

Church of St. Mary at Clinton Heights

Parish of St. John the Evangelist & St. Joseph



Mass Times

Sacrament of Reconciliation

Saturday: 4:00 pm - St. John & St. Joseph Saturday - 2:30 pm - 3:45 pm at St. John & St. Joseph Sunday: 8:00 am / 10:30 am - Church of St. Mary Thursday - 5:00 pm - 6:00 pm at Church of St. Mary

Monday: 8:30 am - Church of St. Mary

Tuesday: 12:00 pm - St. John & St. Joseph *Or always available by appointment

Wednesday: 8:30 am - Church of St. Mary Thursday: 12:00 pm - St. John & St. Joseph

ASH WEDNESDAY:

7:30 AM: Distribution of ashes - St. Mary's.

12:00 PM: Mass with ashes (St. John & St. Joseph) - Adoration and Confession following Mass. The

Church will be open and ashes available all afternoon.

12:00 PM: Distribution of ashes - St. Mary's 6:30 PM: Mass with ashes - St. Mary's

FAITH FORMATION CSM/SJESJ 2024/2025

Elementary Program (*Grades - K-5*) 17th Session, Sunday, 03/09/2025 9:15 am - 10:15 am

Middle School Program (Grades 6-8) 8th Session, Monday, 03/10/2025, 7-8:30 pm

High School Program (*Grades 9-10*) 8th Session, Monday, 03/03/2025: 7-8:30 pm

Conserns-U

Pantry weekly needs: canned fruit, tuna in water, spaghetti sauce, and grains such as elbow macaroni, spaghetti, and egg noodles.

Cans/bottles redeemable in New York can be donated at St. Mary's. Please rinse containers and leave caps on. Keep them in tied bags; nothing loose and place in the green dumpster by the Church garage.

Thank you for your continued support!

Pastor's column: FREEEDOMMMM!

By Father Sam

This week we'll begin Lent. It is a time for deeper freedom, freedom for really loving God and others. Freedom from what holds us back from that. Here are three questions to help consider how to spend a fruitful Lent:

1.God, what do you want for me this Lent?

2. Where in my life do I want to be free?

3. What steps do I need to take to reach that freedom?

That freedom becomes possible when we admit we need help. If Lent is like a New Year's resolution — something I decide

I want to do, for whatever reason — it will always fail. And probably be miserable! "Apart from me," Jesus says on the night before He dies, "you can do nothing" (John 15:5). Can we let that be the starting point of our life?

It has to be the starting point of the three practices Christians undertake during Lent — prayer, fasting and almsgiving. Prayer is interior union with God, for which we need His help: "we do not know how to pray as we ought, but the Spirit intercedes with sighs too deep for words" (Romans 8:26). Fasting is staying away from something (like say, scrolling!), even something good, for the sake of something better (like being present to family, or checking in with someone who's struggling, or 5 minutes of prayer). It leads us to almsgiving: by fasting, we make space to be generous with ourselves — our time, our

Continued on the next page...

Pastor's column continued...

We'll spend 40 days in Lent, which recalls the 40 days Jesus spent in the desert and the 40 years the Israelites spent in the wilderness, seeking their freedom. It's worth pondering these words from Pope Francis' Lenten message this year:

This arduous path from slavery to freedom was willed and guided by the Lord, who loves his people and remains ever faithful to them. It is hard to think of the biblical exodus without also thinking of those of our brothers and sisters who in our own day are fleeing situations of misery and violence in search of a better life for themselves and their loved ones. A first call to conversion thus comes from the realization that all of us are pilgrims in this life; each of us is invited to stop and ask how our lives reflect this fact. Am I really on a journey, or am I standing still, not moving, either immobilized by fear and hopelessness or reluctant to move out of my comfort zone? Am I seeking ways to leave behind the occasions of sin and situations that degrade my dignity? It would be a good Lenten exercise for us to compare our daily life with that of some migrant or foreigner, to learn how to sympathize with their experiences and in this way discover what God is asking of us so that we can better advance on our journey to the house of the Father. This would be a good "examination of conscience" for all of us wayfarers.

Liturgical Celebrations for the week

DAY	DATE	TIME	LOCATION	INTENTION
Sat.	03/01	4:00 pm	SJESJ	+Art and Dorthy Teator, by Kathy & Glenn Niemitalo +Fr. Thomas Holmes, by Mollie Shook +Dolores DeThomasis, by Rosina DeThomasis +Renee Jacques & Suzanne Jacques, by Lisa and Frank DeThomasis +Joy Beatrice Tuttle, by the family
Sun.	03/02	8:00 am	CSM	+Rev. Thomas Holmes, by the VanWie family +Wanda Madex, by Maria Reardon +Louise Lloyd, by Kenneth Lloyd and children +Anna Tumielewicz, by Alex & Denise Buono
		10:30 am	CSM	+Francesca Russomanno, by Deacon Al and Rose Censullo +Joan Dwyer (7 th Anniversary of death), by the family +Anna Tumielewicz, by Lorraine Rizzo
Mon.	03/03	8:30 am	CSM	+Rev. Donald B. Licata
Tues.	03/04	12:00 pm	SJESJ	+Rev. Thomas Holmes, by Mary Tobin
Wed.	03/05	8:30 am	CSM	+William Quinn, by Roseann Quinn
Thurs.	03/06	12:00 pm	SJESJ	+Rev. George B. Powell
Fri.	03/07			No Mass
Sat.	03/08	4:00 pm	SJESJ	+Rev. Thomas Holmes, by Mary Ann West +Joseph J. Bayly, by Sandy Raus +June Richards, by Sandy Raus +Judy Buono, by Carol Davitt +Geraldine Nardacci, by the Nardacci family
Sun.	03/09	8:00 am	CSM	+Bink & Paul Collins, by their children +John J. Malone, by the family
		10:30 am	CSM	+Mary A. Cataldo (16 th Anniversary), by her daughter Mary Ann +Ralph Pinto (birthday remembrance), by Judy Pinto

CSM - Church of St. Mary

SJESJ - Parish of St. John the Evangelist & St. Joseph

Mass Intentions are a beautiful way to remember loved ones, offer prayers for someone who is in need, or make special occasions. By requesting a Mass intention, you are asking the priest to include your specific intention during the celebration of the Mass.

If you wish to request a weekday or weekend Mass intention, you can either call Church of St. Mary at 518-449-2232 or the Parish of St John the Evangelist & St Joseph at 518-465-0482. The suggested offering for a Mass intention is \$15.

Sacraments

Sacraments of Initiation (Baptism, First Eucharist, and Confirmation)

Call the office of the Church that you wish to receive the Sacrament in or visit the website for additional information.

Sacrament of Marriage:

Call the Parish Office of the Church you wish to be married one year before the wedding date or visit their website for some additional information.

Sacrament of the Anointing of the Sick: Upon request and communally two (2) times per year.

Sacrament of Reconciliation: See bulletin cover for times.

WE PRAY TO THE LORD

FOR OUR SICK				FOR OUR MILITARY
Eric Allen	Carole Farrell	Ava Kitchen	Levi Joseph Reynolds	Salvatore Abbamonte
John Amedio	Jack Farrell	THE PROCEEDING	Joan Roher	Mason Albert
Joseph Bradley	Cheryl Fisher		Bev Ryan	Andrew Barresi
Patricia Bruso	Mary Lou Flavin	Luke Kitchen	Norelly Sandoval Sánchez	Connor Danz
Denise Buono	Kevin Forcinella	Carol Landeras	Gene Schultz	Ryan Johnson
Cindy Buono	Scarlette McLeod Friot	Robert Lalonde	Marge Secor	Noah Kenneston-Colby
Lynn Burdick	Tiffany Gamache	Helen Mertz	Myranda Stevens	Keenan Krenzer
William Burt	Sharon Griffith	Don Miller	Brady Sullivan	Sean Markham
John R. Casey	Randy Grodner	Tina Milone	Michael Swahlan	Garett McDonald
Rosa Camaj	Buddy Gutkaiss	Madison Chester N	Mann Mark Welcome	Brian Murphy
Mary Beth Centrella	* *	Roxanne Nicolla	Margaret Waterbury	
Rosemarie Cipperley		Steven Ogaard	Mabel Whitecomb	Derek Terry
John Conte	George Harrienger	Richelle Olm	Kathleen White	Arthur Thorton
Nicholas Conte	Carol Hinkelman	Ralph Orciuoli	Kathy Winner	Zaish Sadiq
Jerimiah Coonley	Robert Jenkins	Devon Paigo	Harold Wright	
Mary Corvino	Lawrence Jones	Inga Pepoy	Joanne Zalucki	
Burt Creighton	Dorthy Kiley	Peggy Petitmerme	t Michael Zenzen	
Tasha D'Alessandro	Erica Kirsch	David Pitcheralle		
Judy Davis	Donald Kolb	Jacob Pratt		
Bernadette Dawson	Linda Kolb	Tommy Raus		
Barbara Farrell	Christine Krenzer	Chip Rausch		
	Kassidy Krenzer			

^{*}Please let us know if, or when, we can remove someone's name, or if someone should be added to the list. Call the Parish Office at Church of St. Mary, or the Parish of St. John the Evangelist & St. Joseph, see numbers on reference page

Parish News

St. John the Evangelist & St. Joseph

Honored for the Month of March

Bread and Wine: For Judy Buono & Bill Mahar, from your SJESJ Family Sanctuary Light: For Judy Buono & Bill Mahar, from your SJESJ Family

Prayer Services - Queen of Peace Prayer Group

The Queen of Peace Prayer Group will meet (weather permitting) March 10th and 24th at 1:00 pm in the Church.

Eucharistic Adoration:

*Following the 12 PM Mass on Ash Wednesday there will be Eucharistic Adoration.

Church of St. Mary

Eucharistic Adoration:

Adoration will be on Mondays at **6:00 pm** in the Church.

Simple Soup Supper

On Âsh Wednesdây, March 5, the annual "Simple Soup Supper' will be at held at the Church of St. Mary from 4:45pm-6:15pm, followed by a Mass with the imposition of Ashes in the Church at 6:30pm. This year we will have fifteen (15) different soups, vegetable chili and macaroni and cheese. Along with a craft activity for the kids. Come and help us celebrate the beginning of Lent.

Parish Registration and/or Changes

Please register as a parishioner! You will automatically get subscribed to The Evangelist, the diocesan newspaper. We will send you offertory envelopes or get you signed up for e-giving so you can track your contributions to the parish. You will be on our parish rolls to make things go smoothly when it is time for a wedding, baptism, funeral, or other needs. You can call either Parish Office to register. If your address, email address, or telephone number change, please contact your Parish at the below number to communicate your changes. See reference page for Parish office numbers.

Offertories Received	Church of St. Mary	St. John & St. Joseph
Regular Collection:	\$6,127.00	\$3.141.00
E-Giving:	\$2,419.75	\$424.45
Total from last week:	\$8,546.75	\$3,565.45
Budgeted Weekly Need	\$6,890.00	\$5,245.00
Last Week's Difference:	+\$1,656.75	-\$1,679.55
Year to date Actual: Year to Date Budgeted:	\$243,746.75 \$234,260.00	\$143,973.26 \$178,330.00
Year to Date Difference:	+\$9,486.75	-\$34,356.74



Thanks to all who demonstrate such generous care for our parishes!

Please remember our parishes in your will..."St. Mary's Church, Clinton Heights, NY" or "The Parish of St. John the Evangelist/St. Joseph"

Get Involved

SISTERS OF LIFE

You may remember, the Sisters of Life came for a visit and spoke to us at Mass about their vocation and love of faith. They are always looking for volunteers to help them with several projects at their priory, located at 24 Harrison St, Catskill, NY, 12414

Upcoming dates:

Saturday March 22, April 12, May 10, June 21.

The days begin at 10:00 am and end at 4:00 pm with a break for Mass and lunch (provided) at 12:00 noon. You are welcome to come for the whole day, or part of it.

This is a wonderful volunteer opportunity for any individual, family, or group that is looking to volunteer. Young and old are welcome, no registration needed, simply email stanthony@sistersoflife.org to let them know you plan on helping, so they can plan for your arrival.

Catholic Regional Young Adult groups

Diocesan Young Adult Website:

https://www.rcda.org/youbelong Diocesan Young Adult Discord: https://discord.gg/bAgNc55W

Mohawk Catholic (Schenectady)

When: Second Thursday of each month at 7 pm.

Where: St. Gabriel the Archangel Church

basement, 3040 Hamburg Street, Schenectady.

Email: mohawkcatholic518@gmail.com

STREET SOLDIERS:

One of the many ministries at our parishes is Street Soldiers, which is a humanitarian movement that provides

food, supplies and care to those in need through community donations and volunteers. Street Soldiers meets every third Saturday of the month, in the City of Rensselaer under the bridge across the street from Dunkin Donuts.

The first weekend of every month we have a Street Soldiers collection at all Masses. There are designated items each month, and a bin provided for you to drop your items in. The next collection for Street Soldiers will be March 1st and 2nd. The items that we could use are:

shampoo. conditioner. toothpaste and tissues.

shampoo, conditioner, toothpaste and tissues.

Thank you for your support!

If you are interested in volunteering for Street Soldiers, please contact the parish office at 518-449-2232

40 Days for Life

40 Days for Life (https://www.40daysforlife.com/en/about-overview.aspx) is an international grassroots movement to end abortion locally through prayer and fasting, community outreach, and peaceful all-day vigils in front of abortion businesses. The current campaign will begin on Ash Wednesday (March 5th) and end on Palm Sunday (April 13th).

We have a lot of Planned Parenthoods in our area that make it their business to kill babies every day (which is now greatly facilitated by the do-it-yourself abortion pill that they dispense.) Locally, they are in Albany, Troy, Hudson, Schenectady and Saratoga Springs.

Is God calling you to be part of this campaign to end abortion? Please pray about it. There are several ways to participate: praying on the street in front of a Planned Parenthood facility, praying the rosary either at home or in your car in a Planned Parenthood parking lot, and/or fasting.

You are also invited to participate in the Prayer Rally Kickoffs on Sunday, March 2, 2025. The Troy Rally will be 1:30-2:30 PM on the right-of-way sidewalk (not the plaza sidewalk) 120 Hoosick Street 12180 in front of Hudson River Commons Plaza. Park in the plaza parking lot. Contact Margaret at (518) 453-9302 for info. The Albany kickoff will be from 4:00-5:00 PM at the bus stop in front of 855 Central Avenue 12206. Park in the CVS parking lot. Contact Mike at alb40days@gmail.com. If you're thinking about going on the street to pray, attending one or the other of these rallies would be a good way to start; to see what it's like! For additional information, contact Anne Cronin, 518-522-6057, acronin922@gmail.com.

Reference Page

Church of St. Mary at Clinton Heights 163 Columbia Turnpike Rensselaer, NY,

12144

Phone: 518-449-2232 Fax: 518-449-2234

Email: office@stmaryny.org Webpage: www.stmaryny.org

Facebook:

www.facebook.com/stmaryny

Office Hours:

Monday-Thursday~8:30~am-4:00~pm.

Friday: 9:30 - 12:30 pm

The Parish of St. John the Evangelist/St. Joseph

53 Herrick Street (PO Box 256)

Rensselaer, NY, 12144

Phone: 518-465-0482 Fax: 518-449-7088

Email: sjesjparish@aol.com Webpage: www.sjesj.org

Facebook:

www.facebook.com/stjohnstjoseph

Office Hours:

Monday - Thursday 8:30 am - 1:00 pm

Parish Staff

Rev. Samuel Bellafiore, Pastor fr.samuel.bellafiore@gmail.com, ext. 19

Maureen Billa, Pastoral Associate for Evangelization, Catechesis, and Administration maureenbilla@stmaryny.org, ext. 12

Trevor Lanier, Administrative Assistant to the Pastor TrevorL@stmaryny.org, ext. 10

Glenn Osborne, Director of Music glenno@stmaryny.org, ext. 15

Greg Danz, Maintenance Technician ext. 14

Alfred Censullo, Deacon deaconal@stmaryny.org, ext. 20

Gina Gentile, Administrative Assistant to the Pastoral Associate for Evangelization, Catechesis, and Administration gina@stmaryny.org, ext. 16

Ben Patten, Pastoral Associate Operations
518-4492232 ext. 13
ben@stmaryny.org
518-465-0482 ext. 219
sjesjparish@aol.com

Gina Gentile, Administrative Assistant SJESJ 518-465-0482 ext. 210 sjesjrecpt@aol.com



Prayer for the health of Pope Francis

May The Lord preserve our Holy Father, give him a long life, make him blessed upon the earth, and may the **Lord** not hand him over to the power of his enemies. May His hand be upon His holy servant, and upon the one whom He has anointed. O God, Shepherd and Ruler of all the faithful, look down in Your mercy upon Your servant Francis, whom You have appointed to preside over Your Church. Grant, we implore You, that both by word and example, he may edify all those under his charge, so that, with the flock entrusted to him, he may arrive at length unto life everlasting. Through Christ our Lord. Amen.

From the Vatican: Praying for **Pope Francis:**

Beginning today, the faithful will gather in Saint Peter's Square for the recitation of the Rosary every night at 9:00 PM (3:00 PM Eastern Time) We encourage parishioners to join at this same time.

THIS BULLETIN DONATED BY THE FOLLOWING SPONSORS PLEASE GIVE THEM YOUR SUPPORT



Doctor of Audiology

Capital Region Hearing

4 Palisades Drive 101 Jordan Road Suite 200 Allbany, NY 12205 (518) 599-0068

Suite 103 Troy, NY 12180 (518) 326-1742

Hearing Tests Hearing Aids

info@capitalregionhearing.com



Michael Cristo 1895-1977 Tomasina Cristo 1897-1957

THIS SPACE AVAILABLE



Paul Fiacco Cell: 518-365-7842 Email: pfiacco@smithspaving.com

Complete Paving, Sealcoating and Striping Solutions





Michael Doyle Program Assistant | CoNSERNS-U

Phone: 518-463-8571 mdoyle@ccalbany.org

201 Academy Street P.O. Box 28 er, NY 12144

CURTIS PRINT & DESIGN

PRINTING • SIGNS & GRAPHICS

1568 Columbia Turnpike Castleton, NY 12033 P: 518-477-4820

F: 518-689-0224 info@curtisprintingcompany.com www.curtisprintanddesign.com

In Memory of Fred and Gerry Nardacci



THIS SPACE AVAILABLE



 $97317163 mharathalaa<math>mats^{0}$

Family Owned Local Business

William Hart Broker/Owner Cell (518) 331-4755

Ashley Hart Real Estate Agent Cell (518) 542-1200

Office (518) 477-4755 Fax (518) 477-4734 www.hartrealestateonline.com

THIS BULLETIN DONATED BY THE FOLLOWING SPONSORS PLEASE GIVE THEM YOUR SUPPORT

yons Home, Inc.

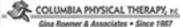
> William J. Lyons, III Caitlin M. Mooney Crystal L. Rodriguez

1700 Washington Avenue

Rensselaer, NY 12144

(518) 286-3400

wjlyonsfuneralhome.com Email: director@lyonsth.com



- EVENINGS UNTIL 8:00 & SATURDAYS
- SPORTS INJURIES / PREVENTION
- MANUAL THERAPY
- MCKENZIE TECHNIQUE TRAINED
- BALANCE DISORDERS
- OSTEOPOROSIS PROGRAM
- ACKIATIC THERAPY
- LYMPHEDEMA MANAGEMENT
- ELINCTIONAL CAPACITY EVALS.
- VESTIBULAR REHAB .
- MASSAGE THERAPY
- INJURY PREVENTION PROGRAMS

~ 2 OFFICES ~

Springhurst Drive, Suite #1 Ocean State Job Lot, Route 9 518-479-7172 518-758-7616

www.columbiapt.com / EMAIL: gina@columbiapt



BERKSHIRE HATHAWAY

HomeServices

Mary B. Stapleton Real Estate Associate Broker

Blake, REALTORS

446 North Greenbush Road Defreestville, NY 12144 518-687-2222 · Cell: 518-929-7783 Fax: 518-687-0788 marystapleton37@gmail.com



Circles of Mercy sored by Sisters of Mercy

Providing Hope and Empowerment Catherine's Closet · Computer Training

> Resume Writing . Mentoring Free Income Tax Prep

Richard S. Zazycki, Director Call 518-462-0899

11 Washington Street • Rensselser, NY 12144 Website: www.circlesofmercy.org



WALTER S. PRATT & SONS, INC.

AIR COMPRESSORS PUMPS - DRILLS SALES - RENTAL - SERVICE

317 COLUMBIA STREET RENSSELAER, NY 12144

> (518) 465-1549 (800) 613-4738 FAX: (518) 465-0712

Driveways · Parking Lots · Residential & Commercial

, L.BROWE

Join us for coffee... and a second opinion

- · Retirement Planning · Estate Planning
- Paton Bayly of Wells Fargo Advisors, LLC

Benjamin Bayly, CRPS* 30 South Pearl Albany, NY 12207 Financial Consultant

518-455-7446 • 800-817-8252 www.thepatonbaylygroup.wfadv.com



age Adriano, SSE, Masthar SPE, is a registered before dealer and a representation for of Wilds Engage & Company, 40000 Walls Engage Adriano, SSE, 300 registeratorist.

THOMAS B. CLARKE

(Connex or Routes 4 & 151)

INSURANCE AGENCY, INC.



Dan Fumarola

3 Lear Jet Lane, Suite 200 • Latham, NY 12110 (518) 608-1103 Office • (518) 779-6150 Cell daniel@empirefa.com • www.empirefa.com

curities and advisory services offered through LPE Financial, a Registered Investment Advisor, Member FINRA/SPC



HEATING/AIR CONDITIONING **HEATING OIL - PROPANE - NATURAL GAS SERVICE**

518-465-3535

24 HOUR EMERGENCY SERVICE

Nopper's Collision Repairs



323 Columbia Tpke. Rensselaer, NY

518-477-6135

www.Noppers.com



Knights of Columbus*

Knights of Columbus

200 East Street, Rensselaer, NY Meetings 3rd Monday each month at 7PM

BECOME A KNIGHT!

Visit us at www.kofc267.org

DAVID GARRITY PLUMBING & HEATING



(518) 477-7882

Water Heaters Radiant Heat Systems All Commercial & Residential Service



∎oward

Real Estate Services

JOHN MOONEY (518) 286-1000 • (518) 495-3629 102 Van Rensselaer Avenue, Suite L. Rensselaer, NY 12144

13199 Route 9W, Hannacroix, NY 12087 Investigate before Investing

Taylor's Monument Co., Inc.

Business: (518) 756-3530 Michael Taylor, President Mary Taylor, Vice President

HEIRLOOM MEMORIALS

Century Monument Co., Inc.

19 Couse Place . East Greenbush, NY 12061

Bus.: (518) 477-7700 . Fax: (518) 477-7735

24 Columbia St. P.O. Box 372

TOM CLARKE

ACENT

518-467-9444 Rensselaer, NY 12144 Fax: 518-462-3442

Open Daily 8-4; Evenings 6-8; Saturday 10-2

At the request of the Parish and with approval of the Chancery, Albany Diocesan Cemeteries assumed responsibility for Holy Sepulchre Cemetery in Rensselaer on 8/2/21.

Visit www.CapitalDistrictCemeteries.org for cemetery rules and regulations.

> (518) 463-0134 info@ADCemeteries.org



Marshall G. Wagner Director

Wm. J. Rockefeller Funeral Home

165 Columbia Turnpike Rensselaer, NY 12144 (518) 449-7047

Our Family Serving Your Family In Your Hour Of Need

> George W. Wagner Owner-Director



Michael J. Wagner Director