

Eucharistic Revival In the Silence

By now most of us are aware that our parish has established a time of silence after we receive the Eucharist at Mass. We sit quietly with the Lord we have just received, experiencing His closeness and His limitless love.

We speak to the Lord in our hearts, and listen to His perfect reply.

One beautiful prayer you may want to include in your time of reflection is the following adaptation of Saint Padre Pio's "Prayer After Communion":

Stay with me, Lord, for it is necessary to have You present so that I do not forget You. You know how easily I abandon You.

Stay with me, Lord, because I am weak and I need Your strength, that I may not fall so often.

Stay with me, Lord, for You are my life, and without You, I am without fervor.

Stay with me, Lord, for You are my light, and without You, I am in darkness.

Stay with me Lord, to show me Your will.

Stay with me, Lord, so that I hear Your voice and follow You.

Stay with me, Lord, for I desire to love You very much, and always to be in Your company.

Stay with me, Lord, if You wish me to be faithful to You.

Let me recognize You as Your disciples did at the breaking of the bread, so that the Eucharistic Communion be the light which disperses the darkness, the force which sustains me, the unique joy of my heart.

Stay with me, Lord for it is You alone I look for,
Your Love, Your Grace, Your Will, Your Heart, Your Spirit,
because I love You and ask no other reward but to love you more and more.

Amen.

