



THE MOST HOLY BODY AND BLOOD OF CHRIST – 11 JUNE 2023

***“I am the living bread that came down from heaven.
Whoever eats of this bread will live forever;
and the bread that I will give for the life of the world is my flesh.”***

(Today's Readings: Deuteronomy 8:2-3, 14-16; 1 Corinthians 10:16-17; John 6:51-59)



Announced Mass intentions

Sat., June 10	5:00PM Mass – Cecil Hall+
Sun., June 11	THE MOST HOLY BODY AND BLOOD OF CHRIST – CORPUS CHRISTI
	8:00AM Mass – Holy Cross Parishioners
	10:00AM Mass – Denise Daguihl+
	Fesseha Fre and Zafu Kuflu+
Wed., June 14	12:15PM Mass – Fr. Kenneth Nzequji+
Thurs., June 15	12:15PM Mass – Marc Gardner+
Fri., June 16	11:30AM ADORATION until 12 noon
	12:15PM Mass – Holy Cross Parishioners
Sat., June 17	5:00PM Mass
Sun., June 18	8:00AM Mass – Holy Cross Parishioners
	10:00AM Mass – Garry Brown+
	Vivian Braganza+
	Fr. Kenneth Nzewuji+

Events Calendar ...

Sun., June 11	11:00AM Annual General Meeting – Hall
	Food Drive at all the Masses
Mon., June 12	7:00PM Parish Pastoral Council meeting
Wed., June 14	7:30PM Choir (10:00) practice – Church
Sat., June 17	6:00PM Steak & Awards BBQ – Hall



CONGRATULATIONS to all the children who celebrated the Sacrament of Confirmation on Saturday, June 03: **Keana Abuel, Sesina Andemariam, Angelo Beleno, Iker Bravo, Marc Francis Carbonel, Abigail Foncea, Lucas Foncea, Luis Forster, Manrique Hernandez, Xavier Hogg, Pippa Johnson,**

Nathan Lacasse-Brazeau, Emilio Mateus, Natalia Mateus, Sofia Mateus, Gavin Montinat, Lance Pearson, Alejandro Santos Currie, Jackson Singlehurst, Lukas Singlehurst, Olivia Stanyer, Simone Stratford and Tierra Walker.

“May they keep the flame of faith alive in their hearts.”

Message from our Pastor...

THE BODY AND BLOOD OF CHRIST

This is the mystery of the Body and Blood of Christ, of Eucharist in liturgy—the work of the people. But it is also the mystery of Jesus' teaching, of the Word made flesh that dwells among us in the Scriptures.

We feast on the word, chew on it, and swallow it, internalizing it so that it becomes part of us. We stand on our words in the Creed and offer our bodies and lives to God with the bread and wine. And God transforms the bread and wine into the presence of the Risen Lord, the Body and Blood of Christ and transforms us into the Body and Blood of Christ, the Church in the world, as food and justice, hope, and peace for all.

We eat what we have proclaimed and become what we eat, becoming God's presence in the world for it is life and salvation. We eat the Bread and the Word, and we will live forever, and even here, we will taste everlasting life in God, our Father, Jesus the Risen Lord, and the Spirit who bind us together.

(Bible Diary—Claretian Publication)

THANK YOU to Joe Goski our Financial Council Chair in presenting our financial report in detail to the parish. I am so grateful to all of you for your financial support towards the parish as we are just recovering from the negative impact on our donations during Covid. You may find another bulletin report to understand our challenges ahead. I also invite you to join for our AGM on this Sunday after the 10.00 am Mass.



CONGRATULATIONS to Fr. Paul Keller who is elected as the Provincial Superior for US and Canada Claretians. He is elected for the next 6 years with a new team of Councillors. Our prayers and best wishes are with him.

God bless.
Fr. Lukose CMF

IF YOU HAVE A LOVED ONE in the hospital and would like them to receive the Sacrament of the Sick, you are asked to please contact the Chaplain from that hospital.

A NOTE ON PASTORAL LETTERS

People ask for pastoral references for various purposes. A pastoral letter is an affirmation of your active commitment to the parish on various levels. It obviously means that you are a registered parishioner supporting the parish in its sacramental and communitarian faith journey and the pastor of the parish affirms it.

Parish News and Community Life...

PARISH PASTORAL COUNCIL MEMBERS 2023-2024: The following are the members of Parish Pastoral Council for the year 2023 – 2024: **Chair:** Greg Yost; **Vice-Chair:** Rose O'Neil; **Members:** Giles Leo, Marcus Cole, and Debbie Kuchciak. We welcome our **New Members**, Owen Thompson, Michelle Mysak and Ana Francisco. Our sincere gratitude to our outgoing members, Sheba Jeyaraj, Trish Brighton, and Armando Prini, for their sincere and dedicated service to the council.

ATTENTION: FLOCKNOTE UPDATE: Our Flocknote communication tool was extensively used during Covid time at Holy Cross to connect with the Parishioners for registering for Masses, sending out updates on Covid restrictions, sharing resources for Children's Liturgy, Sacramental preparation etc. As a result, the list of registration grew large, and many are not opening the Flocknote messages as Covid restrictions are lifted. Unfortunately we have lost some of the Flocknote contact emails. So we are in the process of updating the data. If you wish to continue to be in our mailing list, we are asking you to renew your email ID as early as possible. This will help the Parish to reorganize our parish communication system more effectively. Thank you.



PARISHIONERS – MARK YOUR CALENDARS: PARISH STEAK & AWARDS BBQ hosted by the Knights of Columbus will be held on **Saturday, June 17 at 6 p.m.** in the parish hall.

MARK YOUR CALENDARS – FAMILY MASS: Join us on **SUNDAY, JUNE 25.** We strongly encourage families to support their children and have them sign up for a role. All children will be gently mentored by an adult volunteer throughout the Mass. Roles available to children are Lector, Announcer, Prayers of the Faithful, Usher, Greeter, Collection, Altar Server, and Cross



bearer. For the role of Lector and Prayers of the Faithful, please understand practise is required at home and at the ambo the week preceding the Family Mass with a trained lector. We would also like to offer hospitality following the Family Mass, so we will accept potluck donations of baked goods and juice boxes. If you are interested, please see the information and sign-up sheet on the bulletin board in the narthex or contact Debbie at debbiekuchciak@gmail.com.

Social Justice...

FACES OF ABORTION TOUR: Every day in Canada, nearly 300 children are killed by abortion – faceless and nameless. This summer, CCBP is going on a national tour across the country. At each stop, there will be educational street outreach during the day and an evening presentation on The Faces of Abortion and how to take action to End the Killing. Local stop: **Friday, June 16 at 7 pm - Ottawa Reformed Presbyterian Church (466 Woodland Ave.,).** For more info visit endthekilling.ca/tour.

CHALICE: On behalf of Chalice, we want to say, 'thank you', to Fr. Lukose, to the Parish Council, the staff and to all parishioners for responding to God's grace. Last year Chalice was invited to speak at Holy Cross Parish. As a parish, you sponsored 20 children! Each of those children now has

renewed hope for the future because of the generosity of everyone who assisted. Thank you to all new sponsors and thank you for those who have sponsored a child with Chalice for many years. May God bless all of you!!

Other interests...

NIGHT OF WORSHIP & MINISTRY: Join us on Friday, June 23 from 7-9 pm at St. Mary's Parish, 100 Young St., for an evening of praise, prophecy, teaching, and healing. Theme: God's Beloved. Speaker: Fr. Joshua Grandmaison, CC. Info: night.worship.ministry@stmarysottawa.ca or call Natalia at 613-728-9811 ext. 720.

COLLECTION REPORT

04 June 2023 – \$3,375.25 (env) / \$575.90 (loose)

~ **THANK YOU for your generosity and support** ~

YOUR SUNDAY DONATIONS are critical for the financial health of the Parish and make a difference!

There are several methods in supporting the Parish:

- Offertory Envelopes
- Pre-Authorized Payment (PAP). PAP forms may be found on the table at the entrance of the Church.
- Canada Helps on-line donations.
- E-transfer use: office@holycrossparish.com

PRE-AUTHORIZED PAYMENTS (PAP)

Did you know ... Once-a-month Pre-Authorized Payments (PAP) is the same as a cash or cheque offering for the collection basket! It helps us by providing a regular, dependable flow of contributions.

2023 OFFERTORY ENVELOPES: There are still offertory envelopes that are not picked up on the table at the back of the church. Please be sure to pick up your envelopes.

PLEASE NOTE: We will be publishing **ONLY ONE BULLETIN** for July and one bulletin for August. Our regular weekly bulletin will resume on the weekend of September 03. **Announced Mass Intentions**, as well as **bulletin submissions** for the month of July must be in by **Tuesday, June 27 at 12 noon** and for the month of August submissions must be in by **Tuesday, August 01 at 12 noon**, respectively, to be included in the bulletin.

Have you considered a gift in your WILL to provide for the faith life of future generations?

IN YOUR GENEROSITY, please consider a donation or bequest to Holy Cross Parish.

Food for Thought †

"If the poison of pride is swelling up in you, turn to the Eucharist; and that bread, which is your God humbling and disguising himself, will teach you humility."

(St. Cyril of Alexandria)