

Our Lady of Mount Carmel Parish

November 4 & 5, 2023

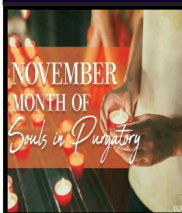


31ST SUNDAY IN ORDINARY TIME



"As for you, do not be called 'Rabbi.' You have but one teacher, and you are all brothers. Call no one on earth your father; you have but one Father in heaven. Do not be called 'Master'; you have but one master, the Christ. The greatest among you must be your servant." - Mt 23:8-11

The 31th Sunday of Ordinary Time



Mass Intentions

SUNDAY - 7:30AM MASS
Livestreamed, join us on:

Parish Website @olmcseekonk.org

Parish Facebook page @ OLMCSeekonkMA

| | |
|--------------|---|
| Sat. Nov. 4 | 9:00AM Month's Mind 4:30PM Mr. and Mrs. Tomas and Maria Neves, Carmelia Neves |
| Sun. Nov. 5 | 7:30AM People of the Parish 9:00AM James Sine III 10:45AM Maria Jose Correia |
| Mon. Nov. 6 | 9:00AM A Special Intention |
| Tues. Nov. 7 | 9:00AM Sandy and Claudia Amato |
| Wed. Nov. 8 | 9:00AM Mark Canuel |
| Thur. Nov. 9 | 6:30PM Maria DeSousa |
| Fri. Nov. 10 | 9:00AM Lawrence Gundel |
| Sat. Nov. 11 | 8:00AM Roseann Mastropietro 9:00AM Women's Day of Recollection 4:30PM Mr. and Mrs. Joao Costa |
| Sun. Nov. 12 | 7:30AM Charles M. Smart 9:00AM Deceased Members of the Scroggs and Schroeder Families 10:45AM People of the Parish |



The Sanctuary Lamp
Is Burning In Loving Memory
Of
Aubin Family

Our Lady of Mount Carmel Liturgical Schedule

Daily Mass

Monday – Saturday 9AM
(EXCEPT) Thursday 6:30PM

Weekend Masses

Saturday Vigil 4:30PM
Sunday 7:30AM, 9AM, 10:45AM

Holy Days 9AM, Noon, 7PM, (Vigil 5:30PM)

SACRAMENTS

Confessions (in the St. Joseph Adoration Chapel)

Monday, Tuesday, Wednesday, Friday 6:30AM – 8:15 AM
Monday, Tuesday, Thursday, Friday 4:30PM – 6:00 PM
Saturday 6:30 AM – 8:15 AM & 3:15PM – 4:15 PM
Sunday 6:30 AM – 7:15 AM & 1:00 PM – 2:00 PM

Baptisms Congratulations! Preparation can be done prior to baby's birth, if preferred. Please VISIT our website @ www.olmcseekonk.org/baptism

Marriage Congratulations! Please notify the parish office 8 months in advance of your wedding.

Anointing of the Sick

1st Saturday @ the 9AM Mass

Weekly Offering

October 28, 29th \$6,754

~ 2nd Collection for Next Weekend ~

St. Vincent DePaul



984 Taunton Ave., PO Box 519
Seekonk, MA 02771

Office Telephone 508 - 336 - 5549

Fax 508 - 336 - 9010

Rectory Telephone 508 - 336 - 9022

Website olmcseekonk.org

Email office@olmcseekonk.org

Facebook OLMCseekonk

Twitter..... @OLMCSeekonk

Formed..... OLMCSeekonk.formed.org

OFFICE HOURS

Monday, Tuesday, Wednesday & Thursday:

10:00AM - 2:00PM

Friday – Sunday: CLOSED

MEET OUR STAFF

Pastor

Rev. Kevin A. Cook frkcook@diocese-fr.org

Parochial Vicar

Rev. Brian P. Connors..... frbconnors@diocese-fr.org

In Residence

Rev. Greg Quenneville..... frgquenneville-fr.org

Permanent Deacon

Matthew Sweeney deacon.matt.olmc@gmail.com

Kelley Nievera

Business Manager kelleyolmc@gmail.com

Thérèse Duquette

Administrative Asst t.duquette.olmc@gmail.com

Maria Medeiros

Secretary..... OLMCchurch1@gmail.com

Andrew John Rondelli

Director of Sacred Music & Organist

..... ajgrondelli@verizon.net

EVANGELIZATION & FAITH FORMATION

Baptism Preparation, Family Faith Formation (1 - 7)
Youth/Young Adult Ministry, Adult Ministry

Lori Lavigne 508 - 233 - 3312

..... L.Lavigne.olmc@gmail.com

1st Communion/Reconciliation, Confirmation,
Marriage Preparation, RCIA/Adult Sacraments

Chris Gregorek 508 - 336 - 5549

..... c.gregorek.olmc@gmail.com

Staff

Meg Mulvey *Rectory Assistant*

Sheila Ducharme *Custodian*

Marty Doyle *Maintenance*

PASTOR'S PAGE



Fr. Kevin A. Cook

Dear Parishioners,

Last week we heard in the Gospel the Lord reminding us of the Great Commandment: Love God with all your heart, mind, and soul; and love you neighbor as yourself. You cannot separate the love of God and neighbor and think we are a loving person. The Great Commandment encompasses all that God has revealed, in particular in the moral life he calls us to live (so all he reveals helps us understand how to live the Great Commandment). In striving to grow in living out the Great Commandment, there is a certain order to love that one must prioritize so as to grow in living the Great Commandment in the fullest way.

First, in the love of God, though one must work on all these areas to grow in our love of God, the primary area that one must strive to foster and grow is the moral life. If we are not striving to live the moral life the Lord calls us to (as we see with the Ten Commandments, the Beatitudes, living the Virtues, and living all of the Church's moral teachings), even if we are praying we are going to hit major spiritual road blocks. Without living a moral life, sin will always have a dominance over our hearts and minds, and when we are thinking we love God but are not living a moral life, then our love for God is more emotionally based than factually based. After striving to live a moral life (which does not mean one is not going to ever sin, but sin will be less dominant and one is quicker to repentance), then comes working on one's prayer life. This does not mean one should not pray until one has a moral life, but it does mean that our prayer life will not begin to flourish until one is striving to live a rightly morally order life.

After the prayer life, then we must strive to live a sacramental life. Just like with a prayer life, one should be living a sacramental life even if the moral life and prayer life are not strong (Mass every Sunday and Holy Days of Obligation; regular Confession – at least monthly), but that sacramental life will not flourish until the moral life and prayer life is in order. Fourth, after one is fostering the order of a moral life, a prayer life, and a sacramental life, what will flow is a strong faith life. This is the movement of charity in its fullest way possible.

In our love for our neighbor (which cannot be separate from the love of God), there is also an order of charity. The order of charity is as follows: The top priority in living love for one's neighbor, one must first attend to one's own spiritual well-being

(one cannot sin towards God or others and think one is living love of neighbor). For example, I cannot do something sinful because I think it is for the good of another person (so I cannot sin with a friend because my friend wants me to do this sin with them and if I don't they will cut off my friendship). That is never love. Second to my own spiritual good is my neighbor's spiritual good (this is more important than any of my other needs in life so it must take precedence over my physical or material needs). But, I cannot put my neighbor's spiritual good before my own spiritual good (so I cannot choose to do something sinful even if I think it is going to help them come closer to God).

Second, after weighing my neighbor's spiritual well-being, then when making a decision in the order of charity I can put my own physical well-being before my neighbor's physical well-being. I cannot put physical wants before my neighbor's physical needs, but I can put my physical needs before their own (I can still be living charity by doing this, but it is more heroic love to put my neighbor's physical well-being before my own). Notice, I cannot put my physical wants before my neighbor's physical needs, but I can put my physical needs before theirs. But my neighbor's spiritual needs come before my physical needs. For example, if my neighbor is in need of a priest for the Anointing of the Sick and/or Confession and they are dying, I need to help get a priest to tend to them spiritually before I give attention to some physical needs I have. Or another example would be I may be hungry for a snack but my neighbor is starving, I need to help them get food over me having a snack (mine is a want, theirs' is a need). But, it would be more heroic love if I put my neighbor's physical need before my physical needs.

Lastly, in the order of charity, after my neighbor's physical needs is my material needs. I can put my material needs before my neighbor's material needs, but it is more heroic love to put their material needs before my own. I cannot put my material wants before my neighbor's material needs, but I can put my material needs before my neighbor's.

There is an order to love because God himself has an order to all His works (creation has an order in it). It is good for us to be aware of this order so when we are making decisions, we know what we need to weigh first. Also, whenever we are seeking to act in love towards God and neighbor, hopefully we are attentive in prayer so we can recognize when God may be asking of the heroic love, even when we can in good conscience act in the proper order to charity. I believe it was St. Alphonsus Ligouri who said (paraphrasing): If you are going to love

God, you have to love the things that He loves. God loves your neighbor, so you must love your neighbor. If you do not love your neighbor, you do not love God.

Going Deeper with Our Love for Jesus in the Eucharist

We distributed a beautiful short book by Bishop Robert Barron on the Eucharist called "This is My Body". Nationally the Catholic Church is in the midst of an effort for a Eucharistic Revival among the faithful and this is one way we are trying as a parish to renew and deepen everyone's understanding and experience of this heavenly mystery.

We purchased hundreds of copies to be given out at both Our Lady Queen of Martyrs and Our Lady of Mount Carmel. On **Sundays, starting this Sunday, November 5th (and next week on November 12th, and 19th) at 2:00PM**, I will lead teachings one each of the chapters about the Eucharist and then have discussions on the Eucharist and the Mass at Our Lady Queen of Martyrs Parish Center (385 Central Ave., Seekonk).

It is so crucial for us to have a deep understanding of the Eucharist if we wish to love the Lord in this most unique and powerful he comes to draw us into his love. I know on November 5th the Patriots play at 1:00PM (not the other two Sundays), so maybe consider DVRing the game and come join us instead (and then watch the game when you return home).

Starting up some new committees In the parish

A few weeks ago the Parish Council met and one of the initiatives we are looking to get started up will be starting some different committees: **(1)** a Communications Committee (a committee to brainstorm ideas of how to publicize parish events/ activities/ works/ etc.); **(2)** a Hospitality Committee (to brainstorm ideas of ways of fostering experiences in the parish that people feel welcomed and get to know the parish) and **(3)** a Social Committee (brainstorming ideas of bringing parishioners together in social functions throughout the year). If you have some abilities or interests in any of these areas and are willing to help out please contact Fr. Kevin (via email preferably if possible) to let him know so meetings for each group can be coordinated.

Please Keep in Your Prayers

Please keep in your prayers Beverly Sweet who passed away last week and her funeral was on Friday, October 27th. Please pray that God's mercy will be showered upon Beverly and they through his mercy Beverly will obtain eternal life. Please keep her family in your prayers at this difficult time as well.

~ Fr. Kevin ~

The 31th Sunday Ordinary Time



St. Joseph Perpetual Adoration Chapel

**May the God of Hope
Fill you with all
Joy and Peace.**

Romans 15:13

**Our Lady of Mount Carmel Parish offers Perpetual
Adoration of the Blessed Sacrament**

24 hours a day, 7 days a week,

URGENTLY NEEDED!!

Adorers and Substitutes

Please contact Linda Nason, Adoration Coordinator

1 - 508 - 336 - 6579

Adorers Needed

Saturday 2PM, 9PM

Sunday 1PM, 2PM, 5PM

Monday 11AM, 12PM, 1PM, 3PM, 4PM, 7PM, 8PM

Tuesday 2PM

Wednesday 4AM, 10AM, 11AM, 1PM, 10PM

Thursday 11AM, 3PM

Friday 2AM, 1PM, 10PM

Substitutes Needed

Saturday 4PM, 5PM, 6PM, 9PM, 10PM

Sunday 1AM, 3AM, 2PM

Monday 9PM

Thursday 3PM

Friday 2AM, 3AM, 2PM, 5PM

Contact Information for Adorers

12AM - 5AM Donna Castle 401 - 524 - 5219

6AM - 11AM Loretta McDonald 508 - 252 - 4475

12PM - 5PM Linda Nason 508 - 463 - 6723

6PM - 11PM Maureen Sanders 508 - 243 - 4104

March for Life 2024



This year the Annual March for Life in Washington, DC will take place on **Friday, January 19th**. We are organizing a group to go the March for Life. We will be leaving in the midafternoon on **Thursday, January 18th** and **returning on Saturday, January 20th** at noon.

We will be **flying out of Providence**. If one wishes to go please contact Fr. Kevin via email and let him know if you prefer to have a hotel room on your own, or if you want to be in a double, triple, or share the room with three others. Costs varies on if you are sharing a room.

If you are on your own, the costs for the whole trip (includes the flight): \$565;

if you are in a double, the cost is \$340;

if three to a room the cost is \$265;

and if you wish to share four to a room the cost is \$230.

THE Faithful DEPARTED

**Do You Want to See Your Deceased Relatives
and Friends Again?**

**Come pray for them at the Holy Souls in Purgatory
Prayer Group Thursdays in the Church from
9:00 AM—10:00 AM.**

They will in turn pray for you!

If you are unable to join us, please say this prayer for them (Our Lord appeared to St. Gertrude and told her 1,000 souls would be released from Purgatory every time this prayer was said!)

**Eternal Father, I offer thee the most precious
blood of thy Divine Son Jesus, In union with the
Masses said throughout the world today for all
the Holy Souls in Purgatory.**

Come Inside the Catholic Moral Life: Learning the Basics

Beginning on Monday, October 23rd at 7:00PM in the Parish Center, Michael Lavigne, the Secretary for Evangelization and Pastoral Planning in the Diocese of Providence and a parishioner of Our Lady of Mount Carmel, will offer a seven-part series on the fundamentals of Catholic Moral Teachings.

The topics he will focus on are:

- Goals of the moral life
- Supreme good; the virtues
- What makes a moral act; the modern problem of relativism
- Natural law
- Apologetics (how to defend the Church's teachings)

It is so important that in the times we live in that we have a good understanding to the moral life we are called by God to live and how to help others understand the fundamentals that will bring them true happiness.

There are registration forms at the doors to fill out and drop off by Friday, October 19th (this will give us an idea how many to prepare for in setting up).

**This is open
for everyone.**



Our Lady of Mount Carmel Parish Seekonk MA

SENIOR LUNCHEON

Welcome back to the Senior Luncheon

Mark your calendars for the remainder of 2023

Tuesday, November 28

Tuesday, December 19

Lunch is served at Noon at the Parish Center

There is a working elevator on the left side of the building. If you have attended in the past, we will call you to confirm your spot.

If you have not attended, please call the office and leave your name and number of people attending 508-336-5549.

See you all there!

Building a Culture of Vocations



Every month we pray for different vocations, to support those who are responding to the Lord's call.

In the month of **November** let us pray for:

Fr. Joseph Pasala

(pastor of St. Mary's, Norton),

Deacon Rick Varieur

(St. Theresa of the Child Jesus in South Attleboro),

Deacon Bryan Bangs

(seminarian for our diocese), and for

Gil and Gina Bricault the gift of the bond of marriage.



Interested in Parish Pickle Ball?

Some parishioners have expressed interest in playing pickleball in the Mount Carmel Parish Center with other parishioners from both parishes. Pickleball is like a combination of table tennis (ping pong) and regular tennis. It can be a lot of fun and some good exercise. If there is enough interest from parishioners we can arrange a regular playing time for anyone 18 years and older.

There is time available on Sundays after 1:00PM (if the Patriots are playing we can project the game on the large tv in the center), as well we can explore interests that people might have playing on certain weekdays.

If you are interested please fill out the form for Parish Pickleball found at the entrances of the church and drop them off in the sacristy or at the office.

St. Vincent de Paul Society

"The greatest among you must be your servant."

Mt 23:11

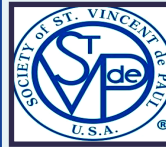
Your generous support enables us to be servants to the poor...thank you!

If **YOU** need help, call us anytime at 401-603-8888.

Our next meeting:

Tuesday, November 7th at 7PM at

Our Lady Queen of Martyrs
parish center



Come join us!

Did you know...this year Abundant Hope Pregnancy Resource Center has already given away over \$50,000 in free diapers, wipes, formula and baby items for struggling families in local communities! If you or someone you know could use a helping hand, please contact us at 508-455-0425.

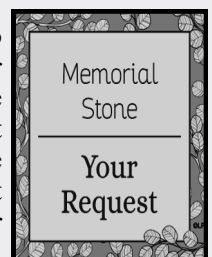


Serving the community since 2011 - from pregnancy testing to potty training!

Pavers for the Courtyard

There is still the opportunity to have pavers that are being installed to be engraved in memory of loved ones, in honor of a family or friend, in thanksgiving to God for some cause, etc. The two sizes for memorial pavers are 4"x8" and 8"x8". On the 4"x8" one can have up to 14 letters and spaces per line and up to three lines (**each 4"x8" paver will cost \$150**). There will be a cross in stones laid out in front of Our Lady and the cost to engrave the **4"x8" stones which will outline the cross will be \$200**. On the 8"x8" pavers you can have up to six lines per paver and 14 letters and spaces per line (**each 8"x8" paver will cost \$300**). There are samples of the sizes and lettering of the pavers in the entrance of the church. If you are interested in having a memorial stone (or stones) done please fill out the forms by the sample pavers and give the form and payment to the office.

Please type up what you would like to say on the paver (and double check your spelling) and submit your form with the payment to the office (or you can mail it in). At this point any submissions might be delayed after the pavers were installed, but once there is a group of requests for memorialized pavers they will be installed.



The 31th Sunday of Ordinary Time

Annual "Holiday Fair" 2023

Our Lady Queen of Martyrs Church
Coyle Drive (Off Rte 152) Seekonk

**Friday, November 10
and Saturday, November 11**
Open 10 AM – 4 PM on both days
in the church basement.

"Super Raffles"

Include Cash Prizes,
HDTV, and Amazon Gift Card.
Also, our famous "Baskets Galore",
Kim's Special Raffles,
Scratch Tickets, Gift Cards, and more.

Items for sale

will be Jewelry, Christmas Décor,
Toys, Hand Knits, Baked Goods,
Almost New Items, and more.

Our "Café"

will be open for food and drinks on both days.
Please join us and enjoy fun for all ages!

Disabled accessible.

Coffee and Donuts

Each Sunday after all the Sunday Masses we have our coffee and donuts downstairs. We are so blessed to have different parishioners and groups in the parish running the coffee and donuts.

This is a great way to get to know other parishioners and enjoy a donut and refreshments.



Please come join us downstairs after Mass.

Come Inside the Catholic Moral Life: Learning the Basics

We began the sessions on basic principles of Catholic Moral life. The sessions are on Mondays at 7:00PM in the Our Lady of Mount Carmel Parish Center (1040 Taunton Ave., Seekonk).

Michael Lavigne, the Secretary for Evangelization and Pastoral Planning in the Diocese of Providence and a parishioner of Our Lady of Mount Carmel, is offering a seven-part series on the fundamentals of Catholic Moral Teachings. The upcoming topics he is focusing on are: the virtues; what makes a moral act; the modern problem of relativism; natural law; and apologetics (how to defend the Church's teachings).

It is so important that in the times we live in that we have a good understanding to the moral life we are called by God to live and how to help others understand the fundamentals that will bring them true happiness.

This is open for everyone!

Next class will be **Monday, November 13th**.

New Mass Intentions for January 1st – June 30th, 2024

The parish Mass Book for Masses beginning on January 1st through June 30th **is now open**. There is a limit on Masses requested so everyone will have an opportunity to request Masses to be offered for loved ones (you can request two Sunday Masses and three weekday Masses). You can do this by coming by the office during office hours, as well as calling Maria Medeiros, the parish administrative assistant. The offering for each Mass is \$10. If you are requesting a Mass to be offered for a person who is living, it will be listed simply as "Special Intention" but any Masses for deceased loved ones or a general intention (such as "For Vocations") will be listed as such. Please make sure you spell out the names of those you wish the Mass to be offered for so it will be accurately recorded.

All the Mass intentions from now until December 31st have been requested.

Parish Ministries

Thank you to ALL our Volunteers

Altar Server, Lectors Eucharistic Ministers

Please call the office 508-336-5549

Holy Souls Prayer Group

Elizabeth Day 774-991-0729

Thursdays @ 9 a.m. in Church

Knights of Columbus

Rolland St. Pierre 508-336-2102
3rd Friday of the month

Men of St. Joseph

Bob Bertocini 401-447-8136
2nd Thursday @ 7 p.m.

Men's Prayer and Fellowship

William Kearney and Marty Doyle
508-243-0880
1st Saturday @ 8:30 a.m.

Ministry to the Sick

Pat Swanson 508-336-5549

Prayer Group

For Prayer Request please call
Barbara Craveiro 508-889-6472

Prison Ministry

Ron Larose 508-736-9813

Pro-Life Group

Ron & Claudette Larose
508-252-4336

St. Vincent de Paul

Gina Bricault 401-603-8888
2nd Tuesday of the month @ 7 p.m.

Senior Luncheon Committee

Call to register: 508-336-5549
Jay Brennan
Liz Day
Luncheon every 4th Tuesday
(except June, July, Aug.)