

## Deacon's Beacons

July 7, 2023

For because he himself has suffered when tempted, he is able to help those who are being tempted. Hebrews 2:18

We often feel guilty about being tempted. We think that temptation is itself a sign of weakness. But we are reminded here that Jesus Himself was tempted. Temptation is not sin. How we respond to a temptation determines if it becomes sinful. Yes, we should try to avoid situations that may lead us into temptation but we should always remember that the grace of God will help us to resist. We have to make that choice though. Grace will not make it for us. It will help us to choose correctly but it will not remove temptation nor will it force us to resist. That is up to our own free will.

Go raibh síocháin Chríost a bheith in éineacht leat.

Deacon Mike