

Weekend Mass

English: Saturday Vigil 5 pm

Sunday 7 am, 9 am, 11 am, 5:30 pm

Saturday Vigil 7 pm Vietnamese:

Sunday 1 pm

Sunday 7:30 pm Spanish:

Weekday Mass

7 am, 12:10 pm Monday - Friday: English

8 pm First Fridays: Vietnamese

Sacrament of Penance (Confessions)

Monday - Friday: 30 minutes prior to Mass

First Thursday of the month: 4:30 - 5:15 pm

(Weekdays: Confessional near the Sacred Heart transept)

Saturday: 3:30 - 4:30 pm

Sunday: 8:15 - 8:45 am (between 7 & 9 am Masses)

10:15 - 10:45 am (between 9 & 11 am Masses)

4:15 - 5:15 pm

Vietnamese and Spanish 30 minutes prior to Mass (Weekends: Confessional near entrance way on the right)



CATHEDRAL CENTRE

The Parish Office & Cameron Hall are located in the Cathedral Centre. 1701 San Jacinto at Jefferson St.

Houston, TX 77002-8215

(Parking behind the Centre) Office hours: Mon - Fri—8 am to 5 pm

Closed 12-1pm

www.sacredhearthouston.org





Co-Cathedral of the Sacred Heart

Archdiocese of Galveston-Houston

His Eminence Daniel Cardinal DiNardo, D.D., S.T.L.

Archbishop of Galveston-Houston

The Most Reverend George A. Sheltz, D.D., Auxiliary Bishop
The Most Reverend Joseph A. Fiorenza, D.D., Archbishop Emeritus
The Most Reverend Vincent M. Rizzotto, D.D., J.C.L., Retired Auxiliary Bishop

Co-Cathedral Clergy

The Very Reverend Lawrence W. Jozwiak, J.C.L., Pastor / Rector

The Reverend Loc D. Phan, Parochial Vicar

Deacons: Leonard Lockett, John Carrara, Daniel Addis, Lynn Carney, Gil Vela & Robert Moreno, Jr.

Co-Cathedral Staff

Selma DeMarco - Director of Evangelization & Faith Formation

Carmen Benitez - Faith Formation Associate (Pre-K 3--8th); Faby Lopez - Faith Formation Associate (High School)

Dr. Crista Miller - Director of Music / Co-Cathedral Organist; Patrick Schneider - Assistant Choir Director

Dr. Jeong-Suk Bae - Co-Cathedral Assistant Organist; Olga Wong - Organ Scholar

Natasha Manley - Associate Director & Music Operations

Gwenne Buck - Facilities and Project Coordinator; Bree Delphin - Secretary for Weddings & Bulletin Editor

Jordyn Woods - Parish Outreach Coordinator; Katherine Buck - Baptismal Secretary & Receptionist

Deacon John Carrara - Business Manager; Shannon Wesley - Parish Accounting

Chris Felix - Building Engineer; Ruben Valenzuela - Maintenance

Guillermo Herrera & Ray Garcia - Church Sextons

New Parishioners:

Register online or with the parish office: ext. 101.

Church Certificates:

For all sacramental certificates: ext. 131.

Baptism:

- —For infants & children under age 7—713-337-3570.
 - —Best to take baptismal classes while pregnant.
- —For 7 years & older (Rite of Christian Initiation adapted for Children): ext. 142.

Children's Catechesis & Evangelization (CCE):

For pre-K through 8th Grade: ext. 142.

First Penance & First Holy Communion:

For 2nd through 12th grade: ext. 142.

Confirmation:

- —For high school youth: ext. 140.
- —For adults: ext. 141.

High School Youth Ministry: ext. 140.

Rite of Christian Initiation of Adults (RCIA):

For adults inquiring about becoming Catholic and baptized Catholics who lack Confirmation and Holy Communion: ext. 141.

Evangelization & Adult Faith Formation: ext. 141.

Music Ministry: ext. 152.

Young Adults: cocathedralya@gmail.com

Marriage:

Contact ext. 131 at least 9 months prior to wedding date.

Vocations for Priesthood and Religious Life:

Contact the Office of Vocations: 713-652-8239 or www.houstonyocations.com

Holy Communion to the Sick/Homebound: ext. 101.

Anointing of the Sick:

Any Catholic who is to have surgery due to a serious illness; any Catholic whose health is seriously impaired by sickness or old age should be anointed ASAP, preferably before going to the hospital. Contact the parish priest to be anointed: ext. 101.

Funerals: ext. 143.

Novena to Our Mother of Perpetual Help:

Wednesday before 7 am & 12:10 pm Mass

Novena to the Sacred Heart of Jesus:

Friday during 7 am & 12:10 pm Mass

Exposition of the Blessed Sacrament:

- —First Thursday of the Month (English)
 Conclusion of 12:10 pm Mass until 6 pm
- —First Friday of the Month: 6:30 pm 8 pm 8 pm Mass: Vietnamese

Parish Outreach: outreach@sacredhearthouston.org

Tours of the Church: ext. 143

website: www.sacredhearthouston.org

March 22, 2020

2nd Collection today, p. 8

How to go to Confession, p. 12

Dear Friends in Christ:

Quí Ông Bà và Anh Chi Em thân mến trong Chúa Kitô: Estimados Amigos y Amigas en Cristo:

It seems day by day more information is coming out on the Coronavirus and how different groups are responding. Let us continue to pray for those impacted negatively, for calmness to our anxieties in the midst of uncertainties, and that all our leaders may work for what is the good of all. Since we want to respond appropriately as circumstances develop, we will make decisions accordingly if and when any parish sponsored event will occur or be cancelled. Please check our parish web site or Facebook page.

Originally, a trial of an Archdiocesan priest accused of sexual abuse was scheduled to begin on Monday, March 30th. But due to the Coronavirus, it has been postponed until June 15th. Let us pray for all parties concerned when this trial does begin. Undoubtedly, there will be much publicity with this trial. We need to pray for calmness on this very emotionally charged issue, that our justice system will work fairly and efficiently, and remember that all people in any trial are innocent until proven guilty. Let us pray for healing of people who have been abused sexually, physically and/or emotionally / verbally and for their family and friends who are affected, as well as healing of those who perpetuate such abuse. Let us pray for those who are falsely accused of anything they are innocent of. Let us pray for our Archdiocese, the Church at large, all other institutions and our society to deal effectively with this evil of abuse.

Today is the Fourth Sunday of Lent known as Laetare (Rejoice) Sunday, coming from the entrance antiphon, "Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; exult and be satisfied at her consoling breast" (cf. Is. 66:10-11). Just like on the Third Sunday of Advent, known as Gaudete (Rejoice) Sunday, we may wear rose colored vestments if the celebrant so chooses. These are the only 2 times of the year we may wear such vestments. Notice how the bulletins reflect the liturgical color.

How is your Lenten experience unfolding? If it has been good, let us continue to persevere. If it has not gone as well as we envisioned, there is always time to reinvigorate our efforts with the graces of God. Let us focus on the now and the future. Have you gone to confession yet? If not, why are you waiting? If you are burdened by sin today, let God clean it up today and not wait. When you need to bathe because you are dirty, you do not wait. The same with the dirtiness of our sins. We have confessions 7 days a week here at the Co-Cathedral. It is not "more holy" to wait to go to confession on Good Friday. What is "most holy" is dealing with our sinfulness as soon as possible!

During the Season of Lent, we have been using the option of the Confiteor, "I confess to almighty God...." We are instructed to strike our breast when we say "through my fault, through my fault, through my most grievous fault." Why? Its goes back to Luke 18: 9-14, specifically v. 13: "But the tax collector stood off at a distance and would not even raise his eyes to heaven but beat his breast and prayed, 'O God, be merciful to me a sinner." That last part is a reference to Psalm 51: 3 "Have mercy on me, God, in accord with your merciful love; in your abundant compassion blot out my transgressions."

Why is there the repetition 3 times of "through my fault"? Well, why did the poet Gertrude Stein write "a rose is a rose is a rose"? Why did Shakespeare have Macbeth say "Tomorrow and tomorrow and tomorrow" in one of his most famous lines? A similar pattern of 3-ness occurs in the Bible. Why did Jesus predict his own passion, death and resurrection 3 times? Why did Jesus predict in all 4 gospels that Peter would deny Jesus 3 times before the rooster crows? Why did Jesus ask Peter 3 times "Do you love me? (John 21: 15-19)" Basically it is to emphasize a reality, to make it more memorable. So in the Confiteor, we are emphasizing that we have sinned through our own fault. But then we say 3 times "Lord, have mercy, Christ, have mercy, Lord, have mercy" to emphasize the Lord's abundant mercy on us when we are truly sorry for our sinfulness. In Lent, we sing the "Lord, have mercy... (*Kyrie*...)" in Greek (not Latin).

Let us continue to pray for one another. I am amazed by the many crosses people carry. So often, they carry it quietly, and others would never imagine that person is so burdened.



Praised be the Sacred Heart of Jesus! Now and forever, amen! Hãy chúc tung Thánh Tâm Chúa Giêsu đến muôn đời, amen! ¡Alabado sea el Sagrado Corazón de Jesús! ¡Por siempre, amen!

Fr. Lawrence W. Jozwiak

Laune L. Jarah

Pastor / Rector



Fourth Sunday of Lent

WELCOME to the Co-Cathedral!

We are a community of faith where all people are welcome! Visitors, please come back as often as possible. If you do not have a parish home, consider joining our parish, sharing your time and talent with us. For any questions, ask the Greeters in the narthex. Participate as fully as you are able to do so, using these pages.

Silence all cell phones please!

7 am Mass Antiphons:

Entrance: Rejoice, Jerusalem, and all who love her.

Be joyful, all who were in mourning; exult and be satisfied at her consoling breast.

Cf. Is 66: 10-11

Communion: The Lord anointed my eyes: I went, I washed, I saw and I believed in God. *Cf. In 9: 11, 38*

MUSIC for MASS

Entrance Music:

Introit: Laetare Ierusalem (mode V)

Hymn: Rejoice, Jerusalem!—p. 5

Offertory Music:

Hymn: #766 The King of Love My Shepherd Is

Communion Music:

Chant: Ierusalem, quae (mode IV)
Antiphon: See page 6—Motyka

Hymn: #768 I Heard the Voice of Jesus Say

Recessional Hymn:

#742 There's a Wideness in God's Mercy

For texts and translations, see page 6

Order of Mass

Introductory Rites

Entrance Hymn

Greeting

Penitential Rite: See p. 5

Kyrie: (#363 B)

Liturgy of the Word

First Reading Readings: #1004

Responsorial Psalm: Psalm 23

R: The Lord is my shepherd; there is nothing I shall want.

Second Reading

Gospel Homily

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord, Jesus Christ, the Only Begotten Son of God, born of the Father before all ages, God from God, Light from Light, true God from true God, begotten not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation he came down from Heaven,

(We all are to make a bow of the body during the next 2 lines.) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the Prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Universal Prayer / Prayer of the Faithful

Offertory Music

Liturgy of the Eucharist

Preparation of the Altar and Presentation of the Gifts

P. Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

C. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

Eucharistic Prayer

P: The Lord be with you. C: And with your spirit.

P: Lift up your hearts. C: We lift them up to the Lord.

P: Let us give thanks to the Lord our God. C: It is right and just.

Holy, Holy, Holy / Sanctus (#370 B)

The Mystery of Faith / Mysterium Fidei (see p. 5)

Amen (#372)

The Communion Rite

The Lamb of God / Agnus Dei (#375 B)

P: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

C: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Reception of Holy Communion:

For those who are practicing actively the Catholic Faith.
Please bow before receiving the Body and/or Blood of Christ.

Communion Music

The Concluding Rites

Final Blessing Dismissal

Recessional Hymn

Music for Mass

During Lent the Eucharistic Acclamations will be sung in Gregorian chant and can be *found in the Hymnal* as indicated on p. 4, except the Mystery of Faith, which can be found at the bottom of this page.

Penitential Rite:

Assembly: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

(And striking your breast, we say) through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Priest: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

Assembly: Amen

Introit—Entrance Hymn for Fourth Sunday of Lent

Rejoice, Jerusalem! and Come

ERHALT UNS HERR





The Mystery of Faith / Mysterium Fidei: SAVE US, SAVIOR—ICEL

Co-Cathedral Music

Lenten Hymn Introit Project—Laetare!

Thank you for your enthusiastic hymn singing as we continue to open celebrations with unity by singing the Proper texts of the Church. The introit has such significance to today that we use the antiphon's first words to name it *Laetare Sunday*. "Laetare Jerusalem!" tells us to rejoice, as an oasis mid-Lent. With this hymn project, everyone in the room encourages one another with these centuries-old words, translated into English.

Did you make a Lenten commitment to participate more fully in singing at Mass, much like our children this Saturday at Pueri Cantores? Remember, if you're not a singer, pick up the bulletin and meditate on the poetry. And, if you already sing, whether novice or well experienced, will you increase your volume by 25 percent? Let us truly open our Lenten Masses as a celebration and foster the unity of our community.

Gregorian chant in many forms remains ever present in our Masses. This morning's organ prelude features all (introit plus others) the chants for Laetare Sunday in a 1930 written out improvisation by Charles Tournemire, organist of Paris.

Rejoice, Jerusalem! And come, All those who love her glorious face. Rejoice, distressed and mournful souls, And be consoled by her embrace.

- Dr. Crista Miller, Director of Music

Due to health and safety concerns, this year's <u>Pueri Cantores</u> children's choral festival has been <u>canceled</u>.

Texts and Translations

Introit (at the beginning of Mass)

Rejoice, O Jerusalem; and gather round, all you who love her; rejoice in gladness, after having been in sorrow; exult and be replenished with the consolation flowing from her motherly bosom.

Communion Chant

Jerusalem, which is built as a city, which is compact together; for to there the tribes go up, the tribes of the Lord, to praise the name of the Lord.

Music Notes for Today's Liturgy

We have made the difficult decision of temporarily releasing the choir from all Masses at the Co-Cathedral, out of concern for the health and safety of our members. We had intended to offer two movements of Franz Liszt's *Via Crucis*, a multimovement work for organ, mezzo-soprano and baritone soloists, and choir. We pray that we will still be able to offer the

entire work during Tre Ore on Good Friday at 1:30 PM. The work is a musical interpretation of the fourteen Stations of the Cross. The musical content alternates between movements (in this piece, individual "Stations") for solo organ and movements involving the voice. Some of the vocal movements are primarily organ with just a baritone solo line, whereas others utilize the organ as an accompanying instrument and the choir takes on a more prominent role. Among the choral movements, two are Liszt's interpretations of famous chorales by J. S. Bach. **Station VI** (St. Veronica) uses the melody from "O Haupt voll Blut und Wunden" and "Wenn ich einmal soll scheiden" from Bach's St. Matthew Passion and retains the text from the former in this Station. **Station XII** (Jesus dies on the cross) contains a chorale that is loosely based on Bach's "O Traurigkeit, o Herzeleid," which originated as an organ chorale. The three times Jesus falls (**Station III**, **VII**, and **IX**), Liszt uses the same musical material but in three different keys. The men sing, in unison, "Jesus cadit" (Jesus wept), after which the women, in three parts, sing "Stabat mater dolorosa juxta crucem lacrymosa, dum pendebat filius" (At the Cross her station keeping, stood the mournful Mother weeping, close to her Son to the last). A complete breakdown of the Stations and the musical content is below. The choir will present the full Via Crucis on Good Friday.

Prelude - choir and organ ("Vexilla regis prodeunt;" "O crux Ave spes unica")

Station I - Jesus is condemned - organ and baritone solo

Station II - Jesus takes up his cross - organ and baritone solo

Station III - Jesus falls for the first time - choir and organ

Station IV - Jesus meets his mother, Mary - organ

Station V - Simon helps Jesus carry his cross - organ

Station VI - Veronica wipes the face of Jesus - choir and organ

Station VII - Jesus falls for the second time - choir and organ

Station VIII - Jesus speaks to the women and children—organ and baritone solo

Station IX - Jesus falls for the third time - choir and organ

Station X - Jesus is stripped of his garments - organ

Station XI - Jesus is crucified - choir (men only) and organ

Station XII - Jesus dies on the cross - organ and baritone solo, choir (women only), then choir (all voices)

Station XIII - Jesus is taken down from the cross - organ

Station XIV - Jesus is placed in the tomb - organ, mezzo-soprano solo, and choir



Communion Responsorial Psalm

Andrew. R. Motyka





WELCOME ALL VISITORS! To the Co-Cathedral of the Sacred Heart!

MASS INTENTIONS

Deceased †

Saturday, March 21

(Eng) 5:00 pm The Souls in Purgatory †

(Vt) 7:00 pm For Community Intentions

Sunday, March 22

(Eng) 7:00 am Leonardo Reyes

(Eng) 9:00 am Gregory Wicks †

(Eng) 11:00 am Roy & Dolores Sylvie †

(Vt) 1:00 pm For Community Intentions

(Eng) 5:30 pm Matthew & Abigail Johnson

(Sp) 7:30 pm For the People of the Parish

Monday, March 23

(Eng) 7:00 am Francisco Mendez †

(Eng) 12:10 pm Bernadine † & F.R. † Pizzitola

Tuesday, March 24

(Eng) 7:00 am Mary Demaris †

(Eng) 12:10 pm Mary Ellen Long Douthit †

Wednesday, March 25

(Eng) 7:00 am Jason Culbertson †

(Eng) 12:10 pm Lucien J. Rocan †

Thursday, March 26

(Eng) 7:00 am Mario Ramirez

(Eng) 12:10 pm Jo Pease & Family

Friday, March 27

(Eng) 7:00 am Sergio Ramirez

(Eng) 12:10 pm Souls In Purgatory †

Saturday, Marche 28

(Eng) 5:00 pm Charles Witherspoon †

(Vt) 7:00 pm For Community Intentions

Sunday, March 29

(Eng) 7:00 am Paul Nguyen Minh Thai Tuan †

(Eng) 9:00 am Mary Luz Padilla †

(Eng) 11:00 am Mark Johnson, Jr.

(Vt) 1:00 pm For Community Intentions

(Eng) 5:30 pm Andrew & Karen DeLaCruz & Family

(Sp) 7:30 pm For the People of the Parish

<u>Pray the Rosary daily</u>

- * For all Life Issues and Marriage.
- * For just solutions to our society's problems.
- * For healing for all who have been affected by abuse.

- Annual Control

Weekend Readings: #1004

READINGS for the WEEK

Mon: Is 65:17-21; Ps 30:2, 4-6, 11-13b; Jn 4:43-54

Tue: Ez 47:1-9, 12; Ps 46:2-3, 5-6, 8-9; Jn 5:1-16

Wed: Is 7:10-14, 8:10; Ps 40:7-11; Heb 10:4-10; Lk 1:26-38 Thur: Ex 32:7-14; Ps 106:19-23; Jn 5:31-47Friday: Wis 2:1a,

12-22; Ps 34:17-21, 23; Jn 7:1-2, 10, 25-30

Sat: Jer 11:18-20; Ps 7:2-3, 9bc-12; Jn 7:40-53

Sun: Ez 37:12-14; Ps 130:1-8; Rom 8:8-11; Jn 11:1-45

Ignorance of Scripture is Ignorance of Christ!

For the scriptures used at Mass every day and to hear a Reflection, go to: http://www.usccb.org The daily readings calendar is on the right hand side of the page. Click on the date of the readings you would like to see. You may also request to have the daily readings sent to your email.

You can now listen to our homilies on-line!

Go to: www.sacredhearthouston.org



Click on "Homilies" at the top of the home page, taking you to our "Pastor's Weekly Message" page, where you can click to listen to recent homilies of our pastor, Fr. Lawrence W. Jozwiak.

Pray for the Newlyweds

3/14 - Lorenzo Ruiz De Castilla & Bianca Quintanar

3/14 - Jimmy Trinh & Rojelyn Calong

3/17 - Louis Savage & Rachel Czyszczewski

Pray for the Deceased

For the repose of the souls of our faithful departed:

Marjorie Ann Nelson †, mother of Jeannie Nelson George Jacobs †, husband of Sharon Jacobs Oriel Peter Babineaux, Jr. †, husband of Schrhonda Babineaux

Eternal rest grant unto them, O Lord.

—And let perpetual light shine upon them.

May they rest in peace. —Amen.

May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. —Amen.

For consolation & God's healing graces upon the family and friends of the deceased. Heal their pain & dispel the darkness and doubt that comes from grief. —Amen.

PRAY for ...

- peace in our world, especially in the Holy Land, for an end to terrorism and civil strife; for all hostages, refugees & immigrants.
- the safety of all those who protect us: military personnel, police officers, fire fighters and all others.
- a transformation of mind and heart for those who do not believe in the sanctity of human life.
- for all healthcare professionals to make wise and ethical decisions to promote health.
- the spread of the Gospel and the sanctity of all marriages and families.
 an end to all discrimination, prejudice and hatred.
- all the sick and suffering, the dying and the faithful departed †.

Pope's Prayer Intention: Catholics in China

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.



Stewardship

Mar. 14 / 15, 2020 2019-20 YTD

\$ 1,160,564 **Actual Collection:** \$ 24,712* **Budgeted Collection:** \$ 1,261,584 \$ 38,333 (\$ 101.020)

Amount over (Under): \$ 13.621

Debt Reduction: \$4,008** *Includes \$13.116 from Faith Direct

Mar. 16 / 17, 2019 2018-19 YTD

\$ 30.481 \$ 1,285,355 Note: we are down \$ 124,791

> in actual collections this year compared to last vear at this time.

** Includes \$1,272 from Faith Direct

If we belong to Christ, it's logical that everything we have truly belongs to Him.

Stewardship Reflection

4th Sunday of Lent: March 22

That we are less concerned about our outward appearance and more concerned with our interior conversion of heart.

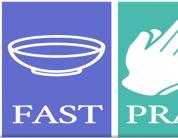
"Not as man sees does God see, because man sees the appearance but the Lord looks into the heart.'

1 Samuel 16:7

How often do we invest our time, talent and treasure in creating an appearance that does not matter at all to God? We strive to impress with our clothing, home, career, possessions, car and other marks of distinction. But none of these illusions of greatness will impress God. Instead, He will look into our hearts to see how much we loved Him, how much we loved others and how we showed that love by the way we used our time, talent and treasure here on earth.

Want to donate but you do not have cash or a check?

Donate by text at: 281-462-5300 and text a donation amount.







Enrolling in online giving will simplify your budgeting while also providing our parish with consistent, reliable support. If you have not signed up yet, it's easy to get started! Our parish code is TX 363.

Visit faithdirect/TX363, or call today 866-507-8757 or text the word ENROLL to 281-462-5300.

2020 Mandatory DSF Amount-\$ 135,000

Total Amount Paid 2020: \$ 27,756 **Total Amount Pledged:** \$ 54,871 **Total Number of Participants:** 117 **Average Participant Pledge:** 469.00 Paid under Requirement: (\$ 107,244) Pledged under Requirement: (\$ 80,128)

Percent Paid:

 ${f F}$

P

Second Collection

March 22: Catholic Relief Services

Catholic Relief Services is the international humanitarian agency of the U.S. Catholic Church. Founded in 1943 by the United States Conference of Catholic Bishops, the agency provides assistance to 130 million people in more than 90 countries and territories in Africa, Asia, Latin America, the Middle East and Eastern Europe.

20.56 %



Vocational ministries address the full range of support of the clergy from the beginning stages of discernment to retirement. These ministries offer education & formation of men for the priesthood & permanent diaconate.

No DSF funds are spent on general administrative expenses of the Chancery. A little over 4% of the funds \mathbb{R} are spent on DSF appeal expenses. This percentage does not cover staff compensation expenses or supplies which are covered under general administrative expenses of the Chancery.

M Ι N Ι S \mathbf{T} I E S

Lenten Stewardship Challenge

To those who are not contributing, most though not all 1,276 households where we have no record of contributions: I challenge you to begin to do so and fulfill the privilege and your responsibility to spread the Gospel. Actually, if every household whom we do not have any recorded contributions, did contribute we could close our deficit easily. For instance, if 1200 households would contribute \$100 each for the remaining season of Lent & into Easter (5 weeks @ \$20), that would be \$120,000! And then continue to contribute every week thereafter.

Fr. Lawrence W. Jozwiak

July 1, 2019—February 28, 2020 (<u>current year</u>)

NOTE: We have 2,105 registered households. 1,276 households: No record of contributions.

874 households: We have some record of contributions. 655 households (75%) give 27.5% of total contributions. 219 households (25%) give 72.5% of total contributions

Changes of <u>current year</u> versus <u>previous year</u> 24 less registered households

136 more households: No record of contributions

115 less households with some record of contributions

eGiving through Faith Direct!
Enroll today!
Our parish code is TX363.
Visit faithdirect/TX363 or
Call today: 866-507-8757 or
Text the word ENROLL to 281-462-5300.

Pastor / Rector

Even the smallest sacrifices, over time, equal a significant contribution to our parish!

Examples of possible sacrifices so as to contribute more to our parish:

*

\$2 beverage a day x 30 days = \$60 monthly; \$720 per year \$50 restaurant meal per month x 12 months = \$600 per year \$13.99 pizza a week x 52 weeks = \$727.50 per year

Are we willing to take the Lenten Stewardship Challenge & contribute to our parish?

Precautions to the Coronavirus (COVID-19), as of March 13, 2020

As a prudent cautionary measure, the Cardinal has asked on February 28, 2020:

- Until further notice, all parishes are to suspend the distribution of Holy Communion from the Chalice and distribute Holy Communion only under the form of the Consecrated Host.
- The Cardinal stated: "Though I am not demanding it, it may be helpful for the time being, for persons to receive Holy Communion in the hand."
- The Cardinal stated: "Furthermore, people in our liturgical assemblies should be reminded to be respectful that some may be uncomfortable with physical contact during times of the Mass such as the Lord's Prayer or the Sign of Peace." People are already making such decisions on their own which is perfectly fine. Many have stated that they are not shaking hands or holding hands, and we need to respect their decision. With the sign of peace, a handshake is customary but not mandatory. One may simply say "Peace" with no handshake. One may bow to each other or just "wave." It is a matter of forming a new habit, not to eliminate the Sign of Peace completely.
- Naturally, people should be washing hands, covering our mouths when coughing and practicing other sanitary procedures. FYI, our Co-Cathedral distributors of Holy Communion, both Ordinary (clergy) and Extraordinary (lay people) are to wash their hands prior to Mass and use hand sanitizer prior to the distribution. And the same should occur after the distribution of Holy Communion.

The Cardinal stated on March 13, 2020 the following:

- At this time when the faithful need to maintain some degree of normalcy in the midst of the current health crisis, the Archdiocese of Galveston-Houston is recommending that each parish continue to maintain their regular Mass schedules for all those who wish to participate, though the obligation to attend Mass is being dispensed until further notice. Since this dispensation has been granted releasing one from the obligation to attend Sunday Mass until further notice, one is not in grave sin if one misses Mass (cf. Catechism of the Catholic Church, #2181).
- The following individuals are asked to remain at home and not attend Mass if you have one of the following issues:
 - · If you are currently ill;
 - · If you are suffering from a chronic health condition;

Let us pray the prayer listed on p. 10.

- · If your immune system is compromised;
- · If you are uncomfortable attending Sunday Mass due to concerns over the Coronavirus (COVID-19). Or
- · If you are over the age of 60 years old, public health officials are saying you might be more susceptible to this virus, even if you do not have some of the issues noted above. So it is your decision to attend Mass or not.

Prayer during this Health Challenge

- May we who are merely inconvenienced <u>Remember</u> those whose lives are at stake.
- May we who have no risk factors
 Remember those most vulnerable.
- May we who have the luxury of working from home

 <u>Remember</u> those who must choose between preserving their health or making their rent.
- May we who have the flexibility to care for our children when their schools close <u>Remember</u> those who have no options.
- May we who have to cancel our trips

 <u>Remember</u> those that have no safe place to go.
- May we who are losing our margin money in the tumult of the economic market <u>Remember</u> those who have no margin at all.
- May we who settle in for a quarantine at home

<u>Remember</u> those who have no home.

As fear grips our country, let us choose love.

During this time when we cannot physically wrap our arms around each other,

Let us yet find ways to be the loving embrace of God to our neighbors.

Amen

(Author Unknown)

Stations of the Cross



Wednesday & Friday after 7 am & 12:10 pm Mass (Eng)

Saturday at 6:30 pm - (Viet) prior to 7 pm Vigil Mass.

Sunday at 6:45 pm - (Sp) prior to 7:30 pm Mass.

40 DAYS for LIFE—HOUSTON

February 26—April 5

Join with our Lord and Savior Jesus Christ for 40 days of prayer, penance and fasting outside: Planned Parenthood abortion center 4600 Gulf Freeway

Sign up today!

The day sponsored by the Co-Cathedral of the Sacred Heart During 40 Days for Life is:

Saturday, March 28th

Saturday, March 28th from 6:00 AM-3:00 PM

To participate in this peaceful and legal 40 Days For Life event contact: James Buri / jburi@prodigy.net / 713-876-8673

Please remember to follow the Archdiocesan guidelines for prayer at an abortion facility www.arch.org/prolife



This <u>40 Days for Life</u> Event is Co-sponsored by Houston Coalition for Life & Archdiocese of Galveston—Houston: Office of Pro-Life Activities

Prayer for Respect Life

God of life and love, you created us in your image and sent your Son to bring us life.

Instill in us a respect for all life, from conception to natural death.

Empower us to work for justice for the poor.

Nourish us that we may bring food to the hungry.

Inspire us to cherish the fragile life of the unborn.

Strengthen us to bring comfort to the chronically ill.

Teach us to treat the aging with dignity and respect.

Bring us one day into the glory of everlasting life.

We ask through Christ our Lord. Amen.

Christian Meditation

Wed. Evenings at 6:30 PM Parish Library Has been Cancelled for the month of March

What is Christian Meditation?

Christian Meditation is not a study or discussion, but a weekly meeting of Christians coming together to silence their minds/hearts and listen to the quiet voice of God speaking. After a brief, pre-selected Christian message, participants meditate in silence for about 20 minutes. Meditation is an ancient form of Christian prayer practiced by the saints, and religious communities throughout the world.

Faith Formation—CCE

9:00am-10:30am— Sundays
will NOT be held in person due to the current health challenges to our community

On March 22 and 29

Carmen Benitez—Faith Formation Associate K-8 & Faby Lopez—Faith Formation Associate HS

Carmen and Faby have already begun contacting by email, families in both our systematic Faith Formation Sessions on Sundays (CCE) and all those currently involved in our Sacrament Preparation Processes (First Communion and Confirmation).

They are explaining the plan of action forward in order for all our children and youth to successfully complete the current year of CCE and the preparation of their sacraments.

If you are registered in our CCE program, or one of our Sacrament Preparation processes, and are not receiving information by email, contact the appropriate person below:

<u>Carmen Benitez</u> at <u>cbenitez@sacredhearthouston.org</u>
For CCE K-8 and 1st Holy Communion Prep

Faby Lopez at flopez@sacredhearthouston.org
For CCE High School and Youth Confirmation

Bottom line: So our children and youth do not fall behind, and their sacraments can hopefully be received on schedule, sessions will be done at home while we are unable to meet at the Cathedral Centre due to health risks.

Carmen and Faby will explain how it will work. If you are not receiving emails from them, contact them by email immediately.

ADULT FAITH FORMATION AND SACRAMENTS

For the most up-to-date information on Adult Education and Sacrament Preparation Sessions go to our website

www.sacredhearthouston.org

and/or contact Selma DeMarco at sdemarco@sacredhearthouston.org



www.wordonfire.org/daily-mass/

Sundays—9:05 am-10:25 am

We are offering a 6 week Series on specific Sundays 9:05-10:25am in Cathedral Centre on 3rd Floor Rm 315 using a video series by Dr. Brant Pitre.

"Why We Worship"

NO Sessions—March 22 & 29

Sessions will be rescheduled once we have more information on the challenges we are currently facing with public health issues.

Lenten Resources for Parents

- <u>Lent in Three Minutes: A Video from Busted Halo</u> <u>https://bustedhalo.com/video/watch-lent-3-minutes</u>
- <u>Lent at Home: Ideas for Busy Families</u>
 <u>https://www.loyolapress.com/our-catholic-faith/liturgical-year/lent/activities-and-resources/lent-at-home</u>
- Saints for the Lenten Season

http://www.usccb.org/prayer-and-worship/prayers-and-devotions/saints/saints-whose-feast-days-fall-within-lent-2017.cfm

- 40 Lenten Ideas for Families (printable PDF)
 https://www.reallifeathome.com/40-lenten-activities-for-catholic-families/
- Too busy for 40 ideas? Try 10 Lenten Ideas for Families (printable)

https://www.reallifeathome.com/10-lent-and-holy-week-activities-for-catholic-families-printable/

Stations of the Cross for Children

https://www.loyolapress.com/ our-catholic-faith/liturgicalyear/lent/stations-of-the-cross/ multimedia-stations-of-thecross-for-children





Available on "FORMED"

Register at http://formed.org Parish Code: 0be7ec (first digit is the number 0)

- 1. Prepare yourself by doing an examination of conscience.

 Ask the Holy Spirit to assist you to make a good confession.
- 2. You always have the option to go to confession anonymously, that is, behind a screen or face to face, if you so desire
- 3. After the priest greets you in the name of Christ, make the sign of the cross. He may choose to recite a reading from Scripture, after which you say: "Bless me Father for I have sinned. It has been (state how long) since my last confession. These are my sins." (If you do not remember, how long, simply say that to the priest.)
- 4. Tell your sins simply and honestly to the priest. With mortal sins, state the kind and number. Then state your venial sins. You might even want to discuss the circumstances and the root causes of your sins and ask the priest for advice or direction. When you are through with your sins, say: "I am sorry for all these sins and for the ones of my past life, especially for the ones I cannot remember."
- 5. Listen to any advice the priest gives you and accept the penance from him. (If there is a difficulty with the penance given, address it with the priest.) Then pray out loud an Act of Contrition for your sins.

Oh my God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy. Amen

- **6.** The priest will pray the Absolution Prayer. When the priest states "...I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit," make the sign of the cross.
- 7. Dismissal by the priest. The priest may state: "Go in peace.: You respond: "Thanks be to God." Also, thank the priest upon leaving.
- **8.** Spend some time with Our Lord, thanking and praising Him for the gift of His mercy. Do your penance ASAP. You are free to receive Holy Communion, even if you have not had time to complete your penance.
- Return often to the Sacrament of Penance. It is a powerful help to get rid of our weaknesses, grow in holiness and lead a balance and virtuous life.

A Brief Examination of Conscience Based on the 10 Commandments

1. I am the Lord your God: you shall not have strange Gods before me.

Have I treated people, events, or things as more important than God?

2. You shall not take the name of the Lord your God in vain.

Have my words, actively or passively, put down God, the Church, or people?

3. Remember to keep holy the Lord's Day.

Do I go to Mass every Sunday (or Saturday Vigil) & on Holy Days of Obligation (Jan. 1—Mary, Mother of God; Aug. 15—Assumption; Nov. 1—All Saints; Dec. 8—Immaculate Conception; Dec. 25—Christmas)?

Do I avoid, when possible, work that impedes worship to God, joy for the Lord's Day, and proper relaxation of mind and body?

Do I look for ways to spend time with family or in service on Sunday?

4. Honor your father and your mother.

Do I show my parents due respect?

Do I seek to maintain good communication with my parents where possible?

Do I criticize them for lacking skills I think they should have?

5. You shall not kill.

Have I harmed another through physical, verbal, or emotional means, including gossip or manipulation of any kind?

6. You shall not commit adultery.

Have I respected the physical and sexual dignity of others and of myself?

7. You shall not steal.

Have I taken or wasted time or resources that belonged to another?

8. You shall not bear false witness against your neighbor.

Have I gossiped, told lies, or embellished stories at the expense of another?

9. You shall not covet your neighbor's spouse.

Have I honored my spouse with my full affection and exclusive love?

10. You shall not covet your neighbor's goods.

Am I content with my own means and needs, or do I compare myself to others unnecessarily?

http://www.usccb.org/prayer-and-worship/sacraments-and-sacramentals/penance/upload/Examination-of-Conscience.pdf

Parish p. 13

ALTAR SERVERS NEEDED **ESPECIALLY**

At the Saturday 5 pm Vigil Mass And the Sunday 5:30 pm Mass All ages welcome: **Adults & Children**

Children must have had their First Holy Communion and all must be able to receive Holy Communion.

Sonya Reyna

Speak with Sonya Reyna and/or contact us at office@sacredhearthouston.org

Altar Server Practice Scheduled for:

Saturday—March 28

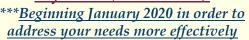
9:30am - 10:45am in the Church

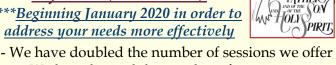
Please contact Sonva Revna

for current information about this practice.

Sreyna2012@gmail.com

Baptism Preparation for *Infants (0-7 Years)*





- We have limited the number of participants in each session
- Reservations with confirmation number now required to attend any Baptism Session For all the details go to:

https://www.sacredhearthouston.org/baptism-ages-0-7



Maria Goretti Network For Recovery and Forgiveness

Support Group for the Abused http://www.mgoretti.org/

Regular monthly meetings at the Cathedral Centre: Abused physically, sexually, spiritually or emotionally For Recovery and Forgiveness, *normally* every 4th Wednesday of the month at 7 pm: Meeting on Wednesday, March 25 has been Cancelled.

For meeting info, send a confidential email to shmgn@mgoretti.org or call 713-851-3708.



Easter Egg Hunt(s) Easter Sunday— April 12

At the Co-Cathedral of the Sacred Heart

There will be two sessions: - 12:15 PM after the 11AM Mass - 2:15 PM after the 1:00 PM Mass

GREEN LAWN NEXT TO THE BELL TOWER AGES: INFANTS TO TEENS

(Still needed: Approximately 800-1000 more plastic eggs. If you can help, drop them at the front desk of the Cathedral Centre.)

CHECK OUR WEBSITE FOR UP TO DATE INFORMATION ON THIS EVENT CLOSER TO EASTER.

www.sacredhearthouston.org

Examination of Conscience for Young Children

Looking at My Actions in Relationship to God's "10 Commandments" And asking forgiveness where I have failed to obey Him.

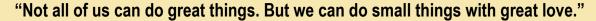
I. I worshipped the devil or other godstimes. I do not remember to pray everydaytimes. I do not thank God for all God has done for metimes I used God's name to sweartimes. I swore, made a promise in God's name that I did not keeptimes.	6. I did not treat my body and others people's bodies with respecttimes I read bad magazine, watched bad movies and looked at bad picturestimes I told and listened to dirty storiestimes 7. I stole money, thingstimes
keep times 3. I skipped mass on Sundays and Holy Days of Obligationtimes I played around, talked during Mass times I did not listen carefully to God's Word at Mass times 4. I talked back, disrespected my parents, grandparents, teachers times I did not obey my parents, grandparents, teachers times I do not help with chores around the house times I do not help with chores around the house times I was angry and have hated someone times I got mad, fighting with others times I told others to do bad things times I cursed, talked bad of others times	I destroyed other people's thingstimes I did not return things that I borrowtimes I was cheated on my schoolworktimes I liedtimes

Make a difference in a pregnant woman's life!

Join the Gabriel Project!

Volunteers are asked to:

- Text and call the soon to be moms.
- Assemble gift baskets for the mom from items the parish collects.
- Arrange a time to meet the mom to be at the Cathedral Centre or other public location to deliver gift basket, diapers, wipes, and car seat.
- Stay in touch with the mom via text/phone calls to provide a shoulder to lean on and loving support. Meet with her as often as both schedules allow.



Blessed Teresa of Calcutta

"Pray, hope, and do not worry." -Padre Pio

We have been asked to implement "social distance" in order to protect those whose immune system might not be able to handle COVID:19. While it might disrupt your plans, consider offering this disruption up as a Lenten sacrifice.

If you feel called to do more: check in with your elderly neighbors, friends, and family. Share your food and household items with those in need. Do not purchase more than necessary from the grocery store.

And, as always, pray without ceasing. 1 Thessalonians 5:17





Your donations to the Co-Cathedral of the Sacred Heart go to provide household essentials and food to those in most need.

Please be generous with your donations so we can continue to serve our community.

www.sacredhearthouston.org/outreach

4º Domingo de Cuaresma

Liturgia

-Antífona de Entrada:

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A- lé-grate, Jerusalén,	y todos los que la	amáis, re-u-ní-os.	Re-go-cijaos con
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ella todos los que partic	ipábais de su duelo	y quedaréis saciad	os con la abundancia
de sus con-sue-los			

- -Entrada: Entre Tus Manos (#671)
- -Salmo: El Señor es mi pastor, nada me falta.
- -Canto de Ofertorio: Amémonos de Corazón (#507)
- -Sanctus (Misa Gregoriana, #92)
- -Cada Vez (Misal Romano)



- -Amen (Misa Gregoriana, #94)
- -Agnus Dei (Misa Gregoriana, #96)
- -Antífona de Comunión: [Oportet] Alégrate, hijo, mío, porque tu hermano estaba muerto y ha vuelto a la vida, estaba perdido y lo hemos encontrado. (Le 15, 32)
- **-Comunión:** Escúchanos, Señor (#315)
- -Salida: Piedad de Mí (#311)



En aquel tiempo, Jesús vio al pasar a un ciego de nacimiento. Jesús les dijo a sus discípulos: "Mientras esté en el mundo, yo soy la luz del mundo" Dicho

esto, escupió suelo, hizo lodo esto, escupió en el con la saliva, se lo puso en los ojos al ciego y le dijo: "Ve a lavarte en la piscina de Siloé". Él fue, se lavó y volvió con vista. Jesús lo encontró, y le dijo: "¿Crees tú en el Hijo del hombre?" Él contestó: "¿Y quién es, Señor, para que yo crea en él?" Jesús le dijo: "Ya lo has visto; el que está hablando contigo, ése es". Él dijo: "Creo, Señor". Y postrándose, lo adoró.

Música Litúrgica

Denle gloria a Dios por medio de su voz, cantándole y alabándole, como miembros del coro. No necesitan experiencia, solo su voluntad para alabarle con himnos al Señor. Practicamos cada domingo a las 6 de la tarde en el Centro Catedral.

Anuncios

<u>Vía Crucis</u>: Medite en el sufrimiento salvífica de Jesucristo cada domingo durante el tiempo Cuaresmal a las 6:35 PM <u>Los Misales del Año 2020</u> por una donación de \$6.00. En el Misal encontrará las lecturas y oraciones de las Misas de domingo y días festivos; al igual, el rosario, el vía crucis y reflexiones sobre las lecturas.

<u>La Palabra entre Nosotros</u> para el tiempo Cuaresmal por una donación de \$4. Con sus lecturas, comentarios y oraciones, *La Palabra entre Nosotros* nos ayuda a mejorar nuestra relación con Dios.

La Santa Biblia Católica por una donación de \$7.00.

<u>Estudio Bíblico</u>: Conozca al Señor mejor a través de nuestro platica de Biblia, cada jueves a las 6 pm en la biblioteca del Centro Catedral, conducido por el Diacono Daniel.

<u>La Legión de María</u>: Debajo del liderazgo de María, cultive su relación con Cristo cada jueves a las 7 pm en la biblioteca del Centro Catedral, para rezar el santo rosario, reflexionar sobres las enseñanzas del Señor, y hacer planes para servir al Señor.

La Forma Escrita de las Homilías del Diacono Daniel se encuentran a: http://diaconodanieladdis.blogspot.com/

Palabras del Papa Francisco

Estamos Invitados a Abrirnos a la Luz de Cristo

El Evangelio de hoy nos presenta el episodio del hombre ciego de nacimiento, a quien Jesús dona la vista. El milagro es narrado por Juan en apenas dos versículos, porque el evangelista quiere atraer la atención no sobre el milagro en sí, sino sobre aquello que ocurre después, sobre las discusiones que origina. También sobre las habladurías, Tantas veces una obra de caridad origina habladurías porque hay algunos que no quieren ver la verdad. El ciego curado es en primer lugar interrogado por la multitud sorprendida- han visto el milagro y lo interrogan; luego por los doctores de la ley; y éstos interrogan también a sus padres. Al final el ciego curado llega a la fe, y ésta es la gracia más grande que le viene dada por Jesús: no sólo poder ver, sino conocer a Él, ver a Él, como «la luz del mundo». Mientras el ciego se acerca gradualmente a la luz, los doctores de la ley al contrario se hunden cada vez más en su ceguera interior. Encerrados en su presunción, creen tener ya la luz; por esto no se abren a la verdad de Jesús. Ellos hacen todo lo posible por negar la evidencia. Ponen en duda la identidad del hombre curado; después niegan la acción de Dios en la curación, tomando como pretexto que Dios no obra el sábado; llegan incluso a dudar que aquel hombre hubiese nacido ciego. Su cerrazón a la luz se vuelve agresiva y desemboca en la expulsión del hombre curado del templo. Nuestra vida, a veces, es parecida a aquella del ciego que se ha abierto a la luz, que se ha abierto a Dios y a la gracia. A veces, lamentablemente, es un poco como aquella de los doctores de la ley: desde lo alto de nuestro orgullo juzgamos a los demás, y ¡hasta al Señor! Hoy estamos invitados a abrirnos a la luz de Cristo para llevar fruto a nuestra vida, para eliminar los comportamientos que no son cristianos.

Bulletin number 852700

Number of bulletins 500

Until further notice

Thank You!