

Daily Learning Planner

*Ideas parents can use to help children
do well in school*

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THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. Review your list of emergency contacts with your child.
- ☐ 2. Have a family Geography Challenge. Name a state, province or country. Who can call out the capital first?
- ☐ 3. Have your child estimate the number of socks in his drawer, then count to find out the exact number.
- ☐ 4. Choose a Word of the Day. Have family members use it in a sentence. Make this a daily habit.
- ☐ 5. Talk about books you loved when you were your child's age.
- ☐ 6. Together, find out what's inside a seed. Soak a dry bean overnight, remove the coat and pull the halves apart.
- ☐ 7. At dinner, put a price on each item you serve. Have your child figure out the cost of the meal.
- ☐ 8. Today is the anniversary of the Great Chicago Fire of 1871. Review your family plan in case of a fire in your home.
- ☐ 9. Let your child quiz you about things she is learning in school.
- ☐ 10. See how many words you and your child can make from the letters in OCTOBER.
- ☐ 11. Compliment your child's efforts on something today.
- ☐ 12. Cut out pictures of people from the newspaper or magazines. Ask your child to make up a story about each person.
- ☐ 13. Think of a skill you and your child would like to learn, such as knitting. Check out a how-to book to read together.
- ☐ 14. Make a leaf rubbing. Place a leaf on paper. Cover it with a sheet of thin paper and have your child rub over the leaf with a crayon.
- ☐ 15. Have your child turn a news article headline into a question. Then, read the article together. Does it answer the question?
- ☐ 16. Read a book that you and your child can both enjoy.
- ☐ 17. Write an encouraging note and tuck it into your child's backpack.
- ☐ 18. Challenge family members: Who can name the most parts of the body?
- ☐ 19. Bake cookies with your child. Help her figure out how much of each ingredient you would need if you doubled the recipe.
- ☐ 20. Spend some one-on-one time with your child today.
- ☐ 21. Ask your child to name his favorite thing about you. Tell him something you love about him.
- ☐ 22. Encourage your child to be a humble winner and a gracious loser.
- ☐ 23. Limit TV time. Use the TV listings to help your child plan her viewing.
- ☐ 24. Have your child rub two stones together for a few minutes. Can he feel the heat generated? This is caused by *friction*.
- ☐ 25. To help an early reader, look for books with read-along audiobooks.
- ☐ 26. Ask your child to plan a meal. How many food groups can she include?
- ☐ 27. Let your child see you enjoying reading today.
- ☐ 28. With your child, learn to say *hello* in two other languages.
- ☐ 29. Sing a familiar song and leave out some words. Can your child tell you which words you left out?
- ☐ 30. Play Concentration with fractions. Fractions with the same value make a pair, like $\frac{1}{2}$ and $\frac{2}{4}$.
- ☐ 31. With your child, make a fall table decoration.

Helping Children Learn
Tips Families Can Use to Help Children Do Better in School

