



*Supporting the community's food insecurity needs since 1994*  
More information on REPLENISH [visit our website](#)

## Home Deliveries

While pantries do not typically offer delivery of food items, some pantries can register clients for home delivery. Please call your local food pantry for more information.

## Healthy Food Access Map

This food pantry listing as well as grocery retailers, farmers markets and the transportation routes to help you get there can also be found on this interactive map tool.

[www.middlesexcountynj.gov/healthyfoodsmap](http://www.middlesexcountynj.gov/healthyfoodsmap)

## Middlesex County Services Locator

The Middlesex County Services Locator is intended to inform County residents of various services including food, substance abuse resources, job training, emergency preparedness, veteran's services, housing or caregiving - the Locator can help you find available resources.

<https://www.middlesexcountynj.gov/government/departments/departments-of-community-services/middlesex-county-service-locator>

## Carteret

### Carteret Calvary Baptist Church – Reflection of God the Way Ministry

Contact: Diahann Thomas-Spencer  
Telephone: 732-541-9169 (Office) or 732-912-6007 (Help Line)  
Address: 38 McKinley Avenue  
Carteret, NJ 07008  
Hours of Operation: Last Saturday of every other month  
11:00 a.m. – 1:00 p.m.

All clients must register and schedule an appointment on the Plentiful App to be served. Community outreach program providing emergency food to the people of Carteret. Must present valid picture ID and show proof of residency.

### St. Joseph Food Pantry

Contact: Barbara McHale  
Telephone: 732-541-8946  
Address: 55 High Street  
Carteret, NJ 07008  
Hours of Operation: Every 4<sup>th</sup> Saturday of the month  
8:00 a.m. – 12:00 p.m.

Nonperishable, fresh and frozen food items are available to Carteret residents in need. Proof of residency is required.

### **Middlesex County Senior Meal Program**

Thomas J. Deverin Community Center  
100 Cooke Avenue  
Carteret, NJ 07008  
732-541-6221  
Hours 8:30 a.m. – 2:30 p.m.

Anyone 60 and over is welcome. Round-trip transportation is available to all sites. Home-delivered meals are available for the mobility-impaired. Suggested Meal Donation: In-person: \$2.25; Home Delivered: \$2.75. More program details available at the end of this document or contact Middlesex County Senior Meal Program at 732-745-2062.

### **Cranbury**

#### **First Presbyterian Church of Cranbury - Skeet's Pantry**

Contact: Church Office – Carol Kientz or Loida Wilson  
Telephone: 609-395-0897  
Address: 22 South Main Street  
Cranbury, NJ 08512  
Website: [www.cranburypres.org](http://www.cranburypres.org)  
Hours of Operation: Every 3<sup>rd</sup> Sunday  
1:30-3:30 p.m.

Nonperishable food items and some perishable items are available. Drive-thru distribution—clients must stay in their vehicles. Volunteers will load their cars.

### **Dunellen**

#### **First Presbyterian Church of Dunellen in partnership with Beginning World Changers**

Contact: Pastor Silvio Del Campo  
Telephone: 732-968-3844 ext. 103  
Address: 214 Dunellen Ave.  
Dunellen, NJ 08812  
Hours of Operation: 4<sup>th</sup> Wednesday of the month  
11:45 a.m. until supplies last

Food available to Middlesex County residents in need.

#### **Living Hope Outreach Center**

Contact: Pastor Roy Carryl  
Telephone: 732-424-7363  
Address: 201 Whittier Avenue  
Dunellen, NJ 08812  
Hours of Operation: 2<sup>nd</sup> Saturday of every month  
11 a.m. until supplies last.

Food and necessities are available to residents once a month.

## East Brunswick

### Aldersgate Outreach Community Center

Contact: Diane Hutchins  
Telephone: 732-254-7361 Option 2 (Message Center)  
Address: 568 Ryders Lane  
East Brunswick, NJ 08816  
Hours of Operation: Tuesday, Thursday & Saturday  
10:00 a.m. – 12:00 p.m.

Food pantry and thrift shop. Must be a resident of Middlesex County for food assistance. Applicant must provide proof of living in NJ through driver's license, medical bill, bank statement, rent statement, lease, utility or insurance bill. Proof of income at or below current federal guidelines may be verbal. Government issued ID, passport or birth certificate is required on all family members. Registered families may pick up food on a weekly basis with the week beginning on Sunday. Additional registrations may be required to participate in diaper, period product, backpack and holiday gift programs.

### Raritan Valley YMCA

Contact: Gina Stravic or Poonam Rawat  
Telephone: 732-257-4114  
Address: 144 Tices Lane  
East Brunswick, NJ 08816  
Website: <https://raritanvalleyymca.org/>  
Hours of Operation: Monday, Wednesday, Friday  
7:00 a.m. – 7:00 p.m.  
Tuesday, Thursday  
7:00 a.m. – 8 p.m.  
Saturday  
9:00 a.m. – 1 p.m.  
Sunday  
8:30 a.m. – 12:00 p.m.

Food supplies given to those in need. SNAP navigators onsite for application assistance. This YMCA also houses New Beginnings, local pet food bank. Inquire for pet food assistance.

### St. Mary & St. Stephen Coptic Church

Contact: Nermeen Gobran, Fr. Stefanos Habib  
Telephone: 732-857-0188 / 732-675-9744  
Address: 12 Gates Avenue  
East Brunswick, NJ 08816  
Hours of Operation: Home delivery  
Wednesday & Thursday. Friday if needed.

Food assistance is available to those in need via home delivery only. Clothing and financial assistance are also available on a limited basis.

## Edison

### **Alliance Center for Independence**

Contact: Samantha Gavron  
Telephone: 732-738-4388  
Address: 629 Amboy Avenue, Edison, NJ 08837  
Hours of Operation: Monday & Thursday 9:00am-4:30pm, by appointment only  
Tuesday & Wednesday 1:00pm-4:30pm, by appointment only  
Friday 9am-12:00pm, by appointment only  
Website: [ACI CommUnity Market - Alliance Center for Independence](#)

Serving disabled low-income families that reside in Middlesex, Union and Somerset counties up to twice a month by appointment only after application approval

### **Community Presbyterian Church**

Contact: Church Secretary  
Telephone: 732-287-1666  
Address: 75 Glenville Road  
Edison, NJ 08817  
Hours of Operation: Tuesday & Thursday  
9:00 a.m. – 11:00 a.m.

A three-day supply of food is available once a month for Edison Township residents. Proof of residence is required (driver's license, utility bill, etc.).

### **Edison Housing Authority**

Contact: April Mobley  
Telephone: 908-561-8489 ext. 215  
Address: 14 Reverend Samuel Carpenter Blvd  
Edison, NJ 08820  
Hours of Operation: Every third Thursday  
10 a.m. – 12 p.m.

Food pantry available to Edison residents 18 years or older. Must show proof of residency & proof of low to moderate income. Bring your own bags.

### **Guardian Angels Church, Society of St. Vincent De Paul**

Contact: Food Pantry  
Telephone: 732-572-0977  
Address: 37 Plainfield Ave  
Edison, NJ 08817  
Hours of Operation: Every other Wednesday (calendar available)  
9:30 a.m. – 11:30 a.m.

Food Pantry services are available during the designated hours. Clients must be a resident of Edison or Highland Park. Photo I.D. is required.

### **Hands of Hope at St. James Episcopal Church**

Contact: Charlie Tomaro  
Telephone: 732-236-3330  
Address: 2136 Woodbridge Avenue, PO Box 1057  
Edison, NJ 08818  
Website: <http://handsofhopenj.net>  
Hours of Operation: 1<sup>st</sup> & 3<sup>rd</sup> Saturday of the month

11:00 a.m. – 1:30 p.m.

Food pantry available to any Middlesex County resident in need. An intake application must be completed, and proof of residency is required.

### **New Beginnings Church of the Nazarene**

Contact: Joan Naraine  
Telephone: 732-985-7097  
Address: 80 Jefferson Blvd.  
Edison, NJ 08817  
Hours of Operation: 3rd Saturday of each month 9:30 p.m. – 1:30 p.m.

Nonperishable food available for any Middlesex County resident in need over 18 years old. ID is required.

### **St. Paul's Evangelical Lutheran Church**

Contact: Church Office - Kathy  
Telephone: 732-287-0888  
Email: [stpaulsedison@optimum.net](mailto:stpaulsedison@optimum.net)  
Address: 445 Old Post Road  
Edison, NJ 08817  
Hours of Operation: Every Wednesday 10 a.m. – 12 noon  
Every Thursday 10 a.m. – 12 noon

Produce and non-perishable items are available to those in need. Nonperishable canned foods are available on an emergency basis. Assistance is limited to two times each month.

### **Middlesex County Senior Meal Program**

Edison Senior Center  
2963 Woodbridge Ave.  
Edison, NJ 08817  
732-452-0377  
Hours 8:30 a.m. – 2:30 p.m.

Anyone 60 and over is welcome. Round-trip transportation is available to all sites. Home-delivered meals are available for the mobility-impaired. Suggested Meal Donation: In-person: \$2.25; Home Delivered: \$2.75. More program details available at the end of this document or contact Middlesex County Senior Meal Program at 732-745-2062.

## **Helmetta**

### **New Life Food Pantry**

Contact: Kristen Tabert  
Telephone: 732-521-0169  
Address: St. George Church  
56 Main Street  
Helmetta, NJ 08828  
Website: [www.NewLifeFoodPantry.org](http://www.NewLifeFoodPantry.org)  
Hours of Operation: Tuesdays 10 a.m. – 12 p.m. - by appointment only  
Thursdays 12 p.m. – 2 p.m. - by appointment only

***You must call to reserve your pick-up time.*** Client-choice model food pantry. 1 person is allowed inside at a time.

## Highland Park

### Highland Park Community Food Pantry

Contact: Nicole Huff  
Telephone: 732-819-0052 ext. 3115  
Address: Highland Park Community Center  
220 South 6<sup>th</sup> Avenue  
Highland Park, NJ 08904

Hours of Operation: 2<sup>nd</sup> & 4<sup>th</sup> Thursdays of the month  
9:00 a.m. – 10:45 a.m.  
6:00 p.m. – 7:00 p.m.

Saturdays following 2<sup>nd</sup> & 4<sup>th</sup> Thursdays of the month  
9:30 a.m. - 10:30 a.m.

Located at the Borough Community Center. Contact Nicole Huff (listed above) to register. New Jersey residents in need of food are welcome.

FOR FOOD EMERGENCIES ONLY WHEN THE FOOD PANTRY IS NOT OPEN, call Nicole at the HP Community Center 732-819-0052 between 8:00AM and Noon, Monday-Friday. Other days and times call 908-410-7618.

### Highland Park Gives a Hoot

Contact: Monica Jackson / Michael Buchman  
Telephone: 732-819-3786 Monica / 732-245-9433 Michael  
Address: Teen Center  
600 Benner Street  
Highland Park, NJ 08904  
Hours of Operation: Tuesday and Wednesday 10:00 a.m. – 11:00 p.m.  
Friday 10:00 a.m. – 11:00 p.m.

Nonperishable groceries provided to teens and walk-ins through the Teen Center.

## Jamesburg

### Calvary Chapel Crossfields

Contact: Fran Napoli  
Telephone: 732-521-0382 (Office) or 732-666-4168 (Fran)  
Address: 15 Half Acre Rd.  
Jamesburg, NJ 08831  
Website: <https://cccrossfields.org>  
Hours of Operation: Every third Thursday by appt. only  
Every third Friday 6:00 p.m. – 8:00 p.m. by appt. only

Providing food and clothing. All clients must make an appointment each month to receive support. Intake forms require name, address, and description of financial hardship.

### Presbyterian Church of Jamesburg – Deacon's Food Cupboard

Contact: Church Office  
Telephone: 732-521-1711  
Address: 175 Gatzmer Avenue  
Jamesburg, NJ 08831  
Hours of Operation: 3<sup>rd</sup> Saturday of the month  
As long as supplies are available, they will be open every Saturday for a drive thru beginning at 9 am for anyone.

Please call the church office for specific information. However, proof of residency in Jamesburg, Helmetta, or Monroe is required, must be over 18 years old and an application must be completed.

## Metuchen

### First Presbyterian Church of Metuchen

Contact: Sarah Teti, Food Pantry Coordinator  
Telephone: 732-491-2300 (Office) or 732-491-2325 (Food Pantry)  
Address: 270 Woodbridge Avenue  
Metuchen, NJ 08840

Hours of Operation: Wednesday & Thursday  
9:00a.m. - 11:00 a.m.

DRIVE UP FOOD PANTRY. No need for an appointment. Just drive up and we will provide them with two prepacked bags per family delivered out to their cars. Clients are welcome once a week. Delivery available.

### St. Francis Cathedral Social Concerns

Contact: Bidgie Williamson  
Telephone: 732-548-0100 ext. 225  
Address: 45 Library Place  
Metuchen, NJ 08840  
Hours of Operation: Tuesday - Thursday  
9:00 a.m. – 1:00 p.m.

Non-perishable food available once a month for Metuchen, Edison residents and some emergency cases. By appointment only. Call on Monday for Tuesday, Wednesday or Thursday pick-up.

## Middlesex

### First Bilingual SDA Church Food Pantry

Contact: Tracey Amadi  
Telephone: 732-629-8065  
Address: 111 Howard Ave  
Middlesex, NJ 08846  
Website: <https://www.firstbilingual.org/serve/food-pantry>  
Hours of Operation: Third Sunday of the month 9:00 a.m. – 11:00 p.m. (by appointment)

Households can receive assistance twice per month. Food and household assistance is based on availability. Open to Middlesex County residents and those in need by appointment for curbside pickup. Submit requests online (web address above), phone or text 732-629-8065.

La asistencia alimentaria está disponible según la disponibilidad. Abierto a los residentes del condado de Middlesex y a los necesitados con cita previa para la recogida y entrega en la acera. Presentar solicitudes en línea, teléfono o texto: 732-629-8065.

### **Middlesex Elks #1488**

Contact: Maureen Kukwa  
Telephone: 732-968-9827  
Address: 545 Bound Brook Road  
Middlesex, NJ 08846  
Hours of Operation: 2<sup>nd</sup> and 4<sup>th</sup> Saturday 9:00 a.m. – 12:00 p.m.  
Website: [www.MiddlesexElks.com](http://www.MiddlesexElks.com)

Pantry assists anyone looking for assistance. Delivery is available for senior citizens and those you do not or cannot drive.

### **Milltown**

### **Monroe**

#### **Jewish Family Services of Middlesex County, Monroe**

Contact: Intake Worker  
Telephone: 609-395-7979  
Address: 1600 Perrineville Road, Suite 52 (Concordia Shopping Center)  
Monroe Twp., NJ 08831  
Website: [www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)  
Hours of Operation: By appointment – ask for Intake Worker

Food is available to Middlesex County residents who are in need of assistance. Driver's license, picture ID with address, or County ID with recent official mailing address showing are necessary for verification of residency. Food requests are granted twice a month or as needed.

#### **Monroe Township Office of Senior Services**

Contact: Samantha Gerbino  
Telephone: 609-448-7140  
Address: 12 Halsey Reed Road  
Monroe Twp., NJ 08831  
Hours of Operation: 1<sup>st</sup> Wednesday of the month  
9:00 a.m. - 11:00 a.m., distribution for approved applicants

Nonperishable food distribution is available. Proven financial eligibility and proof of residency in Monroe Township is required. Emergency food bags are Monday – Friday from 8:30 a.m. to 4:30 p.m. Please call to obtain emergency food.

### **New Brunswick**

#### **Bayard Street Presbyterian Church**

Contact: Pastor Joseph Bodnar  
Telephone: 732-247-0384 or 732-672-3793  
Address: 107 Bayard Street  
PO Box 1207  
New Brunswick, NJ 08903



Hours of Operation: Last Saturday of the month  
9:30 a.m.-12:00 p.m.

Nonperishable food toiletries, clothing, household items, and paper goods are available to those in need.

### Central Jersey Diaper Bank/Anshe Emeth Community Development Corporation

Contact: Diaper Bank  
Telephone: 732-296-9922  
Address: 222 Livingston Avenue (diaper bank entrance on Delavan Street)  
New Brunswick, NJ 08901

Parent/guardian must bring a copy or picture of child's birth certificate (U.S. or international) for each child receiving diapers each visit. If birth certificate is unobtainable, provide other official documentation with the names & ages of the children. No other documentation or proof of immigration status is needed. Families receive a 1-week supply of diapers every other month.

Los padres deben traer una copia o fotografía del certificado de nacimiento del niño (de EE. UU. o internacional) de cada niño que reciba pañales en cada visita. Si no puede obtener el certificado de nacimiento, proporcione otra documentación oficial con los nombres y edades de los niños. No se necesita ninguna otra documentación ni prueba de estatus migratorio. Las familias reciben un suministro de pañales para 1 semana cada dos meses.

### Choice Food and Resource Center at Unity Square Catholic Charities

Contact: Michelle Gil  
Telephone: 732-545-0329 option 4  
Address: 81 Remsen Avenue  
New Brunswick, NJ 08901  
Hours of Operation: Every Tuesday 10:00 a.m. – 1:45 p.m. **by appointment only**  
2<sup>nd</sup> Friday 10:15 a.m. – 1:30 p.m. **by appointment only**  
1<sup>st</sup> and 3<sup>rd</sup> Friday 10:30 a.m. – 12 p.m. **or until food runs out**  
or until food runs out

Foods and necessities are distributed to those in need.

### Ebenezer Baptist Church, Feed My Sheep Ministry, Food Pantry

Contact: Louie Rolon  
Telephone: 732-247-2459  
Fax: 732-247-7357  
Address: 126 Lee Avenue  
New Brunswick, NJ 08901  
Hours of Operation: Thursdays 8:30 a.m. – 10:00 a.m.

Food supplies to those in need. Soup kitchen permanently closed.

### Elijah's Promise

Contact: Curtis McNair  
Telephone: 732-545-9002 ext. 117  
Address: 18 Neilson Street  
New Brunswick, NJ 08901  
Website: <http://www.elijahspromise.org>  
Hours of Operation: Monday – Saturday: 11:00 a.m. - 12:30 p.m.

Check website for Elijah's Promise On Wheels

Prepared "Meals to Go" only at this time. Promise Clinic suspended until further notice.

### **Five Loaves Food Pantry Store at Second Reformed Church of New Brunswick**

Contact: Catherine Verduci  
Telephone: 732-545-1019  
Address: 100 College Avenue  
New Brunswick, NJ 08901  
Hours of Operation: Monday through Thursday  
10:00 am to 2:00 pm

**Call first to ensure staff is present. No building entry.** Emergency food available (client choice model). Valid photo ID + proof of name, address, dependents and required. Staff speaks English and Spanish.

### **New Beginnings at Mount Calvary Missionary Church**

Contact: Marcela Rolon & Cassandra Kelly  
Telephone: 848-228-1789 or 732-351-8500  
Address: 150 Throop Ave.  
New Brunswick, NJ 08901  
Hours of Operation: Thursday 9:00 a.m. – 11:00 a.m.

Bags of food will be distributed in front of building. We speak English and Spanish to help you.

Se distribuirán bolsas de alimentos frente al edificio. Hablamos inglés y español para ayudarte.

### **Mt. Zion Family Worship Church**

Contact: Marsha Thompson  
Telephone: 908-294-7571  
Address: 62 Larch Ave.  
New Brunswick, NJ 08901  
Hours of Operation: 2<sup>nd</sup> Saturday 10:00 a.m. – 12:00 p.m.

Open to families in need of food. 18 years old and up.

### **New Brunswick Seventh Day Adventist Church**

Contact: Jacques Noseal  
Telephone: 732-745-4858 or for emergencies (732) 474-8801  
Address: 339 Livingston Avenue  
New Brunswick, NJ 08901

Hours of Operation: Sunday 12:00 p.m. – 2:00 p.m.

Food, prayer, counseling, and clothing available to New Brunswick residents. Appointment recommended for services other than food. Valid photo ID and proof of address are required.

### **Salvation Army Family & Community Emergency Center**

**Photo ID is required. Clients must sign in and provide a phone number.**

Contact: Yadira Zavaleta  
Telephone: 732-545-1477 ext. 112

Address: 287 Handy Street  
New Brunswick, NJ 08901  
Hours of Operation: Tuesday through Friday  
10:00 a.m. – 12:00 p.m. **clients must call for an appt. to pick-up**  
1:00 p.m. – 2:00 p.m.

Requirements include a photo ID. Post-COVID, we extend assistance to anyone in need of food. Home delivery is offered for seniors or those with impediments. We provide diapers for adults and children and offer social services, including rental, utility, prescription, and motel assistance. Social service assistance is available to residents of New Brunswick, East Brunswick, North Brunswick, Highland Park, or Milltown. Please call to schedule an appointment.

Los requisitos incluyen una identificación con foto. Después de COVID, extendemos la asistencia a cualquier persona que necesite alimentos. La entrega a domicilio se ofrece para personas mayores o con impedimentos. Proporcionamos pañales para adultos como para niños y ofrecemos servicios sociales, que incluyen alquiler, servicios públicos, medicamentos recetados y asistencia en motel. por favor llame para más información. La asistencia de servicio social está disponible para los residentes de New Brunswick, East Brunswick, North Brunswick, Highland Park o Milltown.

### Sharon Baptist Church/PRAB Food Pantry

Contact: Rev. Dee Davison  
Telephone: 848-209-6048 or 732-846-0669  
Contact: Jacqueline Mondragon  
Telephone: 908-202-8889  
Website: [www.sharonbaptistnj.com](http://www.sharonbaptistnj.com)  
Address: 25 Howard Street  
New Brunswick, NJ 08901

**November Hours:** 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month  
10:00 a.m. *sign-in & ticket distribution*  
11:00 a.m. *distribution start*  
11:00 a.m. *Elijah's Promise Free Hot Meal Truck*

Perishable & non-perishable food will be distributed to any resident in need of assistance. Bring your own bags. To register as a client, identification with proof of address is required. Clients must sign-in to receive a ticket for food each week, there will be 1 ticket per ID family address. Sign-in is on a 'first come, first serve' basis. **We serve until either supplies or time expires.** No ID needed for Elijah's Promise Free Hot Meal Truck only.

Se distribuirán alimentos perecederos y no perecederos a cualquier residente que necesite asistencia. Traiga sus propias bolsas. Para registrar como un cliente, identificación con prueba de dirección. Los clientes deben registrarse para recibir un tiquete para comida cada semana, habrá 1 tiquete por dirección familiar de identificación. **El inicio de sesión se realiza por orden de llegada.** Servimos hasta que expiren los suministros o el tiempo. No se necesita identificación solo para Elijah's Promise Free Hot Meal Truck.

### St. Alban's Church Food Pantry

Contact: Enid Atkins  
Telephone: 732-247-0808  
Address: 148 Lee Avenue  
New Brunswick, NJ 08901  
Hours of Operation: Wednesday 7:00 p.m. – 8:00 p.m.

Emergency food is available for those in need.

### Tabernacle Baptist Church

Contact: Shirley Lucas  
Telephone: 732-545-4063  
Address: 239 George Street  
New Brunswick, NJ 08901  
Hours of Operation: 4<sup>th</sup> Thursday of each month  
8:30 a.m. – 12:30 p.m.

Emergency food is provided once a month to the hungry and homeless.

### **United Methodist Church at New Brunswick**

Contact: Steve Zahorbenski  
Phone: 732-545-8975 church office  
Address: 323 George Street  
New Brunswick, NJ 08901  
Website: umcnb.org

Hours of Operation: 7 days a week  
6:00 p.m. – 7:00 p.m.

Registration not required. Provides boxed meals including main meal, water, fruit to anyone in need. Milk, additional meal service, clothing, and blankets are provided on occasion (subject to availability).

### **The Urban Health Collaborative**

Contact: Zaire Ali  
Phone: 732-419-7195  
Address: 24 Kirkpatrick Street, Lower Level  
New Brunswick, NJ 08901  
Website: theurbanhealthcollaborative.com  
Hours of Operation: Wednesday 3:00 pm – 5:00 pm & Friday 2:00 pm to 4:00 pm

Feeding Hope Food and Clothing Pantry will provide food clothing items prioritizing residents from, New Brunswick, and North Brunswick, but we will also serve community members from Franklin, Milltown, and Piscataway. We will be accepting new applications for regular clients and we will post community pantry days on our website and social media accounts as they come. We aim to nourish the residents and inform them of better eating practices.

Feeding Hope Despensa de Alimentos y Ropa proporcionará alimentos, prendas de vestir, priorizando a los residentes de New Brunswick y North Brunswick, pero también atenderemos a miembros de la comunidad de Franklin, Milltown y Piscataway. Aceptaremos nuevas solicitudes para clientes habituales y publicaremos días de despensa comunitaria en nuestro sitio web y cuentas de redes sociales a medida que lleguen. Nuestro objetivo es nutrir a los residentes e informarles sobre mejores prácticas alimentarias.

## North Brunswick

### Jewish Family Services of Middlesex County, North Brunswick

Contact: Intake Worker  
Telephone: 732-777-1940  
Website: [www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)  
Address: 219C Blackhorse Lane  
North Brunswick, NJ 08904  
Hours of Operation: Monday – Thursday 10am – 4pm, by appointment  
Friday 10am – 2pm, by appointment

Holiday Schedule: Closed Sept 22-24 for Rosh Hashanah, Oct 2 for Yom Kippur, Oct 7-8 for Sukkot, Oct 14-15 for Simchat Torah

Services available: family, couple, and individual counseling; senior adult services; vocational & career services; emergency food (non-perishable); Kosher Meals on Wheels delivery; referrals for essential needs; immigration services and citizenship classes; and the Women's Center for Displaced Homemakers.

To get food, you must be a Middlesex County resident, 18 yrs old or over. All residents in need are served regardless of ethnicity, religion, gender, etc.

Must show proof of name, and address. Requests are limited to twice a month or as needed for emergency circumstances. Nonperishable kosher food is provided to those in need. Monetary donations and kosher non-perishable food donations are accepted.

### North Brunswick Food Bank / Helping Other People Eat (HOPE)

Contact: Kathleen Aruta  
Telephone: 732-418-2222  
Address: 15 Linwood Place  
North Brunswick, NJ 08902  
Hours of Operation: Thursday 6:00 p.m. – 7:30 p.m.

Food is available for North Brunswick residents who are in need of assistance. Driver's license, picture ID with address, or County ID with recent official mailing address showing are necessary for verification of residency.

## Old Bridge

### Grace Christian Fellowship Ministries

Contact: Cheryl Burgess  
Telephone: 732-251-2062  
40 Madison Avenue  
Old Bridge, NJ 08857  
Hours of Operation: Saturday 9:00 a.m. – 12:30 p.m.

Serving all residents of Middlesex County regardless of age or financial status. Call to check on availability for emergency assistance.

### Old Bridge Township Food Bank

Contact: Kristin Agunbiade  
Telephone: 732-721-5600 ext. 2022  
Address: One Old Bridge Plaza

Old Bridge, NJ 08857  
Hours of Operation: Tuesday, Wednesday & Thursday  
10:00 a.m. – 12:00 p.m. (By appointment only)

For Old Bridge Residents Only. Once-a-month service. **To become a permanent client**, initial contact should be made with Middlesex County Board of Social Services (SNAP) program. Clients will be required to provide proof of SNAP benefits or denial letter prior to applying in Old Bridge. Call to schedule an intake appointment 732-721-5600 ext. 6625. Required Information: 2 proofs of residency, proof of income, SSI/SSD award letter, SNAP award/denial letter. For more information visit: [www.oldbridge.com/foodbank](http://www.oldbridge.com/foodbank).

### St. Lawrence Church Food Pantry

Contact: Joan Langan  
Telephone: 732-583-9361  
Address: 109 Laurence Parkway  
Laurence Harbor, NJ 08879  
Hours of Operation: Saturday  
8:30 a.m. – 10:00 a.m.

Approximately 1 week of emergency food items are available to anyone in need. Holiday baskets are also prepared for Christmas, Easter and Thanksgiving.

### Middlesex County Senior Meal Program

Old Bridge Senior Center  
1 Old Bridge Plaza  
Old Bridge, NJ 08857  
732-607-1582  
Hours 8:30 a.m. – 2:30 p.m.

Anyone 60 and over is welcome. Round-trip transportation is available to all sites. Home-delivered meals are available for the mobility-impaired. Suggested Meal Donation: In-person: \$2.25; Home Delivered: \$2.75. More program details available at the end of this document or contact Middlesex County Senior Meal Program at 732-745-2062

## Perth Amboy

### Cathedral CDC Social Services – Mercy House Food Pantry

Contact: Lauren Chambliss Hernandez (Interim)  
Telephone: 732-826-5293  
Website: [www.thecathedral.org](http://www.thecathedral.org)  
Address: 282 McClellan Street  
Perth Amboy, NJ 08861

Hours of Operation: Wednesday 9:00 a.m. - 12:00 p.m.  
3rd Saturday of the month 9:00 a.m. - 12:00 p.m.

Food pantry is available to Middlesex County residents in need twice a month. Clients must register every six months.

### Iglesia Ciudad de Refugio

Contact: Elia Alvarez  
Telephone: 732-221-4303

Address: 436 Market Street  
Perth Amboy, NJ 08861  
Hours of Operation: Saturday 9:30 a.m. – 11:00 a.m.

Emergency food is provided to those in need in the church community.

### **Jewish Renaissance Foundation (JRF) – Family Assistance Center (FAC) “My Choice Store”**

Contact: Jeribel Tineo or Dania Arias  
Telephone: 732-324-2114 ext. 131  
Email: [FAC@jrfnj.org](mailto:FAC@jrfnj.org)  
Website: [www.jrfnj.org](http://www.jrfnj.org)  
Address: 533-B New Brunswick Ave.  
Perth Amboy, NJ 08861  
Hours of Operation: Thursday & Friday  
10 a.m. – 5 p.m. By appointment only / Solo por cita

We are now providing services in person. Registration and appointment for service is required, must show valid photo ID. Service area: Carteret, Metuchen, Highland Park, Sayreville, Perth Amboy, South Amboy, Edison and Woodbridge Townships.

Ahora estamos brindando servicios en persona. Se requiere registro y cita para el servicio. Tiene que residir en los siguientes municipios: Carteret, Metuchen, Highland Park, Sayreville, Perth Amboy, South Amboy, Edison y Woodbridge.

### **Jewish Renaissance Foundation (JRF) – Bayside Family Success Center (FSC)**

Contact: Jenny Alvarez or Brian Martinez  
Telephone: 732-638-5063  
Email: [BaysideFSC@jrfnj.org](mailto:BaysideFSC@jrfnj.org)  
Website: [www.jrfnj.org](http://www.jrfnj.org) or search for Bayside Family Success Center on Facebook  
Address: 500 Dobranski Drive  
Perth Amboy, NJ 08861  
Hours of Operation: Monday & Wednesday 9:00 am – 5:00 pm  
Tuesday & Thursday 10:00 am – 7:00 pm  
Friday 10:00 am – 3:00 pm

A community-based, family-centered gathering place where any Middlesex County resident can go for support and community resources/information. Programming focuses on healthy choices, parent education & parent-child activities, life skills, and more. Activity calendars are published monthly—see our Facebook page. Formula, baby food, and diapers are offered in our infant/toddler programs. **ALL** services are free and confidential.

### **Our Lady of Fatima Bread of Life Food Pantry**

Contact: Reverend Gilles Njobam CMF / Carmen Inoa, Food Pantry Administrator  
Telephone: 732-442-6634  
Address: 348 Smith Street  
Perth Amboy, NJ 08861  
Hours of Operation: Every 3<sup>rd</sup> Wednesday of the month  
4:30 p.m. – 6:30 p.m.  
The Saturday that follows  
1:00 p.m. – 3:00 p.m.

Emergency food is available to any Middlesex County resident in need.

## **Radiant Community Church—Lighthouse Food Pantry & Soup Kitchen**

Contact: Rev. Daryl-Marie Ayala or Damaris Ramirez  
Telephone: 732-826-8427  
Address: 446 Market Street  
Perth Amboy, NJ 08861  
Hours of Operation: Tuesday and Wednesday  
10:30 a.m. – 1:00 p.m.  
Friday  
3:00 p.m. – 5:00 p.m.

Serving adults and families—children under age 18 must be registered with their parent/guardian. Proof of income required. Access limited to twice per month. Staff and volunteers also speak Spanish. Pantry is handicap accessible.

## **Raritan Bay YMCA Center for Support, Success, and Prosperity**

Contact: Food 2 Families Program Coordinator  
Telephone: 732-771-9910  
Address: 392 Smith Street  
Perth Amboy, NJ 08861  
Hours of Operation: Wednesday 11:00 a.m. – 1:00 p.m.  
(Last Names beginning with A-L served every 3rd Wednesday of the month)  
(Last Names beginning M-Z every 4th Wednesday of the Month)  
(If there is a 5th Wednesday in the month - Open to All)

Food assistance available to Middlesex County community members in need. ID and proof of address needed to register. Bags are provided and MUST be re-used in subsequent visits to pantry. Only one bag per family per address. Veggie Wagon at 357 New Brunswick Ave, Perth Amboy is open 10 a.m. – 11 a.m. Staff speaks English and Spanish.

Asistencia alimentaria disponible para los miembros de la comunidad del condado de Middlesex que lo necesiten. Identificación y comprobante de domicilio es necesario para registrarse. Se proporcionan bolsas y DEBEN reutilizarse en visitas posteriores a la despensa. Solo una bolsa por familia por dirección. El personal habla inglés y español.

## **Salvation Army**

Contact: Lieutenant Stevana Holmes  
Telephone: 732-826-7040  
Address: 433 State Street  
Perth Amboy, NJ 08861  
Hours of Operation: Wednesday - Thursday 10:30 a.m. - 12:30 p.m. by appointment only,  
Last Wednesday of the Month Emergency Pantry 10:00 a.m. - 12:00 p.m. (max 40 people)

Food pantry is available twice a month. Clients must register with We Care every six months. Must show proof of need and show ID with proof of address. A soup kitchen and emergency winter shelter for men and transitional housing for veterans is also provided. Call for additional information and appointment.

## **Seventh Day Adventist Church**

Contact: Roxanna Moscoso  
Telephone: 732-734-7289  
Address: 260 State Street  
Perth Amboy, NJ 08861  
Hours of Operation: Tuesday 6:00 p.m. – 8:00 p.m.



Thursdays as needed 6:00 p.m. – 8:00 p.m.

Food and clothing provided to residents of Perth Amboy. Additional, supportive services are available such as health insurance education, ESL and citizenship classes and immigration support.

Se proporciona comida y ropa a los residentes de Perth Amboy. Hay servicios adicionales disponibles de apoyo, como educación sobre el seguro de salud, clases de inglés como segundo idioma, ciudadanía y apoyo de inmigración.

### St. Peter's Episcopal Church, Peter's Pantry

Contact: Maureen Erickson  
Telephone: 732-742-3205  
Address: 183 Rector Street  
Perth Amboy, NJ 08861  
Hours of Operation: Monday 5:00 p.m. – 7:00 p.m. – **CANCELLED**  
**Thursday 10:00 a.m. – 12:00 p.m. – STILL SERVING**

Emergency food is available to Perth Amboy residents. Must provide proof of residence; picture ID, proof of all income (tax return, child support / alimony info, WIC affiliation etc.)

### St. Vincent DePaul Food Pantry, Perth Amboy

Contact: Jerry Yaros  
Telephone: 732-548-4317  
Address: 230 New Brunswick Avenue  
Perth Amboy, NJ 08861  
Hours of Operation: Saturday 9:45 a.m. – 12:45 p.m.

Emergency food available for those in need.

### Middlesex County Senior Meal Program

Alexander J. Jankowski Community Center  
1 Olive Street  
Perth Amboy, NJ 08861  
732-442-0930  
Hours 8:30 a.m. – 2:30 p.m.

Anyone 60 and over is welcome. Round-trip transportation is available to all sites. Home-delivered meals are available for the mobility-impaired. Suggested Meal Donation: In-person: \$2.25; Home Delivered: \$2.75. More program details available at the end of this document or contact Middlesex County Senior Meal Program at 732-745-2062

## Piscataway

### FISH, Inc. Dunellen Area

Contact: Hotline  
Telephone: 732-356-0081  
Address: 450 New Market Road (the basement of the Baptist Church)  
Piscataway, NJ 08854  
Hours of Operation: see specific program hours below  
*all new clients: call for an appointment*

**Clothing Room:** Open Mondays, 9 a.m. - 12 noon and the third Saturday of each month, 9 a.m. to 11 a.m. (excluding July & August). New clients must call for an appointment 732-356-0081. Walk-ins cannot be accommodated. Donations are accepted during business hours only. Any clothing donations left on our porch will be disposed of.

**Food Room:** Open Mondays, Wednesdays, and Fridays, 9 a.m.-12 noon and the third Saturday of each month, 9 a.m.-11 a.m. (excluding July & August). Limited capacity, arrive early. Clients are limited to once a month service and must show proof of residency in Piscataway, Dunellen, Middlesex, South Plainfield, Edison, Highland Park or Green Brook. Must show proof of need (eg. TANF, SSI, WIC, FOOD STAMPS, MEDICAID, DISABILITY, WELFARE, UNEMPLOYMENT COMPENSATION) or show proof of low household income not in excess of Federal Guidelines. Canned and refrigerated food donations, personal care products and pet food accepted.

**Fishes & Loaves Cafe:** Free, home-cooked dinners for anyone in need the third Friday of each month (excluding July & August). Eat-In the cafe 6:00 p.m.-7:00 p.m. or take-out meals. Held at the former school cafeteria at Our Lady of Fatima RC Church, New Market Road, Piscataway. All are welcome!

### James O. Bryant Food Pantry

*Clients will be asked to stay in their cars and line up on Justice Street [the side street by Ethel Road]. Signatures and proof of identification have been waived during the COVID-19 outbreak..*

Contact: Selena Stewart  
Telephone: 732-287-5184  
Email: [foodpantry@northsteltoname.org](mailto:foodpantry@northsteltoname.org)  
Address: 6 Ethel Road  
Piscataway, NJ 08854  
Hours of Operation: 2nd, 3rd, and 4th Saturday  
9:00 a.m. – 11:30 a.m.

We provide food, diapers, incontinence products, and period products to our clients. Our services are available to all regardless of race, age, housing situation, or financial status. Clients must sign in each week to receive goods. Sign-in operates on a **first-come, first-served basis**, and distribution continues until we run out of supplies or our service time ends.

### Muslim Center of Middlesex County Food Pantry

Contact: Ahmed Iqbal  
Telephone: 732-475-0515  
Email: [outreach@mcmcnj.org](mailto:outreach@mcmcnj.org)  
Address: 1000 Hoes Lane  
Piscataway, NJ 08854  
Hours of Operation: Summer – Fall every Thursday 6 p.m. – 7 p.m.  
Winter – Spring every Saturday 10 a.m. – 11 a.m.

Healthy food and supplies are available to anyone in need. Registration is required  
[mcmcnj.org/FoodPantry](http://mcmcnj.org/FoodPantry)

### Radiant Church

Contact: Merlin Mathew  
Telephone: 732-428-1750  
Address: 121 Centennial Ave.  
Piscataway, NJ 08854  
Hours of Operation: 3<sup>rd</sup> Saturday 10 a.m. – 1 p.m.

Open to all regardless of race, age, housing situation, or financial status. We also offer extra items like clothing, baby supplies, and school materials when we have them, but availability may vary. We exist to serve our city and offer hope!

### **Zion Hill Baptist Church Food Pantry**

Contact: Verdell McMullen  
Telephone: 908-391-4577  
Address: 450 Highland Avenue  
Piscataway, NJ 08854  
Hours of Operation: Closed for the month of August  
Every Thursday 8:00 a.m. – 10:00 a.m.

Nonperishable commodities are distributed to those in need twice a month.

### **Middlesex County Senior Meal Program**

Piscataway Senior Center  
700 Buena Vista Boulevard  
Piscataway, NJ 08854  
732-743-9844  
Hours 8:30 a.m. – 2:30 p.m.

Anyone 60 and over is welcome. Round-trip transportation is available to all sites. Home-delivered meals are available for the mobility-impaired. Suggested Meal Donation: In-person: \$2.25; Home Delivered: \$2.75. More program details available at the end of this document or contact Middlesex County Senior Meal Program at 732-745-2062

## **Plainsboro**

### **Plainsboro Township Food Pantry**

Contact: Erum Ladak  
Telephone: 609-799-0909 ext. 1711  
Address: 641 Plainsboro Road  
Plainsboro, NJ 08536  
Hours of Operation: Tuesday, Wednesday and Friday 9:00 – 12:00 noon, Thursday 11:30- 3:00  
Distribution Days: Every 2<sup>nd</sup> and 4<sup>th</sup> Thursday  
12:30 p.m. – 2:30 p.m. & 5:30 p.m. – 7:00 p.m.

The Plainsboro Food Pantry distributes nonperishable food items, personal care items, and occasionally perishables to residents of Plainsboro Township. Proof of residency and income eligibility is required. The Food Pantry is located in the Municipal Building, front-end, on the plaza level

La Despensa de Alimentos de Plainsboro distribuye alimentos no perecibles, artículos de cuidado personal y ocasionalmente productos perecibles a los residentes del Municipio de Plainsboro. Se requiere prueba de residencia y elegibilidad de ingresos. La Despensa de Alimentos está ubicada a la derecha de la entrada principal del edificio municipal.

### **The Pantry**

Contact: Toni Campbell  
Telephone: 609-799-9000 x27

Address: Princeton Alliance Church  
20 Schalks Crossing Road  
Plainsboro, NJ 08536  
Hours of Operation: Wednesday 2:30 p.m. – 4:00 p.m. & 6:00 p.m. – 7:30 p.m.

Serving residents of Plainsboro, S. Brunswick, Kendall Park, Monmouth Jct., Kingston, Cranbury, Dayton, Jamesburg and Monroe. Clients must complete an application and present backup documentation (proof of ID, residency, income, etc.) to receive an ID as well as Pin Number. These numbers will be used to place a 'food order' online to best meet their needs. Sorry, phone orders are no longer accepted. Clients must bring their own recyclable bags to pick-up their food order.

Nonperishables along with eggs and fresh produce--during the growing season from local farms--are available.

## Sayreville

### Epic Church, World Outreach Center

Contact: Chris Wottawa  
Telephone: 732-727-9500 ext. 1406  
Address: 2707 Main Street  
Sayreville, NJ 08872  
Hours of Operation: 3<sup>rd</sup> Thursday 8:30 a.m. – 4:00 p.m. (until food runs out)

Emergency food, clothing and shelter referrals are available to anyone in need. Identification for each recipient is required. Special arrangements can also be made for emergencies. The Church is also open for prayer and counseling, please call for an appointment.

Las referencias de alimentos, ropa y refugio de emergencia están disponibles para cualquier persona que lo necesite. Se requiere identificación para cada destinatario. También se pueden hacer arreglos especiales para emergencias. La Iglesia también está abierta para oración y asesoramiento; llame para programar una cita.

### Messiah Lutheran Church

Contact: Karen Astrom  
Telephone: 732-721-8493 leave a message  
Address: 3091 Bordentown Ave.  
Sayreville, NJ 08859  
Hours of Operation: 2<sup>nd</sup> Tuesday of the month 6:00 p.m. – 8 p.m.  
3<sup>rd</sup> Saturday of the month 12:00 p.m. – 2 p.m.

### Sayreville Care & Share Food Bank

Contact: Sue Paul  
Telephone: 732-390-7058  
Address: Senior Center  
423 Main Street  
Sayreville, NJ 08872  
Hours of Operation: Certain Tuesdays (Call for specific dates)  
10:00 a.m. – 11:00 a.m.

Serving Sayreville residents only. Must provide an income statement.

### Our Lady of Victories Parish—St. Vincent de Paul Society

Contact: Thomas Kuczynski  
Telephone: 732-257-0077 option 4  
Address: 42 Main Street  
Sayreville, NJ 08872  
Hours of Operation: By appointment only

Serving Sayreville and neighboring towns. Clients serviced by appointment only. Proof of ID and address required. Supplies available once a month. Perishable and non-perishable foods, basic home care and baby care items provided on a case-by-case basis.

### **Middlesex County Senior Meal Program**

Sayreville Senior Center  
423 Main Street  
Sayreville, NJ 08872  
732-254-4299  
Hours 8:30 a.m. – 2:30 p.m.

Anyone 60 and over is welcome. Round-trip transportation is available to all sites. Home-delivered meals are available for the mobility-impaired. Suggested Meal Donation: In-person: \$2.25; Home Delivered: \$2.75. More program details available at the end of this document or contact Middlesex County Senior Meal Program at 732-745-2062

### **South Amboy**

#### **First Presbyterian Church of South Amboy**

Contact: Mary Porcello  
Telephone: Church Office 732-721-4516  
Text only: 732-902-1172  
Address: 150 North Broadway  
South Amboy, NJ 08879  
Hours of Operation: Monday and Thursday every other week 12 p.m.- 3:30 p.m.  
\* Appointment required for food pick-up.  
Any time for an emergency

Must show identification and proof of residency, be over the age of 18 and complete paperwork. Our pantry serves: South Amboy, Parlin, Sayreville, Laurence Harbor.

#### **St. Mary Food Pantry**

Contact: Edward Smith  
Telephone: 732-721-7418  
Address: 256 Augusta St.  
South Amboy, NJ 08879  
Hours of Operation: Fourth Saturday of the month  
8:00 a.m. – 10:00 a.m.

Serving households in need who live in South Amboy, Sayreville, and Old Bridge. Emergency food supplies available at other times upon request.

### **South Brunswick**

### **Abundant Life Christian Center, Living Waters**

Contact: Andrew & Josephine Ruggiero  
Telephone: 732-508-0734  
Address: 2245 Route 130, Suite 101  
Dayton, NJ 08810  
Website: [www.njlifechurch.com](http://www.njlifechurch.com)  
Hours of Operation: Saturday 8:00 a.m. – 10:30 a.m.

Services provided include food and prayer. Clients may obtain services every week and must show proof of ID. Nonperishable foods and toiletries are accepted as donations.

### **Grace Presbyterian Church—Grace For Dinner**

Contact: Lori Jarvis  
Telephone: 732-297-9182 office  
Email: [office@gracepcsb.org](mailto:office@gracepcsb.org)  
Address: 52 Sand Hills Road  
Kendall Park, NJ 08824  
Website: [www.gracepcsb.org](http://www.gracepcsb.org)  
Hours of Operation: Second Saturday each month  
4:00 p.m. – 5:30 p.m.  
Call/email meal reservation by the Monday before

A monthly free meal and choice of groceries for anyone in need. Guests pre-order their meal from 2 options. Orders must be received by the Monday before. 1 meal per person. Any surplus meals are handed out 5:45-6 p.m. on a first-come, first-served basis.

Delivery available only to clients with mobility or transportation challenges (must live within 15-mins drive of church, approx. 5 miles.). Delivery request must be made when placing order.

### **Islamic Society of Central Jersey Food Pantry**

Contact: Omar Amer El-Tawil  
Telephone: 732-329-9665  
Address: 4145 US Highway 1  
Monmouth Junction, NJ 08852  
Website: <https://iscj.org/about-iscj/services/food-pantry/>  
Hours of Operation: Every other Saturday 12:00 p.m. – 2:00 p.m.

Drive through food distribution available for anyone in need every other Saturday.

### **South Brunswick Township Food Pantry**

Contact: Jeanne Wert  
Telephone: 732-329-4000 ext. 7674  
Address: South Brunswick Municipal Building  
540 Ridge Road, Social Services Office  
Monmouth Junction, NJ 08852  
Hours of Operation: Monday - Friday 10 a.m.-3pm, appointment required  
Additional times available if needed.

South Brunswick residents only. Register by emailing [sbfoodpantry@sbtnj.net](mailto:sbfoodpantry@sbtnj.net) by 1pm the day prior to pick-up.

### **Middlesex County Senior Meal Program**

South Brunswick Senior Center

540 Ridge Road  
Monmouth Junction, NJ 08852  
732-329-6171  
Hours 8:30 a.m. – 2:30 p.m.

Anyone 60 and over is welcome. Round-trip transportation is available to all sites. Home-delivered meals are available for the mobility-impaired. Suggested Meal Donation: In-person: \$2.25; Home Delivered: \$2.75. More program details available at the end of this document or contact Middlesex County Senior Meal Program at 732-745-2062

## **South Plainfield**

### **Sacred Heart Church Social Concerns**

Contact: S. Neil Towey  
Telephone: 908-756-0633 ext. 112  
Fax: 908-757-5655  
Email: [socialconcerns@churchofthesacredheart.net](mailto:socialconcerns@churchofthesacredheart.net)  
Address: 200 Randolph Avenue  
South Plainfield, NJ 07080  
Hours of Operation: Monday, Wednesday and Friday  
9:00 a.m. – 11:00 a.m.

Food is available for South Plainfield residents who are in need of assistance. Driver's license or picture ID with address is necessary for verification of residency.

### **South Plainfield Social Services Department**

Contact: Heather L. Barry, LSW  
Telephone: 908-226-7625  
Address: 90 Maple Avenue  
South Plainfield, NJ 07080  
Hours of Operation: Tuesday & Thursday  
10:00 a.m. – 2:00 p.m., by appointment only

Emergency nonperishable food distribution is available for South Plainfield residents in need. Proof of residency is required.

### **St. Stephen Lutheran Church Food Pantry**

Contact: Judy Ziccardi, Sharon Gianceschi, Linda Hansen  
Telephone: 908-757-4474 (Church Office)  
Address: 3145 Park Avenue  
South Plainfield, NJ 07080  
Hours of Operation: Third Wednesday of the month  
5:00 p.m. Until supplies run out

Emergency nonperishable food distribution is available for any residents in need.

### **Middlesex County Senior Meal Program**

South Plainfield Senior Center  
90 Maple Ave.  
South Plainfield, NJ 07080  
(908) 753-1040  
Hours 8:30 a.m. – 2:30 p.m.

Anyone 60 and over is welcome. Round-trip transportation is available to all sites. Home-delivered meals are available for the mobility-impaired. Suggested Meal Donation: In-person: \$2.25; Home Delivered: \$2.75. More program details available at the end of this document or contact Middlesex County Senior Meal Program at 732-745-2062

## **South River**

### **Legacy Church Storehouse Pantry**

Contact: Jessica Dias  
Telephone: 732-307-7092  
Address: 264 Whitehead Ave.  
South River, NJ 08882  
Hours of Operation: 3<sup>rd</sup> Wednesday and Thursday of the month 6:00 – 8:30 p.m.

Providing food items for South River residents in need. Registration form is available in person.

### **South River Food Bank**

Contact: Michelle Urbanowicz  
Telephone: 732-257-1999 ext. 517  
Address: 98 Jackson Street  
South River, NJ 08882  
Hours of Operation: Wednesday 10:00 a.m. – 12:00 p.m.  
1<sup>st</sup> & 2<sup>nd</sup> Saturday 10:00 a.m. – 12:00 p.m.

*Current clients are notified by phone when extra distributions for perishable food is available.*

Nonperishable food is provided to South River residents who are in need of assistance. A valid ID and current proof of South River residence are required at each visit. Services are limited to one visit per month per household.

### **The Heart of South River at Tabernacle Baptist Church**

Contact: Pastor Jimmy  
Telephone: 732-254-5601  
Address: 130 Main Street  
South River, NJ 08882  
Hours of Operation: 1<sup>st</sup> Saturday of the month 10:00 a.m. – 12:00 p.m.

Nonperishable foods and hygiene items are available to residents in need. Proof of name and address are required.

### **Union Baptist Church, Joshua Center Food Bank**

Contact: Joann Jackson, Director  
Telephone: 732-690-3673  
Address: 76 Washington Street  
South River, NJ 08882  
Hours of Operation: First and Third Thursday 9:00 a.m. – 11:00 a.m.

A food pantry provides services to any Middlesex County resident in need. Community based outreach services are also available to help individuals in need find appropriate resources.



## Spotswood

### Churches United For People

Contact: Jen Alexander  
Telephone: 732-307-7939  
Address: 455 Main Street  
Spotswood, NJ 08884  
Hours of Operation: Tuesday – Thursday  
9:30 a.m. – 11:30 a.m. & 1:30 p.m. - 3:30 p.m.  
\* closed the 3<sup>rd</sup> Tuesday morning of the month

Emergency food is provided to those in need one time per month. Must be a resident of Middlesex County and provide proof of residence (i.e.: driver's license, photo ID, utility bill)

### St. Peter's Episcopal Church

Contact: Christine Sickels  
Telephone: 732-251-2449  
Address: 505 Main Street  
Spotswood, NJ 08884  
Hours of Operation: Wednesday 5:00 p.m. – 6:00 p.m.

Free supper to anyone needing a meal and/or fellowship.

## Woodbridge

### Evangel Church of Woodbridge

Contact: Pastor Leslie Samuel – Location Pastor  
Jon-Paul L. Abich – Location Coordinator  
Telephone: 908-350-6282  
Email: [jabich@evangelchurch.com](mailto:jabich@evangelchurch.com)  
Address: 48 Berkley Street  
Iselin, NJ 08820

Hours of Operation: Last Thursday of the month  
6:00 p.m. – 7:30 p.m.

Emergency food is available to anyone in need. Please contact by phone or email.

### Fellowship Bible Church

Contact: Louis Devizia  
Telephone: 732-636-7727  
Address: 121 East Prospect Avenue  
Woodbridge, NJ 07095  
Website: <http://www.yourfamilychurch.com>  
Hours of Operation: Sunday 12:00 p.m. – 2:00 p.m.

Nonperishable food is available to residents of Woodbridge, Perth Amboy, and Carteret

### First Presbyterian Church of Avenel

Contact: Gary Stevenson  
Telephone: 732-634-1631  
Address: 621 East Woodbridge Ave  
Avenel, NJ 07001  
Website: <http://avenelpresbyterianchurch.org/>  
Hours of Operation: Last Tuesday of the month  
10:00 a.m. – 11:30 a.m.

Emergency food distribution is available. If it is an emergency you may call the church office for immediate assistance. Food donations and toiletries are accepted.

### **First Presbyterian Church of Iselin**

Contact: Nancy Abel or Margarita Estrada  
Telephone: 732-283-1188  
Address: 1295 Oaktree Road  
Iselin, NJ 08830  
Hours of Operation: Call for appointment  
2<sup>nd</sup> Monday of the month from 9 a.m. – to 12:00 p.m.

Food is distributed once a month. You must call by Friday before 1 p.m. to be eligible to receive food. Identification and proof of residence are required.

### **First Presbyterian Church of Woodbridge**

Contact: Church Office  
Telephone: 732-634-1024  
Address: 600 Rahway Avenue  
Woodbridge, NJ 07095  
Hours of Operation: First two Mondays of each month  
9:00 a.m. – 11:00 a.m. (emergencies upon notification)

Emergency groceries SFPP and T.E.F.A.P. commodities are provided to all residents in need. To receive T.E.F.A.P. food, proof of residency, address, social services information and ID card are required. Proper notification is also required. Food is given to registered adults only. Families are welcome, but food is only distributed to adults.

### **Heaven's Helpers**

Contact: Dolores Androvich  
Telephone: 732-501-7972  
Address: 393 Pearl Street – VFW Post 4410  
Woodbridge, NJ 07095  
Hours of Operation: 1<sup>st</sup> Thursday of the month 11 a.m. – 2 p.m.  
And Wednesday prior 12:00 noon – 3: p.m.

Contactless drive-thru. Line up on James St—have trunk empty to receive food.

Foods, paper goods available upon request. Recipients are limited to once a month and must complete a registration form with proper identification. All recipients must provide a photo ID with their current address listed on it. Donations of all foods are accepted. Frozen foods, fresh fruit & vegetables, dairy goods and meats can be accepted with a few hours' notice. We have freezers, and storage facilities available.

### **St. Anthony of Padua Food Pantry**

Contact: Parish Office  
Telephone: 732-634-1403

Address: 436 Port Reading Avenue  
Port Reading, NJ 07064  
Hours of Operation: 3<sup>rd</sup> Wednesday 10:00 a.m. – 12:00 p.m.

A registration form must be filled out. You will be required to show ID and a proof of income (driver license, social security card, pay stub). Non-perishable food is available for Port Reading and Sewaren residents.

### **St. Cecelia's Food Pantry**

Contact: Matthew Toth  
Telephone: 732-283-0150  
Address: St. Cecelia's Parish Center  
45 Wilus Way  
Iselin, NJ 08830  
Hours of Operation: Tuesday 10:00 a.m. – 12:00 p.m.

A registration form must be completed and you will be required to show photo ID (driver license, social security card, utility bill, pay stub or letter from SSI). Food is available once a month.

### **St. James Emergency Food Pantry**

Contact: Maria Russo  
Telephone: 732-636-6343 (Maria Russo) or 732-636-4310 (Pantry)  
Address: 174 Grove St.  
Woodbridge, NJ 07095  
Hours of Operation: Wednesday 9:00 a.m. – 11:00 a.m.  
Thursday 9:00 a.m. – 11:00 a.m.

Emergency food is provided once a month. Must show proof of residence in Woodbridge Township and proof of income. Food and monetary donations accepted.

## **Middlesex County Office of Aging and Disabled Services Senior Meal Program**

Anyone 60 and over is welcome at the following sites:

- Site 1: Thomas J. Deverin Community Center  
100 Cooke Avenue  
Carteret, NJ 07008  
732-541-6221  
Hours 8:30 a.m. – 2:30 p.m.
- Site 2: Alexander J. Jankowski Community Center  
1 Olive Street  
Perth Amboy, NJ 08861  
732-442-0930  
Hours 8:30 a.m. – 2:30 p.m.
- Site 3: Sayreville Senior Center  
423 Main Street  
Sayreville, NJ 08872  
732-254-4299  
Hours 8:30 a.m. – 2:30 p.m.
- Site 4: Edison Senior Center  
2963 Woodbridge Ave.

Edison, NJ 08817  
732-452-0377  
Hours 8:30 a.m. – 2:30 p.m.

Site 5: Piscataway Senior Center  
700 Buena Vista Boulevard  
Piscataway, NJ 08854  
732-743-9844  
Hours 8:30 a.m. – 2:30 p.m.

Site 6: South Brunswick Senior Center  
540 Ridge Road  
Monmouth Junction, NJ 08852  
732-329-6171  
Hours 8:30 a.m. – 2:30 p.m.

Site 7: Old Bridge Senior Center  
1 Old Bridge Plaza  
Old Bridge, NJ 08857  
732-607-1582  
Hours 8:30 a.m. – 2:30 p.m.

Site 8: South Plainfield Senior Center  
90 Maple Ave.  
South Plainfield, NJ 07080  
(908) 753-1040  
Hours 8:30 a.m. – 2:30 p.m.

Middlesex County Office of Aging and Disabled Services Senior Meal Program  
732-745-2062

Round-trip transportation is available to all sites.

Home-delivered meals are available for the mobility-impaired. Suggested Meal Donation:  
Congregate: \$2.25; Home Delivered: \$2.75

To obtain general information on resources available for seniors and the disabled in Middlesex County, contact the Office of Aging and Disabled at 732-745-3295 and request a Resource Directory be mailed to your home. The directory includes comprehensive lists of various agencies in Middlesex County, there is a multitude of information ranging from housing options, adult day care facilities, support groups and counseling agencies, as well as many other social service, state, and federal organizations.

The Middlesex County Area Transit (MCAT) program provides transportation for senior citizens (60 years and older) and persons with disabilities to enable them to maintain the necessities of life. Transportation is provided within Middlesex County and up to 5 miles outside the County. All transportation is curb-to-curb and individuals must register with MCAT in order to request a ride. To register for MCAT contact 732-745-7456.

**REPLENISH Membership & Information**

If you would like additional information about the REPLENISH program or if your organization is interested in becoming a part of the REPLENISH network, please contact the Director to obtain an application packet detailing membership requirements.

Jennifer Apostol  
REPLENISH Director  
28 Kennedy Boulevard  
Suite 850  
East Brunswick, NJ 08816

Phone: 732-529-3850

Email: [Jennifer.Apostol@co.middlesex.nj.us](mailto:Jennifer.Apostol@co.middlesex.nj.us)

Website [www.middlesexcounty.gov](http://www.middlesexcounty.gov)

**Middlesex County Board of County Commissioners**

Ronald G. Rios, Director

Shanti Narra, Deputy Director

Clary Azcona-Barber, Charles Kenny, Leslie Koppel, Chanelle Scott McCullum, Charles E. Tomaro



**[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)**