

Deacon's Beacons

May 22, 2024

All bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice. [And] be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ. Ephesians 4:31–32

Anger is not a sin. What you do with anger can be a sin. Treat all as you would want to be treated. It is the basic Golden Rule that finds its roots in the Gospel. If you refrain from angry outbursts and speak kind and loving words to others, your relationships will be better. This takes self-control. It is not necessarily dishonest to not express your anger but you must be careful how you do it. The tongue can be a mighty weapon when used in anger.

Go raibh síocháin Chríost a bheith in éineacht leat.

Deacon Mike