

What's on the Menu?

AOD School Food Program K-8— Lunch Menu
St. Paul on the Lake Catholic School



Monday

Tuesday

Wednesday

Thursday

Friday

Happy National School Lunch Week

October 13th – October 17!

6
Bean & Cheese
Burrito
Fiesta Rice
Carrot Sticks
Fresh Orange

7
Chicken Fried Rice
Peas & Carrots
Mandarin Oranges
Mixed Fruit
Fortune Cookie

[#BrunchforLunch](#) 1
Pancakes
Sausage Patty
Hash Brown Patty
Fresh Broccoli
Fresh Pear

2
Mozzarella Sticks
Fresh Broccoli
Cinnamon
Applesauce

3
Domino's Pizza Slice
Side Salad
Mixed Fruit

13
Chicken Soft Taco
Refried Beans
Corn
Fresh Pear

14
Grilled Chicken
Caesar Wrap
Fries
Fresh Orange

[#BrunchforLunch](#) 8
French Toast
Sausage Patty
Hash Brown Patty
Mixed Vegetables
Fresh Pear

9
Lasagna Roll Ups
Breadstick
Green Beans
Mandarin Oranges

10
Domino's Pizza Slice
Side Salad
Pineapple Tidbits

[#BrunchforLunch](#) 15
Sausage Egg &
Cheese on English
Muffin
Hash Brown Patty
Fresh Broccoli
Chilled Peaches

16
Classic
Cheeseburger
French Fries
Fresh Apple

17
Domino's Pizza Slice
Side Salad
Mixed Fruit

20
Beef Nachos
Tortilla Chips Cheese
Refried Beans
Corn
Fresh Orange

21
Grilled Cheese
Sandwich
Tomato Soup
Celery Sticks
Chilled Peaches

[#BrunchforLunch](#) 22
Homemade French
Toast
Sausage Patty
Hash Brown Patty
Applesauce

23
Boneless Chicken
Wings
French Fries
Steamed Carrots
Fresh Pear

24
Domino's Pizza Slice
Side Salad
Fresh Banana

27
Beef Soft Taco
Refried Beans
Corn
Fresh Fuji Apple

28
Chicken Tender
Wrap
Steamed Corn
Diced Peaches

[#BrunchforLunch](#) 29
Pancakes
Sausage Patty
Hash Brown Patty
Fresh Broccoli
Fresh Pear

30
Chicken Drumstick
Seasoned Broccoli
French Fries
Fresh Fruit

31

Daily Offerings

Entrée #2

Garden Salad w/Chicken &
Pita Bread

Entrée #3

Chicken Tenders & Fries

Entrée #4

Chicken Sandwich & Fries

Entrée #5

Bagel Fun Lunch

Entrée #6

Fruit Parfait Fun Lunch

Entrée #7

Beef Burger & Fries

Entrée #8

Veggie Burger & Fries

Tuesday & Thursday

Hot Pretzel Fun Lunch

Fruit, Milk and Vegetables
available daily with all entrées

*School **Must** offer all **5** components
(Protein, Grain, Fruit, Veggie and 1%
Milk)

*Students **MUST** choose **3 or more**
components – 1 component **MUST** at
least be ½ cup fruit & or Vegetable