

Holy Spirit – St. Stephen Pastorate

Confirmation Saint Name Project

Candidate Name: _____ Chosen Saint Name: _____

Step 1: DISCERN

As you prepare to celebrate the sacrament of Confirmation, you are asked to choose a Confirmation name. Because Confirmation is the completion of Baptismal grace, it is encouraged that you use your Baptismal name. However, it is still a worthy practice to choose the name of a saint whom you admire or a patron saint of a cause you feel connected to. Before making your decision, you will want to research your choices and pray about it! Ask your Sponsor and parents for guidance.



Step 2: LEARN

After you have chosen your saint name for Confirmation, you will complete a Confirmation Saint Research Project (specifics for this project can be found below). Your confirmation sponsor can assist you in locating information about the saint you have chosen. You can look for information for this project in: the public library, religious bookstores, or online (see back for online resources).

Step 3: SHARE

Write a summary of the life of your patron saint (at least one page). Please include:

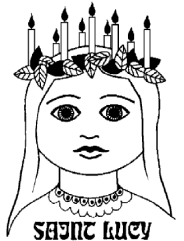
- ◆ Who - Name of saint
- ◆ What motivated the saint to be a follower of Jesus
- ◆ How did they live their life, something of note
- ◆ When is their feast day

And most importantly,

- ◆ **Why you chose this saint** – If you chose your Baptismal name, did you learn more about why your parents chose the name they did for you? Did you learn about the saint your name is derived from? If you chose another saint's name for your Confirmation name, what impressed you the most about how this saint lived his/her life? Why compelled you to choose this saint?

At the end of the summary (on a separate page or on the back), use your imagination and creativity and draw symbols identifying the saint's:

- ◆ Vocation (married, priest, religious, single)
- ◆ Lifestyle (king, queen, doctor, peasant, scholar, etc.)
- ◆ Special Works (fed the poor and destitute, defended the faith against heresy, gave up all possessions, etc.)



St. Francis, pray for us

Use this form as a cover sheet for your Confirmation Saint Research Project. The due date for this project is October 22, 2023.

Online Resources

Catholic Online Saints and Angels

<http://www.catholic.org/saints/>

Loyola Press

<https://www.loyolapress.com/catholic-resources/saints/>

USCCB

<https://www.usccb.org/prayer-and-worship/prayers-and-devotions/saints>

Catholic Apostolate Center

<https://www.catholicapostolatecenterfeastdays.org/feast-day-calendar>

Please put what you learn **into your own** words.

Please don't cut & paste articles.