

Gym Permission Form

Gym Classes begin the first week of school.

All grades have one gym once a week. In addition to gym class, students have recess twice per day.

Gym Uniform

White or navy-blue t-shirt with St. Brigid logo; navy blue sweatpants with St. Brigid logo; navy shorts with St. Brigid logo. Gray crewneck sweatshirt with St. Brigid logo. Plain white athletic socks should be worn with non-marking sneakers. **NOTE:** Street shoes are ***NOT*** allowed on the gym floor. Students need to have a designated pair of gym sneakers.

PARTICIPATION

If your child is in school, he/she is expected to participate in gym on the designated day. If your child has been ill, has a cold, injury, or other need which warrants modification of his/her program for the day; or, if he/she needs to be excused from a given day's class, a communication needs to be sent via email, phone call, or written note to the office and the classroom teacher. The gym teacher will be notified accordingly. Please note that Phys Ed is a required program of education, mandated by State law.

****SPECIAL NEEDS**:** If your child has any special needs, such as vision or hearing limitation, asthma, heart murmur, coordination delay, etc. please send a note of explanation (and if available, a list of recommendations from his/her doctor), so that the gym teacher can better understand and help your child during class.

Please return this form or a note from your child's pediatrician to the school by the first day of school

Students listed below have permission to participate in the Physical Education program St. Brigid School. I/We understand that this program takes place in the Father Hayes Center (Gym), or outside (as weather permits and as is appropriate for the activity) under the direction of the Physical Education Teacher.

Student Name	Grade	Student Name	Grade
Student Name	Grade	Student Name	Grade
Signature of parent/guardian	date		