

WHAT OTHERS ARE SAYING

“Last year was my very first retreat. Boy, am I glad I went!! I wanted to go for the last five years, but busy life always prevented me from going. I was thinking, ‘I can’t just leave my husband and young children’ ... I am glad I did! I am a much better wife and mother after the retreat. I met many wonderful women, and became much closer with God.”

Magdalena – Emmaus 2024

“A family member gifted the Emmaus Retreat to me two years ago, and it was an amazing experience! Our sisters in Christ spend a lot of time thoughtfully planning this annual event to ensure it is meaningful for all attendees. The weekend goes by so quickly, and definitely gave me time to focus on improving my relationship with Our Lord, and meeting some amazing new friends. I loved the opportunity!”

Julie – Emmaus 2022

“My husband and I have no family in Pittsburgh. I went to Emmaus to make new friends, to feel more connected to our community. What I ended up with was not just a family, but lots of sisters in Christ. It was a life-changing event.”

Stacy – Emmaus 2018

“The gifts of my Emmaus retreat weekend continue to unfold in my life. I walk more closely to Jesus than ever before, and now have a group of sisters who hold me up when times get tough. Emmaus transformed my life in so many ways. I knew for so long something was missing in my life, and Emmaus was the answer.”

Chris – Emmaus 2017

IMPORTANT DETAILS

When to Arrive Please arrive at the Kearns Spirituality Center between 6:00 p.m. and 6:30 p.m. on Friday. The weekend will conclude with a closing ceremony at 3:30 p.m. on Sunday.

How to Dress Wear comfortable clothing and shoes – jeans or sweats are common. Pack a light jacket, sweatshirt or sweater just in case the center is cold.

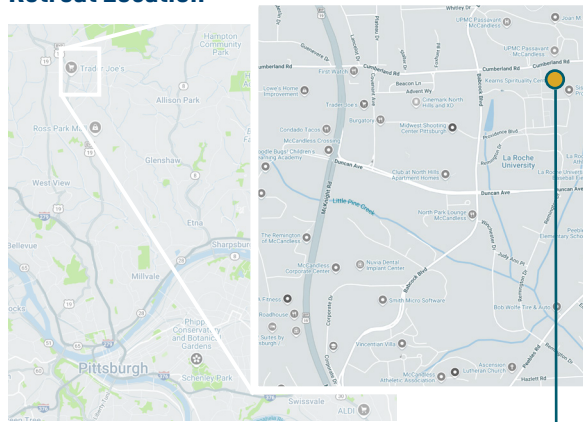
What to Bring You will need a change of clothes and personal items for a two-night stay. Each guest will have a semi-private bedroom with a sink and access to shared restrooms with showers. Those attending with a friend may request to room together, please indicate this on your application.

Towels and bedding are provided; however, you may want to bring an extra blanket in case your room is chilly, along with your favorite pillow for added comfort.

You will receive a white T-shirt to wear for the closing ceremony. Please pack appropriate undergarments.

Meals The cost for the weekend includes all meals, including snacks and a variety of appetizers on Friday evening. Let us know if you have any dietary needs or health concerns – we’re happy to accommodate.

Retreat Location



KEARNS SPIRITUALITY CENTER
9000 Babcock Blvd. • Allison Park, PA 15101
<https://cdpsisters.org/kearns>

Cover art: “Christ and his Disciples on the Road to Emmaus,” by Jan Wildens

Pittsburgh Women's Emmaus South

Women's WALK TO Emmaus

OCTOBER 3-5, 2025

KEARNS SPIRITUALITY CENTER
(NEW LOCATION)

www.resurrectionpgh.org/emmaus-women

Hosted by RESURRECTION PARISH
St. Thomas More and St. John Capistran

WOMEN'S EMMAUS RETREAT WEEKEND

The Women's Emmaus Weekend is a great opportunity for busy women to take a few hours "away from it all" and focus on their faith and spiritual growth. You'll savor the peace and quiet of a semi-private bedroom while also experiencing the joy of connecting with like-minded women. Those attending with a friend may request to room together, please indicate this on your application. The weekend offers a safe, comfortable environment where women learn to recognize Jesus in their everyday lives and renew their relationship with the Lord. You will leave the retreat very renewed and refreshed!

The History of Emmaus

The first Emmaus Retreat was held in the Archdiocese of Miami in 1978 and has spread to parishes in other cities, states and internationally. The retreat is based on the scripture Luke 24:13-35. Two disciples were returning to Emmaus after the crucifixion of Jesus when they encountered a man who wanted to know what was troubling them. He walked with them and opened their hearts and minds to Scripture. Arriving at Emmaus, they invited the man to stay for dinner. At the table, He broke bread, gave thanks, and handed it to the disciples. At once, their eyes were opened, and they recognized the man as the risen Lord. Immediately, He vanished from their sight leaving them with the bread, a renewed faith, and an everlasting sign of his Holy presence.

About the Retreat

Emmaus is a one-time active spiritual weekend designed for women who would like to explore a deeper relationship with God. Unfortunately, we are busy women and don't allow ourselves enough time to explore this relationship in our daily lives. The Emmaus Retreat allows you to reflect and meet Jesus on your journey and grow closer to the Lord and receive His touch and comfort.

Do I have to be Catholic?

No, it is not required for you to be Catholic, although the retreat originated as a Catholic retreat. Many Christians, even non-churchgoers, have attended. There will be Mass, an opportunity for confession, and discussions regarding the Catholic beliefs.

What to Expect

The women organizing and hosting will not try to convince you of their answers; instead, they will share their own experiences and let you draw your own conclusions.

Through the power of the Holy Spirit, the Lord has touched our lives, and we would like to tell you about these life-changing experiences. For many of us, it was during an Emmaus Retreat when our hearts were touched by God.

You will hear a series of talks by women who will share their experiences with the Lord. You will have a chance to reflect, pray, and consider the bigger questions of life in a place that is far enough away from the distractions of everyday life, but close enough that you could be home in a matter of minutes if an emergency arose. The retreat will help you to focus your life in a more positive and meaningful way. We invite you to begin your one-time journey to Emmaus by joining us on this retreat.

TAKE THE WALK TO EMMAUS WITH US

Please include a \$50 deposit with your application, which will be applied to the total cost of \$200 for the weekend.

Space is limited so register early. Please register by Sept. 22, 2025.

Financial assistance is available. Check the box at the bottom of the application to receive more information.

HAVE QUESTIONS ABOUT THE RETREAT? CONTACT:

LESLIE DAMBROGIO

412-780-2872 or ldambrogio@icloud.com

Make your \$50 deposit check payable to
Pittsburgh Women's Emmaus
and mail it with your application to:

Lori Keener (PWE)
2005 Trillium Court
Canonsburg, PA 15317

Venmo payments also accepted:
@pghwomensemnaus
code: 6571

Full Name		
Preferred Name for Name Tag	Age	
Address		
City/State/Zip		
Home Phone	Mobile Phone	
Occupation (optional)		
Email		
Roommate Request, if any (optional)		
☐ Single	☐ Married ☐ Divorced ☐ Widowed	
Name of Spouse or Significant Other	Phone	
TWO EMERGENCY CONTACTS NOT ATTENDING THE RETREAT		
Name (Relative)	Relationship	Phone
Name (Non-Relative)	Relationship	Phone
Do these contacts know you are attending this retreat?		☐ Y ☐ N
Would there be any reason you would not want them to know you are attending?		☐ Y ☐ N
Health Insurance Company	Policy Number	
Is there anything health-related we should be aware of to better support you? (Some bedrooms are located upstairs, so let us know if you need alternate accommodations.)		
Special Dietary Requirements or Food Allergies		
Church Affiliation, if any (optional)		
T-shirt size ☐ Small ☐ Medium ☐ Large ☐ XL ☐ XXL		
How did you hear about the retreat?	☐ Church Bulletin ☐ Invited by ☐ Other	
☐ Yes, I am interested in financial assistance.		