

### PRINCIPAL'S PERSPECTIVE

Dear Holy Name of Jesus Community,

We strive for personal excellence at Holy Name of Jesus School, and with this mission guiding everything we do, we continue to achieve success year after year. As a Cognia School of Distinction, our teachers, programming, culture, and partnership with Loyola continue to set us apart from others. We remain a model school among our peers. Over the past four years, we have watched our academic data advance, demonstrating overall school growth and achievement. Our students continue to score above national averages in both mathematics and English. This year, we also innovated a more concentrated approach to teaching, measuring, and celebrating our core beliefs, which are based on our Ignatian charism. We continue to cultivate a diverse set of course offerings, including student choice electives for middle school students and a fine arts department that is second to none. Even our littlest Gators have been blessed with updated classrooms, a new social worker, and more enrichment opportunities. Holy Name cultivates well-rounded students who are prepared for an ever-changing and challenging world. We are preparing good young citizens, ready to engage their world.

In the coming year, we now have the opportunity to support our athletic department in an unprecedented manner. Thanks to your support, we were able to receive financial participation from 90% of our families in our Foundations for the Future Capital Campaign. This is an extraordinary milestone! This response helped us reach our stretch goal of \$7 million. We are also grateful to our HNJ Men's Club for pushing us over the finish line. Our development team is now better equipped to approach foundations and those with a larger capacity to bring us to our vision goal and accomplish the dream of the community to build a gym. More importantly, every dollar we raise in the campaign from this point forward will go directly to the gym.

It is now time to extend re-enrollment to our current families for the 2024-2025 school year. Our recent accomplishments would not be possible without your investment and engagement in your children's Catholic education, which has allowed us to extend the smallest tuition increase in years. Thank you for your continued commitment to Holy Name of Jesus School. Check your inbox for an email from Ms. Kaitlin Southwick to begin your re-enrollment process today.

God Bless.

Kirsch J. Williams







# What's Important This Week & Next

### **Tuesday, January 9**

- · Re-enrollment Continues
- 1st & 6th Grade Free Dress

### Wednesday, January 10

- 1st & 6th Grade Free Dress
- Birthday Book Club
- Re-enrollment Continues

### **Thursday, January 11**

- 1st & 6th Grade Free Dress
- Re-enrollment Continues

### Friday, January 12

- 1st & 6th Grade Free Dress
- Re-enrollment Final Day (LG-PK3)
- School Mass (2nd-7th, 5B sponsoring),
   8:30 a.m., parents invited
- Liturgy of the Word (PK4-1st, 1M and PK4P sponsoring), 9:45 a.m., parents invited
- King Cake Day

### **Monday, January 15**

- Dr. Martin Luther King, Jr. Holiday
- Re-enrollment Continues (PK4-7th)

### **Tuesday, January 16**

- Coffee with Admin for 4th, 5th & 6th Grade Parents, 8 a.m., Parish Center
- NWEA Testing (1/16-1/19) (PK4-7th)
- Re-enrollment Continues (PK4-7th)

### Wednesday, January 17

- Re-enrollment Continues (PK4-7th)
- Matilda Parent Meeting, 6 p.m.

### Friday, January 19

- Re-enrollment Continues (PK4-7th)
- School Mass (2nd-7th, 5C sponsoring), 8:30 a.m., parents invited
- Liturgy of the Word (PK4-1st, 1H and KD sponsoring), 9:45 a.m., parents invited

# **Quick Links**













# Counselor's Corner

Now that the holiday break is over, it's time to establish our daily routines again! One of the most crucial routines for children, which can sometimes be disrupted by holidays, is a regular sleep routine. Getting enough sleep is essential for a child's academic success. Insufficient sleep can lead to difficulties in concentration and hinder their ability to learn effectively. Lack of sleep has been linked to



lower academic achievement in middle school, high school, and college. It can also result in higher rates of absenteeism and tardiness. For optimal performance, most younger children (ages 5-12) require 10-12 hours of sleep per night, while adolescents (ages 13-18) need about 8-10 hours per night.

### **Tips for Establishing a Good Nighttime Routine**

To help your child get back into a healthy sleep routine, here are some tips:

- 1. Consistent Bedtime: Determine a consistent bedtime for your child and stick to it every night. A regular sleep schedule helps your child relax and fall asleep more easily. Consider setting aside time for a calming bedtime routine, such as taking a bath or shower, reading together, and tucking them in with a good-night message.
- **2. Limit Electronics:** Encourage your child to turn off electronic devices at least 1 hour before bedtime. The blue light emitted by screens can interfere with the body's natural sleep-wake cycle, making it harder to fall asleep.
- **3. Create a Calm Environment:** Ensure a quiet and calm setting in your home, especially when younger children are trying to sleep. Minimize noise and distractions to help them drift off peacefully.

By following these tips, you can help your child establish a healthy nighttime routine and ensure they are well-rested for school. Remember, a good night's sleep is the foundation for academic success! For more information about developing a good sleep routine, click here.







### Catholic Schools Week Tip-Off

We are so excited to share that NOLA Catholic Schools will be kicking off Catholic Schools Week 2024 with our first-ever Catholic Schools Week Tip-Off with the New Orleans Pelicans!

On **Friday, January 26, 2024**, we invite you to join us for a night of faith and fun to kick off Catholic Schools Week. We will begin the evening with a pre-game worship rally, led by some of our very own faith leaders and High School music talent. Following the worship rally we will enjoy the basketball game, and conclude the night with a group photo on the Pelicans court!

We have reserved tickets at a discounted rate - tickets will be \$25/each. All students must be accompanied by an adult. Faculty and staff are encouraged to join us as well. Tickets can be purchased **here**.

### **Music Notes**

Congratulations to our middle school choir for their excellent Christmas performances at the Lambeth House and at Nola Christmas fest 2023!









JOIN US FOR



WITH HNJ SCHOOL ADMIN TEAM
TUESDAY, JANUARY 16
8:00 A.M.
HNJ PARISH CENTER FABER ROOM

# 4TH, 5TH & 6TH GRADE PARENTS CLICK FLYER TO SUBMIT TOPICS



PARENTS OF 4TH, 5TH AND 6TH GRADERS ARE INVITED.
PARKING AVAILABLE IN THE CHIU FAMILY YARD. ENTER
THROUGH THE PARISH CENTER BACK DRIVEWAY/PATIO OR
THROUGH THE ADORATION CHAPEL DOORS.









IN CELEBRATION OF OUR SCHOOL REACHING 90% PARENT FINANCIAL PARTICIPATION, ALL STUDENTS HAVE EARNED A FREE DRESS WEEK JANUARY 22-26, 2024.

PLEASE MAKE SURE TO FOLLOW THE FREE DRESS GUIDELINES IN THE HANDBOOK.

CONGRATULATIONS AND THANK YOU FOR SUPPORTING FOUNDATIONS FOR THE FUTURE!







### **HNJ Parish Uppates**



Join us for Mass at Holy Name of Jesus Church

Weekday Masses

7 a.m. (Church) 12 p.m. (Ignatius Chapel on Loyola University Campus)

Saturday Vigil

4:00 p.m.

Sunday Masses

8 a.m., 10:30 a.m., 6 p.m.

# **Grandparents Club**

Holy Name of Jesus School has formed a brand new grandparents club called the Grand Gators! The purpose of the club will be to give our grandparents an opportunity to become involved in the life of the school through volunteering, fundraising, event planning, and more. If you are interested in becoming involved, please complete the form linked below, and share your contact information with us. Thank you for your interest!

Families: Keep your Grandparents informed! Make sure to update your family's <u>RenWeb account</u> to add Grandparents' contact information so they can receive updates from HNJ.

Click here to get involved with our Grandparents Club







### Parent Teacher Club Updates

### **Volunteer Interest Form**

HNJ is extremely fortunate to have an amazing community that is able to produce fantastic events that benefit our students and families. However, these events cannot happen without help from parent volunteers. We know your time is precious and limited, and your support and help to make these events happen is greatly appreciated not only by the event chairs but by our children. Volunteering for HNJ events is also lots of fun; new friends are made and good times are had by all. All of these events are open to all families at HNJ (all are family friendly except the Tennis Tournament and Gala, which are for adults only!).

The school is asking all parents to consider becoming a volunteer to help plan and execute school events. We have created a Volunteer Interest Form so you can indicate specific areas of interest. **NOTE: this form is NOT the official volunteer sign-up form for the events.** The specific event sign-ups with time slots will be sent out closer to the events. This form is a planning tool for the PTC and event chairs to help us recruit leaders and committee members.

Thank you in advance for your help and support! Reach out to PTC President Ana Rice (anaerice@gmail.com) with any questions. Thank you for your consideration!

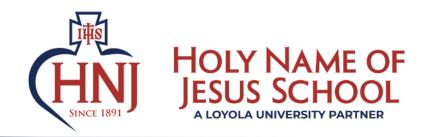
Click here to become a volunteer











#### Mission

Holy Name of Jesus School is an inclusive community dedicated to teaching children confidence, compassion, and integrity while staying committed to academic excellence and the Catholic faith.

### **Core Beliefs**

-Find God in everyone and everything
-Strive for personal excellence
-Are boys and girls for others
-Open eyes with faith, open ears with truth, and open hearts with love

### **Academic Vision**

Holy Name of Jesus School fosters academic excellence in an inclusive environment where our community celebrates and supports all members through student development, innovation, and social justice.

Motto: To wonder, to achieve, to make a difference, together

**Decisions:** Student-centered

In implementing this academic vision, Holy Name of Jesus School is committed to:

#### GOAL #1

Meeting the needs of ALL students by utilizing data to differentiate instruction in order to grow as individuals academically, spiritually, and socially

#### GOAL #2

Delivering engaging, collaborative, projectbased opportunities where students develop an inquisitive approach to learning

#### Goal #3

Providing ongoing
opportunities to
highlight, promote, and
celebrate our own and
other's backgrounds,
cultures, and differences

Learn more about Holy Name of Jesus School www.hnjschool.org 504-861-1466