On the day we honor the legacy of Dr. Martin Luther King, Jr., take time to reflect on his words.

Life's most persistent and urgent question is, 'What are you doing for others?'

That old law about 'an eye for an eye' leaves everybody blind. The time is always right to do the right thing.

I have decided to stick with love. Hate is too great a burden to bear.

Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.

Love is the only force capable of transforming an enemy into a friend.

At the center of non-violence stands the principle of love.

Nonviolence means avoiding not only external physical violence but also internal violence of spirit. You not only refuse to shoot a man, but you refuse to hate him.

The time is always right to do what is right.

