forgiveness, *normally* every  
2nd Tuesday of the month at 7 pm:

**Our Next Meeting is Tuesday, December 10 at 7 pm**

For meeting info, send a confidential email to  
[shmgm@mgoretti.org](mailto:shmgm@mgoretti.org) or call 713-851-3708.

**Save the date:**

**Next Blood Drive**

**Sunday—December 15**

Sponsored by our Knights of Columbus  
at the Co-Cathedral of the Sacred Heart

**In the Lobby of the Cathedral Centre**

**NOTE TIME CHANGE: 8:30am—12:30pm**

**For Appt.—<https://www.commitforlife.org/>**

**Walk– In’s Welcome**



**Coffee & Donuts**

Immediately after 11:00AM Mass

**THIS Sunday - December 1**

**Join Young Co-Cathedral**

**Parish Families with Small Children**

**for Snacks and Fellowship**

**In Cathedral Centre Lobby**



**The Co-Cathedral Gift Shop**

*Will be in the Narthex (Church Entry)*

**Saturday, Dec. 7<sup>th</sup> (4pm-6 pm)**  
**& Sunday, Dec. 8<sup>th</sup> (8am-1pm)**

**Custom hand made Rosaries**  
**Crosses / Crucifixes**  
**Jewelry**

**Christmas shopping**  
**Birthday gifts,**  
**Sacramental gifts.**



**Baptism Preparation for**  
**Infants (0-7 Years)**

**\*\*\*Beginning January 2020 in order to address**  
**your needs more effectively**

- We have doubled the number of sessions we offer
- We have limited the number of participants in each session
- Reservations with confirmation number now required to attend any Baptism Session

**For all the details go to:**

<https://www.sacredhearhouston.org/baptism-ages-0-7>

**Our next series of ADULT CONFIRMATION PREPARATION SESSIONS**

**Will begin January 30, 2020.** Interviews will be held between January 14-29.

Sessions will be offered on Thursday Evenings from 7:00pm-9:00pm

For more information, contact Selma DeMarco: [sdemarco@sacredhearhouston.org](mailto:sdemarco@sacredhearhouston.org)

Place “Adult Confirmation” in the Subject Line.

# 2019 Christmas Gift To Our Parish



**Just as we give a gift to a family member or friend, consider giving a Christmas gift to the Co-Cathedral parish.**

**Make a donation of your choosing, put it in an envelope marked as a Christmas gift & submit it either in the collection basket or in the wooden donation boxes (located at the last pew at the entrance doors) or by Faith Direct or parish website.**

**If you make a \$25 donation or more, you will receive a 2019 Co-Cathedral ornament, while supplies last.**



## During the Holidays: "Give Without Spending More"



Amazon donates 0.5% of the price of eligible AmazonSmile purchases to Sacred Heart Co-Cathedral. To link your Amazon account to the Co-Cathedral of the Sacred Heart follow these simple steps:

- Log into you Amazon account
- Enter the URL [smile.amazon.com](https://smile.amazon.com)
- Type "Co-Cathedral of the Sacred Heart" under "pick your own charitable organization"
- Hit the search button
- Select our parish
- Start giving back to CCSH while you shop!

All purchases must be made under the [smile.amazon.com](https://smile.amazon.com) URL.

By following these simple steps, you can make a difference every time you shop!



You can help support Sacred Heart Co-Cathedral when you shop Randalls and use your Remarkable Club Card or give them your phone number. Here's how:

- Link Sacred Heart Co-Cathedral's account number (223980) to your individual account and your purchases will credit Sacred Heart's account.
- This can be done by completing the registration form found at: [www.randalls.com/content/dam/store/good-neighbor/GOOD\\_NEIGHBOR\\_CHARITY\\_RAN.pdf](http://www.randalls.com/content/dam/store/good-neighbor/GOOD_NEIGHBOR_CHARITY_RAN.pdf)
- You can then mail the completed registration form or turn it in at your nearest Randalls store.



### To Use the Kroger Community Rewards Program:

Simply encourage your participants to visit <http://www.kroger.com>. Once logged into their Kroger account they can search for CO-CATHEDRAL OF THE SACRED HEART either by name or XL040 and then click Enroll. New users will need to create an account which requires some basic information, a valid email address and a rewards card.

**SAVE THE DATE: PARISH EPIPHANY PARTY FRIDAY: January 10**

Due to an early deadline of Nov. 22 for this Dec. 1 bulletin because of the Thanksgiving holiday, the collection for Nov. 23 / 24 will be posted in the Dec. 8 bulletin.

**Want to donate but you don't have cash or a check?**



**Donate by text at:  
281-462-5300  
and text a donation amount.**

### Christmas Flowers & Decorations

Remember to be extra generous with your donation for Christmas flowers and decorations. It takes many flowers to decorate our church so as to be beautiful!  
(FYI: all such flower donations are not taxed by the archdiocese. The entire amount remains at the parish. 10% of any Sunday collections automatically go to the archdiocese for its operations.)

## Stewardship Reflection

### December 1 : First Sunday of Advent

That we don't take each day for granted and see the little miracles that occur in our lives every day.

*"Therefore, stay awake! For you do not know on which day your Lord will come."*

Matthew 24:42

People who have had health issues or near-death experiences generally have a greater appreciation for each day being a gift from God. The rest of us usually take for granted that we will be around tomorrow. But when you start to look at each day as a gift, you realize all the little miracles that happen daily and grow in gratitude for all that we have been given. You begin to see God's active presence in your life.

**2019 Mandatory Amount: \$ 135,000      2018 Amount: \$ 135,000**

Status as of:	<u>Dec. 1, 2019</u>	<u>Nov. 18, 2018</u>
Total Amount Paid 2019:	\$ 121,271	\$ 146,397
Total Amount Pledged:	\$ 131,121	\$ 156,530
Total Number of Participants:	356	349
Paid <b>under</b> Requirement:	\$ (13,729)	\$ (11,397)
Pledged <b>under</b> Requirement:	\$ (3,879) Over →	\$ 21,530



**Donate to DSF online: <https://www.archgh.org/dsf>**

### How your Diocesan Services Fund (DSF) pledges are used for ministry!

† **Warren Chapel** is located at St. Dominic Center & is the site of daily Mass for the residents of St. Dominic Village's continuing care & retirement community. Retired priests generously give of their time to provide this spiritual nourishment to the faithful. The sacraments of Reconciliation and Anointing of the Sick as well as exposition of the Blessed Sacrament are celebrated regularly with retired residents. The chapel is available to Archdiocesan groups for retreat Masses, jubilee celebrations and days of prayer.

**For anyone who has not pledged, do so ASAP to spread the Gospel of Christ and to meet our current \$ 3,879 deficit in pledges by December 31, 2019. You may donate by:**

- Using the DSF pledge envelope that was mailed to you in mid-September and a reminder that will be sent soon.
- Using the blank DSF envelopes near the bulletin board / pamphlet rack in the church.
- Pledging online (<https://www.archgh.org/dsf>) OR
- Simply writing a check by including the name of the Co-Cathedral, DSF & our ID number: 7363.

## How much does it cost?

**For each of the 4 Advent candles?**

A) \$25 each B) \$55 each C) \$80 each D) \$135 each

See answer below. Remember, these are large candles (3½ inches wide; 20 inches tall) to fit this wreath. If you want to donate the cost of one or more candles, just note your donation is for an Advent candle(s).

**Yes, they are expensive. It costs \$135 for each candle, for a total cost of \$540 total, including shipping.**

## Second Collections

**Dec. 7 / 8: Retirement Fund for Religious**  
Benefitting some 30,000 senior Catholic sisters, brothers, & religious order priests, this Retirement Fund is to help address the profound lack of retirement funding and healthcare expenses among U.S. religious communities. The 2018 appeal raised \$27.7 million, and 360 religious congregations received financial assistance. The total cost of care for some 30,000 religious past age 70 now exceeds \$1 billion annually.

**Dec. 14 / 15: Parish Debt Reduction**

## #GIVING TUESDAY

Please remember our parish and outreach ministry this  
Advent and Christmas Season.

Your generous donations make it possible to live out the  
Corporal works of Mercy in our community.

### Mobile Food Distribution

Saturday, December 21st

8 am - 11 am

(Cathedral Centre Parking Lot)

No income requirements

Recipients should bring their own  
bags or box for food.



## Volunteers Needed!

### Brown Bag

Assemble 500 sandwiches for the  
area homeless.

**Sunday, Dec 8**

8am - 10am

### Tailgate

Pass out fresh food in the Centre  
parking lot to our friends in need.

**Saturday, Dec 21**

8am - 11am

### Snack Pack

Pass out fresh food in the Centre  
parking lot to our friends in need.

**Sunday, Dec 22**

9:30am-10:30am

Sign up today!

[www.sacredhearthouston.org/  
outreach](http://www.sacredhearthouston.org/outreach)

## Share Your Blessings

• *Pick out an ornament from the tree.*

• *Purchase a gift for the  
individual indicated on the ornament.*

• *Bring the unwrapped gift  
next week with ornament  
attached.*

*\*All gifts due  
December 9th\**

*Don't forget to shop using  
[Smile.Amazon.com](http://Smile.Amazon.com)  
See pg12 for more info!*



*Shop online with our Amazon Wishlist  
[www.sacredhearthouston.org](http://www.sacredhearthouston.org)*

## Liturgia

### -Antífona de Entrada:



A ti levanto mi alma; Dios mío, en ti confío, no quede yo de-frau-da-do. Que no se burlen de mí mis enemigos; no quedan de-frau-da-dos.

-Entrada: Levántate (#266)

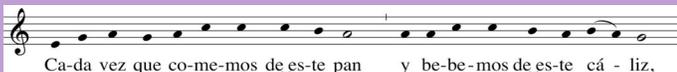
-Kyrie (Misa Gregoriana, #89)

-Salmo: Qué alegría cuando me dijeron: “Vamos a la casa del Señor”.

-Canto de Ofertorio: Ven con Nosotros, Emmanuel (#271)

-Sanctus (Misa Gregoriana, #92)

-Aclamación Memorial



Ca-da vez que co-me-mos de es-te pan y be-be-mos de es-te cá - liz, a - nun-cia-mos tu muer - te, Se-ñor, has - ta que vuel - vas.

-Amen (Misa Gregoriana, #94)

-Agnus Dei (Misa Gregoriana, #96)

-Antífona de Comunión:



El Se-ñor nos mostrará su mi-se-ri-cordi-a y nu-estra ti-erra produci- rá su fruto.

-Comunión: Ábranse los Cielos (#264)

-Salida: Preparen el Camino (#272)

## El Significado de Adviento



La palabra *Adviento* es de origen latín y quiere decir *venida*. Adviento es el tiempo en que los cristianos nos preparamos para la venida de Jesucristo, la venida del nacimiento de Jesús y la venida al fin del mundo. El tiempo de adviento abarca cuatro semanas antes de Navidad. La corona de adviento se hace

con follaje verde sobre el cual se insertan las cuatro velas. Tres violetas y una rosada. El primer domingo de adviento encendemos la primera vela y cada domingo de adviento encendemos una vela más hasta llegar a la Navidad. La vela rosa corresponde al tercer domingo y representa el gozo. La corona de adviento encierra varios simbolismos. La forma circular significa eternidad, porque el círculo no tiene principio ni fin. La corona de Adviento significa el amor de Dios que es eterno y también de nuestro amor a Dios y al prójimo que nunca debe de terminar. Las ramas verdes significan vida y esperanza que existen en Dios porque Él vendrá a salvarnos e invitarnos a la vida eterna. Las cuatro velas significan como Dios destruye las tinieblas con su luz, poco a poco, hasta recibir la salvación. Las frutas rojas que adornan la corona representan los frutos de alegría y paz que recibirán de la venida Jesús.



CELEBRACIÓN DE

## Nuestra Señora de Guadalupe

Jueves, 12 de Diciembre, 2019

**6PM MATACHINES**  
DANZAS TRADICIONALES AZTECAS - MATACHINES ELEGIDOS DE SAN MARCOS

**7PM LA SANTA MISA**  
CON EL CORO FRATERNIDAD DE SAN JUAN DIEGO

**RECEPCIÓN DESPUÉS DE LA MISA**  
MERIENDA CON MARIACHI IMPERIAL DE AMÉRICA Y BALLETO FOLCLÓRICO HERENCIA MEXICANA DE LA IGLESIA SAN LEO EN EL 4° PISO DEL CENTRO CATEDRAL

**EVENTO GRATUITO**

LA CO-CATEDRAL DEL SACRADO CORAZÓN DE JESÚS 1311 ST. JOSEPH PKWY HOUSTON, TX 77002

## Anuncios

**La Novena para Nuestra Señora de Guadalupe:** cada domingo, a las 6:40 pm hasta el día de la Fiesta de Nuestra Señora de Guadalupe. Todos están invitados.

**Cocinaremos Tamales** para la fiesta de Nuestra Señora de Guadalupe en la cocina del Centro Catedral, el día 7 de diciembre empezando a las 7 am. Necesitamos de su ayuda laboral o monetaria para poder comprar los ingredientes para cocinar los tamales.

**Haremos un Santuario** para colocar la imagen de Nuestra Señora de Guadalupe para el día 7 de diciembre empezando a las 8 pm. El día 11 de diciembre, empezando a las 6 pm, decoraremos el salón en el Centro Catedral.

**La Palabra entre Nosotros** para el mes de diciembre por una donación de \$2.00. Con sus lecturas, comentarios espirituales y oraciones, *La Palabra entre Nosotros* nos ayuda a mejorar nuestra relación con el Señor.

**La Santa Biblia** por una donación de \$7.00.

**Los Misales del Año 2020** por una donación de \$6.00. En el Misal encontrará las lecturas y oraciones de las Misas de domingo y días festivos; al igual, el rosario, el vía crucis y reflexiones sobre las lecturas del día.

**Estudio Bíblico y la Legión de María:** Cada martes a las 6 pm en la biblioteca del Centro Catedral: juntos reflexionamos sobre la Palabra de Dios, rezamos rezar el santo rosario, y hacemos planes para servir al Señor.

## Palabras del Papa Francisco

La salvación que se espera de Dios tiene también el sabor del amor. En efecto, preparándonos a la Navidad, hacemos nuestro de nuevo el camino del pueblo de Dios para acoger al Hijo que ha venido a revelarnos que Dios no es sólo Justicia sino también y sobre todo Amor. Por todas partes, y sobre todo allí donde reina la violencia, el odio, la injusticia y la persecución, los cristianos estamos llamados a ser testigos de este Dios que es Amor. La salvación de Dios proclamada tiene el carácter de un poder invencible que vencerá sobre todo.

**Bulletin number  
852700**

**Number of bulletins  
1250**

**Thank You !**