



HOLY ROSARY

CATHOLIC PARISH

MASS TIMES

January 1, 2017

Weekend Masses

Saturday Vigil at 5:00pm
Sunday at 8:30am and 10:30am

Weekday Masses

- *Daily Mass:*
7:45am in the Church Tuesday through Friday, 8:30am on Saturday
- On the *First Saturday* of the month at the 8:30am in the Church, we pray in a special way for those who are sick and offer the Sacrament of the Anointing of the Sick for those in need.
- *Communion Service:* Monday at 7:45am in the Church.

OTHER INFORMATION

Reconciliation is available in the Church:

- Tuesdays: 5:30pm to 6:30pm
- Saturdays: 3:30pm to 4:30pm
- or by appointment during office hours.

The Parish Nursery is available for both the Sunday 8:30 and 10:30am Masses.

Download our Parish App at
myparishapp.com

Submit a prayer request:
prayers@holyrosaryseattle.org

Request a homebound visit:
homebound@holyrosaryseattle.org

FELLOWSHIP—all are welcome!

- Sunday in the School Hall after the morning Masses (starting 1/15/17).
- Tuesday morning in the Parish Center Reception Room after Mass.



Solemnity of the Blessed Virgin Mary, the Mother of God

Fr. Matthew Oakland



Today we celebrate the Feast of Mary, the Mother of God. She was the first to say ‘Yes’ to Jesus, as well as the model for all other Disciples. If we want to know how to follow Jesus, we will imitate Mary. We will invite Jesus into our lives and into our homes. This bulletin is filled with ideas and ways for you to do just that—to strive to make your own family a Holy Family in imitation of the original. Who doesn't want a family that loves one another, and shows tangible expressions of that love each and every day? Who doesn't want a family free from anger, and strife, and envy, and pride, and all of the other sins which afflict us as individuals, but also divide us from one another? Some say that it

is impossible, but Jesus came to give us grace to help us overcome sin. His love is far greater than anything else when we open ourselves up to it. And what's more, He gives us models and examples as well—and we can do no better than Mary, the Mother of God.



On the side walls of our Church, on the lower level, we see stained glass windows with some of the various titles of Mary from the Litany of Loreto, prayed in that city where Mary's house is for the last 500 years. Part of the Litany includes some of those virtues which Mary excelled in, such as “Mother Most Amiable.” Yes, she had that initial grace of God from the moment of her conception, but it was something she had to choose. She was not a slave—she still had freedom, and she had to choose the good each and every day. Virtue doesn't just happen—it comes about through the formation of good habits and dispositions. Mary is a great model for all of us striving to become saints, as we ourselves seek to choose the good, to grow in virtue, to imitate Jesus Christ and so dwell with God forever in Heaven.

A Different Sort of New Year's Resolution

At this time of year many people greet the new year with a new resolve, and commit to undertake something to improve themselves. Since life is ultimately a journey of faith, consider this year making a resolution in this regard. I always encourage people to pick a virtue for the year and to strive to grow in that virtue. It might be the opposite of a deadly sin which you struggle with in order to help you share in the victory of Christ over sin and death, or it might just be one you feel the Lord calling you to grow in. The purpose of virtue is to help us be like God. A virtue is a habit of doing the good. Habits are formed by repeated choice and action. So each day, and every day, is important.

Theological Virtues

Faith: Belief in God and that which He has taught and revealed to us

Hope: Trust in God's promises as we desire the coming of His Kingdom

Charity: Love of God above all else, and our neighbor as ourselves

Cardinal Virtues

Fortitude: Strength to resist temptation, overcome obstacles, conquer fear and choose the good

Justice: Give God and our neighbor that which they deserve (per God's designs, not our own understanding)

Prudence: Acting rightly after discernment, choosing the good in every situation

Temperance: Balance in the use of created things, and using them always for good.

Seven Heavenly Virtues to overcome the Seven Deadly Sins

Humility (Modesty, Awareness of the self before God) vs Pride (Desire to be above others)

Chastity (Purity and Love oriented towards the other in its proper state) vs Lust (Self-seeking sexual desire)

Meekness (or patience, in seeking appropriate resolution, forgiveness or showing mercy) vs Anger (Rage, hatred, vengeance)

Charity (Giving, sacrifice) vs Covetous (Greed; Desire to own or possess)

Kindness (Expressed love of the other) vs Envy (Desire to have or be better than others)

Temperance (Self-restraint) vs Gluttony (Over-indulgence in food, drink, technology, etc.)

Diligence (Zeal, integrity, laboring as ought) vs Sloth (Laziness/idleness)

CHRISTIAN FAMILY MOVEMENT

(small groups)

Are you interested in:

- Increased communication with your spouse?
- Improved relationships within family?
- Lasting friendships with other Christians?
- Growth in understanding your Catholic faith?
- Inspiration to love and serve others?



If so, come learn about CFM (Christian Family Movement) at Holy Rosary.

CFM members learn together how to put their faith into practice, serving the parish and community and supporting members and families. CFM materials are Catholic and are inclusive of inter-church families. They are welcoming to couples and single parents, too. CFM brings families together to discuss important issues that affect the world in which we live. Families discover how they can act to make a positive difference for Christ. Recommended by the U.S. Catholic Bishops.

Please contact: Jenni Rowley @ jennifer_rowley@yahoo.com for more information.

Celebrate Christmas for 12 Days? Are you Kidding?

Article from Smart Martha



Help! If you are like me, by the time Christmas actually arrives, I am spent. I truly want to celebrate this beautiful feast for 12 days, but it seems that after many Advent activities, along with all the other Christmas parties that happen before Christmas, I can't handle any more "celebrating." I make it through Midnight Mass and the next morning of Merry Christmas-gift exchanges, and then I am done. I want to put away all of the decorations, declutter the house, and get some sleep. Somehow, I do manage to put on a smile and enjoy the break and make it to New Years, but just barely. Over the past several years, I've been working on trying to fix this. I desire a simple, quiet, reflective Advent followed by a joyful Christmas celebration—that can last 12 days! Possible? I've yet to figure it all out. So much of it is my attitude. And even though attitude is something internal, our external circumstances can certainly help shape it. Here are some easy Christmas Suggestions that we have done in the past few years that have helped us to celebrate the 12 Days of Christmas, without it feeling too much like an endurance race.

1. **The 12 Cookies of Christmas.** Every day we make and eat a different Christmas cookie. What fun is this! And, yes, take requests and post your final plan. It will be the first thing everyone looks at when they arise from their slumber. And knowing that we are going to do this helps me resist the temptation to bake during Advent. (Thus making Advent simpler!) (Although you might want a few in the freezer for any of the 12 days that you will be too busy to cook, like Christmas day.)
2. **I am trying the 12 Soups of Christmas this year.** I have been entertaining a large crowd for Christmas Eve and Christmas—and I am tired of cooking. I also have lots of leftovers that will work perfectly in some soups. This will take care of the menu for the rest of the week so I can spend a little more time doing fun things, especially since I can start many of these soups in the slow cooker in the morning. I have these posted in the kitchen to let everyone know what's for dinner as well as serving me a reminder of what I need to get together in the morning.
3. **The 12 Movies of Christmas.** We have a list of 12 Movies that we are going to watch together during the Christmas season. Some are traditional Christmas movies, like "It's a Wonderful Life," and "Home Alone," but we also add some new releases and a trip to the movie theatre. (Knowing we are going to do this also keeps us out of the movie theatres between Thanksgiving and Christmas—not that there is anything wrong with this, but it makes Christmas "special" and on a practical note, the season's new releases aren't as full.) 12 seems like a lot, but just making a list of 12 and posting them is a lot of the fun. We don't make it through all of them.
4. **Plan some family field trips or activities** like those Holiday Light Displays or Ice Skating. I actually put those on my calendar now when I don't feel so "spent." If it is scheduled and put on the family calendar, I am more likely to follow through.
5. **Gifts for the 12 Days of Christmas.** I have actually tried this before, but with a large family, especially, it is a lot of work. Instead, I try to save a gift or two for Epiphany.
6. **Do Epiphany up right.** This is a great day for a party! Invite some families over.
7. **Keep up the Christmas Décor.** It helps if you wait as long as you can to put it up in the first place—like a week before Christmas.

Marriage is the Redemption of Men (ah...most men, anyway)

By Robert Fontana

Yes, of course only Jesus is the redeemer of the human race, but in practical terms this side of heaven, marriage is the salvation for most men. IT'S TRUE! The operative word here is "most." Certainly there are many single men – Pope Francis, many of our clergy, my friend Joseph from South Louisiana, my nephew Deacon Sam, Batman and Robin, etc. – for whom the single life is liberating and life-giving, but they are the exceptions. The social research is absolutely clear; most men need marriage to help them be their best selves. All the jokes and comments about men losing their independence through marriage, and being "hen-pecked, unhappy, and prisoners of the wedding band are simply "BALONEY!"

For the vast majority of men, if they are going to fully succeed in life as spouses, fathers, employers and employees, citizens, neighbors, and members of churches, it will be because they have committed their lives to a woman in marriage. Apparently when a testosterone-driven man can integrate his sexual energy within a committed relationship with a woman as in marriage, he gains the satisfaction, companionship, and confidence that enables him to mature as a person and fully succeed at work, in the community, and, God willing, as a father.

When a marriage succeeds, everybody wins. Obviously the most direct "winners" are the couples themselves, and their children. And because of the stability that marriage provides for families, neighborhoods, churches, schools, and even worksites, all are "winners" when the marriages that support these communities and institutions succeed.

Men are driven by sexual energy. Sexual energy is focused, creative, competitive, and dangerous if it is not disciplined and directed towards self-giving love. The marriage vows – fidelity, love, and honor – provide the necessary boundaries that direct and discipline male sexual energy within spousal love. Within this relationship most men begin to fully discover themselves and, what can I say, GROW UP. Men discover that life isn't all about themselves and their needs. But when their fundamental needs for fulfillment, companionship, and affirmation are met, men, now husbands, find a great freedom to be their best selves at home, work, and around the community.

Certainly women gain similar benefits from marital success, but studies show that single women, whether by choice, widowhood, or divorce succeed at a higher rate than their single male counterparts. Apparently this is due to the female capacity, whether from genetics or social formation or both, to network supportive relationships. Studies show that males who are single are at a greater risk for doing... well...dumb and risky behaviors. These lead to a higher rate of drug and alcohol abuse, addictions, violent behavior,

successful suicide attempts, depression and other mental health issues, and shorter lifespans than their single female or married male counterparts.

It goes without saying, but I'll say it anyway, that I'm talking of patterns and generalities. Certainly men (and women) who are single can live well-adjusted lives and succeed in relationships. But study after study shows that marriage is by far the best avenue to success and happiness for most men this side of heaven. My personal "bible" on these studies is a book by University of Chicago sociologist Linda Waite and her writing partner Maggie Gallagher called "The Case for Marriage: Why Married People are Happier, Healthier, and Better off Financially."

Sadly, the "world" of the 21st century, for all its smarts, does not understand this. Secular and consumer America wants to believe the myth that the happy and successful guys are the Charlie Sheens of the world who are good-looking, sexually active, wealthy, and consume a ridiculous amount of drugs and alcohol. By and large our institutions are not raising young men to succeed in relationships, and they are not challenging them to discipline their sexual and creative energies now so that they can succeed as spouses and fathers later.

Ironically, primitive cultures seemed to have understood this much better than we moderns. Tribal cultures developed elaborate initiation rites to help boys become men, and much of this was directed towards teaching them to bear any suffering so that the tribe – meaning the women and children – would live. Essentially the boys learned that their sexual energy wasn't just for their own amusement and pleasure. They were to be warriors and hunters so that the tribe would survive in a dangerous world. I have read that it was almost unheard of in Native American tribal life for a husband and father to not support his family (and this might be with two or three wives and a number of offspring). The social shame was too great. In our day, we have entire communities in which men /fathers are absent from their families.

Marriage is the butt of jokes, and touted as the bane of young adult men who refuse to mature. But for those who choose it, marriage, especially as it is envisioned by the church as a sacrament of self-giving love shared over a lifetime, is the path used by God for male liberation.

Marriage is the redemption of men.

Robert Fontana is marriage and family therapist.

His counseling practice is called: Work on Your Marriage.

Pope Francis affirmed the place of the family within the Church, saying, "The Church sees in the family the icon of God's alliance with the entire human family."

For Your Marriage...

The first celebration after Christmas is The Feast of the Holy Family. This is an amazing opportunity for us to enter into God's divine plan for our marriages through the example of the Holy Family. Let's celebrate this feast day and start the New Year with a January Marriage Intention:

Surrender to the Lord: Due to sin, we do not have the grace, strength, mercy, or love needed for marriage as it was intended to be. Think of what we are up against! Where did the FIRST sin occur? What did Satan attack first? Marriage! Praise the Lord, marriage is a vocation and a sacrament. This means, we were never meant to do this alone. We aren't expected to just muster the virtues needed for our marriages. God wants to supply us with EVERYTHING our marriages need; He wants to be the driver so we do not have to be.

Let's surrender our wills to Him this month with greater intentionality. Let's join in prayer for each of us as individuals, for our marriages, and for each other's marriages:

"Lord, You called me into this marriage. I surrender my will to You. I surrender my whole self to You. Pour Your grace into me today so that my spouse is loved most optimally- by You. Show me how to let you be the driver of our marriage so that we can become the model You gifted to us in the Holy Family. Mary and Joseph, pray for us." Amen

For more on living marriage freely, totally, faithfully, and fruitfully, stay tuned for talknfp.com. Until then, please contact kimberly@fertilitycarews.com



January Celebrations

January 1st, Mary Mother of God
January 8, Sunday, Epiphany "Three Kings Day!"
January 9, Feast of the Baptism of Our Lord
January 21, St. Agnes
January 22, Prayer for the Legal Protection of the Unborn Child

YOUTH!

What's UP Next – Youth Ministry Leadership meets every 1st Wednesday of the month at 6:30pm in the Parish Center Rm 203. Next meeting is 1/4 @ 6:30pm

WORLD YOUTH DAY INFO MEETING

If you are the parent of a child 6th-12th grade, a college student or Young Adult interested in attending World Youth Day in Panama 2019 please join us for an info session! You will hear testimony from others who have made the trip, answers to frequently asked questions, and how to get involved. We will be hosting two meeting dates Thursday January 12th, 2017 & Friday January 20th, 2017 both at 7pm on the First Floor of the Parish Center. Contact youth@holyroaryseattle.org for more information.

YOUTH MINISTRY VOLUNTEERS NEEDED!!

Are you a baker, project manager, carpool aficionado, or a catechism leader? We are searching for a variety of volunteers in Youth Ministry at Holy Rosary! Help enlighten the youth in our parish by becoming a member of our Leadership Team. We meet every 1st Wednesday of the month from 6:30-8pm at the Parish Center in room 203. Please contact Ruth Reiser or Nicole Warren for more information youth@holyroaryseattle.org.

Calling All Grandparents:

Pope Benedict XVI said: "Make Grandparents the Teachers of Wisdom and Courage..." Catholic Grandparents across the country are united by the same goal to do the very best we can for our children and grandchildren. Grandparents have no agenda; they simply want the best for their grandchildren. They want them to be good, decent human beings, to know the difference between right and wrong, able to make good moral decisions and, if they go astray along the way, to be able to find their way back to a loving, forgiving, non-judgmental God. Grandparents' vital contribution to the family, the Church and society was never as important as now. We are living in unprecedented times, with constantly changing social and moral values. Sometimes we feel like we are failing. We are not. We can never fail so long as we keep on doing what we are doing – praying, showing the way and passing our Faith. As grandparents it is our responsibility, our vocation, and we must do what we can. This is probably the most important job we will ever have and, for many of us, it may be our last. It is one from which we can never retire, so let us do our best. We owe it to our grandchildren.

May God bless you, your grandchildren, and your children.
Catholic Grandparents Association

The Feast of the Epiphany of Our Lord Jesus Christ

January 8, 2017



The Feast of the Epiphany of Our Lord Jesus Christ is one of the oldest Christian feasts, though, throughout the centuries, it has celebrated a variety of things. *Epiphany* comes from a Greek verb meaning "to reveal," and all of the various events celebrated by the Feast of the Epiphany are revelations of Christ to man.

Other Names for the Feast:

Theophany, Three Kings Day

Date: January 6.

In most countries and dioceses, the celebration is transferred to the Sunday between January 2 and January 8, inclusive.

History of the Feast of the Epiphany

Like many of the most ancient Christian feasts, Epiphany was first celebrated in the East, where it has been held from the beginning almost universally on January 6. Today, among both Eastern Catholics and Eastern Orthodox, the feast is known as Theophany—the revelation of God to man.

Epiphany Customs

In many parts of Europe, the celebration of Epiphany is at least as important as the celebration of Christmas. While in England and her historical colonies, the custom has long been to give gifts on Christmas Day itself, in Italy and other Mediterranean countries, Christians exchange gifts on Epiphany—the day on which the Wise Men brought their gifts to the Christ Child.

Please join us at the 10:30am Mass on January 8 for the Croatian Festa Tri Kralja Epiphany Celebration.

Tamburitza music for Mass will be provided by The Seattle Croatian Community Choir and Tamburitza Orchestra, Kisobran, Sinovi and the Seattle Junior Tamburitza. Croatian Pasta Luncheon will follow Mass in Lanigan Center: \$18 Adults, \$8 Children

Please contact us if we can be of service to you. Just dial 206-937-1488 and enter the extension

Baptism: Contact Deyette Swegle at least two months in advance of your requested baptism date.

Marriage: Contact Sherry Smith six months in advance of your requested wedding date.

Funerals: Contact the Parish Office

Becoming Catholic: Contact JoAnn Tobin

PASTOR: Fr. Matthew Oakland

ADMINISTRATION: Gary Samaniego (gsamaniego@holyrosaryseattle.org), ext. 213

ADULT FAITH FORMATION: JoAnn Tobin (jtobin@holyrosaryseattle.org), ext. 203

CHILDREN'S MINISTRIES: Jennifer Wong (jwong@holyrosaryseattle.org), ext. 214

CHILDREN'S MINISTRIES—Baptism & Young Families: Deyette Swegle (dswegle@holyrosaryseattle.org), ext. 251

CHILDREN'S MINISTRIES—1st Sacraments, Children & Youth: Sister Stella (srstella@holyrosaryseattle.org), ext. 252

LITURGY & MUSIC: Paul Dolejsi (pdolejsi@holyrosaryseattle.org), (935-8353)

MARRIAGE & TRIBUNAL ADVOCACY: Sherry Smith (sherry@holyrosaryseattle.org), ext. 210

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