

# October 2026

## AOD SCHOOL FOOD PROGRAM- ST. PAUL ON THE LAKE

**chartwells**  
serving up happy & healthy

| Monday                                                                           | Tuesday                              | Wednesday                                                                         | Thursday                                                          | Friday                                                                                                                                               | <p>AOD School Food Program Contact Information:<br/>(313) 883-8755.<br/><i>This institution is an equal opportunity provider.</i></p> <p><b>Entrée #2</b><br/>Garden Salad w/Chicken &amp; Pita Bread</p> <p><b>Entrée #3</b><br/>Chicken Tenders &amp; Fries</p> <p><b>Entrée #4</b><br/>Chicken Sandwich &amp; Fries</p> <p><b>Entrée #5</b><br/>Bagel Fun Lunch</p> <p><b>Entrée #6</b><br/>Fruit Parfait Fun Lunch</p> <p><b>Entrée #7</b><br/>Soup Fun Lunch</p> <p><b>Entrée #8</b><br/>Beef Burger &amp; Fries</p> <p><b>Entrée #9</b><br/>Veggie Burger &amp; Fries</p> <p><b>Tuesday &amp; Thursday</b><br/>Hot Pretzel</p> <p>Fruit, Milk and Vegetables available daily with all entrées</p> <p><small>*School <b>MUST</b> offer all 5 components (Protein, Grain, Fruit, Veggie and 1% Milk)</small></p> <p><small>*Students <b>MUST</b> choose 3 or more components – 1 component <b>MUST</b> at least be ½ cup fruit &amp; or Vegetable</small></p> |
|----------------------------------------------------------------------------------|--------------------------------------|-----------------------------------------------------------------------------------|-------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  |                                      |  | <b>1</b><br>Meatball Sub with Marinara Sauce & Mozzarella Cheese. | <b>2</b><br><br>Domino's Pizza Slice<br>Side Salad<br>Mixed Fruit |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>5</b>                                                                         | <b>6</b>                             | <b>7</b>                                                                          | <b>8</b>                                                          | <b>9</b>                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Chicken Fajitas Served with Corn & Refried Beans                                 | Cheese Bosco Sticks & Marinara Sauce | Breakfast Sandwich<br>Sausage, egg & cheese on an English Muffin                  | Sloppy Joe                                                        | <br>Domino's Pizza Slice<br>Side Salad<br>Mixed Fruit             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>12</b>                                                                        | <b>13</b>                            | <b>14</b>                                                                         | <b>15</b>                                                         | <b>16</b>                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Cheese Quesadilla & refried Beans                                                | Chicken Fried Rice                   | Pancakes, Hashbrowns & Sausage Patty                                              | Boneless BBQ Chicken Wings                                        | <br>Domino's Pizza Slice<br>Side Salad<br>Mixed Fruit             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>19</b>                                                                        | <b>20</b>                            | <b>21</b>                                                                         | <b>22</b>                                                         | <b>23</b>                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Beef Crunch Wrap                                                                 | Chicken Tender Wrap                  | French Toast, Sausage Patty & Hashbrown                                           | Lasagna Roll Ups                                                  | <br>Domino's Pizza Slice<br>Side Salad<br>Mixed Fruit           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>26</b>                                                                        | <b>27</b>                            | <b>28</b>                                                                         | <b>29</b>                                                         | <b>30</b>                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Chicken Taco Served with Corn & Refried Beans                                    | Chicken Drumstick & Fries            | Breakfast Souffle-Hashbrowns, Eggs, Bacon & Cheese                                | Pasta with Alfredo Sauce                                          | <br>Domino's Pizza Slice<br>Side Salad<br>Mixed Fruit           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

| Entree Daily Items                                         |        | A la Carte                                                     |        |
|------------------------------------------------------------|--------|----------------------------------------------------------------|--------|
| Salad Bar ***Monday - Thursday***                          | \$5.25 | Bagel with butter or cream cheese *** Monday - Thursday***     | \$2.00 |
| Side Salad ***Monday - Thursday***                         | \$2.50 | GF Bagel *** Monday - Thursday***                              | \$2.00 |
| Prepackaged Garden Salad with/without Chicken ***Friday*** | \$5.25 | French Fries *** Monday - Thursday***                          | \$2.75 |
| Chicken Tenders & Fries ***Monday - Thursday***            | \$5.25 | Yogurt and Fruit Parfait with Granola *** Monday - Thursday*** | \$4.50 |
| Chicken Patty Sandwich & Fries ***Monday - Thursday***     | \$5.25 | Gluten Free Yogurt and Fruit Parfait *** Monday - Thursday***  | \$4.50 |
| Hamburger/Cheeseburger & Fries ***Monday - Thursday***     | \$5.25 | SOUP *** Available October - March***                          | \$2.50 |
| Veggie Burger & Fries ***Monday - Thursday***              | \$5.25 | Hashbrowns *** 2 per order*** Wednesday Only                   | \$2.75 |
| GF Chicken Tenders & Hashbrown ***Monday - Friday***       | \$5.25 | Sausage *** 2 per order*** Wednesday Only                      | \$2.75 |
| GF Salad w/ GF Chicken ***Mon-Thur***                      | \$5.25 | Garlic Cheesy Bread *** Monday - Thursday***                   | \$3.00 |
| GF Salad w/ GF Chicken ***Prepackaged Friday***            | \$5.25 | Breadsticks *** Friday Only***                                 | \$2.00 |
|                                                            |        | Hot Pretzel ***Tuesday & Thursday***                           | \$3.00 |
|                                                            |        | Hot Pretzel w/cheese ***Tuesday & Thursday***                  | \$3.50 |

\*\*\*\* Menus are subject to change to accommodate for the National Food Supply Chain Challenges\*\*\*\*