



FAITH FORMATION

Empowering God's Children Supplemental Book List

The books on this list are for a wide age range. Please look up each title before you assume it is appropriate for your child(ren).

Physical Boundaries, Safe and Unsafe Touching, Safe Adults and Strangers, Secrets

- *The Berenstain Bears Learn About Strangers* by Stan and Jan Berenstain (Random House Books for Young Readers)
- *Body Boundaries Make Me Stronger* by Elizabeth Cole (independently published)
- *Body Safety Book for Kids By Tim* by Adrian Laurent (Bradmen Press)
- *God Made All of Me: A Book to Help Children Protect Their Bodies* by Justin Holcomb (New Growth Press)
- *God Made Me in His Image: Helping Children Appreciate Their Bodies* by Justin Holcomb (New Growth Press)
- *I Said No! A Kid-To-Kid Guide to Keeping Private Parts Private* by Kimberly King (Boulden Publishing)
- *Let's Talk About Body Boundaries* by Julia Emote (independently published)
- *Not Everyone Is Nice: Helping Children Learn Caution with Strangers* by Frederick Alimonti (New Horizon Press)
- *Some Secrets Should Never Be Kept* by Jayneen Sanders (Educate2Empower Publishing)

Friendship, Being a Friend, Making Friends, Feelings

- *How to Run My Play Date?: A Children's Book That Teaches the Friendship Skill of Running a Play Date* by Stephanie Chan (Society for Behavior SciAnts)
- *My Way to Making Friends: Children's Book about Friendship, Inclusion and Social Skills* by Elizabeth Cole (independently published)
- *The Way I Feel* by Janan Cain (Parenting Press)
- *I Talk to God About How I Feel: Learning to Pray, Knowing He Cares* by Stormie Omartian (Harvest Kids)

Growing Up, Coming of Age, Puberty, Where Babies Come From

- *Before I Was Born: God Knew My Name* by Carolyn Nystrom (NavPress)
- *Beyond the Birds and the Bees: Raising Sexually Whole and Holy Kids* by Gregory and Lisa Popcak (Ascension Press)
- *Growing Up God's Way for Girls* by Chris Richards (Evangelical Press)
- *Growing Up God's Way for Boys* by Chris Richards (Evangelical Press)
- *Joyful Mysteries of Life, The: Parents Unfold to Their Children* by Catherine and Bernard Scherrer (Family Publications)
- *Start Talking to Your Kids About Sex: A Practical Guide for Catholics* by Julia Sadusky (Ave Maria Press)
- *The Story of Me: Babies, Bodies, and a Very Good God (God's Design for Sex)* by Stan and Brenna Jones (NavPress)
- *Theology of His Body / Theology of Her Body: Discovering the Strength and Mission of Masculinity/Discovering the Beauty and Mystery of Femininity* by Jason Evert (Ascension Press)
- *Theology of the Body for Beginners: A Basic Introduction to Pope John Paul II's Sexual Revolution* by Christopher West (Ascension Press)

Vocation, God's Calling, Dating

- *Brides of Christ* by Benedictines of Mary Queen of Apostles (Sophie Institute Press)
- *The Dating Blueprint: What She Wants You To Know About Dating But Will Never Tell You* by Jason Evert (Chastity Project)
- *Generation J: 25 Gospel Meditations on Life and Vocation* by Santos Mena, SJ (St. Mary's Press)
- *How to Find Your Soulmate without Losing Your Soul* by Jason and Crystalina Evert (Chastity Project)
- *If You Really Loved Me: 100 Questions on Dating, Relationships, and Sexual Purity* by Jason Evert (Chastity Project)
- *The Princess and the Kiss* by Jennie Bishop (Warner Press)
- *The Squire and the Scroll* by Jennie Bishop (Warner Press)
- *What Is a Vocation?* by Annemarie Thimons (independently published)
- *Where Do Sisters Come From?* by Elizabeth Ficocelli (Bezalel Books)
- *Where Do Priests Come From?* by Elizabeth Ficocelli (Bezalel Books)

Hot Topics in Sexuality

- **General Reference**
 - *Made This Way: How to Prepare Kids to Face Today's Tough Moral Issues* by Leila Miller and Trent Horn (Catholic Answers)
 - *Talking to Youth About Sexuality: A Parent's Guide* by Fr. Kris Stubna and Mike Aquilina (Our Sunday Visitor)

- **Pornography**
 - *Delivered: True Stories of Men and Women Who Turned from Porn to Purity* by Matt Fradd (Catholic Answers)
 - *Good Pictures Bad Pictures: Porn-Proofing Today's Young Kids* by Kristen Jenson (Glen Cove Press)
 - *Good Pictures Bad Pictures Jr.: A Simple Plan to Protect Young Minds* by Kristen Jenson (Glen Cove Press)
- **Gender**
 - *God Made Boys and Girls: Helping Children Understand the Gift of Gender* by Marty Machowski (New Growth Press)
 - *He Bear She Bear* by Stan and Jan Berenstain (Random House Books for Young Readers)
 - *Male, Female, Other?: A Catholic Guide to Understanding Gender* by Jason Evert (Chastity Project)