



BISHOP'S MONTHLY REFLECTION

February 2026

First Saturdays Devotion to the Immaculate Heart of Mary

Hope for Humanity

In this year, 2026, I would like to share some information that might be new to some or a helpful reminder to others, related to the Message of Fátima. The following are words which Our Lady entrusted to Sr. Lúcia dos Santos, visionary of the Apparitions of Fátima, in the year 1917.

“To save souls, God wants to establish in the world devotion to my Immaculate Heart. If the world does what I will ask of you, many souls will be saved, and there will be peace. The war will end. But if mankind does not stop offending God... a worse war will begin. When you see a night illuminated by an unknown light, know that this is a great sign, which God gives you that will punish the world for its crimes by means of war, hunger, and persecution of the Church and the Holy Father. To prevent it, I will come to ask for the consecration of Russia to my Immaculate Heart and the Communion of Reparation on the First Saturdays. If they listen to my request, Russia will convert, and there will be peace. If not, she will spread her errors throughout the world, promoting wars and persecutions of the Church. The good will be martyred.”

Years later, after the experience of the six apparitions at Fátima, Sr. Lúcia was gifted with a heavenly vision of Jesus. In this visitation, He explained to her that there are five blasphemies against the Immaculate Heart of His Mother, Mary, which call for reparation. The blasphemies are the following:

1. The blasphemies against the Immaculate Conception.
2. Against her virginity.
3. Against her divine maternity.
4. Those who publicly seek to instill indifference, scorn, and even hatred toward her Immaculate Heart in the hearts of children.
5. Those who insult her directly through her holy images and statues.

Now, here are the principal elements of the Five First Saturdays Devotion that Our Lady revealed to Sr. Lúcia and entrusted to us in order to counter the Five Blasphemies against her Immaculate Heart. Our Lady directs us to:

“Go to Confession; receive Holy Communion; pray five decades of the Holy Rosary; keep Mary and Her Immaculate Heart company for fifteen minutes while meditating on the Mysteries of the Holy Rosary, with the purpose of making reparation to me.”

The Lord desires us to take to heart the First Five Saturdays Devotion of Reparation and incorporate it into our spiritual lives. As a means of encouragement, I am providing [this link](#) to more background information about the First Saturdays Devotion.

My hope is to initiate this devotion in relation to the blessing of the images of Saint Jacinta and Saint Francisco Marto, two of the three visionaries of Fátima. The statues will be blessed on Saturday, February 21, at the Cathedral of the Annunciation during the 5:30 pm Mass. The figures of the two saints will be enthroned next to the statue of Our Lady of the Rosary of Fátima that was gifted to us last May during the Jubilee Year. All are invited to attend this special Mass as we honor the Shepherd Children of Fátima.

As we integrate this devotion of the First Saturdays within our spiritual lives, let us be consoled and assured by these maternal words of Our Lady of Fátima: “In the end, my Immaculate Heart will triumph.”

Our Lady of Fátima, pray for us. Our Lady of the Rosary, pray for us. Immaculate Heart of Mary, pray for us.

St. Jacinta, pray for us. St. Francisco, pray for us.

In the Peace of Christ,

A handwritten signature in black ink, starting with a small cross symbol followed by the name "Bishop J. Cotta". The signature is written in a cursive style.

Bishop Cotta