

Most Holy Trinity Sunday

Sunday, June 12 , 2022

First Reading: Proverbs 8:22-31

Psalm #8 R: O Lord, our God, how majestic is your name in all the earth!

Second Reading: Romans 5:1-5 God's love has been poured into our hearts through the Holy Spirit

Gospel Acclamation: Glory to the Father, the Son, and the Holy Spirit: to God who is, who was, and who is to come.

Gospel: John 16:12-15 The Holy Spirit will take what is mine and declare it to you.

Theme: The Holy Trinity is a mystery. Jesus sends his Holy Spirit to us to teach and guide us.

Commentary:

The Holy Trinity is complicated. Most mysteries are. Catholics embrace mysteries, even though we understand only a part of them, because really, who could possibly understand God and all his ways? His ways are a mystery. At every Mass we say; "We celebrate these sacred mysteries". We know a lot about these mysteries but not everything. Who can understand completely how the bread and wine can be transformed into Jesus' Body and Blood at the Eucharist. It's a mystery. We know it happens but cannot fully explain it. Yet we know, nothing is impossible with God.

Maybe the greatest mystery of them all is the Holy Trinity. How can God be one and three at the same time? We have God the Father, God the Son and God the Holy Spirit. Three different natures but one God. Three persons relating to one another. Three and one at the same time, united with love and in love. Love is what connects them into one. Love defines God. God is love. God can do nothing but love. It is his essence. Love is who God is.

Our scriptures today offer us a way to see creation through the lens of the Holy Trinity. The first reading, from Proverbs, sings poetically of the divine work of creation. St Paul, in the second reading, offers guidance in the struggle it will take to heal our world. He writes, "in all our afflictions, we have hope, in the love of God, that has been poured out into our hearts through the Holy Spirit." Finally in the Gospel, Jesus assures his disciples that they are equipped for the task they will inherit with the gift of the Spirit of truth, from the heart of the relationship between Father and Son to guide them to truth.

When we pray, "In the name of the Father and of the Son and of the Holy Spirit", it reminds us that we belong to a family; the family of God! We understand that the Holy Spirit is the love that connects God the Father and God the Son, yet all three are still one. Three persons; the lover (The Father), the beloved (Jesus) and the shared love (Holy Spirit). They are in friendship with each other. They are family.

We are part of this family! God delights that we ask for the help of the Holy Spirit to teach and remind us of all that Jesus has taught us. All the gifts that God pours out onto us are not for our keeping. The Holy Spirit is just waiting to be invited to teach and guide us so we can lead others to a relationship of love with the Holy Trinity, Father, Son and Holy Spirit.

Discussion Starters: (Choose one or more of these after reading today's scripture readings)

1. Last week we discussed how we need to be open to seeing and receiving Jesus' Holy Spirit in all moments of our days. Have you noticed how the Holy Spirit has helped you this week? Share this with your family
2. This week make note (in an exercise book or something like it) when you notice Jesus' Holy Spirit helping you be a better person. Be sure to give thanks to God the Father for sending His Spirit to guide and teach or remind you the things Jesus taught. Share these with your family.

Prayer for Families: Holy Trinity, we thank you for bringing us into your family of love and sending your Holy Spirit to teach and guide us in the way you want us to live. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever, Amen.

Colouring Page, Cross Word Puzzle and Word Search: Pages 2-5

Resources used for inspiration in this post: Holy Heroes, Word On Fire, Dynamic Catholic, Sermons4Kids

Family Activities - Based on John 16:12-15

SPEAK/HEAR GAME:

Use the old "telephone game" of whispering something in one ear and then THAT person whispers what he thinks he heard into the next person's ear and continue until the last one has heard the whisper. That child will tell what he HEARD. Encourage children to whisper things they know about Jesus and His Word.

KITE FUN:

Have an inexpensive kite for each child or a drawing for them to complete as the family discusses the 5 Christian aspects of a kite - concentrating on the Holy Spirit the most, to go along with this Bible lesson. Here are the 5 analogies for the Kite that we learn on KITE DAY each year.

- 1) The cross shape dowels are how you begin to build a kite and the CROSS is the beginning of the Christian life;
- 2) A kite needs a tail to keep the kite stable in the wind and Christians have the Word of God, to keep them stable;
- 3) A kite needs covering to catch the wind - Jesus covers all our sin and debt;
- 4) A kite has to be anchored to something that won't blow away and we, as Christians have Jesus Christ as our anchor; and
- 5) Kites need the wind to fly. The HOLY SPIRIT is our helper to lift us up.

PRAYER MAT:

Have either pieces of remnant carpet pieces for the children or a plain kitchen or bath mat for children to use markers on, to either place by their bed to remind them to pray and what they have learned about Jesus' Holy Spirit and God's power, or to put in their bedrooms to remind them to pray and the POWER of Prayer!!!

POWER Object lesson:

Have a fan blowing various items at different times during family time and have the discussion that we "didn't SEE what blew the paper off the table", or "we didn't SEE what blew those tissues", etc, but we know SOMETHING is blowing these things around our room. Discuss the POWER of the Holy Spirit even though we cannot see it.

HOLY SPIRIT MOBILE:

Top of the mobile can have a big blue cloud that will say HOLY SPIRIT and hanging in clouds from the mobile can be.... SPIRIT OF TRUTH, WILL NOT SPEAK ON HIS OWN, GUIDES US INTO ALL TRUTH; WILL TELL ME WHAT IS YET TO COME, JOHN 16:12-13. This could be either a family project instead of individual mobiles, depending on your family.

GUIDE GAME:

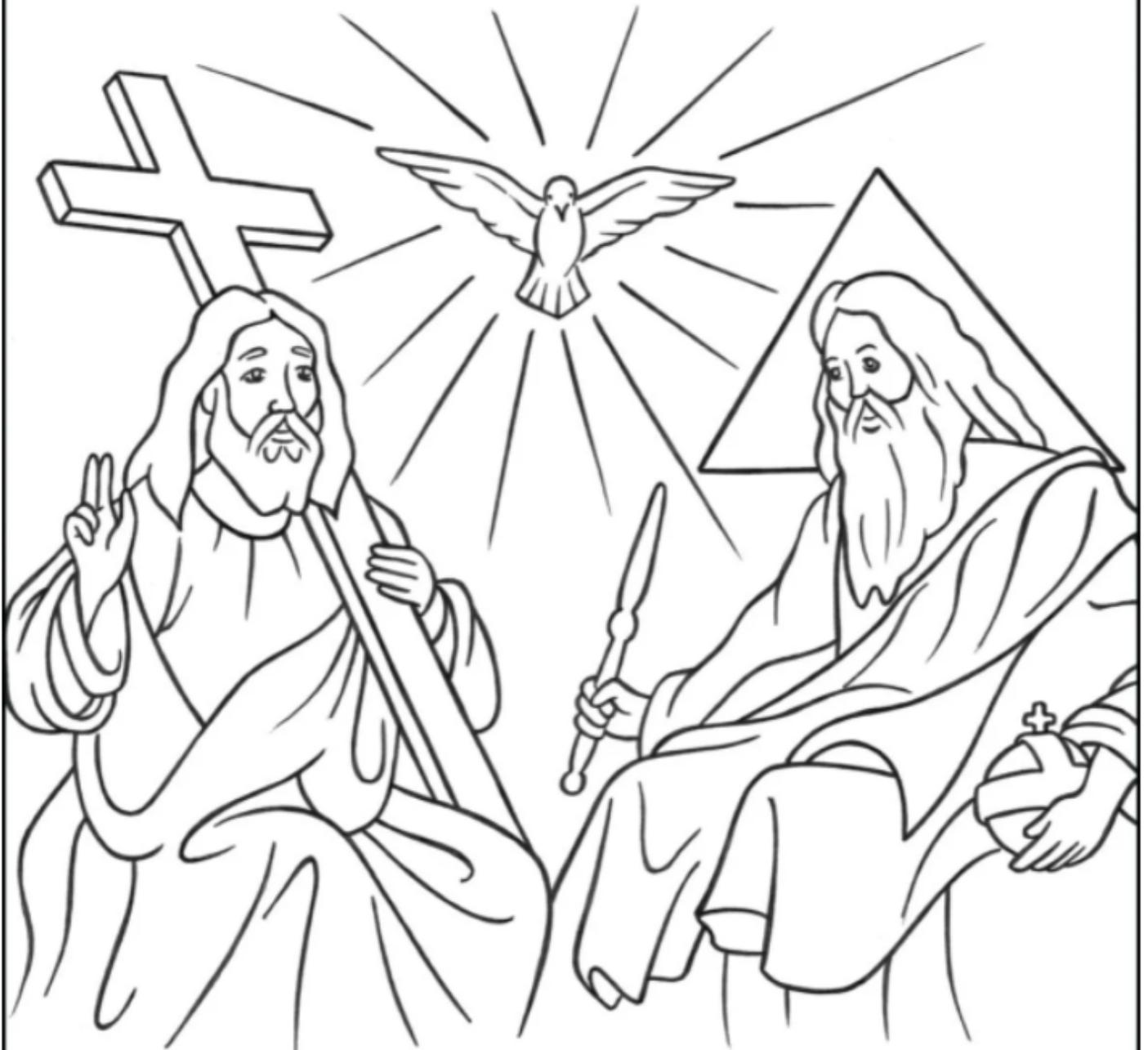
The Holy Spirit is our GUIDE, so families can play a game of hide and go seek, or follow the leader, or a game of tag, but the children have to be touching someone and staying CLOSE like a MAGNET while they play the game, or else they have to sit down if they let go of another person. Discussion about the today's readings.

COLOURING PAGE
Based on MOST HOLY TRINITY SUNDAY

Glory Be

Glory Be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.

Amen.



The Glory Be Prayer - © TheCatholicKid.com

CROSSWORD

Based on MOST HOLY TRINITY SUNDAY

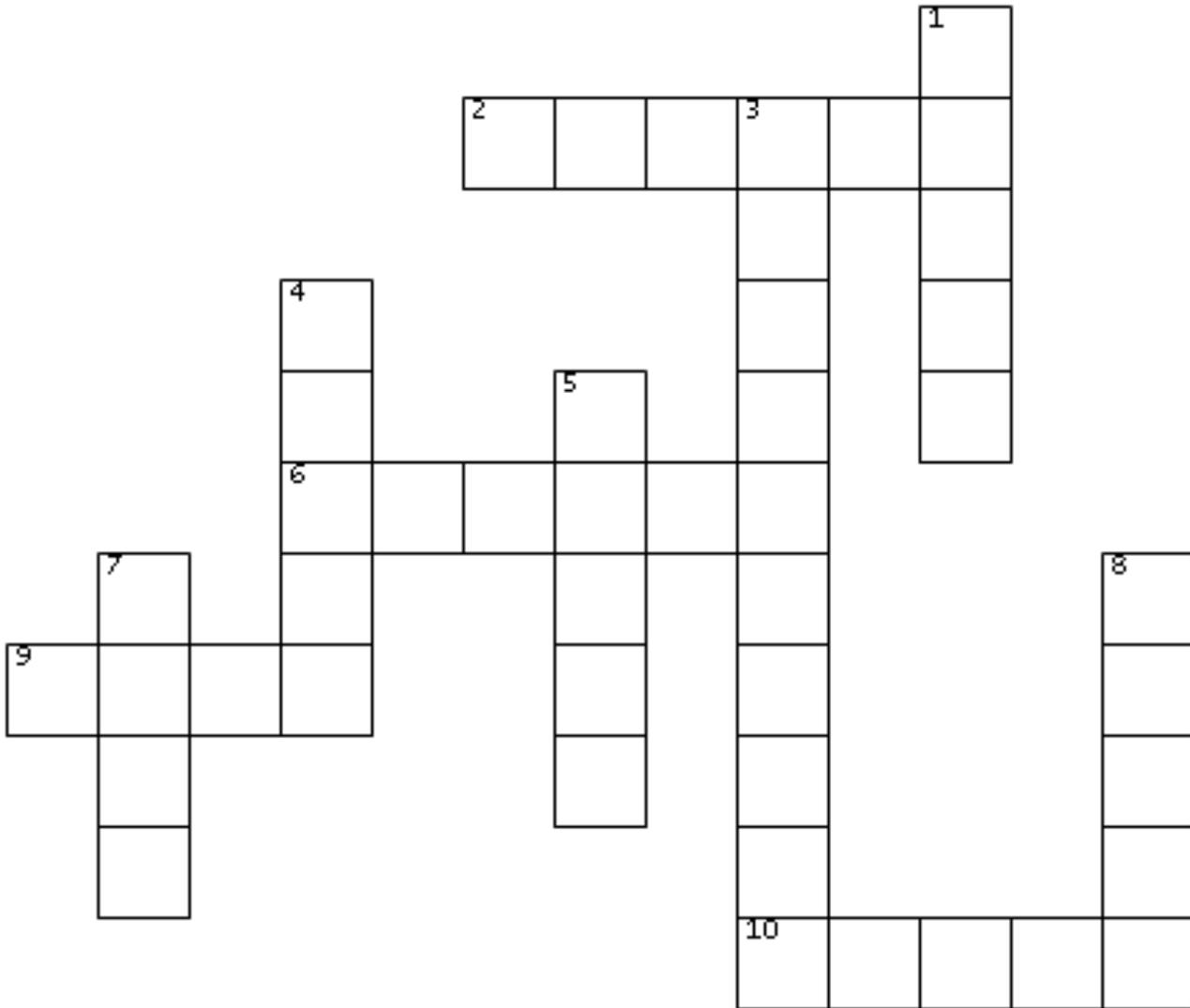
Q C Y L G J B Y W V M R H S K
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K I C V Z I N Z G M T V M B D
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T Z B U K N S X L N J N Y P U

ANGELS
HEAVEN
MAJESTIC
PROVERBS

EARTH
HOPE
NAME
TEACH

GRACE
LOVE
PEACE
TRUTH

WORD SEARCH
Based on **MOST HOLY TRINITY SUNDAY**



ACROSS
 2. Another name for Abba
 6. A heavenly messenger
 9. To have a desire or expectation of something
 10. To give instruction

DOWN
 1. The act of showing favour
 3. Third person of the Holy Trinity
 4. To have freedom from war
 5. The name of the Son of God the Father
 7. To have warm affection for another
 8. The state of being true

ANGELS	FATHER	LOVE	PEACE	GRACE	HOLY SPIRIT	TEACH	TRUTH	HOPE
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