



# Family Rosary Curriculum (FRC)

Catechetical Evangelization - Faith Formation & Sacramental Preparation



## Week 20 - Our Lord Carries the Cross to Calvary

**Parents - Instructions:** Before beginning this lesson, please take a few minutes together as a couple, or by yourself, to read and reflect on the “Scripture Reading” and “Discussion Questions”. Next, read the Scripture passage and the lesson to/with your child(ren). Then, as a family, discuss a few of the questions. Parents, please be sure to share *your* answers, thoughts, and questions with your child(ren) as well. It’s ok to not know everything about our faith. Your parish leadership is happy to help you find answers.

**Scripture Reading:** [Matthew 27:31-32](#)

**Virtue:** Perseverance in Trials

“We rejoice in our sufferings, knowing that suffering produces endurance...because God’s love has been poured into our hearts through the Holy Spirit who has been given to us.” ~ St. Paul (Rom 5: 3,5)

**Theme:** Grace

**Parents - Read to/with Child(ren):**

In today’s scripture verse we remember how Jesus was treated on his way to his crucifixion. Jesus was insulted, humiliated, and made fun of. After being beaten and crowned with thorns he was forced to carry his cross; a punishment for a crime he did not commit. Along the way, a man named Simon was forced to help Jesus carry his cross.

There will be times in each of our lives that we are accused of doing something we did not do. There will also be times when we are treated unkindly and are embarrassed because of something someone else does or says. Even after seeking help and guidance from trusted adults in our lives, these times can be painful. Jesus shows us how to persevere during challenging times. He not only gives us a perfect model of perseverance, he also gives you and me a special gift. As Christians, we are given the gift of grace! Grace is a free, undeserved gift of God’s very self. God shares His life with us in a special way that empowers us to live in His love. This gift of grace is offered to us in every sacrament we receive (Baptism, Reconciliation (Penance), Holy Eucharist, Confirmation, Anointing of the Sick, Marriage, and Holy Orders). This gift of God is strengthened when we live in His love and helps us to live the life we were meant to live. God’s gift of grace becomes like Simon of Cyrene, helping us to carry the crosses in our lives.

It is also important to remember that many people around us are enduring hard situations that are even more challenging than our own. Although we cannot always understand why they carry the crosses they do, we can sometimes be like Simon the Cyrene for them. A prayer, a kind word, and a helping hand can make a big difference in the life of someone who is suffering.

**Discussion Questions** (to help start the family conversation)

**Young Child(ren)** (& 1st Reconciliation/1st Communion Students)

1. Share a challenging situation that God helped you through? (Parents please share first.)
2. Think of someone in our lives (home, school, work, community) God may be calling us to help.

**Older Child(ren)** (& Confirmation Students)

1. What could be our plan for seeking God’s grace during challenging situations?
2. How can we help make this world a more just place where people are treated fairly?



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**Prayer:** Each day this week, as a family, please pray **one decade of the Rosary** reflecting on the mystery of the **Our Lord Carrying the Cross to Calvary**.

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