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Most Reverend George A. Sheltz, D.D.

Bishop Emeritus

Very Reverend Jeffrey L. Bame

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Reverend Loc D. Phan

Parochial Vicar

Permanent Deacons

Deacon John Carrara

Deacon Daniel Addis

Deacon Lynn Carney

Deacon Gilberto Vela

Deacon Joe Millhouse

MASSSES & CONFESSIONS

Weekdays

7:00 AM *Tues, Wed, Thurs* 6:30-6:50am

12:10 PM *Mon-Fri* 11:30am-Noon

Saturday

5:00 PM *English* 3:30-4:45pm

Sunday

7:00 AM *English*

9:00 AM *Vietnamese* 8:15-8:45am

11:00 AM *English* 10:15– 10:45am

1:00 PM *Spanish* 12:15– 12:45pm

5:30 PM *English* 4:30-5:15pm

Church Hours

*Mon 9am-2pm, Tues 6:30am-2pm, Wed & Thurs
6:30am-6pm, Fri 9am-6pm.*

Sat. Noon-6pm, Sun 6:30am-7pm



PARISH OFFICES AT THE CATHEDRAL CENTRE

1701 San Jacinto St. Houston, TX 77002

Office Hours: M-F 8:00-12:00 & 1:00-5:00

office@sacredhearthouston.org

(713) 659-1561



EIGHTEENTH SUNDAY OF ORDINARY TIME

AUGUST 1, 2021

RECTOR'S LETTER

August 1, 2021
Dominicae Cenae

Dear Friends in Christ:

Anh chị em thân mến trong Chúa Kitô:

Estimados Amigos y Amigas en Cristo:

While I will share my own reflections in my preaching, during these five weeks of reflection on the Eucharist in the sixth chapter of the Gospel of John, also known as the Bread of Life Discourse, I would like to take the opportunity to share from the wisdom of Pope St. John Paul II on the sacred topic of the Eucharist and its place at the heart of Catholic life. What follows is an excerpt from his 1980 letter titled Dominicae Cenae ("The Mystery and Worship of the Eucharist"):

"Before proceeding to more detailed observations on the subject of the celebration of the holy Sacrifice, I wish briefly to reaffirm the fact that eucharistic worship constitutes the soul of all Christian life. In fact, Christian life is expressed in the fulfilling of the greatest commandment, that is to say, in the love of God and neighbor, and this love finds its source in the blessed Sacrament, which is commonly called the sacrament of love.

The Eucharist signifies this charity, and therefore recalls it, makes it present and at the same time brings it about. Every time that we consciously share in it, there opens in our souls a real dimension of that unfathomable love that includes everything that God has done and continues to do for us human beings, as Christ says: "My Father goes on working, and so do I." Together with this unfathomable and free gift, which is charity revealed in its fullest degree in the saving sacrifice of the Son of God, the sacrifice of which the Eucharist is the indelible sign, there also springs up within us a lively response of love. We not only know love; we ourselves begin to love. We enter, so to speak, upon the path of love and along this path make progress. Thanks to the Eucharist, the love that springs up within us from the Eucharist develops in us, becomes deeper and grows stronger.

Eucharistic worship is therefore precisely the expression of that love which is the authentic and deepest characteristic of the Christian vocation. This worship springs from the love and serves the love to which we are all called in Jesus Christ. A living fruit of this worship is the perfecting of the image of God that we bear within us, an image that corresponds to the one that

Christ has revealed in us. As we thus become adorers of the Father "in spirit and truth," we mature in an ever fuller union with Christ, we are ever more united to Him, and-if one may use the expression-we are ever more in harmony with Him.

The doctrine of the Eucharist, sign of unity and bond of charity, taught by St. Paul, has been in subsequent times deepened by the writings of very many saints who are living examples for us of Eucharistic worship. We must always have this reality before our eyes, and at the same time we must continually try to bring it about that our own generation too may add new examples to those marvelous examples of the past, new examples no less living and eloquent, that will reflect the age to which we belong.

The authentic sense of the Eucharist becomes of itself the school of active love for neighbor. We know that this is the true and full order of love that the Lord has taught us: "By this love you have for one another, everyone will know that you are my disciples." The Eucharist educates us to this love in a deeper way; it shows us, in fact, what value each person, our brother or sister, has in God's eyes, if Christ offers Himself equally to each one, under the species of bread and wine. If our Eucharistic worship is authentic, it must make us grow in awareness of the dignity of each person. The awareness of that dignity becomes the deepest motive of our relationship with our neighbor.

We must also become particularly sensitive to all human suffering and misery, to all injustice and wrong, and seek the way to redress them effectively. Let us learn to discover with respect the truth about the inner self that becomes the dwelling place of God present in the Eucharist. Christ comes into the hearts of our brothers and sisters and visits their consciences. How the image of each and every one changes, when we become aware of this reality, when we make it the subject of our reflections! The sense of the Eucharistic Mystery leads us to a love for our neighbor, to a love for every human being." (5-6)

O Sacred Heart of Jesus, we place all our trust in You. Amen.

Yours in Christ,

Very Reverend Jeffrey L. Bame

Very Reverend Jeffrey L. Bame
Rector & Parish Administrator



RECTOR'S CORNER



Welcome to the Co-Cathedral of the Sacred Heart—a parish of the Archdiocese of Galveston-Houston located in the heart of downtown Houston. In addition to being a cathedral and a hub for Archdiocesan activity, we are a parish serving the people of downtown Houston, mid-town, and visitors and travelers from all over. Wherever you are from, welcome!

To register as part of our parish family and to receive our communications to learn more, visit the Rector's Corner online or call our parish office during the week at 713-659-1561.

Held in Great Esteem: Open Choir Loft 2021: After a season of silence, do you long to sing sacred music as the Church calls Cathedrals to do? To learn Latin Gregorian hymns and Marian antiphons? To connect with new friends? To worship deeply? **Then Join the Choir!** You can do that for any Sunday 11am Mass from August 8 - 29 with no obligation. Must RSVP for more info! We can't wait to welcome you! cmiller@sacredhearthouston.org.



**KEEPING OUR PROMISE
TO PROTECT**
Child and Youth Protection



All clergy, employees, and volunteers are required to be compliant with CMG Connect. To report suspected abuse of a minor by a member of the clergy, an employee, or volunteer of the Archdiocese immediately contact Child Protective Services (CPS) at 1-800-252-5400 and the local police department. For confidential victims assistance call 713-654-5799 or e-mail vac@archgh.org.

Financial Stewardship: Thank you for supporting the Co-Cathedral of the Sacred Heart. In addition to our Parish Offertory Box and Poor Box found in the back of the church, you can donate via Faith Direct, PayPal, or mail. Visit **GIVE** on our website for more details.

7/25/21 Offertory: Collected: \$28,797 Budgeted: <u>\$34,167</u> (\$5,370)	2021 YTD: Collected: \$102,573 Budgeted: <u>\$137,125</u> (\$34,552)
2021 DSF Gifts: Paid: \$118,722 Goal: <u>\$135,000</u> 87.9% / (\$16,278)	DSF Stewardship Donors: 345 Families: <u>1,885</u> 18.3% Participating

Mass Intentions

Saturday, July 31

5:00pm For the People of the Parish

Sunday, August 1

7:00am Phillip Varela †
9:00am Vietnamese Men of the Sacred Heart
11:00am Edward P. White Family
1:00pm For infirmed priests
5:30pm Bernadine † & F.R. Pizzitola †

Monday, August 2

12:10pm James Gunn †

Tuesday, August 3

7:00am Phero Pham van Hinh †
12:10pm Annie B. Hawkins †

Wednesday, August 4

7:00am Guy Chason
12:10pm Deacon Leonard Lockett †

Thursday, August 5

7:00am For the unborn
12:10pm For the Souls in Purgatory

Friday, August 6

12:10pm For Married Couples

For the recently deceased: Virginia Reynolds †, Kitty Quinn †, Mildred Mary Henry †, William Stasny Jr. †, Gloria Starks †

For upcoming weddings: Alvarez & Alvarez

www.sacredhearthouston.org

WORSHIP AID

For complete texts and translations: <https://www.sacredhearthouston.org/worship>



Prelude

Introit: Deus in adiutorium meum intende (mode VII)

Gregorian Chant

Processional

#713 Lord of all Hopefulness

SLANE

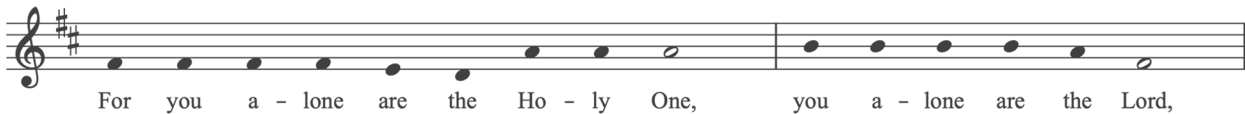
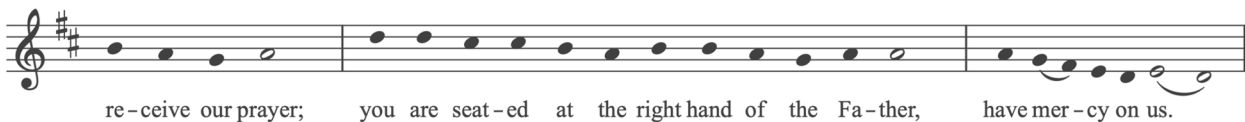
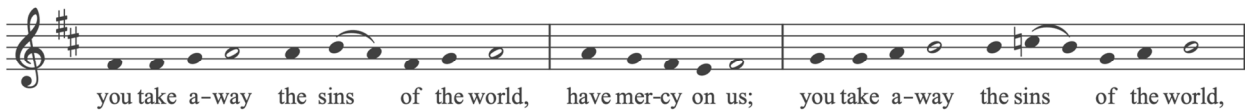
Kyrie eleison (Mass in Honor of St. Ignatius)

Russel Weismann



Gloria (Mass in Honor of St. Ignatius)

Russel Weismann



WORSHIP AID

Readings: #1123

Responsorial: Psalm 78

Owen Alstott



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Offertory: #914 Alleluia! Sing to Jesus

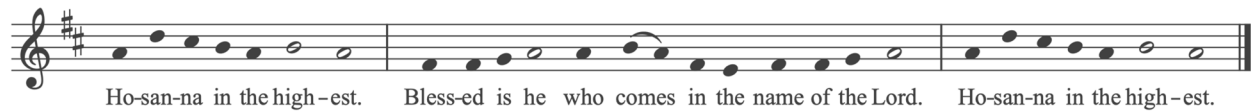
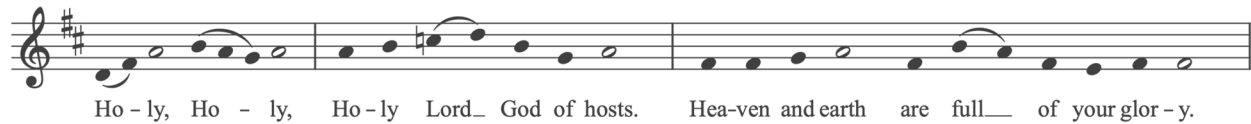
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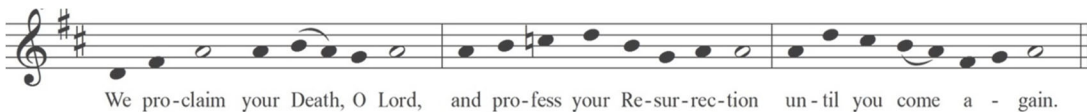
Sanctus (Mass in Honor of St. Ignatius)

Russel Weismann



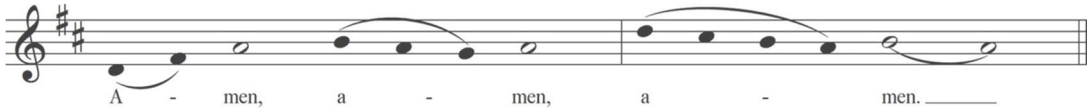
Memorial Acclamation (Mass in Honor of St. Ignatius)

Russel Weismann



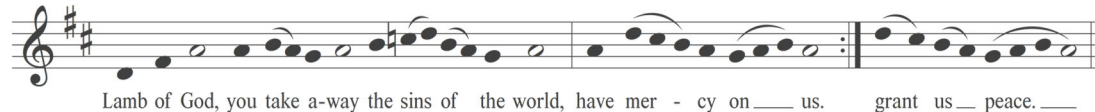
Concluding Doxology (Mass in Honor of St. Ignatius)

Russel Weismann



Agnus Dei (Mass in Honor of St. Ignatius)

Russel Weismann



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Holy Communion

Panem de caelo (mode V)

Gregorian Chant

You gave us bread from heaven, O Lord, having in it all that is delicious, and the sweetness of every taste.

#704 For the Fruits of This Creation

EAST ACKLAM

Love Is His Word

Calvin Hampton (1938-1984)

Recessional

#733 How Can I Keep from Singing

HOW CAN I KEEP FROM SINGING

Postlude

PARISH LIFE

Youth Group Service & Fellowship: All incoming 7th–12th grade students are invited to gather together for fellowship, prayer, and service! On Sunday, August 8th 9:30-12:00 we will be working on several projects including filling backpacks with school supplies for children in need. Come for part of the day or all! E-mail Faby to RSVP and ensure there are enough snacks for everyone, flopez@sacredhearthouston.org!

First Friday Devotion: The church has had a venerable tradition of celebrating First Friday devotions relating to the Sacred Heart of Jesus. As an important part of our parish's devotional life we plan to roll out a new First Friday program beginning in October. Be on the lookout for more details for this new opportunity.

Visit **BELONG** on our website for more details.

Food Drive: Bring your unopened food donations to our donation bins in the Narthex. Items needed: Chewy granola bars, individual sized raisins, juice boxes, individual sized chips, cereal, canned fruit, canned vegetables, salt, pepper, baby wipes, and school supplies. Want to shop online? Visit our website to see our Amazon shopping list and other ways to donate online.

Infirm Priests: This weekend is the second collection for Retired and Infirm Priests. The collection helps provide much-needed medical and emergency support for retired and infirm priests. With more than a third of our priests over 65, the Archdiocese is facing more responsibilities as priests age or face serious illness. Please keep all of the retired and infirm clergy in your prayers.

Visit **GIVE** on our website for more details.

K-12 Faith Formation: Registration for in-person faith formation is open! In-person sessions will be on Sundays from 3:30-5:00pm beginning on September 12th. We welcome public, private, or homeschoolers. Register online or for more information send an email to Carmen Benitez at cbenitez@sacredhearthouston.org.

Fertility Care: Meet the Co-Cathedral's new Director of Family Life, Mary Caprio, at 2pm this Sunday in the Cathedral Centre for a presentation to conclude Natural Family Planning Awareness Week.

Mary will present an overview on the Church's Teaching on Natural Methods to care for your health and manage your fertility. This kicks off our parish's new focus on NFP. Bring your questions. All are welcomed!

Visit **GROW** on our website for more details.

Pope Francis's Prayer Intention for August: **The Church:** Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

Family Adoration: Join other parish families every Tuesday at 9:30am in front of the Tabernacle to pray the rosary, read about saints, and have a few moments of silent reflection. Afterwards, all are invited for snacks and fellowship in the air conditioning at the Cathedral Centre! All ages and abilities are welcome.

First Thursday: Join us on August 5th for Solemn Exposition at the conclusion of the 12:10pm Mass. At 1pm a Scriptural Rosary will be prayed followed by Benediction to conclude the afternoon.

Visit **GO** on our website for more details.

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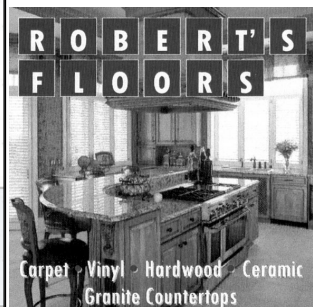
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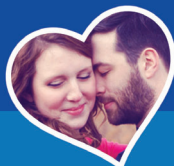
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WHY IS IT

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shaves with an ADVERTISED razor
brushes his teeth
with ADVERTISED toothpaste
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puts on ADVERTISED clothes
drinks a cup
of ADVERTISED coffee
drives to work
in an ADVERTISED car
and then . . .
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believing it doesn't pay.
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WHY IS IT?