

PRINCIPAL'S PERSPECTIVE

Dear Holy Name of Jesus Community,

As I approach my 48th birthday at the end of this month, I am captivated by how quickly time has passed, particularly lately. My youngest is entering his second semester of college. How did that happen so fast? Likewise, our 7th grade students are preparing to go to high school next year. I still remember this class as a young, curious group of 4th graders whose sense of wonder filled the room when I walked in. Now, they are young adults who just completed the high school placement exam and can't wait to hear news about their new adventure. Keep them in your prayers over the next few months as they discover what plans God has for them. Stepping into their new paths with the foundations established here at Holy Name of Jesus School is sure to set them up for success!

As we navigate all of the recent weather events, I pause in gratitude for a calm hurricane season this past fall. We were very fortunate to not have to cancel school and miss instructional time due to the threat of a hurricane. This has afforded us the extra days/time we build into our annual calendar to be used this month. *IF* we exceed our allotted time off due to inclement weather closures, the scheduled make-up days are built into the end of the Easter break, the first week in April. We will keep you posted if this adjustment is necessary.

Lastly, I would like to give a huge shout out to our Grand Gators! We have a newly organized grandparents club this year. This group has worked hard to set goals and become more involved in the day-to-day activities of the school. The members of this group will soon begin volunteering to assist our students during lunch time. We are so grateful for their help. Their positive presence and servant-oriented nature makes them great role models for our students!

God Bless, Kirsch J. Williams







What's Important This Week & Next

Wednesday, January 17

- Re-enrollment Continues (PK4-7th)
- Matilda Parent Meeting, 6 p.m.

Friday, January 19

- Re-enrollment Continues (PK4-7th)
- School Mass (2nd-7th, 5C sponsoring), 8:30 a.m., parents invited
- Liturgy of the Word (PK4-1st, 1H and KD sponsoring), 9:45 a.m., parents invited

Monday, January 22

- Re-enrollment Continues (PK4-7th)
- All School Free Dress

Tuesday, January 23

- Re-enrollment Continues (PK4-7th)
- All School Free Dress

Wednesday, January 24

- Re-enrollment Continues (PK4-7th)
- All School Free Dress

Thursday, January 25

- Re-enrollment Continues (PK4-7th)
- All School Free Dress

Friday, January 26

- Re-enrollment Continues (PK4-7th)
- All School Free Dress
- School Mass (2nd-7th, 5C sponsoring), 8:30 a.m., parents invited
- Liturgy of the Word (PK4-1st, 1B and KH sponsoring), 9:45 a.m., parents invited
- Early Dismissal All Grades
- No Later Gators
- Parent Teacher Conferences, 1-4 p.m.

Saturday, January 27

First Reconciliation, 10 a.m.

Sunday, January 28

 Catholic Schools Week School-Sponsored Mass, 10:30 a.m.

Quick Links













Counselor's Corner

Now that the holiday break is over, it's time to establish our daily routines again! One of the most crucial routines for children, which can sometimes be disrupted by holidays, is a regular sleep routine. Getting enough sleep is essential for a child's academic success. Insufficient sleep can lead to difficulties in concentration and hinder their ability to learn effectively. Lack of sleep has been linked to



lower academic achievement in middle school, high school, and college. It can also result in higher rates of absenteeism and tardiness. For optimal performance, most younger children (ages 5-12) require 10-12 hours of sleep per night, while adolescents (ages 13-18) need about 8-10 hours per night.

Tips for Establishing a Good Nighttime Routine

To help your child get back into a healthy sleep routine, here are some tips:

- 1. Consistent Bedtime: Determine a consistent bedtime for your child and stick to it every night. A regular sleep schedule helps your child relax and fall asleep more easily. Consider setting aside time for a calming bedtime routine, such as taking a bath or shower, reading together, and tucking them in with a good-night message.
- **2. Limit Electronics:** Encourage your child to turn off electronic devices at least 1 hour before bedtime. The blue light emitted by screens can interfere with the body's natural sleep-wake cycle, making it harder to fall asleep.
- **3. Create a Calm Environment:** Ensure a quiet and calm setting in your home, especially when younger children are trying to sleep. Minimize noise and distractions to help them drift off peacefully.

By following these tips, you can help your child establish a healthy nighttime routine and ensure they are well-rested for school. Remember, a good night's sleep is the foundation for academic success! For more information about developing a good sleep routine, click here.









RE-ENROLLMENT FOR 2024-2025

Re-enrollment for current PK3-6th grade students is available now and is due
Friday, January 26. Click this flyer for instructions, and email Kaitlin Southwick (ksouthwick@hnjschool.org) if you have any questions or concerns.









Gator Athletics

Congratulations to the 7th-grade boys basketball team for their 5-0 start to the season. The 6th-grade boys basketball team currently holds a 4-1 record and second place in the division standings. The middle school girls basketball team is 3-2 on the season and sits in 3rd place in the division standings while the 5th-grade boys basketball team has a 2-4 record.

Both the 4th-grade and middle school soccer teams are still looking for their first victory of the season. Dedication and perseverance will prove to be the winning formula in future contests.



























Holy Name of Jesus will be helping the Women's New Life Clinic in their mission to help women in unplanned pregnancies.

During Catholic Schools Week, 5th and 6th graders will assemble "mom care bags" that are given to each woman who enters the facility.



Suggested donations by grade are:

PK3 and 7th grade - Coffee mug
Pk4 and 6th grade - Fuzzy Socks
Kindergarten - Lip Balm
1st Grade - Lotion
2nd Grade - Pen
3rd Grade - Notebook
4th grade - Chocolate (no nuts)
5th grade - Tea bags
Little Gators - Any of the above items.



Donations are due by Friday, January 26. Any questions, please email Ludivine Foley at lfoley@hnjschool.org.



















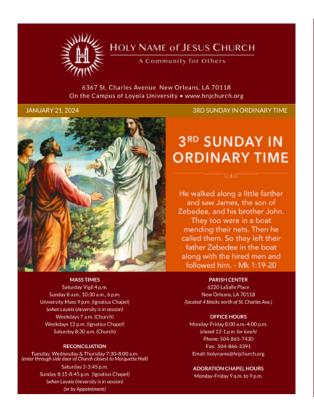








HNJ Parish Uppates



Join us for Mass at
Holy Name of Jesus Church

Weekday Masses
7 a.m. (Church)

7 a.m. (Church)
12 p.m. (Ignatius Chapel on
Loyola University Campus)
Saturday Vigil

4:00 p.m.

Sunday Masses

8 a.m., 10:30 a.m., 6 p.m.

Grandparents Club

Holy Name of Jesus School has formed a brand new grandparents club called the Grand Gators! The purpose of the club will be to give our grandparents an opportunity to become involved in the life of the school through volunteering, fundraising, event planning, and more. If you are interested in becoming involved, please complete the form linked below, and share your contact information with us. Thank you for your interest!

Families: Keep your Grandparents informed! Make sure to update your family's <u>RenWeb account</u> to add Grandparents' contact information so they can receive updates from HNJ.

Click here to get involved with our Grandparents Club







Parent Teacher Club Updates

Volunteer Interest Form

HNJ is extremely fortunate to have an amazing community that is able to produce fantastic events that benefit our students and families. However, these events cannot happen without help from parent volunteers. We know your time is precious and limited, and your support and help to make these events happen is greatly appreciated not only by the event chairs but by our children. Volunteering for HNJ events is also lots of fun; new friends are made and good times are had by all. All of these events are open to all families at HNJ (all are family friendly except the Tennis Tournament and Gala, which are for adults only!).

The school is asking all parents to consider becoming a volunteer to help plan and execute school events. We have created a Volunteer Interest Form so you can indicate specific areas of interest. **NOTE: this form is NOT the official volunteer sign-up form for the events.** The specific event sign-ups with time slots will be sent out closer to the events. This form is a planning tool for the PTC and event chairs to help us recruit leaders and committee members.

Thank you in advance for your help and support! Reach out to PTC President Ana Rice (anaerice@gmail.com) with any questions. Thank you for your consideration!

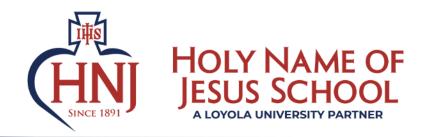
Click here to become a volunteer











Mission

Holy Name of Jesus School is an inclusive community dedicated to teaching children confidence, compassion, and integrity while staying committed to academic excellence and the Catholic faith.

Core Beliefs

-Find God in everyone and everything
-Strive for personal excellence
-Are boys and girls for others
-Open eyes with faith, open ears with truth, and open hearts with love

Academic Vision

Holy Name of Jesus School fosters academic excellence in an inclusive environment where our community celebrates and supports all members through student development, innovation, and social justice.

Motto: To wonder, to achieve, to make a difference, together

Decisions: Student-centered

In implementing this academic vision, Holy Name of Jesus School is committed to:

GOAL #1

Meeting the needs of ALL students by utilizing data to differentiate instruction in order to grow as individuals academically, spiritually, and socially

GOAL #2

Delivering engaging, collaborative, projectbased opportunities where students develop an inquisitive approach to learning

Goal #3

Providing ongoing
opportunities to
highlight, promote, and
celebrate our own and
other's backgrounds,
cultures, and differences

Learn more about Holy Name of Jesus School www.hnjschool.org 504-861-1466