



2025-2026 Chosen Syllabus for 8th Grade In-Person Learners

(Sun. Sept. 28 & Wed. Oct. 1) Lesson 1- “Why am I here?” (An Introduction to *Chosen*)

Seg. 1- What Are You Looking For? (2:29)

Seg. 2- Beginning the Journey (4:02)

(Sun. Oct. 5 & Wed. Oct. 8) Lesson 2- “What makes me happy?” (Discovering God as the Source)

Seg. 1- The Goal of Life (3:32)

Seg. 2- Is There Something More? (3:23)

Seg. 3- Are We on Our Own? (3:20)

(Sun. Oct. 12 & Wed. Oct. 15) Lesson 3- “What’s your story God?” (A Look at Salvation History)

Review Game- (1:48)

Seg. 1- Creation and the Fall (8:25)

Seg. 2- Jesus’ Divine Rescue Mission (6:09)

Seg. 3- A Kingdom on Earth (6:47)

(Sun. Oct. 19 & Wed. Oct. 22) Lesson 4- “How do I know God is real?” (Understanding Divine Revelation)

Review Game- (1:44)

Seg. 1- Evidence for God? (7:38)

Seg. 2- Scripture and Tradition (7:07)

Seg. 3- Our Response to God (7:13)

(Sun. Oct. 26 & Wed. Oct. 29) Lesson 5- “Who is Jesus?” (The Person and Mission of Christ)

Review Game- (1:47)

Seg. 1- Who Do You Say That I Am? (4:18)

Seg. 2- Evidence for Jesus (3:16)

Seg. 3- Why Did Jesus Come to Us? (3:49)

(Sun. Nov. 2 & Wed. Nov. 5) Lesson 6- “Why be Catholic” (Discovering the Church Jesus Founded)

Review Game- (1:49)

Seg. 1- The One True Church (7:33)

Seg. 2- Apostolic and Catholic (5:55)

Seg. 3- The Church is Holy (3:53)

(Sun. November 9th): 8th Grade Holy Hat Trick #1 @ SJC 5:30 – 7:00 p.m. No in-person 8th grade Sunday, November 9th & Wednesday, November 12th.

(Sun. Nov. 16 & Wed. Nov. 19) Lesson 7- “Where am I going?” (A Look at the Four Last Things)

Review Game- (1:47)

Seg. 1- Death and Judgment (8:08)

Seg. 2- Heaven and Hell (7:42)

Seg. 3- Purgatory (4:44)

(Sun. Nov. 23 & Wed. Dec. 3) Lesson 8- "How do I get there?" (The Power and Purpose of the Sacraments)

Review Game- (1:48)

Seg. 1- The Gift of Grace (6:35)

Seg. 2- What is a Sacrament? (5:57)

Seg. 3- The Seven Sacraments (6:05)

-AND-

(Sun. Nov. 23 & Wed. Dec. 3) Lesson 9- "When did my journey begin? (Baptism, Your Initiation into God's Family)

Review Game- (1:50)

Seg. 1- Actions Have Consequences? (4:18)

Seg. 2- What is Baptism (2:56)

Seg. 3- The Symbols of Baptism (3:15)

(Wed. Nov. 26 & Sun. Nov. 30) NO FAITH FORMATION: THANKSGIVING BREAK

-Confessions the month of December-Dates TBD

(Sun. Dec. 7 & Wed. Dec. 10) Lesson 10- "Why tell my sins to a priest?" (The Healing Power of Confession)

Review Game- (1:47)

Seg. 1- Hitting the Goal (5:55)

Seg. 2- What is Sin? (5:17)

Seg. 3- The Power of Confession (7:22)

(Sun. Dec. 14 & Wed. Dec. 17) Lesson 11- "How does God help when it hurts?" (Anointing of the Sick and Redemptive Suffering)

Review Game- (1:48)

Seg. 1- The Problem of Suffering (7:27)

Seg. 2- God is With Us (5:45)

Seg. 3- The Anointing of the Sick (5:38)

(Sun. Dec. 21 & Wed. Dec. 24) NO FAITH FORMATION: CHRISTMAS BREAK

(Sun. Dec. 28 & Wed. Dec. 31) NO FAITH FORMATION: NEW YEAR'S BREAK

(Sun. Jan. 4 & Wed. Jan. 7) Lesson 12- "Who is the Holy Spirit?" (Meeting the Third Person of the Trinity)

Review Game- (1:48)

Seg. 1- Symbols of the Holy Spirit (5:54)

Seg. 2- Our Guide and Map (3:09)

Seg. 3- The Holy Spirit in Your Life (2:19)

-AND-

(Sun. Jan. 4 & Wed. Jan. 7) Lesson 13- "What does the Holy Spirit do for me? (Gifts for the Journey)

Review Game- (1:45)

Seg. 1- Gifts of the Spirit (Part 1) (6:17)

Seg. 2- Gifts of the Spirit (Part 2) (4:56)

Seg. 3- The 12 Fruits of the Holy Spirit (7:38)

(Sun. Jan. 11 & Wed. Jan. 14) Lesson 14- "Why have I been Chosen?" (Sealed and Sent in Confirmation)

Review Game- (1:45)

Seg. 1- The Power of the Holy Spirit (5:52)

Seg. 2- The World Needs You (5:48)

Seg. 3- What Happens at Confirmation? (5:48)

(Sun. Jan. 18th): 8th Grade Holy Hat Trick #2 @ SJC 5:30 – 7:00 p.m. No in-person 8th grade Sunday, January 18th & Wednesday, January 21st.

(Sun. Jan. 25 & Wed. Jan. 28) NO FAITH FORMATION: CATHOLIC SCHOOLS WEEK

January 25th: 11 am Mass @ SJC and Day of Service Noon – 1:30 p.m. Capistran Hall

(Sun. Feb. 1 & Wed. Feb. 4) Lesson 15- "Why do I have to go to Mass?" (Encountering Jesus in the Eucharist)

Review Game- (1:48)

Seg. 1- What Happens at Mass? (11:37)

Seg. 2- Walter's Story (9:48)

Seg. 3- Preparing for Mass (5:40)

(Sun. Feb. 8 & Wed. Feb. 11) Lesson 16- "What does it mean to say, I do?" (Marriage, a Sign of God's Love)

Review Game- (1:45)

Seg. 1- What is Marriage? (6:33)

Seg. 2- Tough Questions (4:42)

Seg. 3- Free. Total. Faithful. Fruitful (5:49)

-AND-

(Sun. Feb. 8 & Wed. Feb. 11) Lesson 17- "Who's Calling?" (Holy Orders and Vocational Discernment)

Review Game- (1:46)

Seg. 1- The Power of the Priesthood (9:00)

Seg. 2- Questions About the Priesthood (9:30)

Seg. 3- Discerning God's Plan for Your Life (12:16)

(Sun. Feb. 15 & Wed. Feb. 18) Lesson 18- "Are you talking to me?" (Getting to Know God through Prayer)

Review Game- (1:49)

Seg. 1- What is Prayer? (7:39)

Seg. 2- How to Pray (*Lectio Divina*) (6:48)

Seg. 3- What Happens When I Pray? (4:21)

(Wed. Mar. 18) ASH WEDNESDAY SERVICE FOR ALL GRADES AND 6:00 P.M.

(Sun. Feb. 22 & Wed. Feb. 25) Lesson 19- "Who is Mary?" (Meeting the Mother of God-and Your Heavenly Family)

Review Game- (1:47)

Seg. 1- The Communion of Saints (5:27)

Seg. 2- The Four Marian Dogmas (8:06)

Seg. 3- Marian Devotion (4:11)

(Sun. Mar. 1 & Wed. Mar. 4 Lesson 20- "What would Jesus do?" (The Beatitudes as a Path to True Happiness)

Review Game- (1:47)

Seg. 1- The Beatitudes (6:12)

Seg. 2- The Beatitudes in Action (5:21)

Seg. 3- Living the Beatitudes (4:05)

(Sun. Mar. 8 & Wed. Mar. 11) Lesson 21- "Do I have what it takes?" (Building Virtue- Your Spiritual Workout)

Review Game- 1:48

Seg. 1- How Do I Build Virtue? (5:50)

Seg. 2- The Cardinal and Theological Virtues (8:37)

Seg. 3- Living a life of virtue (5:55)

(Sun. Mar. 15th): 8th Grade Holy Hat Trick #3 @ SJC 5:30 – 7:00 p.m. No in-person 8th grade Sunday, March 15 & Wednesday, Mar. 18.

(Sun. Mar. 22 & Wed. Apr. 8) Lesson 22- "Why wait?" (God's Plan for Love and Sex)

Review Game- (1:47)

Seg. 1- Love versus Lust 5:58)

Seg. 2- Chosen and Created for Love (10:18)

Seg. 3- Tips for practicing Chastity (4:57)

(Wed. Mar. 25 & Sun. Mar. 29) NO FAITH FORMATION: Family Lenten Service

Family Lenten Service for all grades: Wednesday, March 25th from 6-8 p.m. in FLC

(Wed. Apr. 1 & Sun. Apr. 5) NO FAITH FORMATION: Holy Week/Easter Sunday

(Sun. Apr. 12 & Wed. Apr. 15) Lesson 23- "How do I build the kingdom?" (Saying "Yes to the Mission of Christ and His Church)

Review Game- (1:44)

Seg. 1- We're on a Mission (6:09)

Seg. 2- Building the Kingdom (3:02)

Seg. 3- The Works of Mercy (3:02)

(Sun. Apr. 19 & Wed. April 22) Lesson 24- "Where do I go from here?" (The Journey Continues)

Review Game- (1:45)

Seg. 1- Five Disciplines of a Disciple (Part 1) (6:34)

Seg. 2- Five Disciplines of a Disciple (Part 2) (9:43)

(Sun. Apr. 26 & Wed. April 29): Last Sessions for the Year (Confirmation Paperwork Due) Faith Formation Olympics and End of Year Ice Cream Social