July 5, 2020 Fourteenth Sunday in Ordinary Time

Welcome to ...



800 Avila Court Pittsburgh, PA 15237 www.MountCarmelPgh.org

St. Athanasius Church (412) 931-4624 7 Chalfonte Ave. West View, PA 15229

Incarnation of the Lord Church (412) 931-2911 4071 Franklin Rd. Pittsburgh, PA 15214

Holy Cross Academy (412) 364-7171 307 Siebert Rd. Pittsburgh, PA 15237 St. Sebastian Church (412) 364-8999 311 Siebert Rd. Pittsburgh, PA 15237

St. Teresa of Avila Church (412) 367-9001 1000 Avila Court Pittsburgh, PA 15237

Education & Community Center (412) 931-6633 2 Wentworth Ave. Pittsburgh, PA 15229

Pastor's Perspective

MAKING HISTORY

You may not be aware of it, but this past week we made history. Not only have we successfully established a new parish, but every one of us will forever be known as *charter members* of **Our Lady of Mount Carmel Parish**.

This is not to be taken lightly. Over the twelve years that I have been privileged to be the pastor of Saint Sebastian Parish, I have on a number of occasions been informed about older parishioners who had been charter members of the parish, and I would always think: What an honor for them, to have been there at the beginning and to help the new parish gain its footing, to watch it grow, and to be an important part of making it become a significant voice in the community.

This is what we now are: charter members. We have the awesome responsibility of building a parish that will serve the Lord, the Church, each other, and our surrounding community. We have a mission to fulfill, and you have heard me say this before:

We can do this.

In Other News: We celebrate Independence Day, our most significant national holiday this weekend, but it will likely be more subdued than usual. Social gatherings, picnics, fireworks just won't be the same as in the pre-Corona virus days. This brings to mind something I'm hearing from parish members about not being able to attend Mass: "We didn't know how good we had it."....stay tuned for more news....

SOMETHING TO THINK ABOUT:

- "All would live long, but none would be old."
 - Benjamin Franklin



Liturgy & Music Ministry

Hymnal for Our Lady of Mount Carmel Parish FOURTEENTH SUNDAY IN ORDINARY TIME 5 July 2020



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Ted Rybka

Gathering Hymn: Risen Lord, We Gather Round You

- 1. Risen Lord, we gather round you, drawn by words forever new. "Come, my people, all are welcome; share the feast prepared for you!" Empty hands and hearts that hunger, Christ, we bring to you today. Here you feed us with your Body, gift of love for which we pray.
- 2. Sisters, brothers, stand beside us, called from ev'ry land and race. One the Bread of Life that feeds us, one the Cup of brimming grace. Form us, Lord, a single body, free from enmity and strife. Jesus, by your resurrection, Fill us with the Spirit's life.
- 3. By the Loaf and Cup you offer, strengthen us to follow you. By your Body, risen, given, heal us, Christ, and make us new. Help us hear your urgent summons, cutting through our fear of loss: "Go, my people! Be my servants! Bear with me the waiting cross!"

Text: Herman G. Stuempfle, Jr. 1923-2007, alt. Tune: GREENSBURG, 8 7 8 7 D; Bob Moore, b. 1962; © 2002, GIA Publications, Inc.

Responsorial Psalm: I Will Praise Your Name

REFRAIN: I will praise your name, my King and my God. I will praise your name, my King and my God.

- 1. I will give you glory, my God above, and I will bless your name forever. Ev'ry day I will bless and praise you name forever. (Refrain)
- 2. The Lord is full of grace and mercy, who is kind and slow to anger. God is good in ev'ry way, and full of compassion. (Refrain)
- 3. Let all your works give you thanks, O Lord, and let all the faithful bless you. Let them speak of your might, O Lord, the glory of your kingdom. (Refrain)

Text: Psalm 145: 1-2, 8-9, 10-11, 13b-14; David Haas; Music: David Haas; © 1983, GIA Publications, Inc.

Our Lady of Mount Carmel Parish Prayer

Lord, be with us,
So that we might not look forward in fear to the changes in life.
We are your very own.
We believe that you will lead us safely through all things,
And when we cannot stand it,
You will carry us in your arms.
May we not fear what will happen tomorrow.

You are our everlasting Father who cares for us today.

We believe that you will care for us every day.

Lord, either shield us from suffering,

Or give us the unfailing strength to bear it.

May we be at peace and so put aside all anxious thoughts and imaginations.

United with the prayers and example of Our Lady of Mount Carmel,

We make this prayer through Christ our Lord.

Amen.

Presentation Hymn: A Place at the Table

1. For ev'ryone born, a place at the table, for ev'ryone born, clean water and bread, A shelter, a space, a safe place for growing, for ev'ryone born, a star overhead. (Refrain)

REFRAIN: And God will delight when we are creators of justice and joy, Yes, God will delight when we are creators of justice, justice and joy.

2. For everyone born, a place at the table, to live without fear, and simply to be, To work, to speak out, to witness and worship, for everyone born, the right to be free. (Refrain)

Text: Shirley Erena Murray, b. 1931, © 1998, Hope Publishing Company; Tune: Lori True, b. 1961, © 2001, GIA Publications, Inc.

Sending Forth: God of Our Fathers

- 1. God of our fathers, whose almighty hand, Leads forth in beauty all the starry band, Of shining worlds in splendor through the skies, Our grateful songs before thy throne arise.
- 2. Refresh thy people on their toilsome way, Lead us from night to never-ending day; Fill all our lives with love and grace divine, And glory, laud, and praise be ever thine.

Text: 10 10 10; Daniel Crane Roberts, 1841-1907. Music: George William Warren, 1828-1902.

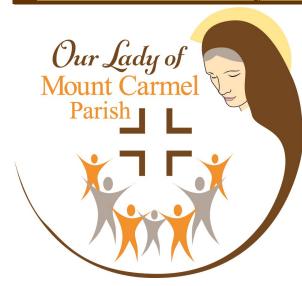
Distribution of Holy Communion After Mass: Ubi Caritas

REFRAIN: Ubi caritas est vera, est vera; Deus ibi est, Deus ibi est.

- 1. The love of Christ joins us together. Let us rejoice in him, and in our love and prayer for all now love God in return. (Refrain)
- 2. In true communion let us gather. May all divisions cease and in their place be Christ the Lord, our risen Prince of Peace. (Refrain)
- 3. May we who gather at this table to share the bread of life become a sacrament of love, Your healing touch, O Christ. (Refrain)
- 4. For those in need make us your mercy, for those oppressed your might. Make us, your Church, a holy sign of justice and new life. (Refrain)
- 5. May we one day behold your glory and see you face to face, rejoicing with the saints of God to sing eternal praise. (Refrain)

Refrain and vss. 1,2,5 text based on *Ubi Caritas*, 9th cent.; verses 3,4 text, Bob Hurd; Text and music ©1996, 2004, Bob Hurd. Published by OCP. All rights reserved.

Our Lady of Mount Carmel Parish



The new logo for Our Lady of Mount Carmel Parish contains several elements that embody our new faith community's aspirational values in light of how we understand God's call.

The Cross in the middle represents Christ, who is in the center of our lives. The Cross is formed by four lines, which symbolize our former parishes. The people gathered around Christ signify that we, though many people, are one family in God. We receive gentle care and guidance from our dear Blessed Mother, Our Lady of Mount Carmel, under the mantle of her love.

Parish Offices Re-opened

Parish offices at Saint Athanasius, Saint Sebastian and Saint Teresa of Avila have reopened as of June 22, 2020. While parish staff are available from 9:00 am to 5:00 pm to answer the phone, office hours for conducting parish business in-person are limited for now to the following schedule:

- 10:00 am to 12:00 Noon and 1:00 pm to 3:00 pm at Saint Athanasius and Saint Teresa of Avila.
- ◆ 11:00 am to 1:00 pm and 2:00 pm to 4:00 pm at Saint Sebastian to correspond with the Noon Mass.

Offices at Incarnation are closed due to the lack of staff. Parishioners are asked to go to Saint Teresa of Avila if they need to conduct business in-person.

For now, the parish offices remain closed at all sites in the evening and on weekends. Each site, based on

the design of each office (Saint Athanasius and Saint Sebastian have a vestibule between the exterior door and the door that grants access to the interior of the building whereas Saint Teresa does not have this) have developed a table/drop box or other setup for "touchless" drop-off and pickup. Please adhere to the following if you come to the parish office:

- Do not enter if you have symptoms of Covid-19 or have been in contact within the past 14 days with someone who has the virus.
- You must wear a mask to enter.
- You must maintain 6 feet of physical distance from all other persons.

"High touch" surfaces including door handles, intercom buttons/doorbells, drop-off/pick-up tables, etc. will be sanitized twice a day after each two-hour shift of in-person office hours.

Interim Mass Schedule due to Covid-19 Restrictions			
Monday thru Friday	12:00 noon at Saint Sebastian		
Saturday (beginning June 13) Registration required www.neighorsnorth.org or 412.219.9254	4:00 pm at Saint Athanasius 4:00 pm at Saint Sebastian 4:00 pm at Saint Teresa of Avila		
Sunday (beginning June 14) Registration required www.neighorsnorth.org or 412.219.9254	10:00 am at Saint Sebastian 10:30 am at Saint Athanasius 11:00 am at Saint Teresa of Avila		

Seminarian Matthew Selzer part 1 of 5

Greetings, everyone! It's parish seminarian Matt Selzer, and this time, I'm writing to begin a series of informational pieces about Our Lady of Mount Carmel. As part of my summer assignment in the parish, I will take you on a five-part journey to learn about our new patroness. In today's entry, part one, we will learn about Mount Carmel's geography and its importance in Scripture.

Our parish's name, "Our Lady of Mount Carmel", has two parts. The Catholic Church often refers to Mary as "Our Lady", and "Mount Carmel" refers to a specific place, of which Mary has become the patroness. The name "Carmel" derives from the Hebrew word "kerem", meaning "vineyard" or "orchard", and it refers to the mountain's fertility.

Isaiah 35:2 – "Like the crocus it shall bloom abundantly, and rejoice with joyful song. The glory of Lebanon will be given to it, the splendor of Carmel and Sharon; They will see the glory of the Lord, the splendor of our God."

Where is Mount Carmel? Mount Carmel is a mountain range in northwestern Israel. To the west, we find the Mediterranean Sea, and to the east and the south, we see Nazareth and Jerusalem. This gives us a geographical context: Mount Carmel is near some of the most prominent locations in the Bible.

Song of Songs 7:5 – "Your head crowns you like Carmel, And the flowing locks of your head are like purple threads; The king is captivated by your tresses."

Does Mount Carmel, itself, appear in the Bible? Yes, in 1 Kings 18, the prophet Elijah challenges four-hundred and fifty prophets of Baal (a pagan god) to a contest, in which God demonstrates His supremacy. (The crowd would worship whichever god set fire to the sacrifice his people had prepared, and God rewards Elijah's faith.)



Many religions consider mountains holy places because they point toward the gods (or God) and the heavens (or Heaven). Ancient Egyptian records, dating back to the 16th century B.C.E., describe Mount Carmel as a "holy mountain".





Parish Social Ministry







It has been 5 years since Pope Francis' encyclical on the environment, and the Vatican has announced a special anniversary year, from May 24, 2020 to May 24, 2021. As Catholics, we are called to:

MaryJo Robbins

- Uphold life and the dignity of each human person
- Support families and future generations
- Love the poor and vulnerable
- Advocate for basic rights and a just economy
- Be in solidarity with all, as one human family
- Care for all of God's creation

Grounded in our Catholic Tradition, now is the time to protect the earth for our children and grandchildren. Pray to hear God's call to live our faith for the common good, knowing that everything is interconnected. Learn how the climate crisis is a profound moral issue greatly affecting the poor and vulnerable. Tell your local and national leaders to protect creation. usccb.org/environment wearesaltandlight.org/cst101 Learn more at or or catholic climate covenant.org. (from the USCCB)

From Bishop Zubik on Racism: "Evil such as we are witnessing these days can only be overcome by prayer. At this most critical time in the history of our country and our towns and cities, I ask that each one of you join with me as we focus on the absolute necessity of praying to God for guidance, courage and the vision that tears down walls and helps to build bridges." Visit the diocesan website for more information on Catholic Voices on Racism at www.diopitt.org.

Food Pantry Needs: Juice, peaches, pears, Uncle Ben's rice, condiments, jelly, cereal, paper towels and detergent. We have set out a food collection bin outside of Haber Hall at the St. Sebastian site. You can also drop off donations in the narthex at St. Athanasius Church when it is open, or leave in the bin outside of Athanasian Hall. Thank You!

Memorial Masses: During this time of pandemic, we could not have funeral Masses for our parishioners while the churches were closed. If your loved one was not able to have a funeral Mass, you can now request a Memorial Mass to be celebrated in the next few months. This Mass is the same as a Mass of Christian burial without the presence of the casket/urn and the rites that accompany having remains present. If you would like to schedule a Memorial Mass, contact Marv Robbins at 412-364-8999 8637 please ext. or mrobbins@saintsebastianparish.org.





July 5, 2020

This is confusing. Last week we learned that the road to discipleship was difficult, that we had to pick up our

crosses and follow Jesus. That we had to accept death in order to receive life. At the end of the gospel last week it ought to have read, "Are you ready to live this paradox?"

This week's gospel, which immediately follows last week's text paints contradiction after contradiction. We carried the weight of the cross last week, and today Jesus is telling us to hand over the weight and burdens we are carrying to him and we will find rest. Amazing!

Nobody needs me to list what things make a person's burden heavy. Everyone can look at his own life and make that list. And even if there is some person who has no worries or sadness for himself, he must be a very lonely person if he is not carrying a burden for someone else whom he loves.

So, in what sense is Christ's yoke easy and his burden light?



To see why Christ's saying really is true after all, consider the condition Christ sets for getting the gift he offers to us, the easy yoke and the light burden: "Come to me," he says.

To come to someone is to be willing to be united with that person. It is to be open to him, to let his will make a difference to what you yourself will say and do. This isn't safe, generally speaking.

But when the person to whom you come is Christ himself, the vulnerability which openness brings with it is more than matched by the love Christ gives. In the gift of that love, everything that might be loss is turned into gift given and gift received, to be returned again in love.

Jesus refreshes and

Strengthens us for ministry. Breaking Open the Word: Matthew

11:25-30



"Come to me all you who are weary." In the Gospel today, Jesus speaks, not only as a wisdom teacher, but as Wisdom herself. Jesus borrows the language of wisdom to praise God for revelation through him. Jesus is the perfect revelation of God because Jesus is God's Son, knowing God perfectly.

Listen to the Word: Truly listen to the words of this challenging section of Matthew's Gospel, what catches your attention? What single word or phrase intrigues you?

Look into Your Life:

Children: When you are generous, honest, and loving, how do you know it is Jesus who helps you do that?

Youth: Jesus invites us to bring him our burdens and promises us that he will give us rest. How do you rely on Jesus during times of trouble? Can you think of a time that Jesus helped you?

Adults: As you go about your daily life, dying in love for others, how do you experience Christ giving you consolation and peace?

Give it a Try: By choosing one of the following activities you can further reflect on this Sunday's Gospel:

Prayer allows us to let go of our burdens. Have each family member think of one person in the community who has an extra burden of illness, financial trouble, and so forth, and pray for him or her for the week, asking Jesus to lessen his or her burdens.

Share with your children your story of when life left you feeling burdened or weary from serving others. How and where did you find strength and hope? Did God help you? Ask your children to share stories of their own.



Sunday Readings

The following is taken from the Sunday Connection https://www.loyolapress.com/catholic-resources/liturgical-year/sunday-connection/

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Today's Gospel begins immediately after the final verse in last Sunday's Gospel. After strong language about the difficulties of discipleship, Jesus immediately appoints 72 people to go ahead of him to every town and place he plans to visit, proclaiming that the Kingdom of God is at hand. He sends them in pairs. In the Law of Moses two witnesses were needed for a testimony to be credible. It was probably also a safer way to travel. Jesus admits it will be difficult, that he is sending them out like lambs among wolves. Yet they are to bring nothing with them, not even a money bag or sandals. They are to greet no one on the way so as not to be distracted from their mission. When they enter a house, their message is simply "peace." The response they will receive may be positive or negative. Either way, they are to know that the Kingdom of God is at hand. They are not to demand special treatment but eat and drink whatever is given them. They are to stay in one house and are not to look around for one that provides better accommodations. They are to heal the sick as a sign that the Kingdom of God is at hand for them. Like Jesus' miracles, healing is a sign of the coming of the kingdom. If the town will not receive them, they are to shake the dust from their feet and move on. Even in the case of such rejection they should know that the Kingdom of God is at hand.

When they return from their journeys, they are rejoicing because their mission has been successful. Demons were under their power because of Jesus' name. Jesus may have sent them out as lambs among wolves, but at the conclusion of this passage he assures them that they have been given power over the enemy and nothing will harm them, not even serpents and scorpions.

A key theme of today's Gospel and last Sunday's Gospel is discipleship—its challenges, its difficulties, and its rewards. Sharing in the mission of Jesus is difficult, but everyone is called to do it, not just some professionals trained for ministry. Even for us today, the harvest is plentiful. We should pray to the master of the harvest to send out workers for his harvest.





Zechariah 9:9–10 *Meekly Our Savior Comes*

God announces through the prophet that he is mindful of his people's plight. He comes to establish Salvation and justice, meekly entering his holy city of Jerusalem.

Romans 8:9, 11–13
Living According to the Spirit

Paul contrasts a life of flesh with that of the Spirit. Believers lay claim to the power of the Risen Lord that his Spirit might dwell within us, animating both body and soul as one person in Christ.

Matthew 11:25-30 The Yoke of Christ

Jesus clarifies that the demands of the Mosaic Law are made easy and light by adhering to his way of love. His way, the yoke of Christ, binds us to God and to one another in love.

Date	Time	Location	Intention	Requested By
Monday July 6 Weekday/St. Maria Goretti, Virgin and Martyr	12 PM	St. Sebastian	Joann Slowik †	Richard, Diane & Karen
Tuesday July 7 Weekday	12 PM	St. Sebastian	Charles Sullivan	Wife: Cora
Wednesday July 8 Weekday	12 PM	St. Sebastian	Michael Gasbarro →	Teresa Gasbarro
Thursday July 9 Weekday/Saint Augustine Zhao Rong, Priest and Companions, Martyrs	12 PM	St. Sebastian	Donald Pferdehirt 寸	Dolly & Family
Friday July 10 Weekday	12 PM	St. Sebastian	Thomas Rumsey T	Charlotte Rumsey
July 11 St. Benedict, Abbot	9 AM	St. Athanasius	Confessions	
	4 PM Vigil Mass	St. Athanasius	Bill Mergenthaler †	Family
	4 PM Vigil Mass	St. Sebastian	Tony Pirone T	Saint Sebastian Saturday Evening Ushers
	4 PM Vigil Mass	St. Teresa of Avila	Dolores E. Burnett T	Family
Sunday July 12 Fifteenth Sunday in Ordinary Time	10 AM	St. Sebastian	Dolores Burnett 🕆	Burnett Family
	10:30 AM	St. Athanasius	For the People of the Parishes	
	11 AM	St. Teresa of Avila	Dave Wittig 🕆	Dtrs: Jenn & Renee



Staff Directory



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Have a question regarding...

Finances, call 412.364.8999, x8436

Mass Intentions, call 412.364.8999, x8451

Parish Registration, call 412.364.8999, x8419

Scheduling a Baptism, call 412.364.8999, x8410

Scheduling a Marriage, call 412.724-880-3486 Scheduling a meeting or event, call 412.364.8999, x8451 Sponsor letter or baptismal certificate, call

For a complete list of staff members, go to https://neighborsnorth.org/staff-1



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Support Our Catholic Schools

Covid 19 has challenged our financial model and we need your help





Tuition
Families are facing layoffs and other financial challenges to pay tuition



Parish Subsidy
Collections have been
substantially diminished with
the lack of weekly Masses



Fundraising
Spring fundraising events
have been forced to
cancel due to
stay-at-home orders

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