

22 MARCH 2020

THE PARISHES OF SACRED HEART & SAINT RAPHAEL



bestPGHparish.org

4th SUNDAY OF LENT

When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?"
- Jn 9:35



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Dear Parishioners of Saint Raphael and Sacred Heart Parishes,

The Fourth Sunday of Lent is traditionally called Laetare Sunday. This is the Sunday in Lent when the priest wears a rose-colored chasuble and stole. Laetare Sunday has always been a day of celebration, within the austere period of Lent. This Sunday got its name from the first few words of the entrance antiphon for the Mass of the day. The Latin “Laetare Jerusalem” (Rejoice O Jerusalem”) is from Isaiah 66:10. This Sunday is meant to be a day of relaxation from the normal rigors of Lent; a day of hope with Easter at last within sight!

I would imagine that all of us would do well to take the tradition of Laetare Sunday and have some relief from all worry and stress of the world’s situation. I encourage everyone reading our bulletin online today to make Laetare a real celebration. Watch Mass as a family at home by clicking one the links listed on our website. See if everyone, including dad can find something rose-colored to wear while Mass is being offered. Plan something fun after Mass and enjoy every minute of it! Parents could tell your children your favorite family memories of Easter as you were growing up. How can you make this coming Easter the happiest Easter ever for your family? Make a phone call this Sunday to someone you care about and tell them something really funny and make them laugh. Plan how you will do this before you place the call. These little things will lead to true rejoicing. Make Laetare Sunday a reality by intentionally inspiring everyone at home to rejoice.



Do it for others but especially for the Lord! And rejoice!

Note: In addition, please refer to last weekend’s homily posted on our website, www.bestpghparish.org

Spiritual Life and the Celebration of the Sacraments in this time of Corona Virus Emergency

The Guidelines from the Health Department direct that there be no large group gatherings at this time. Gatherings of no more than ten persons are permitted.

Baptism may be celebrated provided the group gathered is the immediate family only. Families may consider postponing baptism for a few months. To arrange for an infant baptism, call 412-661-3100.

Reconciliation [Confession] is available at the usual times:

@ Sacred Heart on Saturdays from 3:30 to 4:30 pm

@ St. Raphael on Saturdays from 3:15 to 3:45 pm

@ St. Raphael on Wednesdays from 6:00 to 7:00 pm

or by appointment

To keep “social distance” at the St. Raphael confessional, the penitent is asked to keep the “confessional window” closed. [no face-to-face]

To keep “social distance” at the Sacred Heart confessional, the penitent is asked to close the door, then either kneel or stand. [no face-to-face].

Holy Mass and Holy Communion

At this time, there is no public celebration of the Eucharist. Since there is no celebration of Mass on Sunday or weekdays, the faithful are not able to receive Holy Communion in church.

The faithful are encouraged to take time out to pray. The Scripture readings for each day may be found at www.usccb.org.

Each individual can make a “spiritual communion.” This is a prayer for use for a “spiritual communion.”

My Jesus, I believe that you are present in the most holy Eucharist. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

Continued next page...

Anointing of the Sick

Priests are available for the Anointing of the Sick. Father Steven Palsa, our parish chaplain, can be reached at 412-720-3554. The hospitals have priest-chaplains on duty. Once you call or reach the hospital, call "0" for the hospital switchboard.

Funerals

The celebration of a funeral Mass is permitted provided that only the immediate family attend. Families may wish a grave-side service and gather for the Mass in the months ahead. Arrangements are made with the funeral home and Sister Mary Elizabeth.

Private Prayer and Adoration

Saint Raphael Church and Sacred Heart Church are open for private prayer each day from 7:00 am to 7:00 pm.

A visit to church is an opportunity to adore Jesus in the Blessed Sacrament in the tabernacle. [For the time being, Solemn Exposition of the Blessed Sacrament and Benediction will not take place.]

Prayer against the Spread of Coronavirus

We're asking all parishioners of our Grouping, wherever we are, to **pause at 12:00 Noon each day** during Lent and offer the prayer to the right in silence. The Sacred Heart Elementary School community will also be praying with us, so think of the impact of all of our prayers offered to God together, at the same moment, for our family, our city, our nation, and the whole world in this troubled time.

Please note that for everyone's protection, we are closing our administration buildings until April 1.



Oratio Imperata

Against the Spread of Coronavirus

God our Father, we come to you in our need to ask your protection against the Coronavirus (COVID-19) that has claimed lives and has affected many.

We pray for your grace for the people tasked with studying the nature and cause of this virus and its disease and of stemming the tide of its transmission.

Guide the hands and minds of medical experts that they may minister to the sick with competence and compassion, and of those governments and private agencies that must find a cure and solution to this pandemic.

We pray for those afflicted. May they be restored to their health soon.

Grant us the grace to work for the good of all and to help those in need. Grant this through our Lord, Jesus Christ, your Son, who lives and reigns with You, in the unity of the Holy Spirit, God, forever and ever. Amen.

*Our Lady Undoer of Knots, pray for us.
St. Raphael the Archangel, pray for us.
St. Jude the Apostle, pray for us.
St. Gianna, pray for us.*



Readings for the week of March 22, 2020

Sunday: 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6 [1]/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38
Monday: Is 65:17-21/Ps 30:2 and 4, 5-6, 11-12a and 13b [2a]/Jn 4:43-54
Tuesday: Ez 47:1-9, 12/Ps 46: 2-3, 5-6, 8-9/Jn 5:1-16
Wednesday: Is 7:10-14; 8:10/Ps 40:7-8a, 8b-9, 10, 11 [8a and 9a]/Heb 10:4-10/Lk 1:26-38
Thursday: Ex 32:7-14/Ps 106:19-20, 21-22, 23 [4a]/Jn 5:31-47
Friday: Wis 2:1a, 12-22/Ps 34:17-18, 19-20, 21 and 23 [19a]/Jn 7:1-2, 10, 25-30
Saturday: Jer 11:18-20/Ps 7:2-3, 9bc-10, 11-12 [2a]/Jn 7:40-53

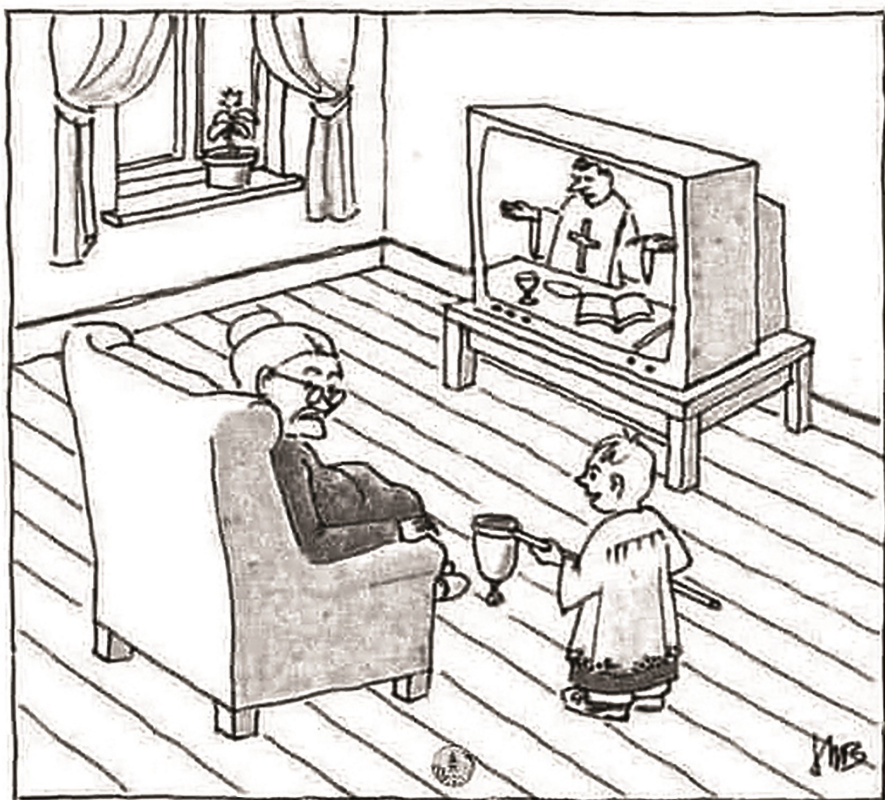


Mass Streaming

In this time of real concerns about the coronavirus (COVID-19), all Masses remain cancelled. We have created links for Masses that are available on our website since, unfortunately, at this time, we do not have the right equipment to do our own livestreaming. We also will include on our website

(www.bestpghparish.org) some brief talks and reflections from Father Mele that will help us to live

this moment of suffering and upheaval for us, our families and the whole world.



70th REZGRESSNOG ZACEKA BLAZENE DJEVICE MARIE VIROSI LIVNO

Diocesan Updates

We want to keep you updated as much as possible on a situation that, as you know, could change at any moment. For this reason, we have included on our website (www.bestpghparish.org), all the Diocesan updates. You can also find them directly through the Diocesan website at www.diopitt.org.

UPDATE



Pope Francis on Coronavirus crisis



In an exclusive interview on March 18, Paolo Rodari, journalist from La Repubblica (The Republic) in Rome, asked Pope Francis how one can live these days so that they are not wasted? Here is an excerpt of his answer: *"We must rediscover the concreteness of little things, small gestures of attention we can offer those close to us, our family, our friends. We must understand that in small things lies our treasure. These gestures of tenderness, affection, compassion, are minimal and tend to be lost in the anonymity of everyday life, but they are nonetheless decisive, important. For example, a hot meal, a caress, a hug, a phone call... They are familiar gestures of attention to the details of everyday life that make life meaningful and that create communion and communication amongst us"*.



Please pray for our recently deceased and their beloved families

Eleanor Pellegrino

Catherine Sismour

Anne Butrico

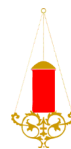
Loretta Albright

Barbara Tim

Sanctuary Candles - March 22 to March 28

**Saint Raphael
Sacred Heart**

Andres Ballesteros (Joe DeSousa)
Calnan & Schneider Families
(Mr. & Mrs. Martin Schneider)



**Even from home,
remember our
Mite Box!!!**



SAINT RAPHAEL CHURCH

1154 CHISLETT ST.
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SACRED HEART CHURCH

310 SHADY AVE.
PITTSBURGH, PA 15206

SATURDAY, MARCH 21 - LENTEN WEEKDAY

Gayne and Agnes Smith (*Kevin Smith*)
Health & Well-Being of Gloria Fader on her 75th Birthday
(*Michael G. Fader*)
McCague & Gordon Families (*James McCague*)

SUNDAY, MARCH 22 - FOURTH SUNDAY OF LENT

Giuseppe F. Labate (*Rosa Labate*)
Jim & Agnes Marner
For the People

MONDAY, MARCH 23 - SAINT TURIBIUS OF MOGROVEJO; BISHOP

Antonio Scalamogna (*Rosa Fusca*)
Deceased Colarusso and Zappia Families (*Cynthia*)
Jennifer Regala (*Nede & Ray Javier*)

TUESDAY, MARCH 24 - SAINT OSCAR ROMERO, BISHOP & MARTYR

Mary Alioto (*Maria & Rosa Scolieri*)
Villa: Michael Rodrigues (*Kuzmanko Family*)
Joseph Crisanti (*Dr. John Perry*)
Shirley Young (*Joe Crisanti*)

WEDNESDAY, MARCH 25 - THE ANNUNCIATION OF THE LORD

Rosa Pietropaolo and Francesco Barbieri (*Son, Ralph Barbieri*)
Domenico and Annunziata Labate (*Lisa Febbraro & Family*)
Melissa McCague (*James McCague*)

THURSDAY, MARCH 26 - LENTEN WEEKDAY

Golob and Boyance Families (*Helen & Marian Golob*)
Beatrice Muldowney (*Mary Muldowney*)

FRIDAY, MARCH 27 - LENTEN WEEKDAY

David F. Janco (*Month's Mind*)
Antonino and Frank Moschello and Eugenia Fusca (*Rosa Fusca*)
Michael Murphy & Alisha Johnson (*Emily Pino*)

SATURDAY, MARCH 28 - LENTEN WEEKDAY

Domenico Febbraro (*Lisa Febbraro & Family*)
Living & Deceased Members of Coraluppi & Tanzig Families
(*Luisa Coraluppi*)

SUNDAY, MARCH 29 - FIFTH SUNDAY OF LENT

Christopher Brinsko (*John & Suzan Vaskov*)
Mary & Joseph Chirico (*Mary Lynn Chiricco*)
For the People

Stations of the Cross Journey to the Cross

Short prayer to say after each station
Lord Jesus, help us walk in your steps.



The First Station: Jesus is Condemned to Death
Jesus, may your punishment free us from sin.

The Second Station: Jesus Takes up His Cross
Jesus, lift up our hearts to you when we feel low.

The Third Station: Jesus Falls for the First Time
Jesus, teach us to rise up with you when we fall.

The Fourth Station: Jesus Meets His Mother
Jesus, help us to meet God's children with love.

The Fifth Station: Simon Helps Jesus Carry the Cross
Jesus, shows us how to help others who are in trouble.

The Sixth Station: Veronica Wipes the Face of Jesus
Jesus, may we leave your mark of love on the world.

The Seventh Station: Jesus Falls for the Second Time
Jesus, make us proud to walk in your footsteps.

The Eighth Station: Jesus Meets the Women of Jerusalem
Jesus, help us to lead others to your kingdom.

The Ninth Station: Jesus Falls for the Third Time
Jesus, help us let go that we may hold your life.

The Tenth Station: Jesus is Stripped of His Garments
Jesus, dress us up with the beautiful love of God.

The Eleventh Station: Jesus is Nailed to the Cross
Jesus, we suffer with you so we can heal others.

The Twelfth Station: Jesus Dies on the Cross
Jesus, give us new life with you that never ends.

The Thirteenth Station: Jesus is Taken Down from the Cross
Jesus, take away our sadness and fill us with joy.

The Fourteenth Station: Jesus is Laid in the Tomb
Jesus, help us to shine your light for the world.