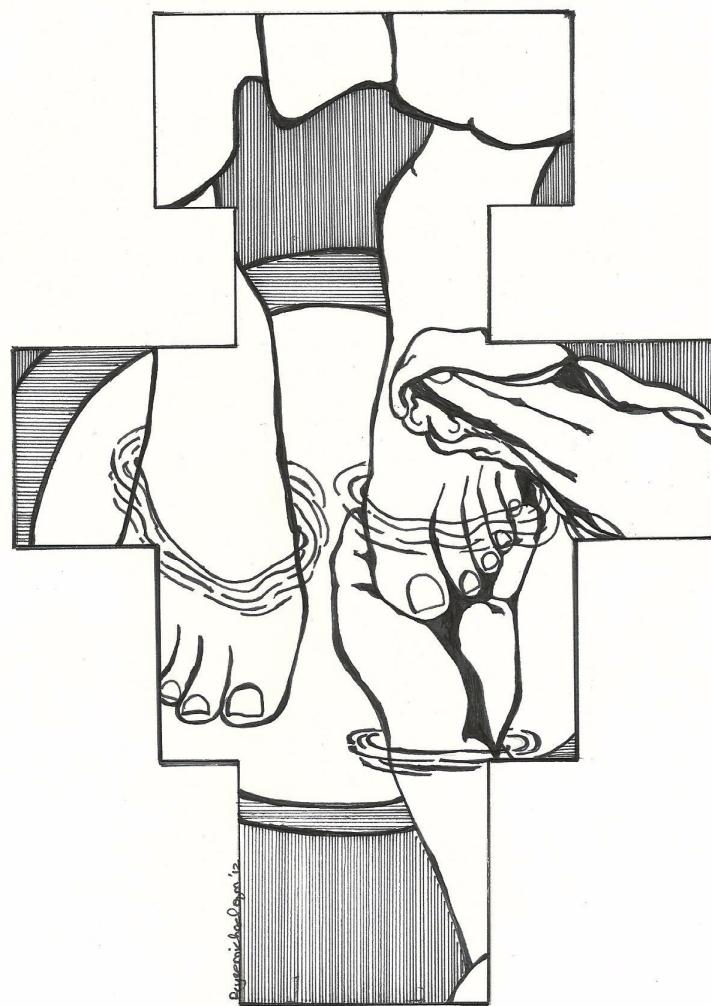


# St. Mary's Ministries





Franciscan spirituality is rooted in “God is love.” From our own experience as a Franciscan community, we express this through service created in love. We wash the feet of others and in so doing we imitate the One who is servant of all, Jesus Christ. The Franciscan way is to live knowing that all of creation is the place to encounter God. As a community we are tasked with the gifts God has graced us to live this charism of Franciscan service each day.

Francis followed the example of Jesus, gathering disciples and sending them out two by two. For us as a community rooted in Franciscan values, our spirituality is a community experience, for we journey with all brothers and sisters. We are so blessed with an overabundance of gifted people here at St. Mary's. The involvement of so many continues to draw us deeper into living our Franciscan commitment to reach out in joy, love, and hospitality to all who enter our doors. We are truly blessed, and we are extremely grateful for your gift to our parish community.

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## **Baptismal Aftercare**

### **What is Baptismal Aftercare?**

Baptismal Aftercare is a Ministry which welcomes newly Baptized babies into the church.

### **How often and where does the ministry gather?**

Baptismal Aftercare meets monthly in the conference room to assemble gift bags.

### **Why choose to volunteer for this ministry?**

Baptismal Aftercare is a ministry of compassion, joy, and love. Volunteers prepare joyful gift packages of prayer cards, care booklets, special items, and handmade items made with love from St. Mary's Hearts and Hands ministry. The gift packages are presented to the families at the Baptism of their children.

**This ministry is essential to St. Mary's and our Franciscan spirit because** it is an opportunity to share the love of Christ as we welcome newly Baptized members and their families into the St. Mary's faith community.

Contact: Karen Niemann, Jill Timony & Mary Sorace  
973-835-0374

## **Outreach**

# Baptismal Preparation

## **What is Baptismal Preparation?**

The class on baptism is led by Fr. John Coughlin, OFM. It offers catechesis to parents interested in having their babies or other young children baptized in the Catholic Church. Godparents are also encouraged to attend. The class gives instruction on the sacrament of baptism and other key teachings of the Church. It also provides ideas, resources, and inspiration to parents in their efforts to raise their children as practicing Catholics.

## **How often and where does the ministry gather?**

The class on baptism is offered once per month on a weekday evening at 7:00 PM. It lasts about an hour . It normally meets on the fourth Monday of each month in St. Clare's Hall in the Carnevale Center.

## **Why choose to volunteer for this ministry?**

Baptism is the first of the sacraments. It is the gateway into participation in the life of the Church. Assisting in this necessary ministry is vital for welcoming new members into Christ's Body. The baptism class helps us to be obedient to a command of Jesus. At the end of Matthew's Gospel (Mt 28:19), Jesus tells his disciples the following: "Go therefore and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit." Evangelization is something that the Church is always called to do. Helping with the baptism class contributes to the Church's efforts to evangelize. As the newly baptized children grow, they will need religious education in the years to come in preparing them someday for first communion and confirmation. Their parents will likely be a part of their religious education going forward. The baptism class will only help those parents in that goal.

**This ministry is essential to St. Mary's and our Franciscan spirit because** It provides opportunities to get to know families which leads to building community. Community is essential to the Franciscan spirit and to a healthy life in any parish. The little ones to be baptized are both the present and the future of our parish. By equipping their parents/guardians/godparents to raise them well as Catholics, we are building up the parish. St. Francis during his lifetime was very concerned for and inspired by babies and small children. We can see this in the story of Greccio, where, through his creative vision and under his direction, the first live Nativity scene took place a couple of years before his death. In that reenactment, St. Francis lifted-up a little baby as a way of helping all who were gathered to behold Christ and the mystery of the incarnation. The baptism class is a way for us to take part in lifting-up the little ones to Christ and the eyes of their parents and many others to behold the Christ in them.

Contact: Fr. John Coughlin, [jcoughlin@stmarys-pompton.org](mailto:jcoughlin@stmarys-pompton.org)

# Evangelization

## Bible Study

### **What is Bible Study?**

Although there are other scripture groups that meet in the parish regularly, Bible Study offers periodic scripture study experiences that typically study a particular book or theme of the Bible. Sessions are conducted in a faith-sharing style of learning. They are facilitated scripture study groups in English and Spanish alternately (e.g. a Bible group may meet for a period of time in English. When that scripture study is completed, the next group would start up in Spanish).

### **How often and where does the ministry gather?**

The Bible Study groups meet one evening each week for an hour and a half over the course of 4-8 weeks, depending on the topic.

Announcements will be made before each Bible group begins, which will explain the topic of study, meeting place, day of the week and hours.

### **Why choose to volunteer for this ministry?**

Christ always invites those who follow him to serve. Collaborating in leadership responsibilities in Bible study sessions is one way to respond to that call. Leaders are always learners. Helping to facilitate in a scripture study group helps one to develop skills for other possible faith-sharing groups in the future. Participants who wish to share in leadership responsibilities in a scripture study group do not need to have a formal background in biblical studies. The materials tend to be user-friendly booklets with good reflections and questions for discussion that a facilitator can easily rely on to stimulate group discussions. Facilitators normally do a little extra preparation work before a session. That extra work typically leads to a deeper understanding of the scriptures for that individual.

### **This ministry is essential to St. Mary's and our Franciscan spirit**

**because** as Christians, the scriptures are foundational to our relationship with God, our self-understanding, religious identity, worship, and the ways that we relate to all in the world. St. Francis was guided by scripture in coming to know Christ in his life and growing into a sacred self-awareness of his natural interrelatedness to all other creatures. This enabled him to take a minority stance in the world as a "little (or lesser) brother" to all others. Little brothers (or little sisters) are not threatening to others in the world. They do not seek to dominate others; rather they take joy in living out of a relationship of mutual blessing with all others. The scriptures can help us in the same way.

Contact: Fr John Coughlin, [jcoughlin@stmarys-pompton.org](mailto:jcoughlin@stmarys-pompton.org)

## Evangelization

## **Book Group**

### **What is the Book Group Ministry?**

St. Mary's Book Group is a group of parishioners who gather to read and discuss books based on religious and spiritual themes.

### **How often and where does the ministry gather?**

We meet monthly (usually the fourth Thursday of the month) in the Carnevale Center.

### **Why choose to volunteer for this ministry?**

If you enjoy reading and would like to explore and discuss current, as well as classic, works about faith, religion, spirituality and human connectedness, you would enjoy this ministry.

**This ministry is essential to St. Mary's and our Franciscan spirit because** the books we read are written by religious and lay people who are committed to living the gospel and thereby showing us how to do so in our daily lives.

Contact: Monica Coyle, [mgcoyle@verizon.net](mailto:mgcoyle@verizon.net)

Evangelization

## **Centering Prayer**

### **What is Centering Prayer?**

Centering Prayer is a method of purifying one's mind so that, with more practice, it is more at peace and better able to experience God.

### **How often and where does the ministry gather?**

We gather every Tuesday evening in the Library of the Carnevale Center at 7pm.

### **Why choose to volunteer for this ministry?**

To nurture a more peaceful and spirit-filled life.

**This ministry is essential to St. Mary's and our Franciscan spirit because** the world needs more peace-filled people in it.

Contact: Steve Hrnciar, 973-835-0374

Evangelization

## **Church Ambiance**

### **What is Church Ambiance?**

People who participate in ambiance ministry gather to clean and tidy up our church building on a regular basis.

### **How often and where does the ministry gather?**

The ministry generally meets on Tuesday mornings in the church at 9 am. The work takes 1 to 1.5 hours to complete.

### **Why choose to volunteer for this ministry?**

If you find cleaning to be a relaxing and prayerful experience, and believe cleanliness is next to godliness, then you might want to investigate this ministry.

**This ministry is essential to St. Mary's and our Franciscan spirit because** a clean and beautiful church building creates a worthy space for our Lord and provides a soothing atmosphere for people to pray and worship. A document written by the friars who knew St. Francis personally also reminds us: "Sometimes St. Francis used to go through the villages and churches in the area around the city of Assisi, proclaiming and preaching to the people that they should do penance. And he would carry a broom to sweep the churches. For blessed Francis was very sad when he entered some church and saw that it was not clean." - The Legend of the Three Companions.

Contact: Bernadette Nolan, [nolanbern@verizon.net](mailto:nolanbern@verizon.net)

Liturgical

## **Consolation Ministry**

### **What is Consolation Ministry?**

The Consolation Ministry sends cards of Condolences to the families who have lost a loved one and have made arrangements with St. Mary's for church, funeral home or graveside services. Additionally, the card includes information for additional help, if needed, through the Stephen Ministry and/or Pathways Services.

**This ministry is essential to St. Mary's and our Franciscan spirit because** the ministry's hope is to provide spiritual as well as physical comfort and support in the days and weeks after the loss of a loved one.

Contact: George Dean, 973-835-0374

Pastoral

## **Men's Emmaus Fellowship**

### **What is Men's Emmaus Fellowship?**

We are a men's group that gathers to consider the scripture readings for the current weekend. We discuss the scripture message and often look to how it applies to the challenges and opportunities we have as Catholic Christian men today.

### **How often and where does the ministry gather?**

We gather the first, third and fifth Saturdays of the month from 8-9 am in the Juniper Room on the St. Mary's campus.

### **Why choose to volunteer for this ministry?**

It is an opportunity to be with other Catholic Christian men in the study of the message of the Gospel while building fellowship in a small community setting.

**This ministry is essential to St. Mary's and our Franciscan spirit because** we are advancing the message of the Bible and building a community of love and support for one another.

Contact: Ken Weinheimer, [kenweinheimer@gmail.com](mailto:kenweinheimer@gmail.com)

Evangelization

## **English Language Learning**

### **What is English Language Learning?**

English Language Learning provides classes to adult immigrants from various backgrounds (non-denominational) and countries. Classes provide immigrants an opportunity to learn to speak, comprehend, read and write English, as well as learn about our history and customs.

### **How often and where does the ministry gather?**

Twice a week in the Carnevale Center.

### **Why choose to volunteer for this ministry?**

Volunteers enjoy teaching and seeing our students learn English.

**This ministry is essential to St. Mary's and our Franciscan spirit because** we have a good number of parishioners from the Hispanic community who desire to learn English.

Contact: Anne Silversey, 973-835-0374

## **Outreach**

## **Eucharistic Minister**

### **What is a Eucharistic Minister?**

Eucharistic Ministry is a service to the faith community by being an extraordinary minister of Holy Communion.

### **How often and where does the ministry gather?**

Eucharistic Ministry meets twice a year (Spring and Fall) as a full group in the church. Eucharistic Ministers serve at Masses, and also bring Eucharist to people in hospitals, rehab facilities and to people who cannot make it to Church.

### **Why choose to volunteer for this ministry?**

Eucharistic Ministry is a reverent service to the St. Mary's faith community. By distributing the body and blood of Jesus Christ, Eucharistic Ministers feel God's presence and love as we gather together as one family.

**This ministry is essential to St. Mary's and our Franciscan spirit because** it allows us to gather together sharing a meal of celebration and joy. All are welcome at the table of the Lord.

Contact: [EM@Stmarys-pompton.org](mailto:EM@Stmarys-pompton.org)

Liturgical

## **Food Pantry**

### **What is the Food Pantry?**

The food pantry is a ministry of the parish that provides food and household supplies to people in need from Pompton Lakes and the surrounding communities.

### **How often and where does the ministry gather?**

Food is distributed from our location in Pompton Lakes four times per month. We also work throughout the month picking up food, sorting, shelving and getting ready for the monthly distributions.

### **Why choose to volunteer for this ministry?**

It is very rewarding to help other individuals and families. There is a great connection and camaraderie that the volunteers develop in the ministry.

**This ministry is essential to St. Mary's and our Franciscan spirit because** we are sharing, through the generosity of donors from the parish and other caring individuals and organizations, our time, talent and treasure.

Contact: [foodpantry@stmarys-pompton.org](mailto:foodpantry@stmarys-pompton.org)  
973-831-4442

## **Outreach**

## **Funeral Server**

### **What is a Funeral Server?**

Funeral Servers assist the friars in setting up for and serving funeral Masses at St. Mary's Church.

### **How often and where does the ministry gather?**

Servers are assigned to funeral masses depending on their availability. There are, on average, one or two funerals a week. Each one requires approximately 1.5 hours of the funeral server's time.

### **Why choose to volunteer for this ministry?**

The funeral server plays an essential role in the funeral process. It is an ideal ministry for someone who finds meaning in liturgy and prefers to quietly work in the background rather than being on center stage.

**This ministry is essential to St. Mary's and our Franciscan spirit because** funeral masses are poignant liturgies which celebrate a person's life and helps usher them into the Kingdom of God. Done well, they can also bring a great deal of comfort to the friends and families of the deceased.

Contact: Keith Orotosky, [korotosky@stmarys-pompton.org](mailto:korotosky@stmarys-pompton.org)

Liturgical

## **Good Works Gang**

### **What is the Good Works Gang?**

Simply put, it's parishioners helping other parishioners and members of the community who are in need of help with various projects, i.e. light yard clean ups, moving personal items and projects that, for various reasons, they are unable to do themselves.

### **How often and where does the ministry gather?**

The Ministry doesn't have formal meetings. We gather when we volunteer for a specific project.

### **Why choose to volunteer for this ministry?**

This is an opportunity to give back. It is an opportunity to share your time and talent, as your schedule permits, to help someone in need. In the process, new friendships are formed, and we have fun doing it.

**This ministry is essential to St. Mary's and our Franciscan spirit because** in the truest sense of "The Word," as with all our Ministries, we are doing God's work. We are doing good deeds. Our Christian Faith teaches us to help our Sisters and Brothers.

Contact: Ron Rauschart, [ror102@yahoo.com](mailto:ror102@yahoo.com)

Outreach

## **Hearts & Hands Crocheting & Knitting**

### **What is Hearts & Hands?**

We are a group of people who get together to crochet and knit at all levels. We encourage anyone who would like to learn to knit or crochet to attend one of our gatherings.

### **How often and where does the ministry gather?**

We meet on the 3rd Thursday of each month, from 10-11:30 am as well as, the 3rd Tuesday of each month from 6:30 - 8 pm in the Carnevale Center.

### **Why choose to volunteer for this ministry?**

It is time spent with other members for relaxation and fellowship. We crochet and knit to donate to the Baptismal Aftercare ministry and to organizations that have need for blankets, hats and scarves.

**This ministry is essential to St. Mary's and our Franciscan spirit because** the articles we make are given to the needy and they are made with love and prayers. We have sent items to Straight and Narrow and to a home for unwed mothers. Our ministry is based on love and giving. All are welcome to this ministry.

Contact: Mary Lenoir, 973-725-3178

Pastoral

## **Helping Hands/Social Worker**

### **What is Helping Hands/Social Worker?**

This ministry provides concrete services and material assistance to needy, sick or disabled persons or families in our local community.

### **How often and where does the ministry gather?**

Volunteer social workers are called on as needed to sit with individuals and assess their needs.

### **Why choose to volunteer for this ministry?**

There is a need and for those that volunteer a wonderful satisfaction of helping individuals and families through challenging situations.

**This ministry is essential to St. Mary's and our Franciscan spirit because** as Francis of Assisi said, "Remember that when you leave this earth, you can take nothing that you have received...but only what you have given; a full heart enriched by honest service, love, sacrifice, and courage."

Contact: Anne Silversey, [anne@stmarys-pompton.org](mailto:anne@stmarys-pompton.org)

## **Outreach**

## **Hispanic**

### **What is St. Mary's Hispanic Ministry?**

We are people who promote a truly Catholic formation that will help the community better respond to the challenges they face today. We are also all the people who speak Spanish as a first language. We came to the United States in order to improve our conditions of life (work, education, environment, opportunities). We are from different countries of the Americas: Honduras, Mexico, Colombia, Argentina, Bolivia, Cuba, Peru, Guatemala, Ecuador, Puerto Rico, the Dominican Republic and El Salvador. Most of us are immigrants who want to have legal status to be citizens of the United States and contribute to this country based on honesty, integrity and justice.

### **How often and where does the ministry gather?**

Every Sunday Mass in the church at 8:45 am;  
Every Wednesday Mass in the church at 7:00 pm;  
Traditional Religious celebrations: Feast of Our Lady of Guadalupe, Virgen de la Candelaria, Epiphany, All Soul Day, Posadas, Quinceñeras, funerals, memorial masses, weddings, bilingual liturgies (e.g. Thanksgiving mass);  
Religious Formation;  
Special Reflections; (Advent, Lent, Pentecost);  
Bible studies; small groups faith sharing; and others;  
Sacramental preparation: Baptism, First communion, Confirmation, and RCIA.

***Continued on Next Page***

Hispanic

## **Hispanic (cont'd.)**

### **Why choose to volunteer for this ministry?**

- a) To have the opportunity to be disciples through the teaching and service of the church.
- b) To help all the members of our ministry especially advocating for the justice and dignity of our brothers and sisters who are helpless and needy.
- b) To meet new people with different points of view, experiences or languages.
- c) To promote values: solidarity, cooperation, and creativity.
- d) To learn about cultural diversity: folklore, traditions, and gastronomy.
- e) To enrich our faith experience and our Christian praxis.

**This ministry is essential to St. Mary's and our Franciscan spirit because** it gives us the opportunity to assist all our brothers and sisters providing support and information on matters both secular and religious, to be good human beings and to serve the community.

- It gives us the opportunity to educate all members of our ministry by promoting Christian values and knowledge and help them commit to being true disciples of Christ and St. Francis in their families, work, parish, and community.
- It gives the opportunity to encourage all members of our ministry to share experiences of faith, their traditions, their culture as well so they may be able to learn from other cultures such as American culture.
- It gives us the opportunity to identify with the Franciscan value of minority (OFM = Order of Friars Minor).

Contact: Milagros Anto, Fr. John Coughlin  
973-835-0374, 703

Hispanic

## **Holy Bones**

### **What is Holy Bones?**

Holy Bones is a ministry to employ adults with intellectual disabilities in the baking and packaging of all natural, no preservatives added, dog biscuits.

### **How often and where does the ministry gather?**

The ministry meets in the Spina Hall Kitchen four mornings a week to bake cookies.

### **Why choose to volunteer for this ministry?**

Volunteering in this ministry can be very rewarding. Helping bakers at their task leads to successful employment, celebrates their unique abilities and provides socialization during lunch time.

**This ministry is essential to St. Mary's and our Franciscan spirit because** this population is underutilized when it involves employment. Working helps to increase self-worth and self-esteem. It increases the level of independence and happiness being part of the work force. Purchasing the dog biscuits from Holy Bones is two-fold—it will provide yummy treats for your dog, and it will help to increase meaningful employment opportunities for individuals that are ready and willing to work.

Contact: Marie Cioletti, [mcioletti@stmarys-pompton.org](mailto:mcioletti@stmarys-pompton.org)

## Outreach

## **Homebound Connections**

### **What is Homebound Connections?**

This ministry provides a social connection to individuals who could benefit from a personal visit. Visits are made to residences, nursing facilities and other home situations of parish members.

### **How often and where does the ministry gather?**

We respond to individual calls when family members reach out for anointings or requests for visitations.

### **Why choose to volunteer for this ministry?**

Being present to one another is a powerful gift. These short visits help to keep those homebound and their relationship to the St. Mary's community alive.

**This ministry is essential to St. Mary's and our Franciscan spirit because** reaching out and meeting people where they are and when we are needed is part of our Franciscan charism.

Contact: Fr John Alderson, 973-835-0374

Pastoral

## **JPIC** **(Justice, Peace & Integrity of Creation)**

### **What is JPIC?**

JPIC's mission takes its inspiration from the life of St. Francis and the Franciscan movement. We are guided by our passion for peace, justice and sustainability for the Earth and all on it.

### **How often and where does the ministry gather?**

We currently meet every other Tuesday from 12:00 pm to 2:00 pm, preferably in the Carnevale Center. If meeting times change we will list them in the Parish Bulletin. All are welcome to join us at a meeting to contribute to our efforts.

### **Why choose to volunteer for this ministry?**

Parishioners of all ages can use their unique skills to address critical challenges the world faces. We will explore and educate ourselves and others about institutions, systems and beliefs that are the roots of harm to people and our planet. Our goal is to collaborate with the wider community to discern actions to remedy these harms.

**This ministry is essential to St. Mary's and our Franciscan spirit because** it is centered on "Peace, the Poor and the Planet", the "three Ps" of Franciscan charism, the basics of Catholic Social Teaching.

Contact: Fr John Coughlin, [jpic@stmarys-pompton.org](mailto:jpic@stmarys-pompton.org)

Evangelization

## **Knights of Columbus**

### **What is the Knights of Columbus?**

The Knights of Columbus is the world's largest Catholic benefit society, providing both financial aid and volunteer hours to those in need. The principals are Charity, Unity, Fraternity and Patriotism.

### **How often and where does the ministry gather?**

The Knights of Columbus meets at the Carnevale Center (room 201) at 7 pm on the 2<sup>nd</sup> & 4<sup>th</sup> Thursday of the month.

### **Why choose to volunteer for this ministry?**

Working with a great group of guys, you will have the opportunity to help your community be a better place as well as support your Church through charitable works while having fun.

**This ministry is essential to St. Mary's and our Franciscan spirit because** we provide both financial aid and volunteer hours to those in need. Marion Council #3801 is active in our community providing Theme Breakfasts, Special Needs Events, Tricky Trays, Golf Outings, Comedy Nights, Fish Fry and a Calendar Raffle; just to name a few.

Contact: Dave Coppola, [dcoppola42@hotmail.com](mailto:dcoppola42@hotmail.com)

Community

## **Lector**

### **What is a Lector?**

Lectors serve the Lord and their parish by giving life and purpose to the bible readings.

### **How often and where does the ministry gather?**

The ministry gathers at every mass and liturgical celebration with the people of God.

### **Why choose to volunteer for this ministry?**

The lectors of our parish strive to proclaim the Word of God to all of creation, just as St. Francis did. We do so by the way we live our lives, and by proclaiming Scripture at Sunday Masses, as well as at other liturgical celebrations throughout the year.

**This ministry is essential to St. Mary's and our Franciscan spirit because** we proclaim God's Word to God's people to enable them to lead their lives following that spirit.

Contact: Jane McEwen, [jane\\_mcewen@yahoo.com](mailto:jane_mcewen@yahoo.com)

Liturgical

## **LGBTQ+ Spirituality Group**

### **What is LGBTQ+ Spirituality Group?**

It is the parish faith sharing group for Catholic gay, lesbian, bisexual, transgender and questioning persons 18 and over and their families. We are in frequent collaboration with our brothers and sisters across central New Jersey. We acknowledge and respect the teaching of the Roman Catholic Church and strive to create an environment where people may honestly and faithfully share their stories and faith lives.

### **How often and where does the ministry gather?**

We are open to suggestions as to when and how often to meet.

### **Why choose to volunteer for this ministry?**

Being a member of the LGBTQ+ Community and being Catholic are not mutually exclusive! Together we find ways to honor and acknowledge all of our God-given gifts and talents.

**This ministry is essential to St. Mary's and our Franciscan spirit because** St. Francis celebrated the fact that we are all created in God's likeness and image, are all called to be brothers and sisters to one another, and that all are welcome in St. Mary's Church.

Contact: Fr John Aherne,  
[jaherne@stmarys-pompton.org](mailto:jaherne@stmarys-pompton.org)

Pastoral

## **Lost Angels**

### **What is Lost Angels?**

Lost Angels is a bereavement/support group for families and loved ones who have lost someone to addiction/overdose.

### **How often and where does the ministry gather?**

The first Thursday of each month at 7 pm in the Carnevale Center.

### **Why choose to volunteer for this ministry?**

This ministry welcomes those that are looking for a supportive, loving community in which to surround themselves.

**This ministry is essential to St. Mary's and our Franciscan spirit because** there are so many families that are living with or have lost loved ones to this most ugly disease. The heroin epidemic has grown over the years and is prevalent in our community today. There are so few groups for families to come together with others going through the same circumstances. The meeting room is a place where all can grieve, support and share openly and freely without judgement.

Contact: Donna Andelora, [dandelora@yahoo.com](mailto:dandelora@yahoo.com)

Pastoral

## **Marriage Preparation**

### **What is Marriage Preparation?**

Marriage Prep is a team of married St. Mary's couples who lead an interactive and uplifting seminar illustrating aspects of a successful Catholic Christian marriage. We use personal experiences, small group discussions and base the day on the St. Mary's Franciscan spirit of openness.

### **How often and where does the ministry gather?**

The ministry conducts two seminars per year in the Carnevale Center the last Saturday in April and October starting at approximately 10 a.m. and concluding at the 5 p.m. Mass.

### **Why choose to volunteer for this ministry?**

Our ministry offers couples the opportunity to share their own married experiences, faith journeys and secrets to their successful marriage. In a relaxed format, they lead small group discussions on topics such as Family Life, Spirituality, Finance, and Barriers to Communication and enjoy the friendship of other team couples who share a like enthusiasm.

**This ministry is essential to St. Mary's and our Franciscan spirit because** the Marriage Prep team shares the spirit of St. Francis and St. Mary's with engaged couples who often are seeking a more positive and uplifting view of marriage in the Catholic Church.

Contact: Susan & George Miller, Deacon Tom Kimak  
973-835-0374

## **Evangelization**

## **Meals With Love**

### **What is Meals for Love?**

This ministry helps the NJ Buddies serve people living with HIV/AIDS while they rebuild their lives. It is simply a ministry of making home-cooked meals for 8 people and delivering them twice a month to Paramus. There is a suggested menu that we will receive every month, but you can make your specialty of whatever you planned on making for your family that day.

### **How often and where does the ministry gather?**

You prepare the meal in your home and deliver to Harrison House in Paramus. We are on their schedule for the 4th Tuesday of each month. We are looking for 12 to 14 people to each take 1 month with 2 people offering to fill in if necessary.

### **Why choose this ministry?**

If you like to cook, this is the easiest way to directly help people that need and appreciate a meal made with love. This ministry is essential to St. Mary's and our Franciscan spirit because as you do for others, you are doing for Jesus. It's that simple.

Contact: Peggy Turpan, [peggyturpan@gmail.com](mailto:peggyturpan@gmail.com)

## **Outreach**

## **Military Assistance Pantry**

### **What is the Military Assistance Pantry?**

The Military Assistance Pantry began last year after the St. Martin Soup Kitchen closed due to the pandemic. We now support the Military Assistance Pantry located in Paterson. It serves Northern NJ Veterans and their families who are facing food insecurity. Every other month, we are so grateful to have our parishioners cook trays of Baked Ziti and bake Brownies. We distribute the home-cooked meals and desserts directly to the Veterans.

### **How often and where does the ministry gather?**

On Sundays after our masses, we distribute ziti and brownie tins to our parishioners for their donations. We meet on the third Friday to pack the bags of food, and the next morning we load our vehicles and head down to the Pantry, where we distribute the food. The Pantry is open on the third Saturday of every month for the Veterans to pick up such items as toiletries, clothing and food.

### **Why choose to volunteer for this ministry?**

It is a blessing to be able to give back to our Veterans who have given so much of themselves to protect us and our country.

**The ministry is essential to St. Mary's and our Franciscan spirit because** it is the essence of what we strive to do; support those in need.

Contact: Pat Brady – 973-839-2896 or

[Militaryassistancepantry@stmarys-pompton.org](mailto:Militaryassistancepantry@stmarys-pompton.org)

## **Outreach**

## **More Than Ever**

### **What is More Than Ever?**

More Than Ever is a ministry of healing for parents and/or grandparents that are estranged from their children or grandchildren.

### **How often and where does the ministry gather?**

More Than Ever meets monthly in the Bonaventure Room at 12:30 pm.

### **This ministry is essential to St. Mary's and our**

**Franciscan spirit because** In the United States family estrangement affects 1 in 4 adults. Families are splintered by grief, shame, and isolation, often for generations. Yet most suffer in silence. This ministry offers a place of compassionate support, understanding, and hope for the heartbreak and frustration of being an alienated parent/grandparent.

Contact: Veronica Picone, [seewhatis@msn.com](mailto:seewhatis@msn.com)

Pastoral

## **Music**

### **What is the Music Ministry?**

The Music Ministry provides music for all Parish Masses and celebrations. It also is happy to have a place for every Parishioner, no matter their age or level of experience.

### **How often and where does the ministry gather?**

- Adult Choir rehearsals are at 6 pm on Thursdays. In the church. All Adult parishioners are welcome to attend, no experience necessary. Anyone wishing to audition for Chamber Choir is asked to please attend the Adult Choir rehearsal for more information. Chamber Choir rehearsals are at 7 pm on Thursdays.
- Youth Band rehearses on Wednesdays at 6 pm and is open to all teens in Gr. 6-12 who sing or play a band instrument (guitar, bass, drums, piano). Rehearsals begin mid-October.
- Children's Choir is on Wednesdays at 5 pm for those in Gr. K-5. Start date TBD. Stay tuned for updates.
- Music Together is fun family music class for our youngest parishioners (0-5 years of age), and a caregiver. Each session runs about 8 weeks at different times throughout the year.

### **Why choose to volunteer for this ministry?**

Music is a great way to worship, become part of the Music Ministry Family because singing is praying twice.

**This ministry is essential to St. Mary's and our Franciscan spirit because** it helps to enhance our liturgies and make them vibrant, joyful and filled with the Spirit.

Contact: Dorothy Limey, [cldlimey@stmarys-pompton.org](mailto:cldlimey@stmarys-pompton.org)

Liturgical

## **Pathways Counseling Center**

### **What is Pathways Counseling Center?**

We are a state-sanctioned mental health center offering professional counseling to children, adults and families. We accept most major commercial health insurances in addition to Medicare and Medicaid.

### **How often and where does the ministry gather?**

We offer professional counseling services on an individual, appointment basis. Our board of directors meets quarterly to guide our focus and plan for our future.

### **Why choose to volunteer for this ministry?**

We welcome volunteers. You can know you are helping our local Pompton Lakes and St. Mary's community. You can empower us to reach out to those with emotional and mental health needs.

**This ministry is essential to St. Mary's and our Franciscan spirit because** in a time when counseling is so costly that it is often prohibitive for many people, Pathways is available to offer psychological and spiritual support one person, one child, one family at a time.

Contact: Dr. Pamela Hall, [phall@stmarys-pompton.org](mailto:phall@stmarys-pompton.org)

Pastoral

## **Prayer Shawl**

### **What is the Prayer Shawl?**

We are a group who knit and crochet prayer shawls which we gift to members of the St. Mary's extended community who are in need of comfort and prayer.

### **How often and where does the ministry gather?**

We meet once a month, in the Carnevale Center on the first Wednesday at 7 pm to work on our shawls, enjoy some conversation and to bless the shawls we have completed. All skill levels are welcome.

### **Why choose to volunteer for this ministry?**

Members will enjoy time with some great ladies and can be as involved as their desire and schedule permit.

**This ministry is essential to St. Mary's and our Franciscan spirit because** we hear from recipients of our shawls, sometimes years after they were going through a difficult time, and the simple gift of a shawl and the positive prayers behind it made them feel less alone. We are blessed to be able to share our shawls and know we are spreading Franciscan Spirit.

Contact: Jackie D'Amico, [jacquedamico@gmail.com](mailto:jacquedamico@gmail.com)  
Lisa Amatulli, 973-865-2406

Pastoral

## **Purificator**

### **What is the Purificator Ministry?**

Members of the purificator ministry take home, wash, and press the sacred linens that are used during the Mass. These linens are considered sacred because they touch the body and blood of Christ during the Mass.

### **How often and where does the ministry gather?**

Each member of the purificator ministry is assigned a week where they are responsible for laundering the linens. The ministry is done at home on your own schedule.

### **Why choose to volunteer for this ministry?**

If you have reverence for the body and blood of Christ, and find washing and pressing relaxing, this ministry might be appropriate for you. It is a wonderful way for someone who is a little more introverted, to get involved in a ministry.

**This ministry is essential to St. Mary's and our Franciscan spirit because** the Sunday Eucharist is the source and summit of all that we do, and we cannot celebrate the Mass without clean sacred linens.

Contact: Gina Berardi, [Ginaberardi118@aol.com](mailto:Ginaberardi118@aol.com)

Liturgical

## **RCIA**

**Rite of Christian Initiation of Adults**

### **What is RCIA ?**

The RCIA is designed for adults as a process for people who wish to become part of the Catholic community of faith, including:

- Those who have never been Baptized;
- Catholics who have been Baptized but never received the sacraments of First Eucharist or Confirmation;
- Those from a different faith who wish to convert to Catholicism.

### **How often and where does the ministry gather?**

We gather every Sunday from 10:30 am to noon, starting with 10:30 mass (November through April). Sacraments are conferred on participants at the Easter Vigil mass.

### **Why choose to volunteer for this ministry?**

RCIA is an opportunity for RCIA team members and RCIA candidates to grow as a small faith community, deepening our awareness of and participation in our Catholic faith.

**This ministry is essential to St. Mary's and our Franciscan spirit because** it enables participating adults to complete their sacramental life and deepen their ongoing commitment to their religious and spiritual growth.

Contact: Monica Coyle, Kathy Reul  
[rcia@stmarys-pompton.org](mailto:rcia@stmarys-pompton.org)

Evangelization

## **Religious Education Gr. 1-5**

### **What is Religious Education?**

The foundation of religious education is Religion. It is the educational process by which our children are invited to explore their Catholic faith and religious traditions. Religious education begins a lifelong process that helps children develop a strong religious foundation which will continue with their family, community and the Church.

### **How often and where does the ministry gather?**

We are located in the Religious Education/Youth Ministry building. The office is open Monday through Friday, 9 am to 5 pm. in the Carnevale Center classrooms.

### **Why choose to volunteer for this Ministry?**

On a personal level, the joy of sharing your child's faith journey is one of the most rewarding experiences for a loving Catholic parent to have. Studies have shown that parental involvement in the child's faith life is most important in ensuring that a child develops into a practicing Catholic Christian.

### **This ministry is essential to St. Mary's and our Franciscan spirit**

**because** we strive to have children and their family witness and learn the truths of the Catholic Faith. Our ministry teaches the children to learn the joys of following Jesus Christ and through that understanding they will have the desire to follow Him closely. Our Franciscan Parish engages the children and their families to deepen their spiritual curiosity and awaken a deeper understanding of their Faith. This is accomplished through education, Mass attendance, and participation in our ministry as well as other ministries. The Franciscan tradition provides the foundation for our children to grow spiritually and become well rounded, faithful followers of the Catholic church.

Contact: Toni Wong, [twong@stmarys-pompton.org](mailto:twong@stmarys-pompton.org)

Children & Youth

## **Religious Education Gr. 6-8 and Confirmation**

### **What is RE and Confirmation?**

Religious Education and the Confirmation program provides religious education and sacramental preparation vital to a child's development as a Catholic.

### **How often and where does the ministry gather?**

Classes meet in the Fall and Spring on St. Mary's Campus.

### **Why choose to volunteer for this ministry?**

As Jesus sent out the Apostles to teach in His name, we are also called to mentor the youngest of our faith community.

**This ministry is essential to St. Mary's and our Franciscan spirit because** to quote Pope Francis, "Education is all a matter of love and responsibility handed down from one generation to another." As Franciscans, we honor the fact that we follow the footsteps of the Pope and St. Francis in order to share our peace with the next generation.

Contact: Cathy Feld, [Cfeld@stmarys-pompton.org](mailto:Cfeld@stmarys-pompton.org)

Children & Youth

## **RISE!**

### **What is RISE!?**

Rise was created to provide a safe harbor for women who are in the process of a separation, seeking a divorce or post-divorce. We create a sacred container where women can gather and begin to reclaim a part of themselves, imagine a new life and start evolving while allowing faith to be greater than fear.

### **How often and where does the ministry gather?**

Our program runs twice a year in the Spring and Fall. We meet for 5 weeks.

### **Why choose to volunteer for this ministry?**

I chose to volunteer for this ministry because when I was struggling with my own divorce, there was no support in place for women. Since walking through it on my own, it was my faith journey and relationship with Jesus that has led me here today. We are all walking each other home, Jesus is my guide and we can all be an instrument of healing and hope to each other.

**This ministry is essential to St. Mary's and our Franciscan spirit because** divorce has not always been accepted in the church. In the past, many women were either lost in the process or not comfortable being a part of church. We are met by an open and loving God embraced by Father Frank and all the priests who become our extended family on the journey of starting over again.

Contact: Kathi Gazzano [kgvision2018y@yahoo.com](mailto:kgvision2018y@yahoo.com)

Pastoral

## Rosary/Divine Mercy

### **What is Rosary/Divine Mercy Ministry?**

We pray the Holy Rosary/Divine Mercy Chaplet as well as prayers from other Catholic luminaries.

### **How often and where does the ministry gather?**

Meets in the church after weekday 8 am Mass.

### **Why choose to volunteer for this ministry?**

The Holy Rosary is as old as the Church, based on the Our Father and the Angelic Salutation. But it was in 1214 when it was given to St. Dominic as a weapon against the Albigensian heresy after St. Dominic entered a forest near Toulouse and prayed and did severe penance for three days and nights. His body lacerated and falling into a coma, The Blessed Mother and three angels appeared to him and gave him the Blessed Rosary as a weapon against sin. Not only is the prayer a fine way to contemplate the lives of Jesus, Joseph and Mary, it is also a powerful weapon against evil and sin and an effective meditation as well-- even more powerful when said in a group.

After the Blessed Rosary we, at the ministry, recite The Divine Mercy Chaplet based on the Rosary given to Saint Maria Faustina as a devotion for the conversion of the world through the Unfathomable Mercy of God.

**This ministry is essential to St. Mary's and our Franciscan spirit because** as parishioners of St. Mary's in these troubled times, it is essential we participate in this ministry.

Contact: George Pereny, 973-835-0374

Evangelization

## **Secular Franciscan Order**

### **What is Secular Franciscans?**

The Secular Franciscan Order, in Latin.: Ordo Franciscanus Saecularis (OFS), is the third branch of the Franciscan Family. Our Order was founded by St. Francis of Assisi 800 years ago. Our habit is the Tau Cross we wear and we call each other Brothers and Sisters as we walk in the footsteps of St. Francis and St. Clare.

### **How often and where does the ministry gather?**

We gather in the Carnevale Center on the 2nd Tuesday of the month at 7 pm. Meetings last no later than 9 pm. On days of inclement weather or scheduling conflicts with the Parish, we meet on the 4th Tuesday of the month.

### **Why choose to volunteer for this ministry?**

This is not an organization to join but an Order that we study for. We have studied for this anywhere from 3 years or more and then upon completion of our studies, we are Professed at the altar.

**This ministry is essential to St. Mary's and our Franciscan spirit because** we ARE Franciscans.

Contact: Pat Hanley, 973-835-0374

Evangelization

## **St. Mary's Active Seniors**

### **What is St. Mary's Active Seniors?**

It is a Senior Ministry for men and women over 55.

### **How often and where does the ministry gather?**

We meet every 1st and 3rd Monday of the month at 11:30 am at St. Mary's Carnevale Center in St. Clare Hall.

### **Why choose to volunteer for this ministry?**

You can make new friends, learn many things from the speakers, enjoy trips, help others with food donations to the food pantry and toiletry donations to the troops.

**This ministry is essential to St. Mary's and our Franciscan spirit because** we can grow in our faith and keep up to date with changes in the Catholic religion.

Contact: Rose Ann Estep, [roseaestep@yahoo.com](mailto:roseaestep@yahoo.com)

Community

## **St. Mary's Original Seniors**

### **What is St. Mary's Original Seniors?**

The Original St. Mary's Seniors of Pompton Lakes is a group of Seniors 55 years or older who reside in Pompton Lakes and who get together for fellowship in social and educational experiences.

### **How often and where does the ministry gather?**

Meetings are held on the 2nd and 4th Wednesday at 11:30 am in the Carnevale Center.

### **Why choose to volunteer for this ministry?**

We have a compassionate group of seniors who enjoy getting together, learning new things, going on trips and helping out the Parish.

**This ministry is essential to St. Mary's and our Franciscan spirit because** we raise money to feed people in need of food. We donate and support other Parish ministries when there is a need. We look out for our fellow seniors.

Contact: Anne Marie Michael, 862-248-7967

Community

## **Special Needs**

### **What is Special Needs?**

The Special Needs Ministry provides children and adults with religious and social services.

- The children's portion of the ministry provides special education religious education for students receiving the sacraments of Reconciliation, Eucharist and Confirmation. Instruction takes place in the evenings and begins in January and ends in May. A week-long bible camp is scheduled for the third week of August. In addition, workshops throughout the school year will enhance and increase students' knowledge of the Bible, the church, the sacraments, prayer and the lives of the saints.
- The Adult portion of the ministry provides social events such as: going out to dinner at local restaurants, game nights, dinner dances, social hours (first Friday of each month, September to June). Workshops and day-long retreats are scheduled throughout the year. The adults are also invited to attend our week-long bible camp every August.

### **How often and where does the ministry gather?**

Our ministry usually gathers in the Carnevale Center because it is handicapped accessible.

### **Why choose to volunteer for this ministry?**

Volunteering in this ministry can be very rewarding. Both Marie Cioletti and Daryl Lynn Hahn, the directors of the ministry, can help you to learn how to work with our special needs clients. One of the directors is always present during activities and can provide assistance and answer any questions that arise. In this ministry, you always get more than you give!!

**This ministry is essential to St. Mary's and the Franciscan spirit because** Francis followed the teaching of Christ in the gospels. The Franciscan spirituality focuses of seeing Christ in all people, especially the poor, sick and marginalized. We should all live as brothers and sisters, be instruments of peace and provide services to those that are less fortunate. Since Christ is not with us physically, we must be his hands and feet. We should be sensitive to the needs of others and use the gifts that God has given us to build a better world.

Contact: Marie Cioletti, [mcioletti@stmarys-pompton.org](mailto:mcioletti@stmarys-pompton.org)

## **Children & Youth**

## **Stephen Ministry**

### **What is Stephen Ministry?**

In Stephen Ministry, highly trained Stephen Ministers meet with and provide emotional and spiritual support to those facing life challenges like grief, divorce, dealing with illness, or any other serious issue.

### **How often and where does the ministry gather?**

Weekly for one hour with person in need (known as the "Care Receiver") and twice monthly for peer group support (on-campus at St. Mary's).

### **Why choose to volunteer for this ministry?**

If you feel you are a good listener with a compassionate heart, Stephen Ministry will enable you to care for people and help you discover and share your God-given gifts and grow in your faith, in fellowship, with other Stephen Minister Parishioners.

**This ministry is essential to St. Mary's and our Franciscan spirit because** we put our faith into action and respond to Jesus' Commandment of "Whatever you did for one of these least brothers of mine, you did for me." - Matthew 25: 40

Contact: Bill Moen, 973-835-0374, x 113

Pastoral

## **Thanksgiving Dinner**

### **What is the Thanksgiving Dinner Ministry?**

This ministry's volunteers prepare and cook Thanksgiving Dinner for residents of local Care Centers on the Saturday before Thanksgiving.

### **How often and where does the ministry gather?**

The month before Thanksgiving we meet weekly to coordinate assignments.

### **Why choose to volunteer for this ministry?**

It is a wonderful day for all involved. The residents and staff of Care Centers are incredibly grateful for the generosity of bakers, chefs and servers.

**This ministry is essential to St. Mary's and our Franciscan spirit because** making a meal with care and intention and then sharing it with the community, is a simple and profound way to share our love and faith with each other.

Contact: Mike Cocilovo, 973-835-0374

## **Outreach**

## **Usher**

### **What is an Usher?**

Ushers are men and women who assist at our Sunday Liturgies by welcoming parishioners, showing people to their seats, and taking up the collection.

### **How often and where does the ministry gather?**

Ushers meet on Sundays for Mass. Each shift as an usher lasts about an hour long.

### **Why choose to volunteer for this ministry?**

It is great for those who are friendly and enjoy meeting and talking with people. It is also well-suited to those people who come to Sunday Mass, but may not have time outside of that to volunteer for other ministries.

**This ministry is essential to St. Mary's and our Franciscan spirit because** it is an ideal ministry for those who are friendly and enjoy meeting and talking with people.

Contact: Peter Alvarez, [palverez19420@hotmail.com](mailto:palverez19420@hotmail.com)

Liturgical

## **Women of Prayer & Spirit**

### **What is Women of Prayer & Spirit?**

Women of Prayer and Spirit is a group of 12-15 women who:

1. Bring our prayer intentions to the group. An offshoot of this is we have gotten to know each other well.
2. Meet to discuss books with a spiritual theme, one chapter at a time.

### **How often and where does the ministry gather?**

We meet monthly on the first Tuesday evening of the month from 7 - 8:30 pm. Regular monthly attendance is preferred; however, life often intervenes. We are currently meeting via Zoom per the members' comfort level.

### **Why choose to volunteer for this ministry?**

This is not a ministry one "volunteers" for, but a ministry one "participates" in. Some reasons our members gave for joining:

- A desire to enrich her spiritual life;
- A desire to connect to church on a deeper level with like-minded women;
- A desire for a diverse group to pray with;
- A desire to be supported in her faith;
- Just did not want to pray alone.

New members are warmly and enthusiastically welcomed. One need not wait until a new book is begun; interested women may join at any time.

**This ministry is essential to St. Mary's and our Franciscan spirit because** our group reflects the early church when Christians met in small groups to pray, to inspire and to be inspired by other Christians.

Contact: Jean Barkovitz, [jbarkovitz1009@gmail.com](mailto:jbarkovitz1009@gmail.com)

Evangelization

## **Women's Cornerstone**

### **What is Women's Cornerstone?**

Womens Cornerstone Ministry is an opportunity for women in the community to revitalize and deepen their spiritual lives through a combination of quiet reflection, prayer and social interaction and sharing the story of one's own personal faith journey.

### **How often and where does the ministry gather?**

Women's Cornerstone meets twice a month and the weekend retreat is held at St. Mary's in March.

### **Why choose to volunteer for this ministry?**

Joining this ministry is a fantastic way to meet women in your community that want to share their faith journey and stories of how they have built their faith through everyday life and experiences.

**This ministry is essential to St. Mary's and our Franciscan spirit because** it brings women together. Women and their stories of life bring faith, hope and love to our church community. When like-minded women are brought together they can offer so much support for one another and eventually offer that love to the entire parish.

Contact: Kelly Salus, [kellyannsalus1@gmail.com](mailto:kellyannsalus1@gmail.com)

Evangelization

## **Women's Faith Reflection**

### **What is Women's Faith Reflection?**

A group of women that gather with other women and reflect on the upcoming Sunday readings.

### **How often and where does the ministry gather?**

We meet weekly in the Carnevale Center on Wednesday from 10 -11:30 am.

### **Why choose to volunteer for this ministry?**

It is truly a gift sharing your time with God's Word and you'll find the blessings continuously flow.

**This ministry is essential to St. Mary's and our Franciscan spirit because** with the input of Fr John Alderson, we are able to have a better understanding of the message given to us each week.

Contact: Gerry Bird, 973-835-0374

Evangelization

## **Young Adult**

### **What is Young Adult Ministry?**

The Young Adult Ministry is a group of men and women between the ages of 18 – 35 years old who desire to grow closer to God and to each other through service, prayer and fellowship.

### **How often and where does the ministry gather?**

We are open to suggestions as to when and how often to meet.

### **Why choose to volunteer for this ministry?**

The ages between 18 – 35 can be a time of great change, challenge and growth. We help each other navigate this exciting time, and find God – and fun—in the process. It is a wonderful way to make friends, and grow closer to God and the parish community.

**This ministry is essential to St. Mary's and our Franciscan spirit because** the first followers of St. Francis of Assisi were young adults—men and women who were dissatisfied with a society based on money and power and were looking for a way of life based on God, community, and service to the least among us.

Contact: Fr John Aherne,  
[jaherne@stmarys-pompton.org](mailto:jaherne@stmarys-pompton.org)

Evangelization

## **Youth Ministry**

### **What is Youth Ministry?**

Youth Ministry provides spiritual, service and social activities to supplement Religious Education that is vital to a child's development as a Catholic.

### **How often and where does the ministry gather?**

There are many different opportunities to serve the youth, ranging from one hour to weeklong service trips.

### **Why choose to volunteer for this ministry?**

Volunteers in youth ministry get to experience the joy and enthusiasm our youth have for sharing their faith.

**This ministry is essential to St. Mary's and our Franciscan spirit because** it offers opportunities for prayer, community building and service that motivates students to grow in their personal following in the footsteps of Christ and St. Francis.

Contact:

Retreats:

Trevor George [tgeorge@stmarys-pompton.org](mailto:tgeorge@stmarys-pompton.org)

Service:

Nicole George [ngeorge@stmarys-pompton.org](mailto:ngeorge@stmarys-pompton.org)

## **Children & Youth**

## **Where would you like to volunteer?**

**Please complete if you would like to join a current ministry or if you have an idea for a new ministry.**

**My idea for a new ministry is:**

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**I would like to volunteer for the following ministry:**

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**Name**

---

**Address**

---

**Contact information**

---

Submit this form at the Parish Office, in the Church collection basket or feel free to contact the ministry heads directly. Have more questions? Please feel free to reach out to any of us below.

**Fr John Aherne, OFM**  
Pastoral Associate  
[jaherne@stmarys-pompton.org](mailto:jaherne@stmarys-pompton.org), x 139

**Anne Silversey**  
Director of Mission and Ministry  
[anne@stmarys-pompton.org](mailto:anne@stmarys-pompton.org), x 108



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