



Living Christ Together...

Grounded in Humility

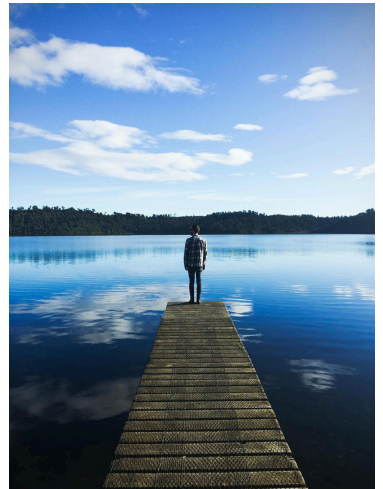
Español

Dear Friend in Christ,

We're blessed in having St. Francis de Sales as the patron of our diocese. He's one of the great masters of the spiritual life.

In hearing confessions I often have occasion to speak the following words of his to the penitent (and when he leaves, I repeat them to myself!):

“In our self-scrutiny we should never aim at discovering whether we are imperfect, for this should never be a matter of any doubt. It follows that we should not be astonished to find ourselves imperfect, for we should never see ourselves otherwise in this life; nor should we let this upset us, as it cannot be helped; but rather let it be a cause for humility, for this . . . Is indeed the whole point of our being left with imperfections”



In Christ Jesus,

Bishop Liam Cary