



**SAINT MARY'S**  
CATHOLIC CHURCH | A FRANCISCAN COMMUNITY

ALL ARE WELCOME!

17 POMPTON AVENUE  
POMPTON LAKES, NJ 07442  
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WWW.STMARYS-POMPTON.ORG  
SMC@STMARYS-POMPTON.ORG  
PARISH OFFICE HOURS:  
MON-THU 9:00-4:00, FRI 9:00-12:00  
CLOSED FOR LUNCH 12-12:30 MON-THU

# LIGHT



“You are the light  
of the world.”

MATTHEW 5:14A

February 8, 2026

## FRIAR'S DESK

### The Sacrament of the Anointing of the Sick

One of the things Jesus frequently did during his public ministry was to heal people. We see Jesus' concern for the health of people right from the start of his proclamation of the Good News. We find multiple examples of Jesus laying his hands on the sick in the Gospels. Soon after he attracted disciples, he invited them to share in his healing ministry. After Jesus' resurrection and ascension, leaders within the early Church called presbyters or elders (also understood as priests) would pray over the sick, lay hands upon them, and anoint them with oil in the name of the Lord (James 5:14-15). The Church, therefore, is sent out to the sick by Jesus, through its priests, to administer what is called the *Sacrament of the Anointing of the Sick* to those who are seriously ill or infirm. Before the Second Vatican Council (1962-1965) this sacrament was popularly called *The Last Rites* and was understood by the faithful to be reserved for Catholics who were near death. Many Catholics still erroneously believe this to be the case. It is not. The renewed rite coming out of the Council intended this sacrament to be open to a much larger number of sick or unwell Catholics beyond those who are near to dying. Of course, if a Catholic is close to death and has not recently received the sacrament, arrangements should be made with a priest as soon as possible.

What conditions are common for requesting *the Anointing of the Sick*? Although a common cold in an otherwise healthy person is normally not a reason to receive the sacrament, there are any number of illnesses and infirmities that warrant its use. If you are not sure if an illness is severe enough, ask a priest. Chronic illnesses or injuries, infirmities due to old age, those who are about to undergo or are recovering from surgery, women who are near to giving birth or recovering from giving birth are just a few examples of those who request the sacrament.

As a priest, it has always been a powerful experience for me to administer the sacrament to those who are unwell. As I anoint the individual with oil on the forehead pronouncing the words, "Through this holy anointing may the Lord in His love and mercy help you with the grace of the Holy Spirit" and then on the hands with the words, "May the Lord who frees you from sin save you and raise you up" I am reminded that I am touching the person with the love of Jesus. I have witnessed so many people over the years who received this sacrament – and often their family members too – express deep gratitude, sometimes with words, and oftentimes with the look in their faces. Although the sacrament does not promise a cure from the illness, many who have received it, including myself, have experienced a sense of healing that is beyond words or a physical cure.

—Father John Coughlin, OFM



### El Sacramento de la Unción de los Enfermos

Una de las cosas que Jesús hacía con frecuencia durante su ministerio público era sanar a las personas. Vemos la preocupación de Jesús por la salud de la gente desde el comienzo mismo de su proclamación de la Buena Nueva. En los Evangelios encontramos múltiples ejemplos de Jesús imponiendo las manos sobre los enfermos. Poco después de atraer discípulos, los invitó a compartir su ministerio de sanación. Después de la resurrección y ascensión de Jesús, los líderes de la Iglesia primitiva, llamados presbíteros o ancianos (también entendidos como sacerdotes), oraban por los enfermos, les imponían las manos y los ungían con aceite en el nombre del Señor (Santiago 5:14-15). Por lo tanto, la Iglesia es enviada por Jesús a los enfermos, por medio de sus sacerdotes, para administrar lo que se llama el Sacramento de la Unción de los Enfermos a quienes están gravemente enfermos o debilitados. Antes del Concilio Vaticano II (1962-1965), este sacramento era conocido popularmente como los Últimos Ritos y los fieles lo entendían como algo reservado para los católicos que estaban cerca de la muerte. Muchos católicos todavía creen erróneamente que ese es el caso. No lo es. El rito renovado que surgió del Concilio quiso que este sacramento estuviera disponible para un número mucho mayor de católicos enfermos o debilitados, más allá de aquellos que están por morir. Por supuesto, si un católico está cerca de la muerte y no ha recibido recientemente el sacramento, se deben hacer los arreglos con un sacerdote lo antes posible.

¿Qué condiciones son comunes para solicitar la Unción de los Enfermos? Aunque un resfriado común en una persona por lo demás sana normalmente no es motivo para recibir el sacramento, existen muchas enfermedades y dolencias que justifican su uso. Si no estás seguro de que una enfermedad sea lo suficientemente grave, consulta con un sacerdote. Las enfermedades o lesiones crónicas, las debilidades propias de la vejez, quienes están por someterse a una cirugía o se están recuperando de ella, y las mujeres que están próximas a dar a luz o recuperándose del parto son solo algunos ejemplos de quienes solicitan el sacramento.

Como sacerdote, siempre ha sido una experiencia poderosa para mí administrar el sacramento a quienes están enfermos. Mientras unjo a la persona con aceite en la frente pronunciando las palabras: "Por esta santa unción, y por su bondadosa misericordia, te ayude el Señor con la gracia del Espíritu Santo", y luego en las manos con las palabras: "Para que, libre de tus pecados, te conceda la salvación y te conforte en tu enfermedad", recuerdo que estoy tocando a la persona con el amor de Jesús. A lo largo de los años he visto a muchas personas que han recibido este sacramento —y a menudo también a sus familiares— expresar una profunda gratitud, a veces con palabras y muchas otras con la expresión de sus rostros. Aunque el sacramento no promete la curación de la enfermedad, muchos que lo han recibido, incluyéndome a mí mismo, han experimentado un sentido de sanación que va más allá de las palabras, e incluso en algunos casos, una curación física.

—Father John Coughlin, OFM

**PARISH OFFICE PHONE NUMBER: 973-835-0374**

**FRANCISCAN FRIARS SERVING YOU**

Fr. John Aherne, OFM, x139	<a href="mailto:jaherne@stmarys-pompton.org">jaherne@stmarys-pompton.org</a>
Fr. John Alderson, OFM	<a href="mailto:rochester14220@gmail.com">rochester14220@gmail.com</a>
Fr. John Coughlin, OFM, x169	<a href="mailto:jcoughlin@stmarys-pompton.org">jcoughlin@stmarys-pompton.org</a>
Deacon Tom Kimak	<a href="mailto:Tkimak@stmarys-pompton.org">Tkimak@stmarys-pompton.org</a>

**BAPTISMS**

Lynda Rogalski [lrogalski@stmarys-pompton.org](mailto:lrogalski@stmarys-pompton.org)

**BUSINESS OFFICE**

Toma Dedio [tdedio@stmarys-pompton.org](mailto:tdedio@stmarys-pompton.org)

**FACILITIES AND OPERATIONS**

Keith Orotosky, x145	<a href="mailto:korotosky@stmarys-pompton.org">korotosky@stmarys-pompton.org</a>
Phillip Epstein, x140	<a href="mailto:pepstein@stmarys-pompton.org">pepstein@stmarys-pompton.org</a>

**HISPANIC MINISTRY**

Milagros Anto, x703 [Milagros@stmarys-pompton.org](mailto:Milagros@stmarys-pompton.org)

**MUSIC MINISTRY**

Craig & Dorothy Limey, x158 [cdlimey@stmarys-pompton.org](mailto:cdlimey@stmarys-pompton.org)

**OUTREACH MINISTRY**

Food Pantry 973-831-4442	<a href="mailto:foodpantry@stmarys-pompton.org">foodpantry@stmarys-pompton.org</a>
Value our Veterans	<a href="mailto:valueourveterans@stmarys-pompton.org">valueourveterans@stmarys-pompton.org</a>

**PARISH SECRETARY**

Nicole Pizza-George [ngeorge@stmarys-pompton.org](mailto:ngeorge@stmarys-pompton.org)

**PASTORAL MINISTRY**

Dr. Pamela Hall, 973-835-6337	Pathways Counseling Center
Clare Russo, 973-835-0374 x113	Stephen Ministry

**RELIGIOUS EDUCATION 973-835-7750**

Toni Wong, x102 Grades 1 to 5	<a href="mailto:twong@stmarys-pompton.org">twong@stmarys-pompton.org</a>
Cathy Feld, x103	
Grades 6 to 8 & Confirmation	<a href="mailto:cfeld@stmarys-pompton.org">cfeld@stmarys-pompton.org</a>
Debbie Borroto, x130	
Admin. Asst./ Local Youth Protection/ Safe Environment Coordinator	<a href="mailto:debbie@stmarys-pompton.org">debbie@stmarys-pompton.org</a>

**SPECIAL NEEDS MINISTRY YOUNG ADULT & ADULT**

Karen Niemann [kniemann@stmarys-pompton.org](mailto:kniemann@stmarys-pompton.org)

**SPECIAL NEEDS RELIGIOUS EDUCATION**

Andrea Piccirillo [apiccirillo@stmarys-pompton.org](mailto:apiccirillo@stmarys-pompton.org)

**WEDDINGS**

Getting married at St. Mary's? We'd love to celebrate the sacrament of marriage with you! Please contact Lynda Rogalski at [lrogalski@stmarys-pompton.org](mailto:lrogalski@stmarys-pompton.org) six months to a year before your desired date.

**YOUTH MINISTRY**

Trevor George, 862-274-5171 [tgeorge@stmarys-pompton.org](mailto:tgeorge@stmarys-pompton.org)

**FIND US ON SOCIAL MEDIA!**



**UPDATE YOUR CONTACT INFO**

Please call **973-835-0374** or send an email to [smc@stmarys-pompton.org](mailto:smc@stmarys-pompton.org) if:

- your address, email address or telephone number has changed, and/or
- a parishioner has been married and/or
- a parishioner has moved.

Parish records need to be current, so please be sure to inform us of any changes as soon as possible.  
Thank you!

**Calendar of Events**

Please see our Parish Calendar for all the current events and activities going on at St. Mary's!

<https://stmarys-pompton.org/parish-calendar>



**Worship Adorar**

Scan for worship aids  
Escanea para ayudas para la adoración



**Online Giving Donaciones en línea**

Scan to make a donation  
Escanea para hacer una donación



**Pray**



**Orar**

**Serve**



**Atender**

**Give**



**Donar**



## DAILY READINGS FOR THE WEEK

**Sunday:** Is 58:7-10/Ps 112:4-5, 6-7, 8-9/1 Cor 2:1-5/Mt 5:13-16

**Monday:** 1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/Mk 6:53-56

**Tuesday:** 1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10, 11/Mk 7:1-13

**Wednesday:** 1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/Mk 7:14-23

**Thursday:** 1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and 40/Mk 7:24-30

**Friday:** 1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13, 14-15/Mk 7:31-37

**Saturday:** 1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab, 19-20, 21-22/Mk 8:1-10

## MASS SCHEDULE

### **SATURDAY**

9:00 AM—Liturgy of the Word with Communion (Prayer Room)

Vigil Masses:

5:00 PM—English

7:00 PM—English

### **SUNDAY**

7:30 AM—English

8:45 AM—Español (livestreamed)

9:00 AM—English (Carnevale Center)

10:30 AM—English (livestreamed)

12:00 PM—English

### **WEEKDAYS**

8:00 AM—Monday-Friday in English (livestreamed)

7:00 PM—Wednesday en Español (livestreamed)

### **MASSES ONLINE AT:**

[www.stmarys-pompton.org](http://www.stmarys-pompton.org)

[www.facebook.com/smcpompton](https://www.facebook.com/smcpompton)

[www.youtube.com/c/stmaryspomptonlakes](https://www.youtube.com/c/stmaryspomptonlakes)



### What is a Sensory Mass? A

sensory friendly Mass offers the opportunity for those individuals with auditory and visual processing sensitivities to celebrate mass along with their families. The Mass is shorter in length, church lighting is dimmer and music is softer providing a warm, inclusive environment for all. Everyone is invited to stay after Mass for an activity and some refreshments.

Masses will be monthly at 3:00 p.m. in the Carnevale Center on the following dates:

February 22nd, March 22nd,  
April 19th, May 17th, June 14th



## CONFESSION AND ADORATION

**CONFESSION:** Thursdays from 4:00 p.m. to 5:00 p.m. or call for an appointment.

**ADORATION:** The Blessed Sacrament is exposed for Adoration on Thursday from 4:00 p.m. to 5:00 p.m. and for one hour after morning Mass on the first Friday of each month. During Adoration, please maintain a reverent silence.



This week, the Altar Flowers have been donated in memory of their son and brother, **Joseph Andelora**, from his loving family.



### HOLY BONES

Healthy treats for your dog!

Holy Bones provides a work experience program to individuals with developmental disabilities in making and packaging all natural dog bones and bits.

There are 3 flavors in 8 oz. bags: peanut butter, sweet potato and chicken. Price is \$8 per bag (two for \$15) for bones.

The bones and bits are on sale in the Parish Office, Monday through Thursday (9 a.m. to 4 p.m.—closed 12 to 12:30 for lunch) and Friday 9 a.m. to noon.

Holy Bones has an online store! Orders can be placed on their website: [www.holy-bones.org](http://www.holy-bones.org).

**Holy Bones is looking for volunteers to help with the sale of their dog treats. If interested or for more information, please email [mcioletti@stmarys-pompton.org](mailto:mcioletti@stmarys-pompton.org).**

**MASS INTENTIONS** † = Deceased, L = Living



<b>Saturday</b>		<b>February 7</b>
5:00 p.m.	† Neal Boyce † Loriann Brown Calogero † Eugene Pami (1st Ann.) † Gene Gallo (48th Ann.) L Steve Houghton (birthday)	
7:00 p.m.	† Pamela Zawiski † Francisco Cabral (11th Ann.) † Aldo Alzapiedi	
<b>Sunday</b>		<b>February 8</b>
7:30 a.m.	† Russ Pagana † Albert Ferrara (heavenly birthday)	
8:45 a.m. (Spanish)	People of the Parish	
9:00 a.m. (CC)	People of the Parish	
10:30 a.m.	† Michael Feigenbaum (heavenly birthday) † Francis & Lucille Marshall † Linda Trapanese † Toni Hasson † Kai Johnson Fogg	
12:00 p.m.	† Erlinda Ocampo L Magnus Slyfield	
<b>Monday</b>		<b>February 9</b>
8:00 a.m.	† George & Catherine Conroy † Jane Camerota † Amarante Bravo (14th Ann.)	
<b>Tuesday</b>		<b>February 10</b>
8:00 a.m.	L Maria Gambatese	
<b>Wednesday</b>		<b>February 11</b>
8:00 a.m.	† Francis & Lucille Marshall † Diego McKenzie	
7:00 p.m.	People of the Parish	
<b>Thursday</b>		<b>February 12</b>
8:00 a.m.	† Anne Marie Michaels † Raymond Grocela † Anthony Giacoio (heavenly birthday)	
<b>Friday</b>		<b>February 13</b>
8:00 a.m.	† Russ L Lynn	
<b>Saturday</b>		<b>February 14</b>
5:00 p.m.	† Maryanne LaHowchic (2nd Ann.) † Joseph Brown (7th Ann.) L William Smart	
7:00 p.m.	† Anthony Giacoio	
<b>Sunday</b>		<b>February 15</b>
7:30 a.m.	People of the Parish	
8:45 a.m. (Spanish)	People of the Parish	
9:00 a.m. (CC)	People of the Parish	
10:30 a.m.	† Cheryl Brandt (2nd heavenly birthday) † June Brandt (10th Ann.) † Ron Kelemen † Patricia Warren	
12:00 p.m.	People of the Parish	

*Please pray for..*

**...THOSE WHO HAVE RECENTLY PASSED**

Margaret Driscoll, Lois Brandt

**...THOSE WHO ARE SICK**

Angelo, John, Frank Furnari, John Molaro, Marc Rocco, Kellie Diemer, Lynn Hutman, Susan Esposito, Kathy Green, Paula Tedesco Carreras, Ana Panzardi, Ed Dittman, Eric Huss, Magnus Slyfield, Rozalia Maziarz, David Grish, Lucy Matyisin, Bob Kruk, Jess Harman, Edmund Loniewski, Morgan Mahon, Ella Rose Mahon, Maria Gambatese, Terry Medino, Joy Wechter, Robert Rinaldi, Elisa Baisley, Darin Piccoli, Jama Rothschild, Linda Bedell Kwaitkowski, Eileen Donnelly, John Donnelly, James McMahon

To add a loved one to this list, please call the Parish Office at 973-835-0374. Names are kept on the list for 30 days unless we are notified otherwise.

**...THOSE SERVING IN HARM'S WAY**

Lt. Jessica T. Atterbury, PFC Nathan Hunt, CMCN Michael LeTennier, MCS, PFC Sean Jennings, SGT Ryan Cronin, US Navy SO, SSG Kevin Carey, SPC Brian R. Sudol, CSM Robert Hammerle, Sgt. Mark Ashley, SGT Ryan J. Heppel, SPC Dean V. Lucas, LCpl Michael Vignuli, Major Daniel J. Ciccarella, Sgt. Justyn Shovlowsky, Captain Austin Canning, SSG Tiffany Thumann, TSSgt. Scott Miller, Capt. Krystal Thumann, Cpl F. S. Raza, Sean Flanagan, Capt. Matthew W. D'Amico, USMC Lt. 1st Thomas Seneski; Sgt. Anthony W. Gabriel; Brian Hansen, Sgt. Ashlee Quigle; Capt. Daniel M. Kearney, USMC; 2nd LT Emily Simone and Navy Lt. Ryan Hackett, Tracie Kasko, LT Vincent Bellomo, Staff Sergeant Andrew Murphy, Emmanuel Folleco, Sergeant Denise Gonzalez, Staff Sergeant Victoria Zimbaro.

**IF THE STATUS OF SOMEONE ON THIS LIST HAS CHANGED, PLEASE INFORM THE PARISH OFFICE ASAP. THANK YOU!**

**From the Parish Council**



Please feel free to come up to one of the Parish Council members if you see us around or email [parishcouncil@stmarys-pompton.org](mailto:parishcouncil@stmarys-pompton.org)! For the most up-to-date report of the Parish Pastoral Council, please scan the QR code.



**Diane**



**Toma**



**Zach**



**Kristine**



**Greg**



**Mark**



**Joanne**



**Dino**



**Katie**

# Please join us in singing!

## **1. I Want To Walk As A Child Of The Light**

Verse 1  
I want to walk as a child of the light;  
I want to follow Jesus.  
God set the stars to give light to the world.  
The star of my life is Jesus.

Chorus  
In him there is no darkness at all;  
The night and the day are both alike.  
The Lamb is the light of the city of God.  
Shine in my heart, Lord Jesus.

Verse 2  
I want to see the brightness of God;  
I want to look at Jesus.  
Clear Sun of Righteousness, shine on my path  
And show me the way to the Father.

Verse 3  
I'm looking for the coming of Christ;  
I want to be with Jesus.  
When we have run with patience the race,  
We shall know the joy of Jesus.

## **2. Open The Eyes Of My Heart**

Chorus  
Open the eyes of my heart Lord  
Open the eyes of my heart  
I want to see You  
I want to see You

Verse 1  
To see You high and lifted up  
Shining in the light of Your glory  
Pour out Your power and love

As we sing holy holy holy

## **3. We Are**

Verse 1  
Ev'ry secret ev'ry shame  
Ev'ry fear ev'ry pain  
Live inside the dark  
But that's not who we are  
We are children of the day

Pre-Chorus  
So wake up sleeper lift your head  
We were meant for more than this  
Fight the shadows conquer death  
Make the most of the time we have left

Chorus  
We are the light of the world  
We are the city on a hill  
We are the light of the world  
And we gotta we gotta we gotta  
Let the light shine

Misc 1  
Let the light shine  
Let the light shine ooh

Verse 2  
We are called to spread the news  
To tell the world the simple truth  
Jesus came to save there's freedom in  
His name  
So let His love break through

Misc 2  
We are the light we are the light we are  
the light  
So let your light shine brighter  
We are the light we are the light we are  
the light

Jesus You are the light You are the light  
You are the light  
We will lift You high and shine shine  
shine

Misc 3  
Let the light shine let the light shine  
Let the light shine let the light shine  
We Are

## **4. Forever**

Verse 1  
Give thanks to the Lord  
Our God and King  
His love endures forever  
For He is good He is above all things  
His love endures forever  
Sing praise sing praise

Verse 2  
With a mighty hand  
And an outstretched arm  
His love endures forever  
For the life that's been reborn  
His love endures forever  
Sing praise sing praise

Chorus  
Forever God is faithful  
Forever God is strong  
Forever God is with us  
Forever forever

Verse 3  
From the rising to the setting sun  
His love endures forever  
And by the grace of God  
We will carry on  
His love endures forever  
Sing praise sing praise

SAVE THE DATE  
**Lenten Mission**

©LPI

Save the date for our annual Parish Mission!

*Beyond The Days: A Lenten Journey of Identity, Encounter and Transformation* by Fr. Ricky Manalo, CSP

Sunday, March 1st at 7:00 p.m.

Monday, March 2nd and Tuesday, March 3rd: abbreviated mission after noon Mass with the full mission at 7:00 p.m.

## FOOD PANTRY

### Upcoming Food Pantry distribution dates/times:

Saturday, February 21	9:30am to 3:30pm (arrive by 3:00)
Wednesday, February 25	4:00pm to 7:00pm (arrive by 6:30)
Saturday, February 28	9:30am to 3:30pm (arrive by 3:00)
Wednesday, March 4	4:00pm to 7:00pm (arrive by 6:30)
Saturday, March 21	9:30am to 3:30pm (arrive by 3:00)
Wednesday, March 25	4:00pm to 7:00pm (arrive by 6:30)
Saturday, March 28	9:30am to 3:30pm (arrive by 3:00)
Wednesday, April 1	4:00pm to 7:00pm (arrive by 6:30)



### Current needed items:

Decaf coffee, regular and decaf instant coffee, shampoo, deodorant, toothpaste and toothbrushes, paper towels, tissues

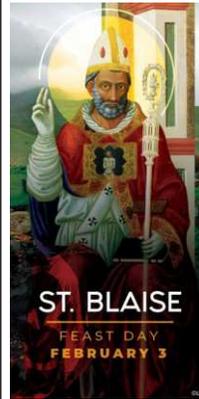
The Food Pantry is located at 22R (Lower level, rear) Lakeside Avenue, Pompton Lakes (accessible from the municipal parking lot) and the phone number is 973-831-4442.

All donations are requested to be dropped off in the shed directly behind the church. It is open 24/7.

**Donations can be purchased online and shipped directly to the church at**

**31 Pompton Avenue, Pompton Lakes, NJ 07442**

**NO CLOTHING DONATIONS PLEASE.**



**We will be blessing throats in honor of St. Blaise after all the Masses this weekend.**

We know more about the devotion to Saint Blaise by Christians around the world than we know about the saint himself.

According to the Acts of St. Blaise (written 400 years after his death), we know that Bishop Blaise was martyred in his episcopal city of Sebastea, Armenia, in 316. During his life, Blaise was a good bishop, working hard to encourage the spiritual and physical health of his people. Due to religious persecution, he was forced to flee to the back country of Armenia. There, he lived as a hermit in solitude and prayer, while making friends with wild animals. One day a group of hunters stumbled upon Blaise's cave and were surprised and then frightened to find the bishop kneeling in prayer surrounded by patiently waiting wolves, lions and bears.

The legend has it that as these hunters hauled Blaise off to prison, a mother came with her young son who had a fish bone lodged in his throat. At Blaise's command the child was able to cough up the bone.

Through the intercession of St. Blaise, bishop and martyr, may God deliver us from every disease of the throat and from every other illness!



### Our Lady of Lourdes / Anointing of the Sick

On December 8, 1854, Pope Pius IX proclaimed the dogma of the Immaculate Conception

in the apostolic constitution Ineffabilis Deus. A little more than three years later, on February 11, 1858, a young lady appeared to Bernadette Soubirous in the small town of Lourdes, France. This began a series of visions. During the apparition on March 25, the lady identified herself with the words: "I am the Immaculate Conception."

People began to flock to Lourdes from other parts of France and from all over the world. In 1862 Church authorities confirmed the authenticity of the apparitions, and The Feast of Our Lady of Lourdes became worldwide in 1907.

In 1992, Pope St. John Paul II, proclaimed February 11, the World Day of the Sick, a day when we pray for those who are suffering in body, mind or spirit.

**In honor of this day, we will offer the anointing of the sick at all of our Masses on February 14th/15th.**

**Anyone who wishes to receive this sacrament of healing is invited to attend Mass on this day.**



We are looking for volunteers to join the team of Eucharistic Ministers who bring communion to our brothers and sisters in **Chilton Hospital, Care One and other institutions.**

Sunday and Wednesday shifts available. Volunteer monthly, weekly or whenever you can! Please call the Parish Office or email [smc@stmarys-pompton.org](mailto:smc@stmarys-pompton.org) for more information.



Whether you wish to honor a loved one, or celebrate a special occasion, submitting your intention is now just a few clicks away.

Visit our parish website to fill out the simple online form: <https://stmarys-pompton.org/mass-intentions>



**ALL  
HIGH SCHOOL  
STUDENTS  
WELCOME!**



**EMMAUS RETREAT  
FEBRUARY 27TH-MARCH 1ST  
CAMP SHILOH**



Saint Mary's Youth Ministry is offering its annual Emmaus Retreat, from February 27th-March 1st.

This retreat experience gives our high schoolers a great opportunity to continue growing in their faith while also developing their own faith community. It will be taking place at Camp Shiloh in Hewitt, NJ, and all high school-aged students are welcome to attend!

### RELIGIOUS EDUCATION

Grade 2: Your second mandatory Reconciliation Workshop is scheduled for Saturday, February 14th. One parent must attend. Check your Sacramental Calendar for the session you are to attend.

Grade 1: Thank you for all the personal hygiene product donations – it was a very successful service project! If you are interested in having your child extend their service project and see what happens with the products they provided, you can come to the Carnevale Center (located at 10 Lenox Avenue) on Thursday, February 12th at 6:30pm. We welcome families to come and help pack the personal hygiene products and sustainable meals that will be distributed by Bridges Outreach. Please visit our website or scan the code to register!



*"It's not just about helping; it's about being a disciple... in the context of our faith and community." — Sabrina Magnuson*



# COME AND SING WITH US! CHILDREN'S CHOIR

GRADES Pre-K-5

4-5 PM In the Church

Fridays, February 27th -March 27th

Sing Easter Mass April 5<sup>th</sup> at noon

CONTACT DOROTHY

DLIMEY@STMARYS-POMPTON.ORG

Scan to Register



**SPECIAL NEEDS**  
Religious Education Program

Registration is open for our Special Needs Religious Education classes.

Anyone wishing to register their child and/or would like further information, please contact Andrea Piccirillo at 973-835-0374.



### A JOURNEY THROUGH GRIEF

Wednesdays, March 18th through April 22nd from 7-8:30 p.m.  
Carnevale Center, Banta Room (handicapped accessible)

Susan Fecko, LCSW, will facilitate this bereavement group which is open to all who have recently experienced the death of a significant loved one. We aim to create a supportive group in which one's unique journey through the grief process is examined and respected.

Participation is free of charge through the sponsorship of Pathways Counseling Center and St. Mary's Church.

Registration is required. Please call Pathways at 973-835-6337 or visit [www.stmarys-pompton.org](http://www.stmarys-pompton.org)

### SPIRITUAL GUIDED MEDITATION HOUR

*Dry Bones*



Thursday, February 19th at 7:00 p.m. in The Prayer Room

Join us for prayer, reflection and guided meditation as we journey with hope to the Valley of Dry Bones. In the words of the Prophet Ezekiel, "Thus says the Lord GOD to these bones: Listen! I will make breath enter you so you may come to life."

*"Our bones are dry, our hope is lost, we are done for."  
Ezekiel 37:11*



There will be a meeting of the Bereavement Support Group on March 9th at 7:00 pm in the Banta Room of the Carnevale Center. This group is open to anyone whose significant loved one has died more than one year ago. If you are struggling in the aftermath of your loss, or if you just want to connect with others who are rebuilding their life after loss, then THIS GROUP IS FOR YOU! You will find a welcoming, supportive, comforting space to discuss your journey.

### Support Group for Caregivers of loved ones with Dementia

A monthly meeting is held in the Carnevale Center (room 203/204) for caregivers assisting loved ones with dementia. Meetings are on the second Thursday of each month at 7:00pm. Our next meeting date is February 12th. For further information, please contact Margaret Klach at [mklach60@gmail.com](mailto:mklach60@gmail.com).



St. Mary's Church invites you to be part of

### **WOMEN'S CORNERSTONE 2026**

*Many Paths, ONE Destination*

March 13th-14th 2026

We are grateful to be able to offer this event to all women of our community. Cornerstone is a time to escape the daily grind and find some much needed quiet, reflective time to grow in our faith, reflect on our lives, make new friends, and give thanks for our blessings.

Online registration is open at <https://stmarys-pompton.org/womens-cornerstone>. For more details, please reach out to Amy Testino, 862-228-4096 (call or text).

Bilingual members welcome! Talks will be in English but there will be a small group facilitated in Spanish.

***The Cornerstone Retreat makes a great gift for that special woman in your life!  
Call for more info!***



### VALUE OUR VETERANS MINISTRY

*Serving Those Who Served Us*

The Military Assistance Pantry in Paterson supports our Veterans in need. We are looking for volunteers from each Mass on February 14th and February 15th to distribute baked ziti and brownie pans after Mass.

We are also looking for volunteers to join us at the Military Assistance Pantry on February 21st from 8:30am -11:30am.

If you would like to help, please email [ValueOurVeterans@stmarys-pompton.org](mailto:ValueOurVeterans@stmarys-pompton.org) or contact Joan De Angelis at 201-214-7020. When contacting us, please provide your name, your phone number and how you would like to volunteer. We will call you to confirm.

Thank you in advance for supporting our Veterans!





# IRISH DANCING WITH FATHER JOHN

Learn to dance in time for the Ringwood St. Patrick's Day Parade!

Wednesday, February 25th to Wednesday, March 25th  
7-8 p.m. in St. Clare Hall (Carnevale Center)

Suggested donation \$25 (\$5 per class)

Dancers should be prepared to sweat a little, so comfortable workout clothes and water bottles are recommended. Light, flexible, and smooth-soled shoes or dancing sneakers are best but regular sneakers are fine, too!

For this semester, we will put together a little routine to dance in the Ringwood St. Patrick's Day Parade.

Please register at  
<https://www.stmarys-pompton.org/irish-dancing-with-father-john>  
or call the Parish Office.




Saturday, March 7th at 6:00 p.m. in the Carnevale Center

\$25 p/person for an Irish dinner including corned beef, cabbage, shepherds pie, Irish soda bread & more!  
Coffee, tea and soft drinks included with the meal.  
BYOB (beer and wine).

Music and entertainment included!  
For reservations, please contact Keith Ahearn at  
201-388-7346 or [kofc3801@gmail.com](mailto:kofc3801@gmail.com)




## St. Mary's Knights of Columbus

# Ash Wednesday FISH FRY

Catered by **'TASTEFULLY BRITISH'**

## Wed. Feb. 18th

### 6-8 pm, Carnevale Center

\$20 includes Fish\* & Chips, coleslaw, drink & dessert. Eat-in or take-out.

★ Orders are due by Sun. Feb. 15th  
No orders will be taken at the door ★

Reserve your meal(s) now by emailing us at [kofc3801@gmail.com](mailto:kofc3801@gmail.com) or you can call/text Keith Ahearn at (201) 388-7346

Proceeds benefit St. Mary's Food Pantry and Knights of Columbus Marian Council 3801 charities  
\*Chicken substitute available at no additional cost

# CANDY BAR BINGO

Sunday February 15th  
3pm Carnevale Center

Join us for an unforgettable afternoon of excitement, camaraderie, and the thrill of the win at Bingo Games! Candy Bar Bingo is a fun, family-friendly game where players exchange candy bars for bingo cards and play multiple rounds of bingo, with candy bars as the prizes.

Bring your family and 2 King Size Candy Bars per person.  
Each person will receive 2 Bingo Cards  
This is a family friendly event, All Are Welcome!





# \$15 GIFT CARD

## FOR ALL DONATIONS

Donate in February using code **GIVELOVE-2026-V** when scheduling an appointment at [vitalant.org](http://vitalant.org) or call 877-25-VITAL

**St. Mary's Knights of Columbus & BPO ELKS # 1895 BLOOD DRIVE**  
**Friday, February 20th, 2026**  
 Carnevale Center 10 Lenox Ave.  
 Pompton Lakes, N.J. 07442  
 2:30pm to 6:00pm  
 Contact Ray @ 973-835-4487 for more information



## FATHER ENGLISH FOOD PANTRY



scan to register

**February 21st**  
 8 am-12 noon.  
 35 Getty Ave, Paterson, NJ

**VOLUNTEERS SORT DONATIONS, STACK SHELVES AND PACKAGE BAGS OF FOOD TO BE DISTRIBUTED.**

Families are welcome anyone under 16 must be accompanied by an adult




## Help Us feed the Hungry

Help us as we pack sustainable meals and Hygiene Kits for Bridges Outreach. Meals and kits will be distributed to those experiencing food insecurities.

Collection bins will be at the doors of the church

**Jan 31-Feb 1**  
**Feb 7-8**

### Items needed

- “pop-top, ready to eat” (tuna or chicken packages with crackers)
- fruit cups or unsweetened apple sauce
- Nuts, trail mix, Goldfish, or pretzels
- A Nutri-Grain type bar (soft foods are best)
- 8oz bottles of water
- Napkins
- Brown Paper bags
- Plastic spoons
- quart-size zip-lock bags
- Travel-size Soap
- Travel-size Shampoo
- Travel-size Deodorant
- Travel-size Body lotion
- Travel-size Shaving cream
- Travel-size Razor
- Travel-size Toothbrush
- Travel-size Toothpaste

## PACK A MEAL & HYGIENE KIT

FOR BRIDGES OUTREACH

Open to families! Join us as we pack sustainable meals and hygiene kits for Bridges Outreach. Meals and kits will be distributed to those experiencing food insecurities.

**SCAN ME!** 

**FEBRUARY 12TH, 6:30PM**  
 ST. CLARE HALL, CARNEVALE CENTER  
 11 LENOX AVENUE, POMPTON LAKES

Over 76 students braved the cold and impending snow to take part in their Journey Confirmation Retreat at Camp Shiloh in Hewitt, NJ. It was two days marked by prayer, community, and a lot of fun. Please continue to pray for our students as they journey toward Confirmation.

Might God be calling you to join our youth ministry team? Email us at [smc@stmarys-pomtpton.org](mailto:smc@stmarys-pomtpton.org) for more information.



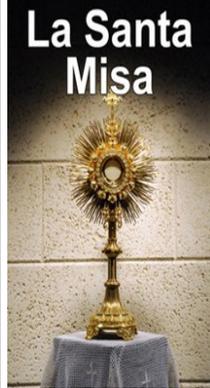
## MINISTERIO HISPANO DE SANTA MARIA

### La Santa Misa en español

Miércoles a las 7:00pm

Domingos a las 8:45am

En la iglesia Principal



### Bautismos en español

Requisitos: Certificado de Nacimiento del(a) niño(a), padrinos y asistir a una clase antes de la celebración del Sacramento (padres y padrinos). Información: Milagros Anto. Si desea bautizar su hijo(a) en inglés debe asistir a una clase y llamar a Lynda 973-835-0374 Ext 192.



### Visita de "Nuestra Señora de Guadalupe" a tu hogar.

Si deseas que Nuestra Morenita visite tu hogar ponte en contacto con **Angelina Nuci** después de nuestra misa dominical o escríbele al siguiente correo electrónico: [angehannuci@yahoo.com](mailto:angehannuci@yahoo.com). Cada domingo en misa con la bendición de nuestra comunidad; "Nuestra Señora de Guadalupe" es enviada a visitar cada familia que así lo requiere.

Iglesia Católica de Santa María y  
Comunidad Franciscana

## Donaciones en línea

escanea para donar



stmarys-pompton.org/olfdonary

Al hacer un donativo recurrente, usted puede proporcionar un apoyo continuo a las necesidades esenciales de nuestra parroquia, sus programas, sus ministerios y otras iniciativas de ayuda y asistencia.

Porque es dando que recibimos



# ANUNCIOS

1.- **Adorar al Santísimo** es un encuentro personal con Dios. Habrá exposición al Santísimo después de la misa en español el miércoles 25 de febrero de 2026. Si alguien no puede comulgar por enfermedad u otra razón, avisa al Padre John Coughlin para una visita.

2.- Expresamos nuestro sincero agradecimiento a todos los que han colaborado en la celebración de la Virgen de la Candelaria en nuestra comunidad. Agradecemos de manera especial a los padrinos del Niño Jesús, Oscar Rivera y Marbella Castillo, por su generosidad y servicio.

### 3.- **Cuaresma 2026:**

- La Misa de Miércoles de Ceniza será el **18 de febrero a las 8:30 p.m.** en la iglesia principal. Empecemos unidos este tiempo de reflexión, oración y encuentro con Dios, permitiendo que Su llamado transforme y fortalezca nuestra fe.
- Se invita cordialmente a toda la comunidad hispana a participar en una charla de reflexión para prepararnos para la Cuaresma 2026 el **domingo 15 de febrero a las 10:00 a.m.** en el Spina Hall (sótano de la iglesia). Esta enseñanza estará a cargo del padre Huberto Obando.  
¡Te esperamos para caminar juntos como comunidad de fe rumbo a la Cuaresma!
- **VIA CRUCIS BILLINGUE:** viernes 13 de marzo a las 7:00pm; en la iglesia; antes tendremos una comida sencilla de sopa en el sótano.
- **SERVICIO DE RECONCILIACION:** miércoles 18 de marzo a las 7:30 p.m., después de la Misa en la Iglesia Principal. Les invitamos a participar para fortalecer juntos nuestra vivencia de este tiempo de fe.

### Lecturas Bíblicas –V Domingo Ordinario - Ciclo A – (8 de febrero de 2026)

**Primera Lectura:** Isaías 58, 7-10  
**Salmo Responsorial:** Salmo 111, 4-5. 6-7. 8a y 9  
**Segunda Lectura:** 1 Corintios 2, 1-5  
**+Evangelio:** Mateo 5, 13-16

### Ministerio de Proclamadores de la Palabra

Por favor comunicarse con Lourdes Huerta (973-270-3453). Este Ministerio se reunirá el lunes 9 de febrero de 2026 de 7:30pm a 8:30pm en el salón Alma Banta del Centro Carnevale.



**“Ser luz y sal en nuestra comunidad”**

Ser luz y sal en en nuestra comunidad significa tomar en serio las palabras de Jesús en el Evangelio: no esconder la fe, sino dejar que transforme la vida diaria. En el V Domingo del Tiempo Ordinario, Cristo recuerda que la sal da sabor y preserva, y que la luz no se guarda debajo de la mesa, sino que ilumina a todos. Así, cada miembro de la comunidad hispana está llamado a que su manera de hablar, trabajar y relacionarse refleje el amor de Dios ante los demás.

Ser sal de la tierra en nuestra realidad concreta implica dar “sabor” evangélico a lo que hacemos: trabajar con honestidad, tratar a los demás con respeto y vivir la fe con coherencia. La sal no se ve, pero se nota; de la misma forma, muchos gestos pequeños y constantes pueden cambiar el ambiente en la familia, en el trabajo o en la escuela. Cuando evitamos el chisme, buscamos la reconciliación y hablamos con verdad y caridad, estamos preservando el bien y evitando que el corazón se “corrompa” con rencores y divisiones.

Ser luz del mundo en nuestra parroquia de Santa María nos invita a no avergonzarnos de nuestra fe, sino a mostrarla con obras concretas de caridad. La comunidad hispana puede iluminar cuando acompaña a los migrantes recién llegados, cuando visita enfermos, cuando apoya a quienes pasan dificultades económicas o familiares. Cada servicio en la parroquia lector, ministro, coro, catequista, ujier es una lámpara encendida que ayuda a otros a encontrar camino, consuelo y esperanza en Cristo.

En la familia es donde más se nota si somos sal y luz. El testimonio comienza en casa: oración sencilla, respeto entre esposos, paciencia con los hijos, cuidado de los abuelos, perdón ante los errores. Cuando en nuestros hogares se escucha la Palabra de Dios, se vive la solidaridad y se educa en la verdad, estamos regalando a esta nuestra comunidad cristiana algo que nadie más puede ofrecer: familias que brillan con la luz de Cristo. Así que, como comunidad hispana de Santa María, respondamos al llamado de Jesús y dejemos que nuestra luz brille para gloria de Dios y bien de todos.

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