

Welcome To

SAINT JOSEPH
CATHOLIC CHURCH

Ash Wednesday



For dust you are, and dust you shall return

February 19, 2023
Seventh Sunday in Ordinary Time

Church

400 E. Simpson St.

www.stjosephmech.org

Mechanicsburg, PA 17055

Parish Office

717-766-9433

410 E. Simpson St.

officemanager@stjosephmech.org

Saint Joseph School

717-766-2564

420 E. Simpson St.

www.sjsmch.org

WELCOME TO SAINT JOSEPH PARISH! MASSES AND EVENTS FEBRUARY 18 & 19

Saturday, February 18 - Vigil, Seventh Sunday in Ordinary Time

(Leviticus 19:1-2, 17-18; 1 Corinthians 3:16-23; Matthew 5:38-48)

- 4:00 PM** **Mass in Church - †Helga Azizkhan (Azizkhan)**
After Mass Lenten Resource Table (Narthex)
Welcome Kiosk (Narthex)
- 5:30 PM** **Mass in Church - People of the Parish Living and Deceased**

Sunday, February 19 - Seventh Sunday in Ordinary Time

- 8:00 AM** **Mass in Church - †John Mandrusiak**
9:30 AM RCIA (Lee Horan Rm.)
9:30 AM RCIC (John Paul II Rm.)
+9:45 AM **Mass in Church - †Patricia Schankweiler (Cole)**
with Children's Liturgy of the Word
- 11:30 AM** **Mass in Church - †Steve & Kathy Kirbos (Coyne)**
After Masses Coffee and Donuts (Brindle Hall)
Lenten Resource Table (Narthex)
Welcome Kiosk (Narthex)
- 1:00 PM** Sacrament of Baptism (Church)
- +Mass in American Sign Language (ASL)**
Our Masses are indicated in red



Welcome to Saint Joseph Parish!

Our Welcome Kiosk is open after all Masses this weekend! We would love to help you learn more about our parish and help you register. We can connect you with our many ministries and programs. Stop by for information, a prayer square and a smile

The Hospitality Ministry is excited to connect with members of the Saint Joseph Athletic Association Girls Novice White Basketball Team who are greeting at the 11:30 AM Mass this weekend. Thank you! We encourage other ministries to sign-up to greet.

For additional Hospitality Ministry information or to volunteer please contact Marlene Steinour - tinysteiny75@gmail.com or 717-712-9457.

Join the Parish: Visit www.stjosephmech.org/parish-registration

Sacrament of Penance: Saturdays at 2:15 PM - 3:15 PM

Please notify the Parish Office when you or a family member has been admitted to a hospital or healthcare facility. In the event of serious illness or injury please contact the Parish Office at 717-766-9433. Holy Communion can be brought to homebound parishioners, please call the Parish Office to make arrangements.

Sacrament of Baptism: Visit our website for more information:
<https://www.stjosephmech.org/baptism>

Sacrament of Matrimony Common Policy:

It is necessary for a couple to contact the clergy NINE TO TWELVE MONTHS prior to the anticipated date of the wedding.

Parish Info

Parish Office: 717-766-9433

Monday - Thursday: 9:45 AM - 4:00 PM

Friday: 9:45 AM - Noon

Bulletin Deadline Mondays by 9:00 AM.

Email submission: bulletin@stjosephmech.org

Phone Numbers

Video Phone for the Deaf: 717-610-0326

Mass & Confession Times: 717-766-8032

Saint Joseph School: 717-766-2564

Religious Education: 717-766-2472

Our Staff

Pastor.....Reverend Thomas J. Rozman
Parochial Vicar.....Reverend Kenneth C. Roth
Deacon.....Deacon Steven Auchey
Parish Manager.....David Maceiko
School Principal.....Rebecca Bamberger
Pastoral Musician.....Justin Myers
Religious Education Coordinator.....Mark Rebuck
Family Ministries Coordinator.....Becky Davis
Evangelization Coordinator.....Suzanne Bruzga
Communications Coordinator.....Mary Vukelich
Parish Advisory Council.....pac@stjosephmech.org

MUSIC Ministry

THIS
WEEK

4:00 PM Organ/Cantor
8:00 AM Organ/Cantor
9:45 AM Cherub Choir
11:30 AM Sanctuary Choir

This Weekend's Candle and Flower Dedications:

ALTAR CANDLES: Special Intention.

AMBO CANDLES: Special Intention.

RED SANCTUARY CANDLE: Special Intention.

TABERNACLE CANDLES: Special Intention.

ALTAR FLOWERS: For the living and deceased members of the Simon and Staub family.

DIVINE MERCY FLOWERS: For the living and deceased members of the Simon and Staub family.

TABERNACLE FLOWERS: For the living and deceased members of the Simon and Staub family.



\$180 Donations for Tabernacle Flowers,
\$90 for Altar, Ambo, and Divine Mercy Flowers,
\$10 for Candles and Pro-Life Rose
Information on our website: www.stjosephmech.org
or stop by the Parish Office 717-766-9433

Rest in Peace

Please pray for those who have recently died, may they rest in peace. Eternal rest grant unto them, O Lord, and let thy perpetual light shine upon them. And may the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

WE REMEMBER OUR PARISHIONER:

Donald Dye

February 19, 2023

Seventh Sunday in Ordinary Time



JOIN US THIS WEEK FOR MASSES AND EVENTS FEBRUARY 20 - 26

Monday, February 20 - Weekday (Sirach 1:1-10; Mark 9:14-29)

9:00 AM **Mass in Church - ✠Father Louis Ogden**
President's Day
 Parish Office Closed
 SJS Closed
 Trinity HS Closed
 No REP

**Tuesday, February 21 - Weekday; Saint Peter Damian,
 Bishop and Doctor of the Church** (Sirach 2:1-11; Mark 9:30-37)

6:30 AM **Mass in Church - ✠Judy & Harry Zingg (Dubas)**

Wednesday, February 22 - Ash Wednesday

(Joel 2:12-18; 2 Corinthians 5:20—6:2; Matthew 6:1-6, 16-18)

6:30 AM **Mass in Church - People of the Parish Living and Deceased**
9:00 AM **Mass in Church - ✠James Folmer (Dougherty)**
 Divine Mercy Chaplet (Church)
12:00 PM **Mass in Church - ✠Joyce Meehan (Riordan)**
+6:30 PM **Mass in Church - ✠Arthur Igarta (Igarta)**

**Thursday, February 23 - Thursday after Ash Wednesday; Saint Polycarp,
 Bishop and Martyr**

(Deuteronomy 30:15-20; Luke 9:22-25)

9:00 AM **Mass in Church - ✠William Vassey (Vassey)**
 10:00 AM Abiding Together (Lee Horan Rm.)
 7:00 PM Abiding Together (Lee Horan Rm.)

Friday, February 24 - Friday after Ash Wednesday

(Isaiah 58:1-9a; Matthew 9:14-15)

6:30 AM **Mass in Church - ✠Paul Pchinow (Serafin)**
 12:00 PM Parish Staff Mtg. (John Paul II Rm.)
 1:20 PM Stations of the Cross; SJS Attending (Church)
 6:15 PM Stations of the Cross (Church)
6:45 PM **Mass in Church - Special Intention of Joseph Fisher (Brennan)**
 7:15 PM Holy Hour (Church)
 8:15 PM Benediction (Church)

Saturday, February 25 - Saturday after Ash Wednesday

(Isaiah 58:9b-14; Luke 5:27-32)

6:15 AM That Man Is You (Brindle Hall)
 10:00 AM Junior Legion of Mary (John Paul II Rm.)
 2:15 PM Confessions (Church)

Saturday, February 25 - Vigil, First Sunday of Lent

(Genesis 2:7-9, 3:1-7; Romans 5:12-19; Matthew 4:1-11)

4:00 PM **Mass in Church - ✠Helga Azizkhan (Weaver)**
5:30 PM **Mass in Church - People of the Parish Living and Deceased**

Sunday, February 26 - First Sunday of Lent

8:00 AM **Mass in Church - ✠Baldassare Magnelli (Cribari)**
 9:30 AM REP Preschool/Kindergarten (Parish Life & Ed. Ctr.)
+9:45 AM **Mass in Church - Special Intention of Laine Hollister (Brennan)**
 Rite of Sending
 with Children's Liturgy of the Word
11:30 AM **Mass in Church - Special Intention**
 Rite of Recognition

Mission Statement

Like our Patron, Saint Joseph, the Husband of the Blessed Virgin Mary, we are called to foster the presence of Christ in all that we say and do. Our Mission is to grow disciples for our Lord Jesus Christ.



DOWNLOAD OUR APP!



Stations of the Cross

Beginning Friday, February 24 and each Friday throughout Lent, we will have **Stations of the Cross** at 1:20 PM with SJS attending. **Stations of the Cross** will be held again at 6:15 PM, before our 6:45 PM Mass. Adoration of the Blessed Sacrament with prayers and Benediction from 7:15 PM until 8:30 PM.

*We adore you, O Christ, and we bless you.
 Because by Your Holy Cross,
 You have redeemed the world.*

Join us for
**Coffee and
 Donuts**

Following all Sunday
 Masses in
 Brindle Hall!



Music
 Ministry

NEXT
 WEEK

4:00 PM Organ/Cantor
 8:00 AM Organ/Cantor
 9:45 AM Contemporary
 11:30 AM Sanctuary Ringers

MINISTRY HIGHLIGHT: WELCOME KIOSK

The Welcome Kiosk is part of the Saint Joseph Hospitality team, which includes our Ushers, Greeters, Welcome Kiosk ministers and the Card Blessing Ministry.

If you have ever wanted to become more involved at Saint Joseph, the Welcome Kiosk is an easy way to start!



- It only takes 15 minutes after the Mass you usually attend.
- Flexible commitment - Volunteer as much or as little as you like. Once every other month is the suggested minimum.
- Training is provided at your convenience. Just arrange to meet one of us after Mass.
- We welcome our special needs parishioners, especially children. Please contact Susan at sbianca555@gmail.com for accommodations.

Our Mission: *The Welcome Kiosk provides an engaging presence in the Saint Joseph Church Narthex where guests can register to become members of our parish and where parishioners can inquire about parish programs and ministries and request contacts and additional resources. Kiosk Ministers foster a welcoming culture that inspires guests and parishioners to journey as disciples with our Lord Jesus Christ.*



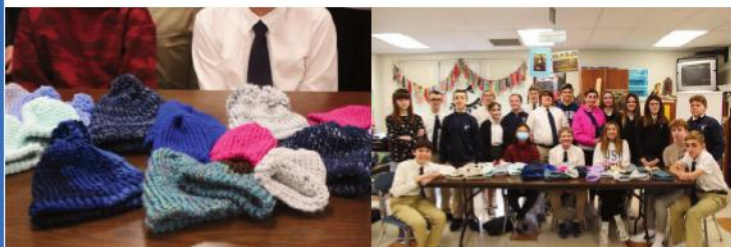
For more information, contact Lauren Pawlush at pawlushstj@gmail.com or Susan Bianca at sbianca555@gmail.com.



Interested in a Catholic education for your child? Spaces for the 2023-2024 school year are limited, so please don't delay. Please visit www.sjsmch.org for more information or contact Amanda Koerner, Director of Development, with any questions (akoerner@stjoesmech.org or 717-766-2564).



Our 7th grade class did a spectacular job on its hat knitting project under the direction of our art teacher, Mrs. Denise Aubert. Students worked diligently on the project during class and study halls, and some students worked at home to complete their hats. The students hand knitted an astonishing number of 67 hats that were donated to local charities that include Safe Harbor in Carlisle, Warm Hearts, Lancaster General Hospital, and New Hope Ministries in Mechanicsburg. The recipients were amazed by the quality of craftsmanship as well as the charitable act of kindness from our youth. The project was a huge success, and we are very proud of the 7th grade class!



Dr. Diana Yousef visited the 5A classroom to give a wonderful presentation on Egypt. The students had lots of questions and enjoyed learning facts about Egypt's geography, history, and culture from a native of the country.

Saint Joseph School has the following employment opportunities available.

Part-time Cafeteria Monitor: Candidates are expected to uphold the values of the Catholic Church and Saint Joseph School. Qualified candidates must possess at minimum a high school diploma and some on-the-job training. An associate's degree or bachelor's degree with experience working in schools is preferred. Candidates must be at least 21 years of age. This position requires the ability to communicate effectively verbally and in writing. Also, the candidate must possess the ability to establish and maintain effective working relationships with students, staff, parents, and the community. Candidates must have their Diocese of Harrisburg Youth Protection clearances. A cover letter, resume, and copies of all clearances should be submitted to Mrs. Rebecca Bamberger, Principal, Saint Joseph School at 420 East Simpson Street, Mechanicsburg, PA 17055 or by e-mail at rbamberger@stjoesmech.org. For more information, call 717-766-2564.

Substitute Teachers: An interested candidate must be a practicing Catholic and must possess at minimum a bachelor's degree. Candidates must be at least 21 years of age and will need to complete all diocesan clearances. Candidates are expected to uphold the values of the Catholic Church and our Saint Joseph School. If interested in the substitute teacher position, please send a cover letter and resume to Mrs. Rebecca Bamberger at rbamberger@stjoesmech.org.



Long-Term Substitute Teacher Needed--English
Trinity is in need of a long-term substitute teacher for freshman and junior English classes beginning in early April until the end of the school year. Preference will be given to candidates who hold a teaching certificate for English. To begin the application visit this link <https://thsrocks.us/employment/>. If you already have an application on file with all clearances, please contact Ms. Eileen Poplaski, Vice Principal/Director of Studies.

Weekly Stewardship Report: February 12, 2023

Regular Sunday Offerings:

Weekly Goal	\$ 27,530.00
Actual Offerings:	
Weekend Offerings (basket)	\$ 13,809.00
Electronic Check - Bill Payer	\$ 5,555.00
Online Thru WeShare	\$ 7,580.00

Total Offerings	\$ 26,944.00
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Comparison Prior Year - February 13, 2022	\$ 27,092.00
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Additional Offerings:

Catholic Church in Europe, Latin America & Africa	\$ 50.00
Propagation of the Faith	\$ 317.00
Capital Improvements	\$ 575.00

"Building Disciples, Sharing Gifts"

Thank you for your continued generosity.

West Shore Communal Penance Services 2023

Saint Katharine Drexel, Mechanicsburg

Sunday, March 12 at 2:00 PM

Saint Patrick, Carlisle

Sunday, March 12 at 7:00 PM

Our Lady of Lourdes, Enola

Wednesday, March 22 at 7:00 PM

Saint Bernadette, Duncannon

Thursday, March 23 at 7:00 PM

Saint Elizabeth Ann Seton, Mechanicsburg

Tuesday, March 28 at 7:00 PM

Our Lady of Good Counsel, Marysville

Thursday, March 30 at 7:00 PM

Saint Joseph, Mechanicsburg

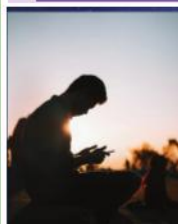
Sunday, April 2 at 2:00 PM

Saint Theresa, New Cumberland

Sunday, April 2 at 7:00 PM

Church of the Good Shepherd, Camp Hill

Tuesday, April 4 at 7:00 PM



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Abiding Together Lenten Book Study and Podcast

We are also excited to announce our Lenten Book study for Abiding Together!! This year, we will be reading *Be Transformed* by Dr. Bob Schuchts. We will discuss how the Sacraments can heal and transform your relationship with Jesus Christ. You can order your book through Ave Maria or on Amazon. Limited books available through the parish for \$17. Abiding Together is Thursday in the Lee Horan room, 10:00 AM and again at 7:00 PM

Contact Becky at familyministries@stjosephmech.org for the Zoom link if needed.

TMJY WEEK 1: RADIATE AND ILLUMINATE
Presenter: Mark Hartfeil

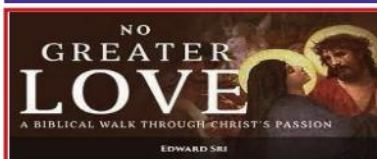
THE LIGHT OF MEN
THE DARKNESS CANNOT OVERCOME IT

We live in a time of unprecedented evil. We. Need. Grace. Join That Man Is You on Saturday morning in Brindle Hall at 6:15 to discover the awesome power of a single Hail Mary and the faith that can move mountains. TMJY is a men's program to develop the vision of authentic men capable of transforming themselves, their families and greater society, experiencing true freedom as sons of God. Breakfast is provided. Contact Tony Devlin at donmantho@gmail.com for information.

PERSONAL LENTEN RESOURCES

Available WEEKEND of February 18/19 in the Church Narthex

Devotional materials will be available in the Narthex while supplies last. Please take something for yourself and/or your family to dive deeper into Lent at your own pace as your schedule allows. Your free-will donation is appreciated to cover the cost of materials.



Lenten Bible Study

Our Lenten Bible Study will be starting March 1 at 10:00 AM in Brindle Hall. The cost for materials is \$30. Books can be paid for and picked up on the

first day of class. To register or to ask any questions, contact Becky Davis at familyministries@stjosephmech.org.

Refuge

Registration is \$100
Deadline is March 12
Scan code to register

Steubenville Youth Conference

When: June 23-25

Where: Franciscan University, Steubenville, OH

Who: All current 9-12th Graders

Saint Joseph will be partnering with Saint Patrick for this event.

Please reach out to Becky at

familyministries@stjosephmech.org with any questions.

<https://tinyurl.com/SPYGSTEBIE>



Women of Grace Foundational 8 Week Study will be offered via Zoom beginning Tuesday, February 28 from 6:30 PM - 8:30 PM.

The Study is developed by Johnnette B. Williams. It is a journey for a woman that explores her special gift of authentic femininity and nurtures the meaning of her purpose and mission in today's world. The required texts for the Study are Full of Grace, Women, and the Abundant Life and Full of Grace, Women, and the Abundant Life, Study Guide. For more information, contact Linda K. Keister, D.Ed., M.Ps.Sc. Women of Grace Facilitator at lkantzkei@msn.com or 717-732-0772; or Becky Davis at familyministries@stjosephmech.org.

MEN'S CONFERENCE | MARCH 18, 2023
THE CHALLENGE: RAISE THE BAR
DIOCESAN CENTER, HARRISBURG

SCAN ME

SAINT THERESA PARISH COUNCIL OF CATHOLIC WOMEN – World Day of Prayer will be celebrated at our First Friday meeting on March 3, 2023. The women of Taiwan call us to worship with the words "I have heard about your faith." We will learn about Taiwan's history and rich culture and have a sample of their cuisine. We will meet in the Little Flower Social Hall at 1300 Bridge St, New Cumberland, at 9:30 AM. RSVP is requested so we have adequate supplies. Call Marie Frick at 717-774-0461, to make a reservation.

On Tuesday, March 7 at 7:00 PM, there will be a Charismatic Mass with prayers for healing at Saint Theresa Church, 1300 Bridge St., New Cumberland. Very Reverend William C. Forrey, Vicar General, and Moderator of the Curia and Pastor at Holy Infant Church, Manchester, will be Celebrant. (Please note: There will be no Mass in April during Holy Week.) All are welcome. For information, please call Mary Ann at 717-512-3628 or Vicki at 717-364-6260.

The Saint Joseph Columbiettes are pleased to announce three new members. Pictured are Jacquie White, Sharon Ezzo and Melissa Little. If you are a Catholic woman, 18 or over and would like to join Saint Joseph Columbiettes Auxiliary #12788, please contact Columbiettes President, Judy Holtz at holtzjudith@gmail.com.



The Ancient Order of Hibernians invites you to its annual Saint Patrick's Day celebration on Saturday, March 18 at the West Shore Elk's Club in Mechanicsburg. The party features an Irish dinner, including corned beef, bangers (Irish sausage) and cabbage. The 6:00 PM dinner will be preceded by a social hour with a cash bar at 5:00 PM. Entertainment will be provided by the Lena McGinley Irish dancers and the band, Celtic Wind and Wires. Tickets must be purchased in advance by March 9. For information and tickets contact Tom Zugay at tzugay1958@gmail.com or 717-497-6216.

Have you tried what Jesus directs us to do? Love of enemy, no payback, and going beyond what is asked are difficult to observe in our world. Be attentive to these commands and ask for the grace to live them. If God may be calling you to be a priest, deacon, or consecrated religious, visit our website at www.hbgdiocese.org, or contact Fr. Jonathan Sawicki, Vocation Director, at 717-657-4804, frjsawicki@hbgdiocese.org.

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February 19, 2023

Seventh Sunday in Ordinary Time



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LOOKING FOR JESUS IN SACRED SCRIPTURE

Feb 22 Matt 6:1-4
Feb 23: Matt 6:5-14
Feb 24: Matt 6:15-24
Feb 25: Matt 6:25-34

FIRST WEEK OF LENT

Feb 26: Matt 4:1-11
Feb 27: Matt 4:12-17
Feb 28: Matt 4:18-22
Mar 1: Matt 5:1-12
Mar 2: Matt 5:13-16
Mar 3: Matt 5:17-26
Mar 4: Matt 5:38-48

SECOND WEEK OF LENT

Mar 5: Matt 17:1-9
Mar 6 Matt 14:22-33
Mar 7: Matt 15:21-31
Mar 8: Matt 15:32-38
Mar 9: Matt 16:13-20
Mar 10: Matt 16:21-23
Mar 11: Matt 16:24-28

THIRD WEEK OF LENT

Mar 12: John 4:5-42
Mar 13: Matt 17:9-13
Mar 14: Matt 18:1-5
Mar 15: Matt 18:6-9
Mar 16: Matt 18:10-14
Mar 17: Matt 18:15-20
Mar 18: Matt 18:21-35

FOURTH WEEK OF LENT

Mar 19: John 9:1-41
Mar 20: Matt 23:1-12
Mar 21: Matt 23:13-15
Mar 22: Matt 23:16-22
Mar 23: Matt 23:23-26
Mar 24: Matt 23:27-36
Mar 25: Matt 23:37-39

FIFTH WEEK OF LENT

Mar 26: John 11:1-45
Mar 27: Matt 24:1-2
Mar 28: Matt 24:3-14
Mar 29: Matt 24:15-28
Mar 30: Matt 24:29-35
Mar 31: Matt 25:36-51
Apr 1: Matt 25:1-13

HOLY WEEK

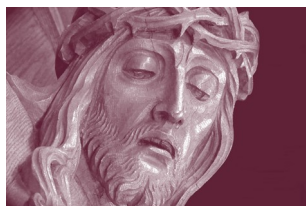
Apr 2: Matt 21:1-11
Apr 3: Matt 21:12-22
Apr 4: Matt 26:1-25
Apr 5: Matt 26:26-35
Apr 6: Matt 26:36-75
Apr 7: Matt 27:32-56
Apr 8: Matt 27:57-66

EASTER SUNDAY

Apr 9: Matt 28:1-15

"You are looking for Jesus who was Crucified." *Matthew 28:5*

Before we look for Jesus on the morning of the Resurrection, we spend these forty days of Lent looking for Jesus in prayer, penance, and charity



Lent precedes and prepares for Easter. It is a time to hear the Word of God, to turn away from sin, to prepare for and remember Baptism, to be reconciled with God and one's neighbor, and to make more frequent recourse to the "weapons of Christian penance": prayer, fasting and good works (cf. Mt 6, 1-6. 16-18).

The Sacred Liturgy express a mystical aspect of Lent through its great themes or values, such a relationship between "the sacrament of forty days" and "the sacraments of Christian Initiation", and the mystery of the "Exodus" which is always present in the Lenten journey. Popular piety concentrates in a special way on the mysteries of Christ's humanity, and during Lent the faithful pay close attention to the Passion and Death of Our Lord.

In the Roman Rite, the start of the forty days of penance is marked with the austere symbol of ashes which are used in the Sacred Liturgy of Ash Wednesday. The use of ashes is a survival from an ancient rite

"THE NEED TO TURN THE MIND TOWARD THOSE REALITIES WHICH REALLY COUNT"

according to which converted sinners submitted themselves to canonical penance. The act of putting on ashes symbolizes fragility and mortality, and the need to be redeemed by the mercy of God. Far from being a merely external act, the Church has retained the use of ashes to symbolize that attitude of internal penance to which all the Baptized are called during Lent. The faithful who come to receive ashes should be assisted in perceiving the implicit internal significance of this act, which disposes them towards conversion and renewed Easter commitment.

Notwithstanding the secularization of contemporary society, the Christian faithful, during Lent, are clearly conscious of the need to turn the mind towards those realities which really count, which require Gospel commitment and integrity of life which, through self-denial of those things which are superfluous, are translated into good works and solidarity with the poor and needy.

Those of the faithful who infrequently attend the sacraments of Penance and the Holy Eucharist should be aware

Lent

2023

of the long ecclesial tradition associating the precept of confessing grave sins and receive Holy Communion at least once during the Lenten season, or preferably during Eastertide.

There can be an effective and fruitful interaction between Sacred Liturgy and popular piety during the forty days of Lent.

An example of such interaction is to be seen in fact that popular piety often encourages particular observances on certain days, or special devotional exercises, or apostolic or charitable works which are foreseen and recommended by the Lenten Liturgy. The practice of fasting, characteristic of the Lenten season since antiquity, is an "exercise" which frees the faithful from earthly concerns so as to discover the life that comes from above: "Man does not live on bread alone, but on every word that comes from the mouth of God" (cf. Dt 8,3; Mt 4, 4; Lk 4,4; antiphon for the first Sunday of Lent).

Adapted from *The Directory of Popular Piety and the Liturgy*, 124-126.)



Looking for Jesus in Confession

During Lent, we approach the Sacrament of Penance and Reconciliation as the way of returning to the Father who restores for us the dignity of our Baptism and the full privilege of being adopted as His children. An integral confession calls us to spend time examining our conscience, not only remembering those material sins which we have committed, but also allowing God's Spirit to probe the depths of our hearts to uncover our unrecognized wounds and unclaimed motives. Discerning why we commit the sins in our life helps us to be open more



Lord Jesus, Son of God, have mercy on me a sinner. Grant me the grace to be renewed during this observance of Holy Lent. Armed with prayer, penance, and almsgiving, may I lay aside those things which hinder my search for You!

fully to the redeeming work of Christ through this Sacrament. The most important component of Confession is contrition, sorrow for our sins, which comes only when we make a good and honest self-examination before we enter the confessional.

PRAYER

Have I prayed as I ought? Has God been at the center of my life? How I have ignored God and His divine inspiration? Have I listened attentively to God's voice in the Sacred Liturgy? Have I been faithful to my obligation for Sunday Mass and Holy Days? Do I prepare myself and those entrusted to my care for Mass? Am I lazy or complacent in prayer? Do I pray for my loved ones and my enemies? Is my prayer self-centered? Have I explored the rich spirituality of the Catholic Tradition and its many ways of devotion? Do I spend time in prayer before the Most Blessed Sacrament?

PENANCE

Have I made Fridays throughout the year a day of penance? If I eat meat, do I do another act of penance? Do I fast throughout the year? Do I willingly abstain from those unnecessary things which clutter my life? Does noise make me deaf to others and to God? Am I aware of the ways in which my sins make me unworthy of my wonderful

vocation as a Christian? Am I humbled by the love and goodness of God in my life? Do I see my faith as a gift and not a burden? Do I receive Holy Communion worthily? Do I have a sense of entitlement or superiority? Do I exercise my body and mind? Do I live a healthy lifestyle?

CHARITY

Do I give of myself freely and generously to others? Do I forgive those who have harmed me? Do I give others the benefit of the doubt? Do I judge the motives of others? Am I faithful to my obligations to my family, to my parish, to those in need? Do I give from my surplus or my want? Do I trust that God will reward a cheerful giver? Am I sensitive to the sufferings of others? Do I allow myself to acknowledge the many persons I encounter each day? Do I hold opinions which bring harm to others? Do I make decisions which are contrary to Catholic moral teaching? Do I desire the admiration and praise of others? Do I love myself enough to study and grow in my faith? Have I been a good steward of creation and the created goods entrusted to me?



Looking for Jesus in Lenten Traditions

The following are the guidelines for the observance of Lent:

PRAYING. Catholics are encouraged to pray more during Lent, especially with Sacred Scripture. Spiritual reading, such as the lives of the saints, and devotions like the Stations of the Cross and the Holy Rosary are helpful to spiritual growth. Lent is also an ideal time to receive properly the Sacrament of Penance in preparation for the celebration of Christ's Passion, Death, and Resurrection.

FASTING. Catholics aged 14 and older are to abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. In addition, on Ash Wednesday and Good Friday, Catholics aged 18-59 are required to fast, limiting themselves to one full meal and two smaller meals each day not equal to the full meal.

ALMSGIVING. Moved by the sacrifice of Christ and the suffering of humanity, many Christians combine almsgiving with fasting, giving to the poor the money they saved by eating, drinking or buying less as they rely more upon God's abundant grace. The Corporal and Spiritual Works of Mercy provide ample inspiration for other ways to sacrifice time and resources for those most in need of help.

"Rend your hearts, not your garments..."

Lent 2023

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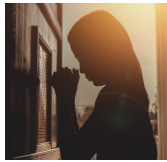
SACRAMENT OF RECONCILIATION

Church

Individually every Saturday —2:15-3:15 PM

Parish Penance Service Sunday, April 2 at 2 PM

If you haven't been to Reconciliation in a long time, or if you've "forgotten how", don't worry! The priest will welcome you and guide you through the sacrament.



PERSONAL LENTEN RESOURCES

Church Narthex

Available after Masses

February 18/19

Devotional materials will be available in the Narthex while supplies last. Please take something home for yourself and/or your family to dive deeper into Lent at your own pace. Your free-will donation is appreciated to cover the cost of materials.



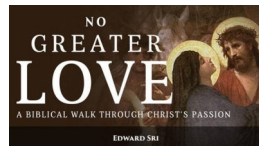
LENTEN BIBLE STUDY

Brindle Hall

Wednesdays at 10 AM

March 1, 8, 15, 22, 29

This course includes independent reading and study, then group discussion and a video. Participants can register at stjosephmech.org/bible-study or by calling Becky at 717-766-9433. Materials can be purchased through the parish for \$30. Payment is due the first day of class when materials are distributed.



WOMEN'S LENTEN BOOK GROUP

Lee Horan Room

Thursdays at 10 AM or 7 PM

February 23, March 2, 9, 16, 23, 30

Join with other AMAZING women as we read *Be Transformed* by Dr. Bob Schuchts, and discuss how the Sacraments can heal and transform our relationship with Jesus Christ. Visit stjosephmech.org/womens-formation or contact Becky at 717-766-9433 to order materials.



FRIDAY EVENINGS

March 3, 10, 17, 24, 31

5:15 Supper

5:30 Speaker

6:15 Stations of the Cross

6:45 Mass

7:15 Eucharistic Adoration

Supper & Speaker Brindle Hall

Enjoy a meal while listening to a great talk! Each week a speaker will share their personal story of how they live out their Catholic faith in their day-to-day life. Details and registration form are on the back of this flyer. There is no charge, but free will offerings are gratefully accepted.

Stations of the Cross Church

NOTE: Stations are also prayed at 1:20 PM on Fridays. School students are in attendance; all are welcome.

After the Lord's resurrection, believers made the pilgrimage to Jerusalem, where they would retrace the last steps of Christ. The Stations of the Cross developed as an alternative for the faithful who could not make an actual visit to the Holy Land. We invite you to participate in this devotional practice. All ages welcome!

Mass and Eucharistic Adoration Church

We are never closer to Christ than in the Eucharist. Lent is the perfect time to add Friday evening Mass and Adoration to your spiritual life. The time of Adoration concludes with Night Prayer followed by Benediction and a candlelight procession to honor the Blessed Virgin Mary.

"Return to me with your whole heart..."

Joel 2

LENTEN SPEAKER SERIES

FRIDAY EVENINGS



This year we will hear stories from the trenches of how people are actively living out their Catholic faith in unique, interesting ways. From the streets of Harrisburg to the doctor's office, the newsroom to the classroom, the Sanctuary to the home, hear stories of how people live out the Catholic Faith in their everyday lives. There are many ways to be an active, practicing Catholic!

Schedule of Speakers

March 3: Michael Malpezzi - Director of Malpezzi Funeral Home

March 10: Kevin Fox - Catholic Worker in Allison Hill

March 17: Lt. Col. Lazarus - USMC retired and SJS substitute teacher

March 24: Dr. Anne Marie Manning- OBGYN with UPMC Divine Mercy

March 31: Candace Scalese - CBS 21 News Anchor

Each gathering will begin at 5:15 PM with a meal. (Free-will offerings are gratefully accepted to cover the costs!) The talks will begin at 5:30 PM and conclude before 6:15 PM at which point we will head to the church for the Stations of the Cross. Feed your body, mind, and spirit this Lent!

Bring a friend... bring the whole family... All are welcome!

REGISTRATION FORM

(only necessary if you are eating; if you're just attending for the talk, no need to register)

Name _____ Phone _____ Email _____

Indicate the number of people attending each session:

March 3: Number eating dinner _____

March 10: Number eating dinner _____

March 17: Number eating dinner _____

March 24: Number eating dinner _____

March 31: Number eating dinner _____

Submit registration form to Becky Davis at the Parish Office,
drop it in the collection basket at Mass, email familyministries@stjosephmech.org,
or register online at stjosephmech.org/Lenten-supper-speaker-series.